Impact of Microscope-Integrated OCT on Ophthalmology Resident Performance of Anterior Segment Surgical Maneuvers in Model Eyes

Bozho Todorich,¹ Christine Shieh,¹ Philip J. DeSouza,¹ Oscar M. Carrasco-Zevallos,² David L. Cunefare,² Sandra S. Stinnett,¹ Joseph A. Izatt,¹,² Sina Farsiu,¹,² Privthi Mruthyunjaya,¹ Anthony N. Kuo,¹ and Cynthia A. Toth¹,²

¹Ophthalmology, Duke University Eye Center, Durham, North Carolina, United States
²Biomedical Engineering, Pratt School of Engineering Duke University, Durham, North Carolina, United States

Correspondence: Cynthia A. Toth, Duke University Eye Center, 2351 Erwin Road, Box 3802, Durham, NC 27710; cynthia.toth@duke.edu.
Submitted: December 7, 2015
Accepted: March 9, 2016

METHODS. Fourteen ophthalmology residents from a single institution were stratified by year of training and randomized to perform four anterior segment surgical maneuvers on porcine eyes with (MI-OCT+) or without (MI-OCT-) direct intraoperative OCT guidance. Subsequently, both groups repeated the same maneuvers without MI-OCT feedback to test whether initial MI-OCT experience affected subsequent surgical performance. Finally, the MI-OCT– group was crossed over and allowed to repeat the same maneuvers with direct MI-OCT guidance. Each resident completed a survey at the completion of the study.

RESULTS. With direct MI-OCT feedback, residents demonstrated enhanced performance in depth-based anterior segment maneuvers (corneal suture passes at 50% and 90% depth and corneal laceration repair) compared with the residents operating without MI-OCT. Microscope-integrated OCT+ residents continued to outperform the controls when both groups subsequently operated without MI-OCT. For clear corneal wound geometry, there was no statistically significant effect of MI-OCT as applied in this study. Overall, the resident surgeons rated their subjective experience of using MI-OCT very favorably.

CONCLUSIONS. Microscope-integrated OCT feedback enhances performance of ophthalmology residents in select anterior segment surgical maneuvers. Microscope-integrated OCT represents a valuable tool in the surgical education of ophthalmology residents.

Keywords: optical coherence tomography, resident education, ophthalmologic surgical procedures
that could potentially be directly transferred to the operating room for use in live human surgery.

In this prospective randomized study performed with ophthalmology residents at a single academic center, we studied and compared the performance of trainee surgeons performing select anterior segment surgical maneuvers with MI-OCT guidance compared with their matched counterparts without MI-OCT. We investigated the effects of direct MI-OCT feedback on the residents’ performance, as well as any persistent effect when MI-OCT feedback was removed. Finally, we surveyed the trainee surgeons’ subjective feedback on using MI-OCT. To the best of our knowledge, this represents the first report evaluating the impact of intraoperative OCT in training of ophthalmology residents.

METHODS

This study was approved by the Institutional Review Board of the Duke University Health System, and all subjects participated with full informed consent. The study adhered to the tenets of the Declaration of Helsinki.

Subjects, Surgical Maneuvers, and Randomization

A group of 14 ophthalmic surgeons-in-training were recruited from Duke University ophthalmology residents. The subjects were randomized into two groups balanced by level of training and surgical experience: with one group assigned to work with the ability to view the MI-OCT (MI-OCT+) and the other without (MI-OCT-) such guidance (Fig. 1A). A total of three first-year, two second-year, and two third-year residents were randomized to each group (N = 14 total). All residents within the same year had equivalent wet laboratory experience prior to the commencement of the study.

The subjects were shown a standardized PowerPoint slide set to introduce the wet laboratory, surgical maneuvers, instrumentation, the operating microscope, and MI-OCT. Freshly enucleated porcine eyes obtained from a local slaughterhouse and stored at 4°C were used for the wet laboratory within 18 hours to minimize corneal edema. The residents were asked to perform a corneal suture pass at 50% thickness, a corneal suture pass at 90% thickness, repair a linear full-thickness corneal laceration with suture at 90% thickness, and construct a triplanar clear-corneal “cataract-type” incision on the porcine eye (Fig. 1). The corneal suture passes and laceration repair were with 10-0 nylon suture on a spatulated needle (Ethicon, Somerville, NJ, USA), whereas the clear-corneal wound was constructed using a standard 2.75-mm disposable keratome for cataract surgery (Alcon, Fort Worth, TX, USA).

