Relationship of Contrast Sensitivity Measured Using Quick Contrast Sensitivity Function With Other Visual Functions in a Low Vision Population

Amritha Stalin and Kristine Dalton

School of Optometry & Vision Science, University of Waterloo, Waterloo, Ontario, Canada

Purpose. Contrast sensitivity (CS) is predictive of various aspects of an individual’s functional vision, such as recognizing faces and driving. Currently available CS charts are limited in terms of the spatial frequencies they can test and/or the contrast resolution of the targets they present. The traditional methods for measuring full CS functions (CSFs) are time consuming. The purpose of this study was to examine the feasibility of using the quick CSF method in a low vision population and to assess the relationships of CS with other visual functions, which can contribute to the understanding of the functional vision.

Methods. Static visual acuity, dynamic visual acuity, CS, global motion perception thresholds, and visual field were measured binocularly in 53 individuals with low vision. The number of participants who could complete each assessment was used to assess feasibility. The relationships between CS and other visual functions were assessed using linear regressions and multiple regressions.

Results. The quick CSF was quantifiable in 34 participants of the 42 with quantifiable visual acuities. The area under the log CSF—the summary statistic of CSF—was significantly correlated with static visual acuity and dynamic visual acuity (r = −0.79 and r = −0.63, respectively; P < 0.001).

Conclusions. The qCSF is capable of measuring CS in a wide range of visual impairment severities. area under the log CSF only correlates with measures of visual acuity.

Keywords: qCSF, low vision, dynamic visual acuity, motion perception

Visual acuity is the most common assessment of spatial vision completed in a routine eye examination. It is measured using high contrast letters, symbols, or gratings. Although it is an extremely useful measure to detect deficits in the visual system and to determine optical corrections, it does not provide information about the observer's perception of images with lower contrast. Another assessment of spatial vision, contrast sensitivity (CS) or the sensitivity to luminance variations, is shown to be more representative of visual functions performed daily, such as performance in driving and ability to perceive faces.

The most widely used tool for measuring CS clinically is the Pelli-Robson chart, which is a printed, wall-mounted chart (measures 60 × 85 cm) that has two variations available. Another commonly used clinical CS test is the Mars letter CS chart, which is handheld (measures 23 × 36 cm), available in three versions, and has been reported to have equal or slightly better repeatability than the Pelli-Robson chart. Unfortunately, both of the charts can only measure CS at only one spatial frequency and are limited in terms of the contrast resolution of the targets they present. Research has demonstrated that some pathologies affect specific CS frequency ranges, such as amblyopia and Parkinson’s disease, whereas many other pathologies, such as early glaucoma and multiple sclerosis affect CS at all spatial frequencies. Low vision results from a wide variety of pathologic causes; therefore, CS needs to be measured across a broad range of spatial frequencies.

These charts are also limited simply by being printed. The large size of the Pelli-Robson chart makes it difficult to illuminate the chart evenly, and the Mars chart can be affected by shadows, depending on how it is held. Furthermore, the contrast values of the printed text may change over time owing to exposure to light and handling. Furthermore, the limited numbers of letters and sequences of letters in printed charts may make memorizing easier for patients, which decreases the validity of repeated measurements with these charts, although there are no published reports confirming or denying the impact of letter memorization on printed chart validity.

One way to get around the limitations of printed charts is to measure the complete CS function (CSF), which consists of contrast detection thresholds calculated for multiple spatial frequencies, spaced on a logarithmic scale. Unfortunately, the precise CSF tests that are used in research facilities require up to 500 to 1000 trials and take about 30 to 60 minutes to complete, making them impractical for use in clinical settings. Computerized tests such as the Vistech CS chart (Vistech, Hartford, CT) that use sine wave grating
patches to measure CS have been shown to have poor repeatability.15

