Neuroprotective Effects of Transcription Factor Brn3b in an Ocular Hypertension Rat Model of Glaucoma

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Submitted: June 11, 2014
Accepted: December 18, 2014

PURPOSE. Glaucoma is an optic neuropathy commonly associated with elevated intraocular pressure (IOP), leading to optic nerve head (ONH) cupping, axon loss, and apoptosis of retinal ganglion cells (RGCs), which could ultimately result in blindness. Brn3b is a class-I POU domain transcription factor that plays a key role in RGC development, axon outgrowth, and pathfinding. Previous studies suggest that a decrease in Brn3b levels occurs in animal models of glaucoma. The goal of this study was to determine if adeno-associated virus (AAV)-directed overexpression of the Brn3b protein could have neuroprotective effects following elevated IOP-mediated neurodegeneration.

METHODS. Intraocular pressure was elevated in one eye of Brown Norway rats (Rattus norvegicus), following which the IOP-elevated eyes were intravitreally injected with AAV constructs encoding either the GFP (rAAV-CMV-GFP and rAAV-hsyn-GFP) or Brn3b (rAAV-CMV-Brn3b and rAAV-hsyn-Brn3b). Retina sections through the ONH were stained for synaptic plasticity markers and neuroprotection was assessed by RGC counts and visual acuity tests.

RESULTS. Adeno-associated virus–mediated expression of the Brn3b protein in IOP-elevated rat eyes promoted an upregulation of growth associated protein-43 (GAP-43), actin binding LIM protein (abLIM) and acetylated α-tubulin (ac-Tuba) both posterior to the ONH and in RGCs. The RGC survival as well as axon integrity score were significantly improved in IOP-elevated rAAV-hsyn-Brn3b–injected rats compared with those of the IOP-elevated rAAV-hsyn-GFP–injected rats. Additionally, intravitreal rAAV-hsyn-Brn3b administration significantly restored the visual optomotor response in IOP-elevated rat eyes.

CONCLUSIONS. Adeno-associated virus-mediated Brn3b protein expression may be a suitable approach for promoting neuroprotection in animal models of glaucoma.

Keywords: Brn3b, glaucoma, Morrison’s model, neuroprotection, gene therapy

Glaucoma is an optic neuropathy characterized by optic nerve degeneration, apoptosis of retinal ganglion cells (RGCs), and visual field loss.1 A major risk factor for the disease is an elevation of IOP. Most current treatments for glaucoma are therefore aimed at lowering IOP, thereby limiting the primary insult that produces axonal degeneration of the optic nerve and loss of RGCs. However, despite lowering IOP, some neurodegenerative effects persistently occur in the optic nerve head and retina, albeit at a slower pace. Therefore, it would be beneficial to develop strategies to promote neuroprotection of the optic nerve and RGCs as an adjunct therapy for glaucoma.

The brain-specific homeobox/POU domain protein (Brn) family of class-I POU domain transcription factors including Brn3a, Brn3b, and Brn3c has been shown to play an important role in the development of restricted neuronal populations in the central nervous system (CNS). In the retina, Brn3b is expressed by retinal ganglion precursor neurons as well as mature RGCs.2–4 Brn3b has been shown to be a key regulator of axon outgrowth and pathfinding in RGCs and contributes to their proper polarization.5–7 The predominant phenotype in Brn3b-deficient mice, but not Brn3a- or Brn3c-deficient mice, was loss of most ganglion cells, with approximately 70% of RGCs undergoing apoptosis between E15.5 and birth.2,8 Lack of Brn3b expression also caused a decline in the number of optic nerve fibers and thinning of the mouse optic nerve.2 While a lack of Brn3b resulted in a developmental loss of RGCs due to the inability to develop axons, it is unclear if upregulating Brn3b expression could promote neuroprotection of RGCs and optic nerve axons following damage to the optic nerve. Here, we used an IOP-elevated rat model of optic nerve damage to assess the ability of adeno-associated virus serotype 2 (AAV-2) overexpressing transcription factor Brn3b to promote neuroprotection of RGCs and maintenance of axonal integrity. Our data strongly suggest that AAV-mediated Brn3b protein expression may be a suitable agent to promote neuroprotection of RGCs and their axons during ocular hypertension in rodents.
MATERIALS AND METHODS

Plasmid Construction and Recombinant AAV-2 Production

Recombinant AAV vectors were prepared using plasmids pAAV-IREShrGFP (hrGFP is a humanized recombinant GFP), pAAV-RC, and pHelper (AAV Helper-Free System; Stratagene, La Jolla, CA, USA) as described by the manufacturer. In this system, AAV2 rep and cap genes were provided by pAAV-RC plasmid. pAAV-Brn3b vector encoding transcription factor Brn3b was constructed by insertion of mouse Brn3b cDNA clone (OriGene, Rockville, MD, USA) digested with EcoRI and XhoI into pAAV-IREshrGFP (Stratagene) abbreviated as pAAV-CMV-Brn3b. After DNA sequence validation, the pAAV-Brn3b plasmid was used for AAV-2 virus production (rAAV-CMV-Brn3b). A pAAV-IREshrGFP control plasmid (Stratagene) was used for production of control virus and was abbreviated further as rAAV-CMV-GFP. Gene expression in both vectors was driven by cytomegalovirus (CMV) promoter. From the recombinant vector, Brn3b protein was expressed as fused with Flag-tag. Viruses were prepared according to manufacturer’s instruction (AAV Helper-Free System; Stratagene) and purified by column chromatography using a commercially available kit (ViraBind AAV Purification Kit; Cell Biolabs, Inc., San Diego, CA, USA). Viral titers were determined using a Quick Titer AAV Kit (Cell Biolabs, Inc.). To improve the specificity and reduce off target effects of the AAV-2 virus, in further studies we decided to use the viral constructs driven by neuronal specific human synapsin promoter. The control virus AAV2.hSyn.eGFP.WPRE.bGH was purchased from the Penn vector core facility (Philadelphia, PA, USA) and further abbreviated in the manuscript as rAAV-hSyn-GFP. The pAAV-hSyn.Brnn3b-DDK.WPRE.bGH plasmid was prepared by insertion of mouse Brn3b cDNA clone (OriGene, Rockville, MD, USA) containing DDK tag with introduced HindIII restriction digestion site by PCR method into pAAV.hSyn.eGFP.WPRE.bGH in the place of eGFP protein using EcoRI and HindIII restriction enzymes. The custom-made plasmid sequence was confirmed by DNA sequencing and sent to Penn vector core for AAV-2 virus production. The custom-made virus AAV2.hSyn.Brnn3b-DDK.WPRE.bGH was abbreviated in the current study as rAAV-hSyn-Brn3b.

