Analysis of Microvasculature in Nonhuman Primate Macula With Acute Elevated Intraocular Pressure Using Optical Coherence Tomography Angiography

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PURPOSE. To investigate responses of macular capillary vessel area density (VAD) of superficial and deep retinal vascular plexuses to elevations in intraocular pressure (IOP) in cynomolgus macaque monkeys using optical coherence tomography angiography (OCTA).

METHODS. In five general anesthetized male cynomolgus monkeys, the IOP was increased incrementally by 10 mmHg from baseline (10 mmHg) to 70 mmHg and then decreased back to 10 mmHg (recovery state). Structural OCT (30° × 30°) and OCTA (20° × 15°) centered on the macula were obtained at each IOP and 3, 15, and 30 minutes after recovery. En face images of the superficial vascular complex (SVC) and deep vascular complex (DVC) were extracted, and VAD (%) compared with that at baseline was calculated.

RESULTS. The VADs in the SVC and DVC at baseline and at 30 mmHg IOP were 34.96%, 34.15%, 35.38%, and 30.12%, respectively. The VAD plateaued until 30 mmHg; however, the VAD was affected more in the DVC than in the SVC (P = 0.008) at 30 mmHg. It showed a significant reduction at 40 mmHg (16.52% SVC, P = 0.006; 18.59% DVC, P = 0.012). In the recovery state, the SVC showed full retention of baseline VAD, but the DVC maintained VAD approximately 70% of that at baseline. Structural OCT showed hyperreflectivity in the nuclear layer, retinal swelling, and an undifferentiated ellipsoid zone from 50 mmHg.

CONCLUSIONS. Despite physiological autoregulation, perifoveal microcirculation was affected at high IOP ≥ 40 mmHg, especially in the DVC, which explains the pathological mechanism of macular vulnerability in ischemic diseases.

Keywords: microcirculation, angiography, optical coherence tomography, retina, intraocular pressure

The blood supply to the neurosensory retina is crucial for adequate metabolic exchange. The retina is an organ with high metabolic demand, exceeding that of the brain. In the human retina, the superficial vascular complex (SVC) consists of the superficial vascular plexus (SVP) and radial peripapillary capillary (RPC), which originate from the central retinal artery and provide vertical Anastomosis to two deeper capillary networks, known as the intermediate capillary plexus (ICP) and the deep capillary plexus (DCP).1,2 The SVP is comprised of large arteries, arterioles, capillaries, venules, and veins in the ganglion cell layer (GCL) and provides vascular supply to the RPC, parallel to the nerve fiber layer (NFL) and deep vascular plexus including ICP and DCP.3 During the development of the primate fovea, the SVP develops a perifoveal capillary ring with a foveal avascular area prior to foveal depression and sprouts into deeper vascular plexuses.2 This foveal avascular zone (FAZ) is often affected in glaucoma and ischemic diseases, such as diabetic retinopathy and retinal vascular obstruction.4–6

In response to metabolic demand, autonomic innervation of the choroidal vessels controls vasodilation and vasoconstriction to maintain the blood supply; however, the inner retina lacks such innervation and depends solely on autoregulation mediated by the local vasoactive peptides.7 During the fluctuation of blood pressure (BP) or intraocular pressure (IOP), autoregulation helps maintain the flow in large vessels and capillaries until overwhelmed.8 Various laboratory studies using optical coherence tomography angiography (OCTA) have been conducted to investigate the vascular response in terms of increased IOP9–11 mainly in small animal models, such as rats.8,12–14 However, foveal and perifoveal microcirculation, both of which are sensitive to ischemic events, have been relatively less studied.

Nonhuman primates' foveal depression and foveal and perifoveal vascular plexuses are quite similar to those of humans and therefore can be used for structural and vascular investigations.15,16 In the current study, we aimed to investigate the effects of increased IOP on the perifoveal...
capillary and retinal thickness in a cynomolgus macaque monkey.