The quick CSF (qCSF) method, developed by Lesmes et al.,16 estimates the full shape of the CSF precisely and in agreement with the CSFs obtained independently using the conventional methods by applying a Bayesian adaptive algorithm and incorporating a 10-alternative forced choice letter identification task.17 The qCSF method is accurate and precise when compared with traditional methods of CS measurement in clinical populations, such as patients with AMD, amblyopia, glaucoma, and persons with age-related vision changes (Ramulu PY, et al. IOVS 2015;56(7):ARVO E-Abstract 2225; Jia W, et al. IOVS 2014;55(13):ARVO E-Abstract 762; Lesmes LA, et al. IOVS 2012;53(14):ARVO E-Abstract 4358).18 The qCSF procedure results are less affected by changes in test conditions such as luminance and testing distance and have test-retest reliability of greater than 0.95 after 20 quick trials, which take approximately 4 minutes to complete.19 Thus, the qCSF procedure is an effective clinical tool for the measurement of CS. However, there are some limitations present in the literature.20,21 the qCSF procedure was always tested in controlled environments and homogeneous populations. Furthermore, the logMAR visual acuities of the clinical populations tested were between 0.00 (normal visual acuity) and 1.10 logMAR, which does not include individuals with severe or profound visual impairments. Approximately 211 million individuals among the world population have moderate to severe vision impairment and have visual acuities ranging from more than 6/18 (0.50 logMAR) to less than 3/60 (2.00 logMAR) or worse. Therefore, it would be valuable to know if the qCSF procedure is capable of measuring CS in individuals with a wide range of visual impairment severities. Furthermore, if qCSF measurements are to be used as part of routine eye examinations, it would be helpful to investigate how performance on the qCSF relates to other visual functions, which are predictive of individuals’ functional vision, such as static visual acuity (SVA), dynamic visual acuity (DVA), global motion perception (MP), and visual field (VF) extent.22-25

The objectives of this study are to (1) test the feasibility of using the qCSF procedure in a low vision population with a broad range of visual function impairments, including visual acuities worse than 1.10 logMAR and variable VF losses, and (2) to assess the relationship of CSF measured using qCSF with other visual functions such as SVA, DVA, MP, and VF measured binocularly.

Methods

This study received ethics approval from a University of Waterloo Office of Research Ethics Committee and adhered to the tenets of the Declaration of Helsinki. This study was conducted as part of a larger project examining the classification of Para Nordic and Para Alpine skiers with visual impairments at the 2017 Para Nordic (Finsterau, Germany) and Para Alpine (Tarvisio, Italy) World Championship events, and at a 2018 Para Nordic World Cup event (Oberried, Germany). All participants who had visual impairments severe enough to qualify them to compete in Paralympic sport were informed and signed consent before enrollment in this observational study. None of the participants had familiarity with psychophysical procedures. Participants were asked to wear their habitual distance refractive correction for the study.

During the visit, participants’ SVA, DVA, translational MP (TMP), radial MP (RMP), CSF, and VF were assessed binocularly. SVA was measured using an Early Treatment Diabetic Retinopathy Study chart at 1 m and/or the Berkeley Rudimentary Vision Test at 0.25 to 1.00 m (as per the test protocol).1,26 Dynamic visual acuity was measured using the computer program moV& (V&mp Vision Suite, Waterloo, Canada), which used a single tumbling E letter that moved in a random walk trajectory at a speed of 1 m/s, and was presented on a high-definition television screen (50” or 60” display, 60 Hz refresh rate and 1920 × 1080 resolution, illumination at 130–150 lux) at a distance of 1 m.27 The initial size of the letter presented was 0.60 log units bigger than the participant’s static visual acuity to make sure that the subject started the test from a suprathreshold level, and the maximum letter size presentable on this screen was 2.60 logMAR at a distance of 1 m. Five targets were presented per level of visual acuity measured and the target display time was set to be unlimited to ensure adequate time to respond to the direction of the letter E. The translational (up or down movement) and radial (in or out movement) MP tests were designed to quantify how well local moving elements in visual scenes are integrated to create a global moving stimulus. We measured both TMP and RMP using random dot kinematograms that consisted of 100 individual, full-contrast, local dots that were equivalent to the size of the target detail of a 2.0 logMAR letter (Dalton K, et al. IOVS 2017;58(8):ARVO E-Abstract 4693). The test stimuli for the DVA, TMP, and RMP assessments were presented on high definition televisions (50” or 60” displays, 60 Hz refresh rate and 1920 × 1080 resolution). The illumination on the screen was kept at 130 to 150 lux for all measurements.