Animals

All animal-related procedures were approved by the Institutional Animal Care and Use Committee (IACUC) at the UNT Health Science Center and were in compliance with the ARVO Statement for the Use of Animals in Ophthalmic and Vision Research. Male retired breeder Brown Norway rats (Rattus norvegicus; Charles River Laboratories, Wilmington, MA, USA) in the age group of 8 to 12 months were used in this study. Animals were maintained under dim light (90 lux) with a standard rodent diet. For retinal explants, eyes from adult female Sprague Dawley rats were used.

Retrograde Labeling of RGCs With Fluorogold

Retrograde labeling of RGCs was carried out in Brown Norway rats as described earlier. The animals were anesthetized and double injections of 3 μL of 2% Fluorogold (Fluorochrome, LLC, Denver, CO, USA), were carried out using two sets of stereotaxic coordinates: (1) anterior posterior (AP) = 5.8, ML = +1.3, DV = 3.5, and (2) AP = 5.8, ML = −1.3, DV = 3.5 from the bregma.

Experimental Glaucoma Development—Morrison’s Model

To elevate IOP approximately 50 μL 1.8 M NaCl was injected into episcleral veins of the left eye of rats with a force sufficient to blanch the aqueous plexus. This procedure produces scarring of the trabecular meshwork with a resultant rise in IOP and damage to the optic nerve.\(^\text{10}\)

Elevation of IOP and IOP Measurements

Intraocular pressure was measured with a TonoLab tonometer (Cave Finland Oy, Espoo, Finland) in conscious animals after minimal sedation with intraperitoneal administration of 50 μL acepromazine and presented as mean ± SEM. To assess total IOP exposure, we calculated the mm Hg-days by determining the difference of area under the curve (AUC) between IOP-elevated eye and contralateral control eye (mm Hg-days = AUC of the IOP-elevated eye − AUC of the control eye).

Intravitreal Injections of AAV-2 Constructs

Intravitreal injections were carried out using an ultrafine 30.5-G disposable needle connected to a 50-μL Hamilton syringe (Hamilton Company, Reno, NV, USA) as described by Zhou and colleagues\(^{11}\) in anesthetized rats. Four microliters containing 1 × 10\(^7\) units of AAV virus were injected (with continuous injection and after administration of either rAAV-hsyn-GFP (rAAV-CMV-GFP) or rAAV-hsyn-Brn3b (n = 7) viral vectors in IOP-elevated rat eyes (Scheme: Fig. 2A). This behavioral test takes advantage of the optomotor response in which an animal reflexively follows a moving visual stimulus with its eyes, thereby compensating for rotation of the visual field. The walls of the test apparatus consisted of four computer monitors facing inward, with an elevated platform in the center of the chamber. An unrestrained rat was placed on the platform. Vertical sine-wave gratings (black vertical lines) were projected onto the white walls, and when the gratings were rotated, the rat responded by tracking the moving grating with its head and eyes. The spatial frequency of the gratings was gradually increased (i.e., the vertical lines are brought closer together) until the rat no longer detected the grating as distinct from the background. At this point, the rat ceased to respond to the rotating stimulus, and visual acuity was determined by the maximum spatial frequency (cycles/degrees) to which the animal has respond-
Immunoblot analysis of Flag-tag, Brn3b, and GAP-43 protein levels in primary RGCs transduced either with rAAV-CMV-GFP or rAAV-CMV-Brn3b vectors. The blots were probed for calnexin as a loading control.

ed. Acuity of both the left and right eye was assessed independently, by rotating stimuli in either a clockwise direction (thereby effectively testing the left eye) or a counterclockwise direction (thus, testing the right eye). The experimenter performing the behavioral tests was masked to the identity and treatment group of the rats. T-test was used to estimate significant difference between contralateral and operated eyes and paired t-tests were used to estimate the statistical difference in visual acuity before and after IOP elevation and following AAV treatment (n = 7/experimental group).

Quantification of RGC Survival
Fluorogold-labeled RGC cells were manually counted by a masked observer. Each retina was divided into four quadrants: superior, inferior, nasal, and temporal. Four pictures were taken at ×20 magnification in each retinal quadrant. Briefly, the number of RGCs was counted in four areas per retinal quadrant at two different eccentricities (E1 and E2) located at 2/6 and 4/6 of the radius of the retina from the optic nerve head respectively. The ratio of number of Fluorogold-labeled cells from IOP-elevated eye (injected with either rAAV-hsyn-GFP or rAAV-hsyn-Brn3b, n = 4/group) to contralateral eye was calculated and plotted as mean ± SEM. Statistical significance was estimated using t-test.

Paraphenylenediamine (PPD) Staining
Intraocular pressure elevation was carried out in Brown Norway rats and the animals were maintained for 4 weeks after IOP elevation, following which they were injected either with rAAV-hsyn-GFP or rAAV-hsyn-Brn3b viruses and killed after an additional 4 weeks. The eyes were enucleated and optic nerves were excised 1-mm posterior to the globe. The optic nerves were fixed with 2% paraformaldehyde, 2.5% glutaraldehyde in 0.1 M sodium cacodylate buffer for 3 hours at room temperature. After osmification and embedding in epon, optic nerve cross sections were obtained and stained with 1% PPD for 20 minutes at room temperature according to protocol of Hollander and Vaaland. Images were taken in a Zeiss LSM 510 META confocal microscope (Carl Zeiss Microscopy GmbH, Jena, Germany). The images were graded in a masked manner by individuals giving a score ranging from 0 to 9 by a modification of a previous published protocol. The grades assigned to each treatment group (mean ± SEM; n = 4/group) were compared for statistical significance using Mann-Whitney rank sum test.

Primary Rat RGCs Isolation
Primary cultures of rat RGCs were isolated according to the previously described two-step panning method. Cells were cultured in a serum-free Dulbecco’s modified Eagle’s medium (DMEM; Invitrogen, Grand Island, NY, USA) containing brain-derived neurotrophic factor (BDNF, 50 ng/mL; Peprotech, Rocky Hill, NJ, USA), cilary neurotrophic factor (CNTF, 10 ng/mL; Peprotech), and forskolin (5 ng/mL; Sigma-Aldrich Corp., St. Louis, MO, USA). Cells were incubated at 37°C in a humidified atmosphere of 10% CO2 and 95% air. One week following culture, adherent RGCs with good neurite outgrowth were used for experiments.