**METHODS**

This study was approved by the Institutional Animal Care and Use Committee of the Osong Medical Innovation Foundation and adhered to the ARVO Statement for the Use of Animals in Ophthalmic and Vision Research.

**Animal Preparation**

The subjects of the experiment were five male cynomolgus monkeys (*Macaca fascicularis*) obtained from the Korea National Primate Research Center, Jeongeup-si, Korea. They were bred in a specific pathogen-free area and had a mean age of 55 ± 6.66 months (range, 51–67) and mean weight of 28.47 ± 3.88 kg (range, 23.0–33.2). The monkeys underwent general anesthesia via an intramuscular injection of atropine (0.04 mg/kg), ketamine (7 mg/kg), and medetomidine (60 μg/kg). They were then placed in the supine position and intubated with an orotracheal tube. Anesthesia was maintained with sevoflurane (1.5%–2.5%), and proper hydration was maintained with normal saline (2–3 mL/kg/h). Mean arterial blood pressure (MAP) was monitored non-invasively using an upper arm cuff (Drägerwerk, Lübeck, Germany). The MAP and mean ocular perfusion pressure (MOPP) were calculated based on the following formulas: MAP = diastolic BP + 1/3 systolic BP – diastolic BP and MOPP = 2/3(MAP) – IOP. During the experiment, respiratory rate, pulse rate, and blood oxygen saturation were monitored. The monkeys were covered with a warm blanket (39°C), and their body temperature was maintained at 36.8° to 37.5°C. After general anesthesia, the axial length and IOP were measured five times using A-scan ultrasound biometry (SW-1000; Suoer, Netherlands) connected to the infusion line. The target IOP was achieved using a precalibrated, vented-gas forced infusion (VGFI) system (DORC, Zuidland, The Netherlands) connected to the infusion line. The central 0.6-mm-diameter area centered on the fovea was exported after applying the projection artifact-removal function in every vertical B-scan on structural OCT and OCTA were conducted using the Heidelberg Engineering built-in software (HEYEX). To obtain en face images of the superficial and deep vascular complexes (DVCs), the SVC en face image was segmented from the internal limiting membrane to the IPL, which included the RPE in the NFL but rarely presented in the perifovea, and mainly the SVP in the GCL and IPL, reflecting the inner retinal blood vessels. The DVC was defined from the outer IPL to the OPL, including the intermediate and deep vascular plexuses in the IPL–INL and INL–OPL interfaces, respectively. All segmentation lines in every vertical B-scan on structural OCT and OCTA were manually adjusted by a retinal specialist (MC) under the guidance of a senior advisor (SWK). The en face image was exported after applying the projection artifact-removal function in the software, and the region of interest was cropped into 3 × 3-mm images centered on the fovea (Fig. 1; for images from all five monkeys, see Supplementary Figs. S1 and S2).

To quantify the vessel area density (VAD) of the retinal capillaries, the larger vessel in the SVC was selected as a stack and masked in the SVC images (Figs. 1A–1D). The central 0.6-mm-diameter area centered on the fovea was excluded to mitigate the effect of the FAZ on the vessel density measurements (Figs. 1C, 1F). The VAD was calculated using ImageJ (National Institutes of Health, Bethesda, MD, USA) after binarization by two graders, and the mean value was used in the analysis (Figs. 1D, 1G). Thickness values of the total retina, NFL, GCL–IPL (GCIPL), INL, OPL, and ONL from each of the nine Early Treatment of Diabetic Retinopathy Study (ETDRS) subfields centered on the fovea were collected for each layer in each subject and averaged (Figs. 1H–1J).