CSF was measured using the qCSF procedure on an AST Platform. The AST platform consisted of a 46” NEC P463 screen with 1920 × 1080 resolution, calibrated to 90 cd/m² background luminance. At a viewing distance of 4 m, the screen allows a display of stimuli in a spatial frequency range from 1.4 to 36.2 cycles per degree (cpd), which includes the entire set of frequencies mandated by the US Food and Drug Administration (1.5–18.0 cpd). However, for this study, we used a viewing distance of 1 m because most subjects had visual acuities of worse than 1.0 logMAR. At this distance, the screen allowed a display of spatial frequencies ranging from 0.35 to 9.00 cpd. It was possible to present contrast levels of down to 0.2% reliably.28 The area under log CSF (AULCSF), peak CS (peak CS), and the contrast aperture (spatial frequency where contrast threshold was 100%) were the summary statistics calculated by the software.28 AULCSF is calculated as the AULCSF curve, which quantifies the entire range of contrast visibility.25

Binocular VF was assessed using an arc perimeter. Participants were positioned such that the center of their eyes was visible for them in the mirror at the center of the arc perimeter, and the fixation was monitored during testing. VF assessments were performed by the examiner following the standardized procedure using a Goldmann IV target.29 The same trained clinical investigator (A.S.) conducted the VF assessments for all 39 participants.31,32

Statistical Analysis

All data analysis was conducted using SPSS for Windows (version 25.0, SPSS, Inc., Cary, NC). The Shapiro-Wilk (“W” statistic) normality test was used to determine if the visual function parameters were normally distributed.
Nonparametric, Spearman correlation coefficients were computed to determine relationships between CS and other visual function assessment measures for all participants (P < 0.05 were considered significant). The relationships between the qCSF and SVA, DVA, MP, and VF were also modeled using a linear regression model. Assumptions of normality of residuals and homoscedasticity were assessed using P-P plots and residual-predicted plots, respectively. Variation inflation factor values were less than 6, suggesting very low levels of multicollinearity.

The estimate of the variability of the qCSF measurements could be obtained by calculating the half-width of the 68.2% credible intervals (HWCI). Finally, to compare the variability of the measured sensitivities of our low vision population with that of a control population, HWCI for single qCSF run of the study population were compared with the HWCI calculated from a single qCSF run of the study population. The HWCI for single qCSF run was calculated by taking 17 days of the mean of the population in the study, qCSF for single qCSF run is an alternative method to estimate the variability of the qCSF measurements. The HWCI for a Gaussian distribution is equal to the standard deviation of the distribution. A 68.2% credible interval represents the shortest interval that contains the actual value with 68.2% probability. The HWCI is in units of decimal log sensitivity.

**RESULTS**

Fifty-three (19 females) individuals from 21 countries participated in the study. The mean age of the participants was 25.79 ± 8.46 (range, 10–58 years).

**Feasibility**

SVA was quantifiable in 42 participants. Six participants had visual acuities of no light perception, and five had light perception only. Because the other visual function assessment measures were not measurable in these 11 participants, only participants with measurable static visual acuities were included in the remaining analysis. Descriptive statistics for all measures of visual function conducted are summarized in Table 1. The study population included individuals with a wide range of quantifiable static visual acuities (0.4–2.68 logMAR). Considering the highly heterogeneous nature of the population in the study, qCSF is a feasible tool for a low vision population as CSF was not measurable in only 24% of the study participants with measurable SVA.

