new!
nutritional,
metabolic,
anabolic

C-B VONE capsules

C-B VONE capsules meet the increased nutrient requirements of stress such as illness, surgery, injury... to encourage more rapid healing, recovery and convalescence. To help keep your patients, particularly those over 40, nutritionally strong and well.

vitamin C in high potency... bioflavonoids, exclusive, natural, water-soluble citrus bioflavonoid compound as in C.V.P... whole natural B complex from liver and yeast plus crystalline B factors... lipotropic agents... vitamin B₁₂.

Each C-B VONE capsule provides:
- ASCORBIC ACID (C) ... 150 mg.
- CITRUS BIOFLAVONOID COMPOUND ... 50 mg.
- THIAMINE MONONITRATE (B₁) ... 25 mg.
- RIBOFLAVIN (B₂) ... 10 mg.
- PYRIDOXINE HCl (B₆) ... 1.5 mg.
- VITAMIN B₁₂ ... 5 mcg.
- NIACINAMIDE ... 75 mg.
- PANTHENOL ... 7.5 mg.
- CHOLINE ... 25 mg.
- INOSITOL ... 15 mg.
- DESICCATED LIVER N.F. ... 100 mg.
- YEAST ... 25 mg.

Bottles of 100 capsules.

Samples and literature.

u. s. vitamin & pharmaceutical corporation
Arlington-Funk Laboratories, division
250 East 43rd Street, New York 17, N. Y.
True milk color... true milk flavor... excellent acceptability. Modilac is prepared by a modern procedure that retains the natural color and real flavor of milk. It is immediately acceptable to the newborn and enjoyed throughout infancy. Modilac makes the transition to fluid fresh milk easier, with no appetite loss.

Nutritionally realistic. Modilac is cow’s milk, specifically adapted to the infant’s digestive and nutritional requirements. Protein value of this new formula is intermediate between that of breast milk and cow’s milk.

Modified to meet infant needs. The combined carbohydrates are absorbed throughout the digestive process, maintaining uniform blood sugar levels. Corn oil (which provides ample linoleic acid) replaces butterfat. For detailed nutritional analysis of Modilac, write Professional Services Department, Gerber Products Company, Fremont, Michigan.

BABIES ARE OUR BUSINESS...OUR ONLY BUSINESS!

GERBER, BABY FOODS
B-vitamins or ascorbic acid

saturation doses - the hard way!

Each of these food portions contains a saturation dose of one of the water-soluble B vitamins or C. The easy way to provide such quantities of these vitamins with speed, safety and economy is to prescribe Allbee with C. Recommended in pregnancy, deficiency states, digestive dysfunction and convalescence.

In each Allbee with C:
- Thiamine mononitrate (B₁) 15 mg.
- Riboflavin (B₂) 10 mg.
- Pyridoxine HCl (B₆) 5 mg.
- Nicotinamide 50 mg.
- Calcium pantothenate 10 mg.
- Ascorbic acid (Vitamin C) 250 mg.

As much as:
- 6.9 lbs. of fried bacon
- 31½ ozs. of liverwurst
- 2 lbs. of yellow corn
- 11 ozs. of roasted peanuts
- ¼ lb. of fried beef liver
- ¼ lb. of cooked broccoli

*These common foods are among the richest sources of B vitamins and ascorbic acid. H. A. Wooster, Jr., *Nutritional Data, 2nd Ed.,* Pittsburgh, 1954.
she calls it “nervous indigestion”

diagnosis: a wrought-up patient with a functional gastro-intestinal disorder compounded by inadequate digestion. treatment: reassurance first, then medication to relieve the gastric symptoms, calm the emotions, and enhance the digestive process. prescription: new Donnazyme—providing the multiple actions of widely accepted Donnatal® and Entozyme®—two tablets t.i.d., or as necessary.

Each Donnazyme tablet contains
—in the gastric-soluble outer layer: Hyoscyamine sulfate, 0.0518 mg.; Atropine sulfate, 0.0097 mg.; Hyoscine hydrobromide, 0.0033 mg.; Phenobarbital (1/8 gr.), 8.1 mg.; and Pepsin, N. F., 150 mg.
—in the enteric-coated core: Pancreatin, N. F., 300 mg., and Bile salts, 150 mg.

ANTISPASMODIC - SEDATIVE - DIGESTANT

DONNAZYM E

A. H. ROBINS COMPANY, INCORPORATED • RICHMOND 20, VIRGINIA
The Depinar special repository base permits slow absorption from the injection site, thus decreasing the need for frequent administration. Depinar continually bathes the tissues in vitamin B₁₂ to provide more effective therapy and make patients feel better longer. A recent clinical report* shows over 98% of Depinar is retained after one week ... and “Serum level vitamin B₁₂ ... sustained for 28 days or more from the single dose.”