To assess the foveal pit metrics, the thickness profile in the horizontal OCT scan, including the brightest foveal reflex, was extracted. When a bright reflex was absent, the frame containing the thickest outer segment layer was.
FIGURE 1. Processing of OCTA en face images (A–G) and measurement of retinal thickness (H–J). (A) Superficial and (E) deep vascular complex en face images 3 × 3 mm in size. (B) Arterioles and venules selected as a stack and masked in the SVC images. (C, F) The FAZ (0.6 mm) was excluded in the quantification of VAD. (D, G) Binarized image. (H) Retinal thicknesses measured in nine ETDRS subfields centered on the fovea. (I) Layer check and modification in each B-scan. (J) Retinal thicknesses in each subfield were obtained and averaged. (K) Measurement of the foveal pit metrics. In the thickness profile of foveal pit horizontal OCT, the center and rim of the foveal pit are identified as a location of zero slopes at the center and on both sides of the foveal pit (blue dot). Foveal diameter was defined as the rim-to-rim distance, and depth was the difference in thickness between the foveal pit and the mean value of two rims (red dot). The maximal slope was the larger angle between the foveal pit and both rims.

In the extracted thickness profile, the center and rim of the foveal pit were identified as the location of zero slopes. Foveal diameter, depth, and maximal slope were recorded (Fig. 1K; for images from all five monkeys, see Supplementary Fig. S3).

Statistical Methods
Data are shown as mean ± standard error of the mean (SEM). Prism 7 (GraphPad Software, San Diego, CA, USA) was used for statistical and graphical analyses. Intraclass correlation...
coefficients (ICCs) were evaluated between the two examiners for VAD. Changes in VAD and retinal thickness according to IOPs in each subject were analyzed using a one-way repeated-measures ANOVA (RM-ANOVA) with Greenhouse-Geisser correction, and changes against baseline (IOP at 10 mmHg) were tested using the post hoc Dunnett’s test. To compare the responses among multiple retinal thicknesses and VADs, a two-way RM-ANOVA was used to compare changes across IOP levels.

**Results**

The mean age and body weight were 52.47 ± 6.86 months and 3.82 ± 0.48 kg, respectively. The mean axial length of the eyeball was 18.66 ± 0.56 mm, and the mean IOP after general anesthesia was 8.2 ± 2.8 mmHg. Previously reported normative IOP using a rebound tonometer after ketamine ± general anesthesia was 8.2 ± 0.93 mmHg. The mean age and body weight of the rhesus macaques were 6.86 months ± 0.118 months and 3.82 ± 0.56 kg, respectively. The mean IOP after general anesthesia was 18.66 ± 1.75 mmHg. Sevoflurane inhalation during general anesthesia might lower the IOP in this experiment by affecting aqueous flow and extraocular muscle tone, as previously reported.26,27 ICCs between two graders for VAD were 0.977 in the SVC and 0.933 in the DVC (both P < 0.001). Figure 2 presents an example of serial changes in the OCTA images of the SVC and DVC during IOP elevation. Both vascular complexes showed attenuation in smaller vessels at 40 mmHg, and the flow signal in the smaller vessels was greatly reduced at 50 mmHg. At R3, that is, the recovery state 30 min after exposure to maximal IOP (70 mmHg), the SVC recovered to that at the baseline, but partial flow deficit was observed in the DVC. Structural OCT changes were observed from the IOP of 50 mmHg as great flow signal attenuation on OCTA images (Fig. 3). At 50 mmHg, hyperreflectivity of the GCIPL, INL, ONL and photoreceptor flattening was observed and more evident at higher IOP. After IOP normalization, the hyperreflectivity of INL, and ONL decreased and ellipsoid zone of the fovea became clear. However, this changes in recovery state were delayed in group 2, which were exposed to maximal IOP for 30 min.