In Vitro AAV Cell Transduction
Primary rat RGCs were infected with AAV encoding either GFP vector or Brn3b at 1 × 107 units per well. Cells were grown in complete serum-free DMEM containing BDNF (50 ng/mL), CNTF (10 ng/mL), and forskolin (5 ng/mL) in 5% CO2 at 37°C. After 1 day, medium was replaced with fresh defined serum-free DMEM containing BDNF (50 ng/mL), CNTF (10 ng/mL), and forskolin (5 ng/mL). Medium was replaced every 2 days and cells were observed for hrGFP expression every other day. Maximum expression of hrGFP was detected by confocal imaging in primary ganglion cells and was observed 9 to 11 days following transduction.

Histology
Paraffin Sections. Sagittal retinal sections through the optic nerve head (5-μm thick) were cut and deparaffinized in xylene (Fisher Scientific, NJ, USA), rehydrated using a

![Image](82x571 to 530x729)
blots were developed with the enhanced chemiluminescence were used as the secondary antibody (1:10,000 dilution). The extracts were separated by SDS-PAGE and Complete Protease Inhibitor Cocktail; Roche, San Francisco, 0.5% sodium deoxycholate, and 1.5 mM sodium orthovanadate, KCl, 200 mM sucrose, 10% glycerol, 1 mM EDTA, 1% NP-40, and primary antibodies: custom-made rabbit anti-Brn3b (1.5 µg/mL; Antibody Research Corporation, St. Charles, MO, USA), rabbit anti-GAP-43 (diluted 1:250; Sigma-Aldrich Corp.) or mouse anti-GAP-43 (diluted 1:500; Sigma-Aldrich Corp.), mouse anti-acetylated α-tubulin (ac-Tuba, diluted 1:3000; Sigma-Aldrich Corp.), rabbit anti-actin-binding LIM protein (abLIM, diluted 1:50; Sigma-Aldrich Corp.), and incubated for 1 hour at room temperature. Secondary incubation for 1 hour was carried out with a 1:1000 dilution of the appropriate secondary antibody conjugated with Alexa (546 or 647; Molecular Probes, Eugene, OR, USA). Sections in which the primary antibody incubation was excluded served as blanks and were used to assess nonspecific staining by the secondary antibody. All sections were stained with DAPI to visualize nuclei. Fluorescence images were taken in a Zeiss LSM 510 META confocal laser scanning microscope (Carl Zeiss Microscopy GmbH, Jena, Germany).

Immunocytochemistry and Immunohistochemistry Analysis

Immunohistochemistry. The deparaffinized and rehydrated retinal and optic nerve head sections were blocked with 5% normal donkey serum and 5% BSA in PBS and treated with primary antibodies: custom-made rabbit anti-Brn3b (1.5 µg/mL; Antibody Research Corporation, St. Charles, MO, USA), rabbit anti-GAP-43 (diluted 1:250; Sigma-Aldrich Corp.) or mouse anti-GAP-43 (diluted 1:500; Sigma-Aldrich Corp.), mouse anti-acetylated α-tubulin (ac-Tuba, diluted 1:3000; Sigma-Aldrich Corp.), rabbit anti-actin-binding LIM protein (abLIM, diluted 1:50; Sigma-Aldrich Corp.), and incubated for 1 hour at room temperature. Secondary incubation for 1 hour was carried out with a 1:1000 dilution of the appropriate secondary antibody conjugated with Alexa (546 or 647; Molecular Probes, Eugene, OR, USA). Sections in which the primary antibody incubation was excluded served as blanks and were used to assess nonspecific staining by the secondary antibody. All sections were stained with DAPI to visualize nuclei. Fluorescence images were taken in a Zeiss LSM 510 META confocal microscope.

Immunocytochemical Analysis of Primary RGCs. Primary retinal ganglion cells were grown on coverslips and fixed with 100% methanol/acetone at −20°C. Nonspecific binding was blocked with solution of 5% normal donkey serum in PBS at room temperature and treated with primary antibodies: custom made rabbit anti-Brn3b (1.5 µg/mL; Antibody Research Corporation, St. Charles, MO, USA) and mouse anti-GAP-43 (diluted 1:500; Sigma-Aldrich Corp.) for 1 hour at room temperature. Secondary antibodies (Alexa Fluor 547, Alexa Fluor 647, 1:1000 dilution; Invitrogen) were added and incubated for 1 hour at room temperature. Cells were imaged in a Zeiss confocal laser scanning microscope LSM 510.

Immunoblot Analysis of Optic Nerve Extracts. Total whole rat optic nerve homogenate were prepared in ice-cold TM buffer (10 mM HEPES buffer, pH 7.9, 1.5 mM MgCl2, 10 mM KCl, 200 mM sucrose, 10% glycerol, 1 mM EDTA, 1% NP-40, 0.5% sodium deoxycholate, and 1.5 mM sodium orthovanadate, and Complete Protease Inhibitor Cocktail; Roche, San Francisco, CA, USA). The extracts were separated by SDS-PAGE and immunoblot analysis was carried out using specific antibodies including rabbit anti-GAP-43 (diluted 1:500; Sigma-Aldrich Corp.), rabbit anti-abLIM (diluted 1:500; Sigma-Aldrich Corp.), rabbit anti-NF-M (diluted 1:1000; Sigma-Aldrich Corp.), and rabbit anti-calnexin (diluted 1:5,000; Stressgen, Ann Arbor MI, USA). Donkey anti-rabbit IgG (horseradish peroxidase (HRP) conjugate (GE Healthcare Bio-Sciences, Piscataway, NJ, USA) were used as the secondary antibody (1:10,000 dilution). The blots were developed with the enhanced chemiluminescence (ECL) reagents as per the manufacturer’s instructions (GE Healthcare Bio-Sciences). The chemiluminescent bands from the blots were analyzed using the Molecular Imager Chemi Doc XRS+ Imaging system (Bio-Rad, Hercules, CA, USA). The band intensities of individual proteins were normalized to the corresponding calnexin band intensity in each blot. Calnexin was chosen as a loading control in immunoblotting as previously published.15–22 Mean values ± SEM were obtained from ratios of normalized band intensities between treated IOP-elevated left (L) eye and untreated (contralateral) right (R) eye.