Each package of Depinar consists of a multiple dose vial, containing cyanocobalamin zinc tannate (lyophilized) equivalent to 2500 mcg. vitamin B₁₂. The vial of diluent contains 5 cc. Sodium Chloride Solution for Injection. When reconstituted, each ml. of Depinar contains 500 mcg. vitamin B₁₂.


ARMOUR PHARMACEUTICAL COMPANY • KANKAKEE, ILLINOIS
Armour Means Protection
The Roche Review
Of Enrichment Requirements
for Cereal Grain Foods in the United States
All figures represent milligrams per pound

<table>
<thead>
<tr>
<th>PRODUCT</th>
<th>Thiamine (B₁)</th>
<th>Riboflavin (B₂)</th>
<th>Niacin</th>
<th>Iron</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Min.</td>
<td>Max.</td>
<td>Min.</td>
<td>Max.</td>
</tr>
<tr>
<td>Enriched BREAD or other baked</td>
<td>1.1</td>
<td>1.8</td>
<td>0.7</td>
<td>1.6</td>
</tr>
<tr>
<td>products</td>
<td></td>
<td></td>
<td>10.0</td>
<td>15.0</td>
</tr>
<tr>
<td>Enriched FLOUR¹</td>
<td>2.0</td>
<td>2.5</td>
<td>1.2</td>
<td>1.5</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>16.0</td>
<td>20.0</td>
</tr>
<tr>
<td>Enriched FARINA</td>
<td>2.0</td>
<td>2.5</td>
<td>1.2</td>
<td>1.5</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>16.0</td>
<td>20.0</td>
</tr>
<tr>
<td>Enriched MACARONI &amp; NOODLE</td>
<td>4.0</td>
<td>5.0</td>
<td>1.7</td>
<td>2.2</td>
</tr>
<tr>
<td>Products²</td>
<td></td>
<td></td>
<td>27.0</td>
<td>34.0</td>
</tr>
<tr>
<td>Enriched CORN MEALS</td>
<td>2.0</td>
<td>3.0</td>
<td>1.2</td>
<td>1.8</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>16.0</td>
<td>24.0</td>
</tr>
<tr>
<td>Enriched CORN GRITS³</td>
<td>2.0</td>
<td>3.0</td>
<td>1.2</td>
<td>1.8</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>16.0</td>
<td>24.0</td>
</tr>
<tr>
<td>Enriched Milled WHITE RICE⁴</td>
<td>2.0</td>
<td>4.0</td>
<td>1.2**</td>
<td>2.4**</td>
</tr>
</tbody>
</table>

* No maximum level established.
** The requirement for vitamin B₆ is optional pending further study and public hearings because of certain technical difficulties encountered in the application of this vitamin.
1 In enriched self-rising flour, calcium is also required between limits of 500-1500 mg. per pound.
2 Levels allow for 30-50% losses in kitchen procedure.
3 Levels must not fall below 85% of minimum figures after a specific test described in the Federal Standards of Identity.
4 The Standards state that the rice, after a rinsing test, must contain at least 85% of the minimum vitamin levels. The Governments of Puerto Rico and the Philippines also require this rinsing test. If the method of enrichment does not permit this rinsing requirement to be met, consumer size packages must bear the statement, "Do not rinse before or drain after cooking." Rice enriched by the Roche method will meet the rinsing test. The South Carolina law does not require a rinsing test on packages less than 50 pounds, as the rice in small packages is presumed to be sufficiently clean.

The maximum and minimum levels shown above for enriched bread, enriched flour, enriched farina, enriched macaroni, spaghetti and noodle products, enriched corn meal and corn grits and enriched rice are in accordance with Federal Standards of Identity or State laws. Act No. 183 of the Government of Puerto Rico requires the use of enriched flour for all products made wholly or in part of flour, including crackers, etc.
You can get a full line of “Vitamins by Abbott” in Table Bottles... at no extra cost.
remember tenderly your grandmother...

BUT NOT HER BREAD

...today's enriched loaf is better

Ask people what kind of bread they want. You can probably sum up a thousand answers this way:

"Please make a good, old-fashioned loaf... the kind my grandmother (or mother) used to bake."

You remember how good that bread tasted, sliced warm and fragrant, fresh from the oven. You remember the family ritual of bread, and the wonderful aromas of dough proofing and loaves baking.

But have you forgotten the time and hard work, the sometimes mishapen loaves, the outright failures? Have you forgotten the troubles with the oven of the coal stove or wood range?

Whatever your own memory, you can be pretty sure grandmother's favorite bread was white. Whether you speak of grandmother's flour, George Washington's flour, Caesar's flour, or the flour of Egypt—you are still talking about white flour.

The finer and whiter the flour—the better, according to the time immemorial standard. Whether ground between stones, in a mortar and pestle, or produced in a modern mill—flour since the days of the Pharaohs has been bolted and sifted—to remove the bran, to produce fine white flour.