<table>
<thead>
<tr>
<th>Characteristic</th>
<th>Quantifiable in (n)</th>
<th>Value</th>
<th>Range</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mean SVA (logMAR)</td>
<td>42</td>
<td>1.51 ± 0.47 logMAR</td>
<td>0.04–2.68</td>
</tr>
<tr>
<td>Mean DVA (logMAR)</td>
<td>35 (83%)</td>
<td>1.67 ± 0.45 logMAR</td>
<td>0.50–2.40</td>
</tr>
<tr>
<td>Mean AULCSF</td>
<td>32 (76%)</td>
<td>0.41 ± 0.42 log CS</td>
<td>0.03–1.90</td>
</tr>
<tr>
<td>Mean PeakCS</td>
<td>32 (76%)</td>
<td>0.73 ± 0.35 log CS</td>
<td>0.15–1.46</td>
</tr>
<tr>
<td>Mean TMP</td>
<td>26 (62%)</td>
<td>47.8 ± 19.4</td>
<td>9.3–79.8</td>
</tr>
<tr>
<td>Mean RMP</td>
<td>25 (60%)</td>
<td>48.7 ± 20.9</td>
<td>12.5–83.0</td>
</tr>
<tr>
<td>Mean VF</td>
<td>41 (98%)</td>
<td>55.7 ± 26.7</td>
<td>1.7–100.0</td>
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Values are mean ± SD and unless otherwise noted. PeakCS, peak CS; TMP, TMP threshold; RMP; RMP threshold; VF, Esterman’s functional VF scoring.

**Table 2.** Descriptive Statistics of the Visual Acuity and VF in Individuals With Measurable AULCSF and Nonmeasurable AULCSF

<table>
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<td>Mean SVA (min-max)</td>
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<td>Mean VF (min-max)</td>
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<td>Types of VF defects</td>
<td>Peripheral islands of VF (2), central scotoma (6), peripheral constriction of VF (24)</td>
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**CS and Visual Functions**

There are many parameters that can be used to describe the human CSF, such as peak sensitivity (peak CS), peak frequency, bandwidth, AULCSF, and low spatial frequency truncation. AULCSF is a simple, broad metric for the total gain in CS, including the gains in sensitivity as well as spatial frequencies and is calculated as the AULCSF curve, which quantifies the entire range of contrast visibility. The AULCSF has been used as a summary measure of spatial vision in the literature. It has also been reported that the predictive power and the test-retest precision of the qCSF assessment is better when AULCSF is used as a summary statistic instead of peak CS, using fractional rank precision analysis. To confirm that AULCSF was an appropriate measure to use for this analysis, the correlation between AULCSF and peak CS was checked and found to be r = 0.87, P < 0.001. Thus, for subsequent correlational analyses, the AULCSF was chosen for use as the measure used to describe CS.
Relationship of AULCSF With Other Visual Functions

AULCSF was significantly better in participants with better SVA. Linear regression analysis confirmed this significant association as SVA was found to be a significant predictor of AULCSF ($R^2 = 0.76; P < 0.001$) (Fig. 1).

Comparison of the AULCSF and DVA (Fig. 2), shows that DVA was also significantly associated with AULCSF ($r = -0.63; P < 0.001$) and that the AULCSF was significantly better in participants with a better DVA. Again, linear regression analysis confirmed this significant association as DVA was found to be a significant predictor of AULCSF ($R^2 = 0.51; P < 0.001$).

Figure 3 shows the relationship between CS and TMP thresholds. TMP thresholds were not associated with AULCSF as demonstrated by the nonsignificant correlation coefficient ($r = -0.16; P = 0.465$). This finding was confirmed with the linear regression analysis ($R^2 = 0.18; P = 0.163$).

The relationship between CS and RMP thresholds is shown in Figure 4. RMP thresholds were also nonsignificantly associated with AULCSF ($r = -0.33; P = 0.138$), which was confirmed with linear regression analysis ($R^2 = 0.16; P = 0.141$).

Figure 5 shows the relationship between CS and Esterman’s VF scoring. The AULCSF was not significantly correlated with the percentages of Esterman’s VF scores of participants ($r = 0.15; P = 0.415$). Linear regression analysis confirmed this finding ($R^2 = 0.001; P = 0.896$).