Immunoblot Analysis of Primary RGCs. The cells were lysed using RIPA buffer with proteinase inhibitors cocktail (Roche), sonicated and spun down at 4°C at 16,000g for 3 minutes. Immunoblot analysis to detect specific proteins of interest were carried out using the following antibodies: rabbit anti-GAP-43 (diluted 1:500; Sigma-Aldrich Corp.), rabbit Anti-
POU4F2 (diluted 1:1000; GenWay Biotech, Inc., San Diego, CA, USA), rabbit anti-Flag (diluted 1:1000; Sigma-Aldrich Corp.), and normalization was done using rabbit anti-calnexin (diluted 1:5000; Cell Signaling Technology, Danvers, MA, USA). Anti-rabbit or anti-mouse IgG HRP conjugate (GE Healthcare Bio-Sciences) were used as the secondary antibody (1:10,000 dilution) for detection of binding of the primary antibody. The blots were developed with the ECL reagents as per manufacturer’s instructions (GE Healthcare Bio-Sciences). The bands observed in the images were analyzed by Molecular Imager Chemi Doc XRS+ Imaging system (Bio-Rad).

**Adult Rat Retinal Explants**

Adult female Sprague-Dawley rat retinal explants were prepared by making 2-mm punches in retinas isolated from each eye and placed on coverslips coated with poly D-lysine/mouse-laminin (Trevigen, Inc., Gaithersburg, MD, USA) with the outer retinal surface facing up. The explants were maintained at 5% CO2 at 37°C in a culture medium comprising of Neurobasal-A medium supplemented with B27, N2, penicillin/streptomycin, and L-glutamine (Life Technologies, Grand Island, NY, USA). For transduction of rat retinal explants AAV serotype 2 viruses (manufactured by Penn Vector Core, Philadelphia, PA, USA) rAAV-hsyn-GFP and rAAV-hsyn-Brn3b were used. Explants were transduced with AAV viruses (1 × 10^8 GC units per well/explant). One-half the retinal explant culture medium was changed every second day and live imaging of neurite outgrowth was carried out in a EVOS-FL Digital Fluorescence Microscope under 20× magnification with transmitted light, at room temperature, following 5 and 7 days of ex vivo culture (n = 7 for each treatment group).

The average length of neurites was calculated using ImageJ software (http://imagej.nih.gov/ij/; provided in the public domain by the National Institutes of Health, Bethesda, MD, USA) with NeuronJ plugin and statistically significant differences were assessed using Mann-Whitney rank sum test using SigmaPlot software (Systat Software, Inc., San Jose, CA, USA).

In another set of experiments retinal explants were transduced with rAAV-hsyn-GFP or rAAV-hsyn-Brn3b viruses (1 × 10^8 GC units per well/explant). After 6 days of ex vivo culture, retinal explants were fixed with 4% phosphate-buffered paraformaldehyde for 1 hour, rinsed three times in PBS, pH 7.5 and blocked for 1 hour with blocking buffer (5% normal donkey serum and 5% BSA in 1× PBS). The explants were tested for expression of a RGC-specific marker, β-III tubulin using a mouse anti-β-III tubulin antibody (Sigma-Aldrich Corp.) for 3 hours. After washing three times with PBS, incubation with a fluorescently-labeled secondary antibody (donkey anti-mouse Alexa 647; Invitrogen; and donkey anti-rabbit Alexa 546; Invitrogen) was carried out for 2 hours and mounted with ProlongGold with DAPI (Invitrogen). The retinal explants from three experiments (n = 6 explants/treatment group) were visualized using Zeiss LSM 510 Meta scanning confocal microscope. Brightness and contrast levels were maintained at the same setting for all the fluorescent images. The number of β-III tubulin-positive cells in each immunostained explants was counted using ImageJ software, cell counter plugin and statistical differences were

![Figure 3](http://iovvs.arvojournals.org/)

**Figure 3.** Transcription factor Brn3b-mediated increase in growth cone marker, GAP-43, in the retina and optic nerve head of IOP-elevated Brown Norway rats. (A) Brn3b (pseudo-red) and GAP-43 (pseudo-green) expression in retinal sections from IOP-elevated Brown Norway rat eyes injected with either rAAV-CMV-GFP (vector control) or rAAV-CMV-Brn3b virus, detected with secondary antibodies conjugated with Alexa 555 or 647 dye. Insets (i) rAAV-CMV-GFP. (ii) rAAV-CMV-Brn3b) show higher magnification of RGC and NFLs of transduced retinas. (B) Immunohistochemical analysis of GAP-43 protein expression (pseudo-green) posterior to the optic nerve head of IOP-elevated rats following administration of the rAAV-CMV-GFP or rAAV-CMV-Brn3b. Retinal sections incubated with the secondary antibody alone (after excluding the primary antibody) showed minimal staining (Blank). Scale bars: 20 μm.
calculated using Mann-Whitney rank sum test using SigmaPlot software (Systat Software, Inc.).

RESULTS

Increased Levels of Brn3b and GAP-43 in Primary RGCs Transduced With the rAAV-CMV-Brn3b Virus

Primary RGCs were obtained from postnatal day 5 rat pup eyes and used to test the ability of AAV to transduce the RGCs. As shown in Figure 1A, RGCs transduced with either rAAV-CMV-GFP (control vector) or rAAV-CMV-Brn3b (encoding transcription factor Brn3b) viral constructs showed expression of Renilla reniformis hrGFP from the bicistronic viral construct, 11 days post transduction. rAAV-CMV-Brn3b virus was also found to be capable of overexpressing the Brn3b protein in RGCs, as seen by increased immunostaining for Brn3b (Fig. 1B, pseudo-red), compared with those infected with rAAV-CMV-GFP virus. Brn3b protein overexpression in primary RGCs also produced increased labelling for the growth cone-enriched protein, growth associated protein-43 (GAP-43; Fig. 1B, pseudo-green). Transgene expression of Brn3b was detected by immunoblotting using a Flag-tag antibody (Fig. 1C). In addition, immunoblot analysis of primary RGCs also showed a significant increase in Brn3b protein level in the rAAV-CMV-Brn3b transduced group in comparison with the rAAV-CMV-GFP transduced RGCs (Fig. 1C). Normalized densitometric analysis of the Brn3b bands showed a 3-fold increase in rAAV-CMV-Brn3b-transfected RGCs, compared with those of rAAV-CMV-GFP transfected RGCs. Similar to the immunocytochemistry data, upregulation of Brn3b protein promoted a 2-fold increase in GAP-43 levels as determined by immunoblotting (Fig. 1C). Calnexin, an endoplasmic reticulum integral membrane protein, was used as a loading control was not appreciably different between the various experimental groups.