Although still white, today's flour, however, is different. Grandmother's flour varied from year to year, from place to place. But modern flours are ground from special varieties of wheat, many of them unknown a decade ago. They are milled into flours blended for baking quality—built to specifications for bakery or home use. With the flour of today, grandmother would have a better chance to bake better bread most of the time.

Finally, an even more important difference: Today's flour is nutritionally improved... enriched by the addition of B-vitamins, thiamine, niacin and riboflavin, plus food iron. To this enriched flour, today's bread-maker adds quantities of other good foods—milk, shortening, and sometimes egg—to make a good loaf far beyond grandmother's dream of good nutrition.

If you still hanker for grandmother's bread, cherish the memory. But also please remember that today's bread is a more wholesome loaf—processed with greater technical skill, baked to higher standards of constant perfection... and it's better bread, nutritionally, than anything grandmother ever knew.
MI-CEBRIN T—therapeutic vitamin-mineral tablet helps meet increased nutritional demands

"Primary or secondary nutritional disorders produce or complicate all the problems of the sick." Patients undergoing any prolonged convalescence will recover faster with potent nutritional supplementation.

Mi-Cebrin T supplies therapeutic quantities of vitamins and minerals plus intrinsic factor—the "B₁₂ absorption booster" of special value to those elderly patients whose ability to absorb vitamin B₁₂ may be impaired. For your convalescing patients—prescribe one or more Tablets Mi-Cebrin T a day.

Mi-Cebrin T (vitamin-minerals therapeutic, Lilly)


LILLY VITAMINS..."THE PHYSICIAN'S LINE"
A Vitamin Coating is a vitamin coating ... only a Filmtab® coating is more so

It will stand up alongside the toughest sugar coating made. Yet, it cuts bulk up to 30%.

It actually resists deterioration better than most sugar coatings. Yet, it will dissolve faster in the stomach.

It's so thin it practically becomes the tablet itself. Yet, it seals in all vitamin odors and taste.

It's not too hard to engineer a tablet coating that will stand up against a battery of control tests. The trick is to make it so that it will still dissolve on schedule in the body.

That's one of the unusual things about Filmtab, Abbott's anhydrous film coating process. The Filmtab coating is micro-thin — but it will take all the tests for durability and climate as well as, or better than, most sugar coatings. Yet, it will dissolve almost immediately in the body. It won't chip or break. It seals in odors. It cuts the size of the tablet.

Is all this so important? Well, the formula is the big thing, of course. But the little things sometimes are the nice things. They make vitamin-taking that much pleasanter. And you don't pay a penny extra for them ... with "Vitamins by Abbott."
Nutrition News

First Annual Congress of the Nutrition Society of Southern Africa

The Nutrition Society of Southern Africa held its first Annual Congress in Pretoria on November 16 and 17, 1959. Symposia were held on Proteins in Nutrition, with a discussion of such subjects as kwashiorkor, assessment of nutritive value and relation to atherosclerosis.

American Board of Nutrition

The American Board of Nutrition will hold the next examinations for certification as a Specialist in Human Nutrition during the week of April 11–15, 1960, in Chicago, Illinois. Candidates who wish to be considered for these examinations should forward applications to the Secretary's office not later than March 1. Application forms may be obtained from the Secretary, Dr. Robert E. Shank, Department of Preventive Medicine, Washington University School of Medicine, Euclid and Kingshighway, St. Louis, Missouri.

Fifth International Congress on Nutrition

The Fifth International Congress on Nutrition, organized by the American Institute of Nutrition and the U.S.A. National Committee for Nutritional Sciences of the National Academy of Sciences, will be held in Washington, D. C., September 1 to 7, 1960, under the auspices of the International Union of Nutritional Sciences.

Dr. C. Glen King, Executive Director of The Nutrition Foundation, New York City, has been named President of the Congress; Dr. Elmer V. McCollum, Professor Emeritus of Biochemistry, Johns Hopkins University, is Honorary President. Dr. Paul György, Professor of Pediatrics, University of Pennsylvania, Philadelphia, is Chairman of the Organizing Committee.

Eminent nutrition scientists from all over the world will participate in the Congress. In addition to papers submitted for the usual scientific sessions, a number of panel discussions and symposia on major problems in the field of nutrition in its broader aspects will be presented.

There will also be scientific and industrial exhibits. Visits to various scientific laboratories and other places of interest will be arranged. A special program for women guests and general entertainment for all registrants are being arranged.

For additional information write to Dr. Milton O. Lee, General Secretary, 9650 Wisconsin Avenue, Washington 14, D. C.

Sixth International Congress for Internal Medicine

The Sixth International Congress for Internal Medicine will be held in Basel, Switzerland, August 24–27, 1960. This Congress will be organized in conjunction with the Swiss Society for Internal Medicine. For further details apply to the Secretariat of the Sixth International Congress for Internal Medicine, 13, Steinentorstr., Basel.