In the trials involving MI-OCT feedback, the residents could ask for OCT at any point during the surgical maneuver. The OCT feedback entailed obtaining scans in any orientation anywhere within surgical field as directed by the surgeon. At that point, based on the feedback, the resident could rectify the maneuver (i.e., back out the needle pass and go deeper or shallower) based on the MI-OCT finding for up to three trial attempts.

In the trials not involving MI-OCT feedback, the maneuvers were repeated by each surgeon using only the microscope for viewing (no MI-OCT guidance for either group) to test the persistence of effect in the MI-OCT+ group compared with the MI-OCT- group; and trial 3, the same maneuvers were repeated by each surgeon in the MI-OCT- group with intraoperative OCT feedback. This crossover was designed as an internal control to ensure that any observed differences between the group performance in trials 1 and 2 were not due to confounding variables such as innate surgical ability.

Microscope-Integrated OCT Setup

The MI-OCT scanner used was previously published and utilized an external display for image viewing. Briefly, a customized mechanical enclosure allowed integration of the MI-OCT into an ophthalmic surgical microscope (Leica Microsystems, Inc., Buffalo Grove, IL, USA). A dichroic mirror folded the OCT beam path onto the surgical microscope path to allow unobstructed surgical viewing with simultaneous (SS-OCT) imaging. The final surgical microscope objective lens was shared between the two systems and ensured that both systems were parfocal. The SS-MI-OCT system used a (SS-OCT) engine utilizing a swept-frequency source centered at 1040 nm with a sweep bandwidth of 100 nm and a sweep rate of 100 kHz (Axsun, Billerica, MA, USA). This resulted in a measured system signal-to-noise ratio (SNR) of 99 dB, and axial and lateral resolutions of 7.8 and 15 μm, respectively. The imaging protocol consisted of 500 A-lines/BB scan and 100 B-scans/volume with an average of 5–10 volumes per second. Custom GPU-accelerated software enabled real-time acquisition, processing, and simultaneous display during surgery of a continuously updated and optimized OCT B-scan, top-down retinal view, and volumetric rendering on a computer screen adjacent to the operating microscope. The site of user-specified B-scan of interest in the volume was selected by an assistant using a mouse; at that site, B-scans were averaged 5 times to enhance visualization.

Depth-Based Maneuvers Grading

To grade the suture placement, custom software was created using MATLAB (Mathworks, Natick, MA, USA). On averaged B-scans at the point of maximal depth of the needle and suture passes, the surface of the corneal endothelium and epithelium were marked by a masked trained grader. Two-dimensional correction of the selected B-scan was performed to correct for image distortions due to refraction as previously described. The corneal thickness at the suture pass was defined as the shortest distance between the epithelial and endothelial layers that included the position of the surgical needle or suture. The percent depth was calculated as the ratio between the distance from the epithelium to the needle/suture and the distance between the epithelium and endothelium (corneal thickness). In some corneal laceration cases, jagged edges and protrusions occurred in the epithelium at the edge of the laceration. In these B-scans, the epithelial segmentation was fit to a higher-order polynomial to accurately follow these high frequency features. Refraction correction was performed as described previously, except where a significant portion of the corneal tissue was missing in the laceration. In those cases, the refractive index of the cornea was interpolated from the surrounding tissue.
air \( (n_{\text{air}}) \) was used to make depth calculations. The best-approximated orthogonal path through the cornea was segmented manually in these instances, and the shortest linear path was found between the endothelium and epithelium.

Corneal Wound Grading

For clear-corneal incision geometry assessment, volume and averaged B-scans parallel to the direction of the keratome path were deidentified, shuffled, and reviewed by two masked expert graders. Graders determined the geometry of the clear corneal incisions on a categorical scale (3 = triplanar wound, 2 = biplanar wound, 1 = monoplanar wound, 0 = unable to determine geometry of the wound) by comparison with standard images for each grade. The scores of the individual graders were averaged for each scan, and the agreement (\( \kappa \) statistic) between the graders was computed.

Surgeon’s Survey

All subjects were given an anonymous survey to determine their subjective experience (Supplementary Tables). The MI-OCT+ group was asked to rank their agreement with statements evaluating their comfort in performing simple corneal passes, repairing the corneal laceration, and constructing the clear corneal incision under direct MI-OCT guidance. The MI-OCT– group was asked to rank their agreement with statements evaluating their comfort in performing simple...
corneal passes, repair of corneal laceration, and construction of clear corneal wound without direct MI-OCT feedback on a 1 to 5 numerical scale. They were then asked to rerank their performance of the same maneuvers with direct MI-OCT feedback at the completion of trial 3 when they were finally provided with MI-OCT guidance. Both groups were asked to rank their overall experience of using MI-OCT, as well as their likelihood of using MI-OCT in their future practice on a 1 to 5 numerical scale. In both groups, the subjective score of 1 represented the lowest confidence score, whereas a score of 5 represented the highest confidence score.