Experimental Scheme and IOP Elevation Profile in an Ocular Hypertension Glaucoma Model in Brown Norway Rats

A brief outline of the experimental scheme for this study is provided in Figure 2A. Studies were carried out using a total of 29 male retired breeder Brown Norway rats (R. norvegicus) according to the scheme depicted in Figure 2A. Intraocular pressure was elevated using the Morrison’s surgical method in one eye of Brown Norway rats, while the corresponding contralateral eye was left untreated. After surgery to
elevate IOP, the Brown Norway rats were maintained for 7 to 10 days and injected intravitreally in the IOP-elevated eye with $1 \times 10^9$ AAV particles encoding either the control vector (rAAV-CMV-GFP) or the transcription factor Brn3b (rAAV-CMV-Brn3b) and maintained for an additional period of 3 weeks. Intraocular pressure was measured using the Tonolab tonometer and plotted as a function of time. The extent of IOP exposure was computed in millimeter per mercury per days. In separate experiments, some rats were injected 48 hours prior to euthanasia with the anterograde axonal transport tracer, Alexa-fluor 555–conjugated cholera toxin subunit B (CT-B). In a different group of rats, RGCs were retrogradely labeled with fluorogold, following which IOP was elevated in one eye, while the other eye served as the contralateral control. After maintaining rats to an IOP exposure of approximately 120 mm Hg-days, the rats were injected in the IOP-elevated eye with either rAAV-hsyn-GFP or rAAV-hsyn-Brn3b virus. Following an additional 4 weeks, rats were killed, optic nerve sections, and retinal flat mounts were obtained and imaged. In this group of rats, optomotor tests were carried out to determine visual acuity of rats following various treatments.

As seen in Figure 2B, IOP was elevated after 7 to 10 days following surgery and remained elevated for the entire duration of the experiment. Intraocular pressure values ($n = 29$ rats) were plotted as mean $\pm$ SEM (Fig. 2B). Intraocular pressure elevation for 3 weeks typically generated 74 to 104 mm Hg-days of IOP exposure (the difference of the area under the curve between IOP-elevated eye and contralateral eye).

Increased Level of the GAP-43 Protein in the Retina and Optic Nerve Head Following IOP Elevation and Administration of rAAV-CMV-Brn3b in Brown Norway Rats

Injection of hypertonic saline through episcleral veins by the Morrison’s method was used to elevate IOP in one eye of Brown Norway rats. One week following surgery, viral vectors (rAAV-CMV-GFP or rAAV-CMV-Brn3b) were injected intravitreally into the IOP-elevated left eye (IOP+) of Brown Norway rats. Blots were probed with specific antibodies against GAP-43, abLIM, and neurofilament-M (NF-M). Calnexin served as a loading control. (B) Intraocular pressure–elevated Left(L)/Contralateral Right (R) ratio of densitometry readings (normalized to corresponding calnexin levels) representing ratio between IOP-elevated and contralateral eye are presented as mean $\pm$ SD.
the outer segment (OS). Ectopic Brn3b localization in the outer retina has also been observed in an earlier studies.\textsuperscript{25–28} Interestingly, GAP-43 protein (pseudo-green) was upregulated most prominently in the NFL, and enhanced staining was also observed in GCL and inner plexiform layer (IPL) of the retina in rAAV-CMV-Brn3b injected rat eyes. Insets (Figs. 3Ai, 3Aii), showing higher magnification of ganglion cell and NFLs of retinas indicate increased staining of Brn3b and GAP-43 in retinal ganglion cells in rAAV-CMV-Brn3b–injected rat eyes compared with rAAV-CMV-GFP–injected rat eyes.

In the optic nerve head (Fig. 3B), a marked increase in GAP-43 immunostaining (pseudo-green) was detected posterior to the optic nerve head (in the retrolaminar region) in IOP-elevated rAAV-CMV-Brn3b–injected eyes in comparison with IOP-elevated rAAV-CMV-GFP–injected control eyes. Increased immunostaining for GAP-43 in IOP-elevated rAAV-CMV-Brn3b–injected rat eyes is an indicator of increased growth cone activity and synaptic plasticity at the site of injury. A negative control (Blank), in which the primary antibody was omitted, showed minimal staining, indicative of specificity of the immunostaining.

**Markers of Axonal Integrity in the Retina and Optic Nerve Head of Rats Intravitreally Injected With the rAAV-CMV-Brn3b Following IOP Elevation in Brown Norway Rats**

Since an increase in levels of GAP-43 was observed in Brown Norway rats injected intravitreally with the rAAV-CMV-Brn3b virus, additional studies were carried out to determine if markers of axonal integrity were upregulated in retinas and optic nerve heads of these rats. Briefly, IOP was elevated in one eye of Brown Norway rats, and 1 week following surgery, viral vectors encoding either GFP (rAAV-CMV-GFP) or Brn3b (rAAV-CMV-Brn3b) were administered to the IOP-elevated eyes. The animals were maintained for 3 weeks with IOP elevation and killed. Five-micron sagittal retina sections through the optic nerve head were obtained and analyzed by immunohistochemistry for the expression of markers of axonal stability/integrity, including acetylated $\gamma$-tubulin (ac-Tuba) and actin-binding LIM protein (abLIM). An increase in abLIM was found in several retinal layers including GCL, INL, and OS compared with the control vector–injected rats eyes, where minimal staining for abLIM was found. One of the main regulators of axonal transport are posttranslational modifications of microtubules including acetylation of $\gamma$-tubulin (ac-Tuba). Ac-Tuba has been extensively investigated in models of neurodegeneration. Acetylation of $\gamma$-tubulin causes stabilization of the microtubule structure. Ac-Tuba promotes axonal transport by involving the motor proteins Kinesin-1 and cytoplasmic dynein to microtubules.\textsuperscript{29,30} Inhibition of acetylation of $\gamma$-tubulin causes severe loss of kinesin heavy chain binding to the microtubules and significantly reduces speed of axonemes in neurons. An intense labeling for ac-Tuba was found in NFL and GCL, and also in the inner plexiform layer (IPL) in IOP-elevated rats injected with rAAV-CMV-Brn3b, while a weaker staining was found in the NFL of IOP-elevated rats injected with rAAV-CMV-GFP virus (Fig. 4A).