Finally, a multivariate linear regression analysis was performed with AULCSF as the dependent variable and SVA, DVA, and age as independent variables. TMP, RMP, and VF were not included in the analysis because they were not significantly correlated with AULCSF. Based on this analysis, SVA was a significant predictor for AULCSF, $F(3,26) = 34.98; P < .001; R^2 = .76$ (76% of the variability accounted for by the variable). DVA and age were found not to be significant predictors of AULCSF based on the multivariate linear regression analysis.
The correlations between peak CS and other visual functions were similar to the correlations between AULCSF and the visual functions. There was a significant association between SVA and peak CS (r = −0.68; P < 0.001) and DVA and peak CS (r = −0.46; P = 0.01). The AULCSF was not significantly correlated with the TMP thresholds (r = −0.20; P = 0.371) or the percentages of Esterman’s VF scores of participants (r = 0.26; P = 0.149). However, the RMP thresholds were significantly associated with the Peak CS (r = −0.44; P = 0.040).

**Comparison of HWCIs**

We compared the HWCIs of the athletes with the HWCIs of individuals with normal vision measured using the same device (All the HWCIs and AULCSF values in this article were adjusted for the change in viewing distance, because of which the control data have a very different numeric range from all other qCSF publications), but at a different viewing distance (4 m instead of 1 m) (n = 17). Figure 6 presents the 68.2% HWCIs of the CSF measured by the qCSF procedure in athletes (circle) and controls (square). The relative CI widths plotted were obtained by dividing the CI width by the AULCSF.

![Scatterplot for the 68.2% HWCI of the CSF measured by the qCSF procedure in athletes (circle) and controls (square).](image)

**DISCUSSION**

This study investigated the feasibility of measuring the CS in individuals with varying levels of visual impairment, including a large number of individuals (95% of the population) with moderate to profound low vision using the qCSF. Using this method, CSF could be measured across the spatial frequency range of 0.35 to 9 cpd in 32 out of the 42 participants (76%) who had quantifiable SVAs. Thus, the qCSF can be used to measure CSF in a low vision population with severe and profound visual impairments, although measuring the AULCSF is more difficult in individuals with severe to profound visual impairments compared with individuals with moderate to severe vision impairments. The feasibility of the other tests conducted was also good, ranging from 65% for radial global MP to 98% for VFs.

CS is measured in terms of the ability to discern luminous differences between adjacent areas and measuring the CSF can help to explain an individual's ability to perceive objects of various sizes and shades. It can also explain subtle changes in functional vision that other static measures cannot.4,8,9,35,40–42 Because CSF has the potential to provide more information about the functional vision of an individual, it should be included as a part of routine eye examinations. To facilitate the inclusion of CSF measurements in routine eye exams, this study also examined the relationships between CSF (AULCSF as the summary statistic) with other visual functions in individuals with low vision using nonparametric correlations and linear regressions.

The high spatial frequency cut-off of the CSF can be indicative of the SVA of an individual. Even though SVA has been shown to be a poor predictor of an individual's CS at middle and low spatial frequencies, we found a strong significant correlation (r = −0.79; P < 0.001) between SVA and AULCSF. This result is similar to the strong correlations previously reported using the qCSF method. Lesmes et al. (2012) reported a significant correlation between CSF acuity obtained using qCSF and SVA (r = −0.69) and nonsignificant correlations between Pelli-Robson CS and SVA (r = −0.14). It is interesting to note that, when a Pelli-Robson chart is used for measurement, the magnitudes of association between SVA and CS vary from 0.27 to 0.79.43,44 Similar variations have been reported in studies using Vistech charts (correlations ranging from 0.25 to 0.88).45,46 Previous research has demonstrated that the strongest correlations between SVA and CS are usually found in heterogeneous populations.47 This study is the first study completed to our knowledge that looks at the relationship between binocular AULCSF and SVA in a broad population that includes individuals with moderate to severe visual impairment.