Statistics

The composite scores of the depth-based maneuvers were computed and expressed as box-plots using GraphPad Prism software (GraphPad, La Jolla, CA, USA). The statistical comparisons conducted across the MI-OCT group were performed unpaired, using a Wilcoxon rank sum test. All comparisons of the medians using the Wilcoxon signed rank test, with relevant comparisons demonstrating statistical significance indicated at $P < 0.05$ (B).

**FIGURE 3.** Corneal passes with the goal depth of 50% corneal thickness were performed by MI-OCT– and MI-OCT+ group residents. A representative cross-sectional B-scan orthogonal to the direction of corneal needle pass is shown, and the hyperreflective dot (circle) represents an attempted pass at 50% corneal depth (A). The average score of the residents in each group and the median depth scores are compared within the individual groups using paired analysis with the Wilcoxon signed rank test, with relevant comparisons demonstrating statistical significance indicated at $P < 0.05$ (B).

**RESULTS**

**Depth-Based Maneuvers**

**Corneal Pass at 50% Depth Target.** Figure 3A demonstrates a representative orthogonal B-scan of a corneal needle pass at 50% depth (arrow). When asked to perform corneal passes at 50% depth in trial 1, residents operating without MI-OCT feedback (MI-OCT– group) on average placed the pass at 39.4% depth ($SD = 13\%$, median = 35%), whereas residents operating with direct MI-OCT feedback (MI-OCT+ group) on average placed the pass at 54.6% depth ($SD = 5\%$, median = 56%). This difference was statistically significant ($P = 0.035$; Fig. 3B). When both groups were asked to repeat this corneal pass without MI-OCT in trial 2, the MI-OCT– group on average placed the pass at 37.6% depth ($SD = 7\%$, median = 38%), whereas MI-OCT+ on average placed the pass at 51.0% depth ($SD = 7\%$, median = 51%), which was also significantly different ($P = 0.009$; Fig. 3B). To ensure that the observed difference was not due to inferior surgical ability in the MI-OCT– group, these subjects were asked to perform the same maneuver with MI-OCT feedback. With MI-OCT feedback, there was a significant difference ($P = 0.016$) in the performance of the MI-OCT– residents with an average of 53% depth ($SD = 5\%$, median = 51%) compared with their earlier performance without MI-OCT in trial 2 with an average of 37.6% ($SD = 7\%$, median = 38%).

**Corneal Pass at 90% Depth Target.** For the corneal pass at 90% depth, a representative B-scan of this maneuver is shown in Figure 4A. When asked to perform this maneuver in trial 1, residents operating without MI-OCT feedback (MI-OCT–) on average placed the pass at 49.1% depth ($SD = 14\%$, median = 43%), in contrast to 85.5% depth ($SD = 5\%$, median = 87%) for the MI-OCT+ group. This difference was statistically significant ($P = 0.002$; Fig. 4B). When both groups were asked to repeat this corneal pass without MI-OCT in trial 2, the
average was 46.4% depth (SD = 12%, median = 41%) for the MI-OCT− group and 81.5% depth (SD = 9%, median = 79%) for the MI-OCT+ group, which was also a statistically significant difference between the MI-OCT+ and MI-OCT− groups without the use of the microscope ($P = 0.02$; Fig. 4B). The MI-OCT+ group had no significant difference in depth performance between trials 1 and 2 with and without MI-OCT (median difference = 0.05, $P = 0.812$). In trial 3, the MI-OCT− group repeated the surgical maneuver with MI-OCT feedback, with the average corneal pass at 84.1% depth (SD = 9%, median = 85%); using the Wilcoxon signed rank test, nonparametric testing for paired data, the MI-OCT− group’s performance with and without MI-OCT was compared, and noted to be significantly different (median difference $= 0.34$, $P = 0.016$).