An enhanced staining for ac-Tuba was observed posterior to the optic nerve head, in IOP-elevated rat eyes injected with rAAV-CMV-Brn3b virus, compared with those injected with control virus (Fig. 4B). A modest increase in immunostaining was also observed for abLIM posterior to the optic nerve heads of rAAV-CMV-Brn3b transduced rat eyes following IOP elevation, compared with those injected with rAAV-CMV-GFP (Fig. 4C). The data suggest that following IOP-mediated damage, overexpression of transcription factor Brn3b protein could upregulate markers of axonal integrity and possibly facilitate recovery from axonal injury, thereby promote neuroprotection.

**Immunoblot Analysis of Markers of Axonal Integrity and Synaptic Plasticity in Optic Nerves Following IOP Elevation and Administration of rAAV-CMV-Brn3b in Brown Norway Rats**

Since an enhanced immunostaining of GAP-43, abLIM, and ac-Tuba was observed in the retrolaminar region of the optic
nerve heads of IOP-elevated rAAV-CMV-Brn3b–injected rat eyes, compared with IOP-elevated control vector injected rat eyes (Figs. 3, 4), further analyses of these markers were carried out by immunoblotting of whole optic nerve extracts. The data obtained from immunoblot analysis of optic nerve extracts from Brown Norway rats (Fig. 5A) confirmed the immunohistochemical analyses of GAP-43, and abLIM proteins. There was a modest 13% increase in GAP-43 in glaucomatous (IOP-elevated) optic nerves of rat eyes injected with rAAV-CMV-GFP virus compared with the level in contralateral control eyes. On the other hand, there was an 82% increase in GAP-43 levels in glaucomatous eyes injected with rAAV-CMV-Brn3b virus, compared with those of contralateral control eyes. Similar observations were made for abLIM in immunoblot analysis of optic nerve extracts. There was a minimal 6% increase in abLIM levels in rAAV-CMV-GFP virus injected, IOP-elevated eyes, compared with the corresponding contralateral eyes. In contrast, there was 217% increase in abLIM levels in IOP-elevated eyes injected with rAAV-CMV-Brn3b virus compared with the corresponding contralateral eyes.

Additionally, immunoblot analysis of neurofilament-M, one of the major intermediate filaments found in neurons, was carried out (Fig. 5A). Neurofilament M is the one of the components providing support for axonal radial growth and its expression increases in neuroregenerative responses.61 Intraocular pressure elevation in conjunction with rAAV-CMV-GFP virus caused the major decrease in NF-M levels in rat optic nerves by approximately 40%, suggesting major axonal loss and degeneration. In rat eyes injected with rAAV-CMV-Brn3b following IOP elevation, NF-M levels showed a 27% increase in comparison to the values in the corresponding contralateral eyes. The ratios of band intensities (after normalizing with the corresponding loading control, calnexin) between IOP-elevated left (L) and contralateral control right (R) eyes in the two experimental groups (rAAV-CMV-GFP and rAAV-CMV-Brn3b injected) are presented as histograms in Figure 5B.

**Axonal Transport in Optic Nerves of Rats Following IOP Elevation and Administration of rAAV-CMV-Brn3b**

rAAV-CMV-Brn3b transduction produced increased levels of some synaptic plasticity and axonal integrity markers following IOP induced axonal damage in the optic nerve (Figs. 3–5). However, increase in synaptic plasticity markers is not indicative of functionality of the axons. To assess functional changes, axonal transport studies were carried out to determine if following IOP elevation, AAV-mediated Brn3b protein expression could ameliorate axonal transport that is disrupted due to injury to the optic nerve. Briefly, after IOP elevation and 3 weeks following administration of the viral vectors, rats were injected intravitreally with Cholera toxin B subunit (CT-B) Alexa Fluor 555 conjugate, which serves as an anterograde transport tracer dye (scheme in Fig. 2A). The rats were killed 48 hours after administration of the anterograde tracer and 15-μm sagittal retina sections through the optic nerve head were obtained. The sections were imaged in a Zeiss confocal microscope to detect transport or accumulation of the CT-B along the axons of the optic nerve. It was found that IOP elevation produced an inhibition in axonal transport function, which was not affected by administration of the rAAV-CMV-GFP control virus, and most of the anterograde tracer CT-B was accumulated and retained in the anterior portion of the optic nerve head (anterior to the lamina-like region; Fig. 6A, indicated by [*] symbol). In some rAAV-CMV-GFP–injected rats, diffuse labeling for the CT-B was also observed along the superior and inferior poles of the optic nerve suggestive of a few intact axons active in axonal transport (Fig. 6A). This indicated that IOP elevation caused damage to the axons of optic nerve, thereby producing a decline in anterograde axonal transport.

On the other hand, optic nerve sections from IOP-elevated rAAV-CMV-Brn3b–injected rats revealed an appreciable increase in transport of CT-B tracer along the axonal tracts, which extended posteriorly beyond the site of axonal damage in the optic nerve head. The staining was traced up to the myelinated region of the optic nerve, indicative of a recovery from axonal injury and improvement of axonal transport, mediated by Brn3b overexpression (Fig. 6B).

**Retinal Ganglion Cell Loss Was Attenuated in IOP-Elevated, rAAV-hsyn-Brn3b–Injected Rats**

Intraocular pressure elevation in the Morrison rat model of ocular hypertension has been shown to produce significant RGC cell death and axonal loss.32 To determine if transcription factor Brn3b has a neuroprotective role during ocular hypertension, Brown Norway rats were retrogradely labeled with Fluorogold, following which IOP elevation was carried out and maintained for approximately 120 mm Hg-days. The IOP-elevated eyes were injected with either rAAV-hsyn-GFP vector or rAAV-hsyn-Brn3b and maintained for an additional 4 weeks. After killing the animals, retinal flat mounts were isolated and RGC survival was assessed by counting fluorogold labelled, viable RGCs (Figs. 7A, 7B) in two eccentricities (E1 located 2/sixth and E2 located 4/sixth distance from the optic nerve head) within each retinal quadrant (superior, inferior, nasal, and temporal). The loss of RGCs was calculated as the ratio of RGC counts between IOP-elevated and contralateral eye for each eccentricity. The obtained ratios were then compared between rAAV-hsyn-GFP and rAAV-hsyn-Brn3b–treated animals and plotted as a mean ± SEM (Fig. 7A). The ratios of RGC counts were significantly higher in rAAV-hsyn-Brn3b–injected rats in both eccentricities, compared with those of the rAAV-hsyn-GFP–injected rats. This suggests that following IOP elevation AAV-mediated expression of the transcription factor Brn3b plays a neuroprotective role, helping to sustain the viability of RGCs.

