Optic Nerve Regeneration After Crush Remodels the Injury Site: Molecular Insights From Imaging Mass Spectrometry

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Submitted: June 28, 2017
Accepted: December 5, 2017

PURPOSE. Mammalian central nervous system axons fail to regenerate after injury. Contributing factors include limited intrinsic growth capacity and an inhibitory glial environment. Inflammation-induced optic nerve regeneration (IIR) is thought to boost retinal ganglion cell (RGC) intrinsic growth capacity through proregrowth gene expression, but effects on the inhibitory glial environment of the optic nerve are unexplored. To investigate proregrowth molecular changes associated with reactive gliosis during IIR, we developed an imaging mass spectrometry (IMS)-based approach that identifies discriminant molecular signals in and around optic nerve crush (ONC) sites.

METHODS. ONC was performed in rats, and IIR was established by intravitreal injection of a yeast cell wall preparation. Optic nerves were collected at various postcrush intervals, and longitudinal sections were analyzed with matrix-assisted laser desorption/ionization (MALDI) IMS and data mining. Immunohistochemistry and confocal microscopy were used to compare discriminant molecular features with cellular features of reactive gliosis.

RESULTS. IIR increased the area of the crush site that was occupied by a dense cellular infiltrate and mass spectral features consistent with lysosome-specific lipids. IIR also increased immunohistochemical labeling for microglia and macrophages. IIR enhanced clearance of lipid sulfatide myelin-associated inhibitors of axon growth and accumulation of simple GM3 gangliosides in a spatial distribution consistent with degradation of plasma membrane from degenerated axons.

CONCLUSIONS. IIR promotes a robust phagocytic response that improves clearance of myelin and axon debris. This growth-permissive molecular remodeling of the crush injury site extends our current understanding of IIR to include mechanisms extrinsic to the RGC.

Keywords: optic nerve regeneration, inflammation, lipidomics, optic nerve crush, microglia
A method for imaging optic nerve regeneration using mass spectrometry was described. The study focused on optic nerve crush (ONC) sites to screen for progrowth molecular changes associated with reactive gliosis during nerve regeneration. The authors developed a protocol involving conjunctival incision and crushed nerve, followed by intravitreal injections of a CPT-cAMP analogue immediately after ONC. Ten-week-old male Fischer rats were deeply anesthetized with isoflurane, and the eye was treated with topical and cycloplegic agents to reduce pain and assist with visualization of intravitreal injections. The left optic nerve was exposed by blunt dissection through a temporal, fornix-based incision and crushed for 10 seconds with self-exposed forceps. The tissue was post-fixed overnight at 4°C and subsequently processed for histological and imaging analysis.

**METHODS**

**ONC and Intravitreal Injections**

All animal procedures were performed in accordance with the ARVO Statement for the Use of Animals in Ophthalmic and Vision Research and the policies of the UCLA Animal Research Committee. A rat model of ONC was established by intravitreal injection of a yeast cell wall preparation (Zymosan A) plus a CPT-cAMP analogue immediately after ONC. Ten-week-old male Fischer rats were deeply anesthetized with isoflurane, and the eye was injected with topical (proparacaine HCl 0.5% ophthalmic) and cycloplegic (tropicamide 0.5% ophthalmic) agents to reduce pain and assist with visualization of intravitreal injections. The left optic nerve was exposed by blunt dissection through a temporal, fornix-based conjunctival incision and crushed for 10 seconds with self-closing forceps (Dumoxel #N; Dumont, Montigney, Switzerland). Absence of injury to the retinal vascular supply was confirmed by funduscopy examination. Intravitreal injections (5 μL) of PBS vehicle or a suspension of finely ground, sterilized Zymosan A (Z4250, 12.5 mg/mL; Sigma-Aldrich Corp., St. Louis, MO, USA) plus CPT-cAMP (C93912, 100 μM; Sigma-Aldrich Corp.) were performed with a pulled glass pipette attached to a Hamilton syringe on a manual micromanipulator. Injections were made 2 mm posterior to the limbus, and care was taken to prevent lens injury, choroidal hemorrhage, or retinal detachment. Absence of these intracocular adverse events was confirmed by funduscopy examination. Conjunctival incisions were closed with 8-0 vicryl sutures, and petrolatum ophthalmic ointment was applied to the ocular surface. Experimental groups consisted of naïve controls, ONC plus intravitreal Zymosan/CPT-cAMP (ONC+ZC), and ONC plus intravitreal vehicle (ONC+Veh) (one nerve per animal).