**Repair of Corneal Laceration With 90% Depth Target.**

Figure 5A demonstrates a representative orthogonal B-scan of a corneal needle pass at 90% depth (arrow) through the laceration. While performing this maneuver in trial 1, residents operating without MI-OCT feedback (MI-OCT−) on average placed the pass at 55.5% depth (SD = 14%, median = 53%), whereas residents operating with direct MI-OCT feedback (MI-OCT+) on average placed the laceration pass at 81.5% depth (SD = 3%, median = 82%). This difference was statistically significant ($P = 0.006$; Fig. 5B). When both groups were asked to repeat this corneal pass without MI-OCT in trial 2, the MI-OCT− group on average placed the pass at 50.6% depth (SD = 15%, median = 49%), whereas the MI-OCT+ group on average placed the pass at 73.3% depth (SD = 12%, median = 74%), which was also statistically significant ($P = 0.025$; Fig. 5B). Notably, the MI-OCT+ group, which first operated with direct MI-OCT guidance, continued to perform well in the second trial once MI-OCT guidance was removed. There was no significant difference in their performance (median difference $= 0.07$, $P = 0.11$). In trial 3, the MI-OCT− group repeated the surgical maneuvers with MI-OCT feedback, resulting in an average 83.8% suture pass depth (SD = 5%, median = 83%), which was significantly compared with their earlier performance without MI-OCT in trial 2 with paired analysis through the Wilcoxon signed ranks test ($P = 0.016$).

**Corneal Incision Geometry.**

The agreement between the expert graders in scoring corneal incision geometry on a scale of 0 to 3 was determined to not be significantly different (weighted $\kappa = 0.6381$). Figures 6A and 6B demonstrate two representative B-scans of the constructed wounds. When asked to create a triplanar incision in trial 1, residents operating without MI-OCT feedback (MI-OCT− group) on average constructed a corneal wound with a mean score of 1.82 planes (SD = 0.67, median = 1.75), whereas residents operating with direct MI-OCT feedback (MI-OCT+ group) had a mean score of 2.14 planes (SD = 0.46, median = 2.00). This difference was not statistically significant ($P = 0.244$). When both groups were asked to repeat this maneuver without MI-OCT in trial 2, the MI-OCT− group on average constructed wounds with a mean score of 2.41 planes (SD = 0.65, median = 2.75), whereas the MI-OCT+ group had a mean score of 2.38 planes (SD = 0.53, median = 2.50), which was also not statistically significant ($P = 0.521$). In trial 3, the MI-OCT− group was given an opportunity to repeat the surgical maneuver with MI-OCT feedback and on average received a mean score of 2.21 (SD = 0.86, median = 2.64), which was not significantly different than this group’s performance in trial 2 ($P = 0.437$).

**Subjective Impression of MI-OCT Experience.**

Last, qualitative and quantitative surgeon’s subjective feedback was obtained from the residents following completion of the study maneuvers via an administered survey (Fig. 7). After completing the first portion of the study, only the MI-OCT+ group had the direct use of MI-OCT; the MI-OCT+ group reported higher levels of comfort compared with the MI-OCT− group, in performing simple cornea suture passes ($P = 0.007$) and cornea laceration repair ($P = 0.028$), but this trend was not observed for creation of triplanar corneal wound. At the end of the training, when both MI-OCT− and MI-OCT+ groups had experienced the direct use of MI-OCT, there was no statistically significant difference between the groups’ subjective experience of MI-OCT impact on their ability to perform those same procedures. In total, both MI-OCT− and MI-OCT+ residents on average rated the overall experience of using MI-OCT feedback for anterior segment surgical maneuvers as helpful (score of 4) or very helpful (score of 5), reporting a mean score 4.57 (SD = 0.53) for the MI-OCT− group and 4.86 (SD = 0.38) and a median of 5 for both groups on a 1 to 5 scale. Overall, both groups reported on average as being “more likely” (score 4 on 1–5 scale) to use MI-OCT in their future practice as a result of MI-OCT experience in this study.
DISCUSSION

In this randomized prospective study, we demonstrated that MI-OCT feedback results in enhanced surgical performance of ophthalmology residents and improved anatomic outcomes in select anterior segment surgical maneuvers in model eyes. The residents performing depth-based maneuvers (simple corneal passes at 50% and 90% depth, and repair of corneal laceration at 90% depth) with direct MI-OCT feedback outperformed their counterparts who were operating with only the microscope alone. Interestingly, the enhanced performance persisted even when direct MI-OCT assistance was removed, which suggests that MI-OCT can allow for sustained learning of surgical skill even when MI-OCT feedback is not subsequently available. We

**Figure 5.** The maneuvers of corneal laceration repair with goal depth of 90% corneal thickness. Fresh porcine corneas were used by MI-OCT– and MI-OCT+ groups. Fresh porcine corneas were used to construct vertical linear corneal laceration using a 15-blade scalpel. The corneal laceration repair with 10-0 nylon suture was performed by MI-OCT– and MI-OCT+ group residents. A representative cross-sectional B-scan was obtained orthogonal to the direction of needle pass and demonstrates a jagged break in corneal integrity consistent with corneal laceration (arrow) and a hyperreflective dot (circle) at goal depth of 90% corneal thickness (A). The average score of each resident was plotted, and the median depth scores compared across the groups using the Wilcoxon signed rank test, with relevant comparisons demonstrating statistical significance indicated at \( P < 0.05 \) (B).