An individual’s daily life involves activities that require the visualization of a target in the presence of relative motion between the stimulus and observer, yet all routine visual assessments are static. DVA is measured based on the ability of the visual system to track and identify the smallest optotypes moving randomly and is more predictive of real-world task performance than the static measures of vision.7,23,24 Previous research reported extremely low, and often nonsignificant correlations between CS and DVA in a homogenous population of individuals with binocular SVA better than or equal to 6/12.48 In our study, the correlation between AULCSF and DVA (r = −0.657; P < 0.001) was significant, unlike Long and May (1992).48 The population examined in this study was highly heterogeneous, which may explain the significant correlation found here between CS and DVA.7,48

In this study, motion coherence thresholds for both TMP and RMP were not significantly associated with AULCSF. This finding is in agreement with the previous literature on translational motion coherence thresholds measured with high-contrast RDKs compared with contrast thresholds obtained with same stimuli.49 Although radial motion coherence thresholds have not been compared with AULCSF previously, RMP is driven by similar mechanisms as TMP; therefore, it would have been unlikely that radial motion coherence thresholds would have had a different relationship with CS than translational motion coherence thresholds.
Binocular Esterman’s VF scoring and AULCSF did not demonstrate a significant association in this study, suggesting that functional VF may have a weak relationship with CS. This finding does not agree with the previously reported significant correlations between monocular Humphrey mean depression scores and Pelli-Robson CS. Although there are no reports on the relationship between CSF and functional VF scoring, there are many descriptions of how CS varies over the VF. For all spatial frequencies, previous authors have reported the highest CS in the fovea and that CS decreases progressively with eccentricity.53–56 The majority of participants (n = 24) with measurable AULCSF in this study had peripheral field losses and preserved central VF, which means that this population is relatively homogeneous, and the homogeneity of this population may account for the lower correlation between functional VF scoring and CS. That being said, the findings of this study suggest that the relationship between VF and CS may depend on how VF is quantified (functional Esterman scoring vs. mean depression on a Humphrey VF). The current study was not designed to investigate the relationships between different types of field defects or different VF measures; therefore, more research is needed to be able to make conclusions about the relationship between functional VF scoring and the CSF summary statistic.

Because it is uncommon to repeat the same measurement multiple times in clinical practice, the credible interval of the posterior distribution is a valuable tool to gauge the precision of a test in a single run. Comparison of the 68.2% half width credible intervals of the AULCSF of participants (with a wide range of low vision) with that of controls suggested that, even though the distributions were significantly different, there was a systematic decrease of means and the range of HWCI with an increase in AULCSF. Even though the mean AULCSFs of both were different by about 2.00 log CS, the log CS values of HWCI were around 0.1, and this decreased to an insignificant level when the analysis included only athletes above 0.6 logCS. This finding suggests that, even though the viewing distance was decreased for participants with low vision, the qCSF measurements obtained are valid. In addition, the intrinsic relative variability seems to be no worse for those with low-vision compared with controls, except for those with extremely poor vision.

This study was unique in that it examined the relationship between CS and other visual functions that have been suggested to be essential for functional vision in a heterogeneous population of individuals with visual impairment, including individuals with moderate to severe vision loss. Because this was the first study of its kind, supporting research is needed to further examine and understand some of the findings of this study, for example, the nonsignificant relationship of CSF with functional VF scoring.

### Conclusions

The qCSF is a feasible tool to measure CSF in low vision populations with moderate to profound visual impairments. Consistent with previous literature and the study hypotheses, the AULCSF (our summary statistic) was significantly associated with SVA and not significantly associated with motion coherence thresholds. In this study, DVA was found to be significantly associated with the AULCSF, which was contrary to the previous literature. Finally, the AULCSF did not demonstrate a significant relationship with VF scoring, which was contrary to the previous literature. Further studies with larger sample sizes in similar heterogeneous populations are needed to clearly understand the relationships between CS and other visual functions predictive of functional vision. Using the qCSF method in these studies would be recommended, because the qCSF is the first assessment method to have demonstrated the capacity for accurately measuring CS in patients with both moderate and severe vision loss.

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