**Axonal Integrity in IOP-Elevated, rAAV-hsyn-Brn3b–Injected Rat Eyes**

Since a significant protection of RGCs somas was observed in rAAV-hsyn-Brn3b administered rats following IOP elevation, compared with rAAV-hsyn-GFP–treated IOP-elevated rats, optic nerve axonal integrity was assessed in these groups of animals. Intraocular pressure was elevated in one eye of Brown Norway rats, while the corresponding contralateral eye served as control. After IOP elevation, rats were maintained till an IOP exposure of approximately 120 mm Hg-days was obtained, following which the animals were intravitreally injected either with rAAV-hsyn-GFP or rAAV-hsyn-Brn3b vectors into the IOP-elevated eyes. After maintaining for 4 weeks, Brown Norway rats were killed, optic nerve sections were obtained and stained with PPD. As shown in Figure 8A, a compromise of axonal integrity and a loss of axonal bundles was observed in optic nerve sections from IOP-elevated rAAV-hsyn-GFP–injected rats. In contrast, optic nerve sections from IOP-elevated rAAV-hsyn-Brn3b–injected rats showed an enhanced preservation of axon morphology (Fig. 8A). Optic nerve grading was done by masked observers according to the method described by Chauhan et al.15 Grade 0 was assigned to optic nerves without any damage with all the nerve bundles intact, while grades 3 and 6 correspond to 30% and 60% of mean axonal damage. There was statistical difference between the integrity.
scores of optic nerves between contralateral, noninjected as well IOP-elevated eyes of the rAAV-hsyn-GFP– and rAAV-hsyn-Brn3b–injected rats (Fig. 8B). These results suggest that AAV-mediated expression of the Brn3b transcription factor following the initial IOP damage have neuroprotective effects on the axons of the optic nerve in addition to protecting RGCs from cell death.

Visual Acuity in IOP-Elevated Rat Eyes Following Administration of rAAV-hsyn-Brn3b

To determine if there is an improvement of visual function in rats administered with the rAAV-hsyn-Brn3b viral vector following IOP elevation, a behavioral test was performed using the visual optomotor response (mediated by a subcortical reflex) in which an animal reflexively follows a moving visual stimulus with its eyes, thereby compensating for rotation of the visual field.

The baseline acuity in both eyes of Brown Norway rats was characterized before evaluating the effects of IOP elevation and AAV treatments. Baseline values of visual acuity of adult Brown Norway rats obtained (Fig. 9) were comparable with those of normal Long-Evans pigmented rats previously published by Douglas and colleagues using the same OptoMotry testing apparatus and ranged between 0.619 (c/d) ± 0.0134 and 0.648 (c/d) ± 0.0213.

Rats were again administered optomotor testing following approximately 120 mm Hg-days of IOP elevation, following which the rAAV-hsyn-GFP (n = 7 rats) or rAAV-hsyn-Brn3b viruses (n = 7 rats) were intravitreally injected. Each rat was tested between three and four times in separate sessions in a
transduced with rAAV-hsyn-GFP virus. Statistical differences were significant in three independent experiments for cell counts in the Brn3b transduced explants (*P < 0.05; Mann-Whitney rank sum test).

Further experiments were carried out to determine if AAV-mediated expression of Brn3b protein was sufficient for promoting neurite outgrowth in retinal explants from adult rats (Fig. 10C). To test this hypothesis, rat retinal explants, maintained without trophic factors were transduced either with rAAV-hsyn-GFP or rAAV-hsyn-Brn3b viruses and evaluated 5- to 7- days ex vivo. Cultured retinal explants transduced with rAAV-hsyn-GFP virus at day 5 did not extend more than average 2.8 processes per field of view (magnification ×20). On the other hand, rAAV-hsyn-Brn3b transduced explants grew an average of five processes per field of view at the same magnification. After maintaining for 7 days ex vivo, and rAAV-hsyn-Brn3b continued to have higher number of neurites (average of 4.5 neurites), compared with those of rAAV-hsyn-GFP (average of 1.5 neurites per field of view). As seen in Figure 10D, the length of processes originating from each cultured retinal rAAV-hsyn-Brn3b transduced explants (n = 7) was 30 ± 0.35 (mean ± SEM) times longer than in explants (n = 7) transduced with rAAV-hsyn-GFP virus. Statistical differences were significant in three independent experiments for rAAV-hsyn-GFP explants compared with rAAV-hsyn-Brn3b explants (*P ≤ 0.001; Mann-Whitney rank sum test).

**Discussion**

Glaucoma treatment comprises mainly of approaches to lower IOP either surgically or through IOP lowering drugs that act by reducing aqueous humor formation or increasing its outflow. However, neurodegeneration continues to occur slowly despite these treatments, hence, there is a need for developing neuroprotective strategies in addition to lowering IOP. Neuroprotection is an important area of glaucoma research, which has made appreciable progress in the light of key findings that demonstrate neuroprotective effects in the retina and optic nerve in animal models of optic neuropathy.34 In the current study, we employed a rat model of optic neuropathy in which elevation of IOP was carried out followed by administration of an AAV vector encoding Brn3b to test its efficacy to promote neuroprotection. Adeno-associated virus vectors have been shown to be safe and efficacious for use in humans and hold promise for future therapies.35–38 Transcription factor Brn3b plays a crucial role during development and differentiation of RGCs, as evidenced by loss of nearly 70% of RGCs in Brn3b-deficient mice. Deletion of either Brn3a or Brn3c does not greatly affect retinal neurons and appears to cause loss of dorsal root ganglion neurons and vestibular hair cells, respectively.4,8 The status of Brn3b in neurodegeneration as well as its potential role in promoting neuroprotection is largely unclear. Intraocular pressure elevation in rats using the Morrison’s method has been shown to produce damage to optic nerve axons and progressive death of RGCs, with nearly 30% loss after 4 weeks of IOP elevation.39