**Immunohistochemistry**

Animals were euthanized by intraperitoneal sodium pentobarbital injection followed by transcardial perfusion with ice-cold PBS plus 4% paraformaldehyde (4% PFA). Eyes and attached optic nerves were removed en bloc with orbital contents, the corneas were pierced with a 30-gauge needle, and the tissue was placed in 4% PFA for 2 hours at room temperature (RT). A razor was then used to make an oblique incision through the clear cornea and extended through the sclera to the equator, and the tissue was post-fixed overnight at 4°C. The orbital tissues were dissected away from the globe and attached optic nerve, and the globes were bisected through the same plane as the corneal incision and without transecting the optic nerve head (ONH). Vannas scissors were used to cut around the ONH, and the nerve (with attached small square of peripapillary tissue) was bisected and the eyecups were cryoprotected overnight at 4°C in 30% sucrose.

**Confocal Microscopy and Image Analysis**

Images of immunostained tissues were obtained at 10× or 40× primary magnification with a confocal microscope (Fluoview FV1000; Olympus, Center Valley, PA, USA). Identical microscope, laser, and software settings were used for any groups that would subsequently be compared. Data were exported from Fluoview software as eight-bit gray value images and loaded in ImageJ software (http://imagej.nih.gov/ij/) provided in the public domain by the National Institutes of Health, Bethesda, MD, USA). Growth-associated protein 43 (GAP43) is a nuclear phosphoinositol that is only expressed in RGCs during axon growth. Growth of GAP43-positive axons beyond the site of crush injury in longitudinal sections of optic nerve is a measure of bona fide axon regeneration. For longitudinal sections of optic nerve, the crush sites were identified by both the end of the wave front of GAP43 staining and the increased nuclear density visualized with Hoechst 33258. Beginning at the crush site, linear regions of interest (ROIs) were drawn perpendicular to the long axis of the nerve at 100-μm intervals. The eight-bit data from the GAP43 channel was converted to binary using a uniform threshold for all images. The tally of nonzero pixels was divided by the total number of pixels in each corresponding linear ROI so that GAP43 immunopositivity could be expressed as a percentage. Four to five nerves per treatment condition were sampled, and the results from two to four representative sections per nerve were averaged. ROIs were also drawn around the crush core region in images of Hoechst-stained serial sections of optic nerve. The area occupied by the hypercellular crush core was calculated for each section. Four nerves per treatment condition were sampled, and the results from four representative sections per nerve were averaged. In all image analysis procedures, averages for individual nerves (as opposed to values per section) were used as data points for subsequent statistical analysis.