**Figure 6.** Clear corneal incisions were created in porcine eyes by MI-OCT– and MI-OCT+ group residents using 2.75-mm surgical keratomes. Although the MI-OCT+ resident could view the MI-OCT throughout and at the completion of the maneuver, a representative cross-sectional B-scan longitudinal to the length of the wound was obtained at the completion of each maneuver (A, B) for postmaneuver grading of the wound profile visible from two separate representative trials (arrows). All incisions viewed on such B-scans were assigned a grade of 0 to 5 by two expert graders masked to study group.
also demonstrated a favorable subjective experience of the trainee surgeons in using MI-OCT through a surgeon-administered survey. On average, most residents reported that their comfort in performing study maneuvers increased as a result of using MI-OCT, and residents ranked the MI-OCT experience as either ‘very helpful’ or ‘helpful,’ while reporting on average being more likely to use MI-OCT in their future practice. Overall, the results of this study suggest that MI-OCT feedback can directly impact surgical outcomes, and for the first time, demonstrates its potential utility in surgical training of ophthalmic residents.

Not all surgical maneuvers were amenable to effective MI-OCT feedback under the current study methodology. In our study, we found no effect of MI-OCT feedback on corneal incision geometry. We attributed this to the metal keratome shadowing large portions of the OCT image, which limited feedback while the incision was being created, and the use of an external display of the OCT images, which was adjacent to, but not within the oculars. Both of these limited the surgeon to assessing the wound geometry after, but not readily during the performance of the surgical maneuver. Development of OCT heads-up display through the operating microscope eyepieces and an OCT-compatible keratome may aid in the utility of direct MI-OCT guidance for construction of cataract incisions and other similar maneuvers in the future. The survey questions were used to obtain general feedback and were not provided before and after testing. A more standard validated questionnaire would be useful in future assessment of imaging as a training tool.

Clinical assessment from OCT imaging of the eye has revolutionized diagnosis and management of many ophthalmic conditions and is now an indispensable part of practice of almost all ophthalmic subspecialties. Although relatively recently introduced in the operating room, the histology-level feedback that intraoperative imaging provides during ophthalmic surgery holds the potential of a similar disruptive change in the surgical practice of ophthalmology. Multiple studies to date have reported the use of intraoperative OCT in anterior and posterior segment surgery. Recent US Food and Drug Administration approval of microscope-integrated SD-OCT Rescan 700 (Carl Zeiss Meditec, Dublin, CA, USA) will allow for access to microscope integrated, heads-up display OCT viewing during live surgery in the United States. Ehlers et al. recently published 2-year results of a prospective evaluation of microscope-mounted SD-OCT used at pauses in 275 anterior segment and 256 posterior segment ophthalmic surgeries. In this single center study, the use of MM-OCT (which required moving the microscope to the side) resulted in a mean delay of 4.9 minutes while altering intraoperative imaging provides during ophthalmic surgery holds the potential of a similar disruptive change in the surgical practice of ophthalmology.
Impact of MI-OCT on Ophthalmology Resident Performance

The current study demonstrates that MI-OCT feedback can not only guide a surgeon’s intraoperative decision making, but also has the potential to improve surgical performance, enhance anatomic outcomes, and be used as a training tool that is directly translatable to the operating room for use in live human surgery. As intraoperative OCT technology continues to evolve, so will our understanding of its potential, which will allow for its increasing creative applications in many aspects of ophthalmic surgery.

Acknowledgments

Supported by National Institutes of Health Bioengineering Research Partnership Grant R01-EY023039, National Institutes of Health Grant R01-EY024312, and an unrestricted grant from Research to Prevent Blindness to the Department of Ophthalmology, Duke University School of Medicine.

Disclosure: B. Todorich, None; C. Shieh, None; P.J. DeSouza, None; O.M. Carrasco-Zevallos, None; D.L. Cunefare, None; S.S. Stinnett, None; J.A. Izatt, Biopitgen (I); P. S. Farsiu, None; P. Mruhthyunjaya, None; A.N. Kuo, P. C.A. Toth, Alcon (R), Thrombogenics (C), Genentech (F), Biopitgen (F)

References