Use of Brn3b as a therapeutic agent could have minimal undesirable effects, since Brn3b is endogenously expressed in adult retinas and different parts of the brain, including superior colliculus, interpeduncular nucleus, or trigeminal ganglion.40 Brn3b is also constitutively expressed in mature RGCs suggestive of its putative role in normal RGC physiology, which is not completely understood. A decrease in Brn3b expression has been demonstrated in different animal models of glaucoma, suggesting that downregulation of Brn3b precedes neurodegeneration. For instance, several investigators reported that a decrease in Brn3b protein occurs prior to apoptosis of RGCs in an optic nerve injury model in rats.41–43 One of the important axon outgrowth regulators is GAP-43, which is known to be enriched in growth cones and in the presynaptic terminals in areas of high plasticity.44 GAP-43 has been shown to be expressed by RGCs during cell development and axonal outgrowth15,46 and is known to be significantly downregulated after the development of the eye.47 Mu et al.48 showed that expression of GAP-43 is attenuated in Brn3b knockout mice compared with wild type suggesting a regulatory linkage between the transcription factor Brn3b and expression of GAP-43. In the present study, we demonstrate that AAV-derived Brn3b is able to increase levels of GAP-43, which could indicate new growth cone formation posterior to the optic nerve head. We also investigated the status of other synaptic plasticity markers after IOP elevation and AAV-directed expression of Brn3b.

Growth cone formation and synaptic plasticity depend largely on cytoskeletal dynamics. Microtubules, comprised of polymers of alpha and beta tubulin dimers, are the essential components of the cytoskeleton required for axonal growth and transport. In particular, acetylation of α-tubulin has been shown to be associated with stable microtubule structures, which are essential for axon elongation. In previous studies, an analysis of brain-derived neurotrophic factor (BDNF) vesicles in primary cortical neurons from P0 rats demonstrated that acetylation of the α-tubulin stimulates anterograde as well as retrograde axonal transport.30,49 Total tubulin mRNA levels were low after injury in the optic nerve but increased in those RGCs that regenerated their axons.50 Low concentrations of the chemotherapeutic agent Taxol have been shown to promote acetylation of α-tubulin and neurite elongation of RGCs in culture.51 Moreover, inhibition of tubulin deacetylase has been demonstrated to have a preregenerative response in CNS.52 These data indicate that acetylation of tubulin helps to
maintain microtubule stability and promote neurite outgrowth. In the current study, the increase in ac-Tuba in the posterior region of the optic nerve head and also in the NFL of the retina in IOP-elevated rAAV-CMV-Brn3b–injected rats, could be indicative of the effectiveness of Brn3b in promoting recovery of RGC axons following damage due to IOP.

AbLIM participates in axon outgrowth, guidance, and synaptic trafficking.53–55 Mutations in abLIM in chick retina have been shown to cause multiple pathfinding errors in RGCs.6 The resulting abnormalities were strikingly similar to those observed in Brn3b-deficient mice, suggesting that abLIM and Brn3b could be involved together in regulation of pathfinding in RGCs.6 Our data are consistent with these findings and we detected upregulation of abLIM in rAAV-CMV-Brn3b transduced IOP-elevated rat retinas, which was also observed posterior to the site of axonal injury in the optic nerve head.

Degeneration of axons after injury occurs first in regions of the optic nerve proximal to the laminar region.56,57 In some animal models of glaucoma, disruption of fast anterograde axonal transport has been shown to result from nerve compression, as a consequence of IOP.49,58,59 Glaucoma is characterized by a selective dysregulation of axonal transport of membrane-bound organelle, including mitochondria.49,60 Distal axon injury is predegenerative hallmark in rodent models of glaucoma, which subsequently results in vision loss.61 The lamina cribrosa in human and lamina-like region in rodents are thought to be the site of axonal transport blockade. There is another school of thought, that axonal transport disruption at the superior colliculus is an earliest hallmark of changes in glaucoma. However, the authors in these studies do not address the site of axonal insult, but focus on the deficits in anterograde transport from the retina.61,62

The loss of RGCs and subsequent visual field deficits could be a clear consequence of disruption of axonal transport; however, the underlying mechanisms are not completely understood. In this study, we demonstrate that AAV-derived Brn3b overexpression in IOP-elevated rat eyes is able to reverse...
the damage to the optic nerve and restore transport along the axons into the myelinated region of the optic nerve. An immunoblot analysis of CTB in optic nerve extracts would have provided more conclusive evidence, however there are technical limitations of carrying out this experiment. In our experiments we injected 4 μL 0.1% Alexa conjugated cholera toxin B, which would yield less than 1 μg CTB in the total extract from an optic nerve, which is not sufficient for detection by immunoblot analysis.

In addition, AAV-mediated expression of Brn3b protein during ocular hypertension was able to promote increase survival of RGCs, indicative of a neuroprotective role of Brn3b in RGCs. Brn3b overexpression also sustained axonal integrity, which could be due to Brn3b’s ability to upregulate GAP-43 as well as other proteins including ac-Tuba, abLIM, and NF-M, which are important for axon stability as well as axonal regeneration.

In vitro explants culture represent an injury model in which axons of RGCs have been severed and is a useful model system to determine the efficacy of different experimental approaches to promote axon outgrowth as well as survival of retinal ganglion cells.65,66 Our study demonstrated that AAV-mediated expression of Brn3b protein could stimulate neurite outgrowth ex vivo in adult rat RGCs. Increased staining for β-III tubulin in Brn3b transduced rat retinal explants suggests that Brn3b can rescue RGCs from cell death. Apart from being a RGC marker, β-III tubulin also contributes to microtubule stability in neuronal somas and axons by playing an important role in axonal transport and structure.65 It is also possible that Brn3b could upregulate β-III tubulin in RGCs and this remains to be tested in future studies.

The functional changes in IOP-elevated rat eyes were assessed psychophysiological using the optomotor response test, which is indicative of subcortical responses to retinal input.53 As anticipated, our data show that a decline in cycles/degree occurs following IOP elevation in Brown Norway rats. The changes in visual acuity in Morrison’s IOP elevation model were not drastic, unlike some rodent optic nerve crush experiments we injected 4 μL 0.1% Alexa conjugated cholera toxin B, which would yield less than 1 μg CTB in the total extract from an optic nerve, which is not sufficient for detection by immunoblot analysis.

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