**Sample Preparation and IMS**

To screen molecular changes of the optic nerve lipidome during nerve regeneration, the authors employed MALDI IMS. An outline of the workflow of MALDI IMS is given in Figure 1 and described below. Briefly, thin sections of tissue are mounted on a conductive MALDI target plate, coated with a suitable chemical matrix that determines which analytes will be ionized, and placed inside a MALDI ion source. In MALDI, laser shots are fired at discrete positions on the target to generate plumes of ions that can be accelerated into a mass analyzer. In IMS, laser applications are rastered across the tissue surface so that each resulting mass spectrum is coregistered with a planar coordinate (pixel). Intensity maps created from ions of interest can be used to relate the signal to an underlying histologic feature.
Animals were euthanized by CO2 inhalation, and the eyes and attached optic nerves were quickly dissected from the orbits. The globes were pierced with a 27-gauge, metal-hub hypodermic needle just inferior to the optic nerve, and the nerve tissue was straightened along the needle. The tissue was frozen by immersing the metal base of the needle in liquid nitrogen. The tissue on the end of the needle was then immersed in embedding solution (2.7% carboxymethyl cellulose) and placed on a precooled weigh boat floating on liquid nitrogen. This process was repeated until sufficient frozen embedding material surrounded the sample. Samples were mounted onto a cryostat chuck and aligned based on the orientation of the hypodermic needle. Twelve-micrometer sections were cut and flattened with a polytetrafluoroethylene-coated slide on top of 45 x 45-mm indium tin oxide-coated glass MALDI targets before thaw mounting. The samples were coated with a chemical matrix of 1,5-diaminonaphthalene via sublimation with an in-house device. Twelve-micrometer sections were cut and flattened with a polytetrafluoroethylene-coated slide on top of 45 x 45-mm indium tin oxide-coated glass MALDI targets before thaw mounting. The samples were coated with a chemical matrix of 1,5-diaminonaphthalene via sublimation with an in-house device. Data were acquired in negative ion mode from three or four nerves per time point and treatment condition with a 15-µm pixel size using a Fourier transform ion cyclotron resonance (FT-ICR) mass spectrometer (Bruker SolariX; Bruker Daltonics, Billerica, MA, USA). Mass range was 260 to 1300 with 500 laser shots per pixel. The instrument is equipped with a modified smart-beam laser operated at 2 kHz with a Gaussian laser beam profile at 355 nm. All data sets had mass resolving powers greater than 200,000 at m/z (mass-to-charge ratio) 400. Data preprocessing steps were performed with FTMS Processing (Bruker Daltonics, Billerica, MA, USA) and included spectral alignment through internal calibration of well-known lipids common to all spectra and selection of peaks with signal-to-noise ratio greater than 3. After mass spectral data acquisition, the 1,5-diaminonaphthalene MALDI matrix was removed with a methanol wash, and the tissue was stained with hematoxylin and eosin (H&E). The tissue was then scanned at 20X primary magnification using a microscope (Nikon Eclipse 90i; Nikon Instruments, Inc., Melville, NY, USA).

**Data Mining, Tentative Lipid Identification, and Statistical Analysis**

Preprocessed mass spectra were loaded into software (SCiLS lab 2016b; SCiLS, Bremen, Germany) and overlaid with high-
resolution optical images of corresponding tissue sections that were stained with H&E after MALDI IMS acquisitions. ROIs were manually drawn around the perimeter of each nerve, and the mass spectral data contained within these regions were segmented with the \( k \)-means clustering algorithm in SCiLS lab software. \( k \)-Means cluster analysis is commonly used to reveal latent molecular features contained in large MALDI IMS data sets, and we used this approach to define ROIs that correspond to the hypercellular core of the crush injury site. In IMS, pixels within the same cluster have similar mass spectra at a multivariate level. The cluster map image allows for rapid comparison of the molecular histology revealed by IMS to the classical histology revealed by H&E. The subset of resulting segments that corresponded to the dense cellular infiltrate at the center of each crush site, as observed on postacquisition H&E, was used to define ROIs for subsequent receiver-operator characteristic (ROC) analysis. The areas of these crush center ROIs were also recorded and averaged. For ROC analysis, crush center ROIs from the ONC+Veh and ONC+ZC groups were pooled as a single class for comparison with naïve controls. Discriminant m/z values for ROC analysis were defined as those with an area under the ROC curve greater than 0.75. Images of selected discriminant m/z values were overlaid on postacquisition H&E optical images, and ROIs were manually drawn to calculate the tissue area occupied by (or deficient of) those mass spectral signals.

Exact masses for all entries in the Lipid MAPS Structure Database (LMSD) were obtained with LMSDSearch.php scripts and cross-checked against discriminant m/z values. Observed m/z values were assumed to represent deprotonated anions, and tentative lipid identifications were made on the basis of mass accuracy if the observed m/z matched an exact mass to less than 3.0 parts per million. For all lipid identifications discussed below, these criteria returned only one match, or a small set of isomers from the same LMSD subclass. Elucidation of m/z values colocalized with selected m/z images was performed with Pearson’s correlation analysis, and statistical significance was defined as \( P = 0.05 \). Only statistically significant correlations were considered in the colocalization analysis. ROI area and axon regeneration measurements were analyzed with statistical software (Minitab; Minitab, Inc., State College, PA, USA) with Student’s \( t \)-test and displayed as box plots or mean \( \pm \) SEM. \( P \) values less than 0.05 were considered statistically significant.

RESULTS

Crush Site Hypercellularity Is Increased During IIR

Intravitreal Zymosan A and CPT-cAMP injection provoked a prominent inflammatory infiltrate in the posterior segment (Figs. 2A, 2B) and increased nerve fiber layer staining for GAP43 when combined with ONC+ZC (Figs. 2C, 2D). Compared to the vehicle-injected group (ONC+Veh), optic nerves from the ONC+ZC group had significantly increased GAP43 immunopositivity beyond the crush site and contained many growth cone–like structures by day 14 (Figs. 2E–J).

\( k \)-Means clustering of mass spectral data acquired by MALDI IMS resulted in symmetric, cross-sectional segments centered on the hypercellular crush injury core (Fig. 3F). Seven days after crush, the area occupied by the hypercellular core of the crush site was significantly increased by IIR (Figs. 3B, 3C, 3H). Close inspection of postacquisition optical images of H&E-stained tissue sections demonstrated that the dense cellular infiltrate contained many cells that resembled histiocytes with abundant, eosinophilic cytoplasm and round, eccentrically located nuclei (Fig. 3D). We confirmed IIR-induced increases in the size of the crush core region by quantifying the area occupied by densely packed Hoechst-stained nuclei (Figs. 4A–C), and the cells in this region were strongly labeled by the microglia/macrophage marker Iba1 (Figs. 4D, 4E).

IIR Enhances Lysosome-Specific Lipid Signatures at the Crush Site

ROC analysis revealed which mass spectral peaks effectively discriminate the hypercellular core of day 7 crush sites from naïve nerves. Approximately 450 discriminant ions were identified and ranked in descending order of area under the ROC curve (auROC; Supplementary Material). Three of the top 20 discriminant ions (all with auROC > 0.998) matched lysosome-specific \( \text{bis(monoacylglycerol)phosphates} \) (BMPs). The most abundant of these (m/z 865.5018) matched a BMP containing 44 carbons and 12 desaturated positions in its fatty acyl moieties (BMP[44:12]; Figs. 5C, 5D). With Pearson’s correlation analysis, we determined which other m/z values were colocalized with m/z 865.5018 and found that the top 10 m/z values (ranked by Pearson’s correlation coefficient) matched other polyunsaturated BMPs or their \( 1^{\text{3}} \) isotopes (Fig. 5I). Consistent with our observations of crush center areas from \( k \)-means clustering and Iba1 immunohistochemistry, the tissue area occupied by m/z 865.5018 was significantly increased by IIR at day 7 (Figs. 5C–F, 5L).

IIR Reduces Lipid Sulfatides and Increases Simple GM3 Gangliosides

We next searched for discriminant m/z values that match lipid constituents known to be enriched in myelin and axoplasmic membranes. We found matches for several lipid sulfatides (sulfoglycosphingolipids; Supplementary Spreadsheet 1) that comprise a major proportion of myelin membranes and inhibit axon growth in vitro and in vivo. An ion with m/z 806.5481 matched the common C18:0 sulfatide \( ([3^{\text{5}}\text{-sulfo}]\text{Galβ}-\text{Cer}(\text{d18:1/18:0})) \) and was cleared from a significantly larger area of the crush site during IIR (Figs. 5C–F, 5L). Simple GM3 gangliosides are formed via lysosomal degradation of more complex gangliosides that are highly enriched in neuronal plasma membranes. We found that a variety of GM3 gangliosides accumulated in the crush site (Figs. 5G, 5H; Supplementary Material). In the ONC+ZC group, but not the ONC+Veh group, GM3 gangliosides also accumulated in a linear spatial distribution localized to organized columns of unknown cell types adjacent to the crush center (Figs. 5J, 5K).

DISCUSSION

IIR is primarily attributed to progrowth gene expression programs in RGCs that interact with an inflammatory infiltrate in the vitreous. Recent evidence suggests that some features of the optic nerve glial environment can also be favorably impacted by IIR, as in the case of remyelination. The fact that phagocytic cells can support axon regeneration by modifying the nonpermissive optic nerve glial environment has been appreciated for many years, but the potential of posterior segment inflammation to enhance the phagocytic injury response in the optic nerve per se has not been addressed. We found that IIR enhances the optic nerve phagocytic response to crush injury and produces lipid molecular changes that reflect clearance of myelin and axon debris. This extends current understanding of IIR to include mechanisms extrinsic to RGCs. RGC-extrinsic and -intrinsic mechanisms of axon regeneration are increasingly recognized as intimately linked, and our results support the hypothesis...
Figure 2. Establishment of an inflammation-induced optic nerve regeneration model. (A) Hazy fundus view 3 days after ONC immediately followed by intravitreal injection of Zymosan A plus CPT-cAMP (ONC+ZC) is caused by an inflammatory infiltrate that is evident on H&E (B). (C, D) GAP43 is elevated in the ganglion cell layer and nerve fiber layer of the ONC+ZC group (day 14). (E, F) The optic nerve distal to the crush site (*) has increased GAP43 expression in the ONC+ZC group (day 14). (G, H) Binarized versions of the images in E and F and linear ROIs drawn at 100-μm intervals were used to quantify GAP43 expression. (I) GAP43 expression as a function of distance from the crush site. (J) Expanded view of the inset box from panel F shows examples of growth cone–like structures that tip GAP43-positive processes in the ONC+ZC group (triangles). ONL, outer nuclear layer; OPL, outer plexiform layer; INL, inner nuclear layer; IPL, inner plexiform layer; GCL/NFL, ganglion cell layer/nerve fiber layer.
FIGURE 3. *k*-Means cluster analysis of the crush core region. (A) Postacquisition H&E image of a longitudinal section of naïve control nerve. Inset: quantification of crush center areas obtained by *k*-means cluster analysis. (B, C, E, G) Representative examples of postacquisition H&E-stained sections and corresponding crush center ROIs (white outlines) identified by *k*-means clustering. (D) Expanded view of the square drawn within the crush center ROI outline in panel C. Many crush site cells resemble histiocytes with round, eccentrically located nuclei and abundant eosinophilic cytoplasm. (F) *k*-means cluster analysis of the mass spectral data associated with the section of nerve from E produces symmetric segments of nerve centered about the crush site. Regions of tissue with the same color in the cluster map image overlay are partitioned in the same segment and have similar spectral characteristics. (H) Quantification of the size of the hypercellular crush core region by *k*-means segmentation.
that IIR is no exception. However, Ahmed et al.\textsuperscript{68} previously showed that an inflammatory reaction produced by direct injection of Zymosan into the optic nerve is neuroprotective but not axogenic. One potential explanation for this apparent discrepancy is that net effect of inflammation on axon regeneration could depend on the location of the inciting inflammatory stimulus within the visual pathway.

An enlarged region of crush site hypercellularity with associated Iba1 immunopositivity and increased lysosome-specific lipid signatures contained in characteristic mass spectra support the concept that IIR incites a more robust phagocytic response in the injured nerve. IIR-enhanced clearance of lipid sulfatide from the day 7 crush site could be reflective of broader efficiencies of myelin debris removal, and specific reduction of lipid sulfatides improves axon regeneration during IIR.\textsuperscript{28} Simple GM3 gangliosides normally represent a small fraction of brain gangliosides in adults. These molecular species are precursors to complex gangliosides that comprise the vast majority of this class.\textsuperscript{57–59} Complex gangliosides are highly enriched in axoplasmic membranes where they promote axon-myelin stability by binding myelin-associated glycoprotein. They are formed by sequential addition of monosaccharides to an oligosaccharide chain bound to a sphingolipid backbone.\textsuperscript{57–59} Complex gangliosides expressed on the axon surface are degraded by sequential removal of monosaccharide residues by lysosomal hydrolases,\textsuperscript{57,59,70} so accumulation of simple GM3 gangliosides after IIR is consistent with enhanced phagocytosis and degradation of degenerated axon debris. As with myelin debris clearance, this would promote a growth-permissive environment.\textsuperscript{71,72} Linear accumulations of simple GM3 gangliosides that track away from the crush site and localize to well-organized columns of

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\caption{IIR enhances microglia/macrophage accumulation at the crush site. The size of the hypercellular crush core region (\textit{dashed lines} in A and B) demonstrated by Hoechst nuclear stain is significantly increased by IIR at day 7 (C). The cellular infiltrate occupying the crush core region strongly labels with microglia/macrophage marker Iba1 (D, E).}
\end{figure}
FIGURE 5. IIR remodels the optic nerve lipidome. (A, B) Representative postacquisition H&E images of longitudinal sections from the ONC+Veh and ONC+ZC groups (day 7) without overlays. (C, D) Intensity map (m/z image) overlays for selected ions m/z 865.5018 (red) and 806.5481 (green). These were tentatively identified as BMP(44:12) and C18:0 sulfatide, respectively. (E, F) ROIs corresponding to the tissue area occupied by (or deficient of) m/z 865.5018 (red) and 806.5481 (green), respectively. (G, H) overlays of the m/z image for 1261.8118 (GM3 ganglioside). (I) Correlation matrix for m/z 865.5018. Highly correlated ions that matched 13C isotopes of the indicated BMP species were omitted for clarity. (J, K) Expanded views of the boxed area in H, with and without m/z image overlay for 1261.8118. (L) Summary of ROI area data for BMP(44:12) and C18 sulfatide. (M) Ion intensity scales for m/z images in C, D, G, H, and K.
cells are distinct characteristics of the crush border zone in IIR. The cellular character of these tissue features is still unknown; one possibility is that these could be phagocytic cells that have tracked between degenerating axon bundles.

Important goals of future work include understanding how IIR promotes an enhanced phagocytic response to injury within the optic nerve per se and whether this enhanced response makes a significant contribution to axon regeneration relative to RGC-intrinsic mechanisms. One limitation of this study is that we did not definitively demonstrate that the Iba1+ cells are primarily activated microglia, or both microglia and macrophages, and this increases the number of possibilities. Compromise of the blood–nerve barrier is normally limited to the immediate vicinity of the crush injury site, and it is possible that IIR increases the proportion of the tissue with a leaky blood–nerve barrier. This would enhance tissue access for circulating monocytes and opsonins. Microglia have substantially increased rates of mitosis after crush injury alone, and it is possible that IIR further stimulates microglial mitosis and activation. For example, we made several tentative identifications of bioactive lipid-signaling molecules that regulate cellular proliferation and survival (Supplementary Material).

We employed an IMS approach to discover unexpected changes in the molecular content and spatial distribution of the ONC lipidome during IIR. While previous studies have defined the spatial organization of lipids in naive optic nerve, ours addresses injury and regeneration-induced molecular remodeling of the tissue. We used this approach to show that inflammation in the posterior segment increases the inflammatory response in the nerve per se; beyond that observed in crush injury alone. Associated discriminant mass spectral features were suggestive of growth-permissive remodeling of the crush injury site. However, the molecular mechanisms that govern this process and the degree to which it ultimately influences the regenerative outcome remain unknown. To our knowledge, this is the first formal lipidomics approach taken to study any form of optic nerve regeneration and represents a potentially powerful new mode of molecular discovery. MALDI IMS is well-suited for tissue lipidomic profiling, but the technology is versatile and our general approach to molecular discovery in optic nerve regeneration or other forms of optic nerve injury need not be limited to lipids.

Acknowledgments

The authors thank M. Alec Marin for helpful discussion and Shannan R. Eddington for technical assistance.

Supported by Research to Prevent Blindness, the UCLA EyeSTAR Program, National Institutes of Health/NIGMS Grant 5P41GM103391-07-8142 (RMC), and the Frank Stein and Paul S. May Grant for Innovative Glaucoma Research (Glaucoma Research Foundation) (DTS).

Disclosure: D.T. Stark, None; D.M.G. Anderson, None; J.M.K. Kwong, None; N.H. Patterson, None; K.L. Schey, None; R.M. Caprioli, None; J. Caprioli, None

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