**Vessel Area Density**

The VADs before port insertion were 36.98% ± 1.55% and 38.74% ± 3.84% in the SVC and DVC, respectively, which were not significantly different from those at 10 mmHg (P = 0.118 and P = 0.09, respectively). The mean VADs of the retinal capillaries excluding larger vessels are illustrated in Figures 4A and 4B. Analysis of the VAD in the SVC and DVC showed that IOP elevation significantly affected both vascular complexes (one-way RM-ANOVA, both P < 0.0001). The VADs in the SVC and DVC were 34.96% ± 0.69% and 34.15% ± 0.69% at baseline and 35.38% ± 0.96% and 30.12% ± 1.75% at 30 mmHg, respectively; they showed no significant changes in post hoc analyses (P = 0.966 and P = 0.114, respectively). At 40 mmHg, both vascular complexes showed decreases in VAD (SVC: 16.52% ± 2.45%, P = 0.006; DVC: 18.59% ± 2.18%, P = 0.012), which was significantly lowered at 50 mmHg (5.99% ± 0.69% and 4.57% ± 0.62%, respectively; both P < 0.001). The relative vessel densities (Fig. 4C) at 20, 30, 40, 50, and 60 mmHg proportional to those at baseline were 98.55%, 101.9%, 47.24%, 17.32%, and 1.77% in the SVC and 96.88%, 86.46%, 53.06%, 12.95%, and 6.4% in the DVC. There was no difference in relative vessel density between the two vascular complexes according to the IOP (two-way RM-ANOVA, P = 0.332), but post hoc multiple comparisons showed differences of 30 mmHg between the two layers (P = 0.008). The fitting curves in the scatterplot of relative vessel density by ocular perfusion pressure of the two vascular complexes showed a similar pattern (Fig. 4D).

The relative VADs of the recovery state for each subject are shown in Figures 4E and 4F. In subjects with the 3-minute exposure to maximal IOP and immediate IOP normalization after OCTA images were taken at maximal IOP (group 1, n = 3), the relative VADs in the SVC increased in all three subjects at R1 (108.53%, 101.29%, and 102.63%, respectively). In group 2 (n = 2), which was exposed to an IOP of 70 mmHg for 30 minutes, both subjects showed decreases in relative VAD in the SVC to 38.5% and 52.3% at R1, but...
showed significant differences from baseline at 70 mmHg
multiple-comparison post hoc analysis for GCIPL and ONL
(one-way RM-ANOVA,
showed an increase in thickness according to IOP elevation
hoc analysis showed a mild increase at 70 mmHg compared
ANOVA,
changes in the recoverystate. Total retinal thickness (Fig. 5A)
thickness of the various retinal layers and retinal thickness
Retinal Thickness and Foveal Pit Metrics

Figure 5 illustrates the effect of IOP elevation on the
thickness of the various retinal layers and retinal thickness
changes in the recovery state. Total retinal thickness (Fig. 5A)
was significantly affected by IOP elevation (one-way RM-
ANOVA, \( P = 0.019 \)) due to retinal swelling, although post
hoc analysis showed a mild increase at 70 mmHg compared
with that at baseline (\( P = 0.081 \)). The GCIPL, INL, and ONL
showed an increase in thickness according to IOP elevation
(one-way RM-ANOVA, \( P = 0.002, P = 0.001, \) and \( P = 0.006, \)
respectively), but the NFL (\( P = 0.190 \)) and OPL (\( P = 0.149 \))
did not show changes following IOP elevation (Figs. 5B, 5C).

Multiple-comparison post hoc analysis showed an incremental
increase in INL thickness from 50 mmHg (mean difference
from baseline \( [MDB] = 5.57, P = 0.011 \)). Although the
multiple-comparison post hoc analysis for GCIPL and ONL
showed significant differences from baseline at 70 mmHg
(MDB = 15.13 and 19.17, \( P = 0.037 \) and 0.039, respectively),
an increase in thickness was observed from 50 mmHg (MDB
= 7.52 and \( P = 0.054 \)) in GCIPL and from 60 mmHg in ONL
(MDB = 17.6, \( P = 0.08 \)), which was marked by significant
hyperreflectivity and swelling on structural OCT. The relative
retinal thicknesses in each subject compared with the
thicknesses at baseline in the recovery state are presented
in Figures 5D to 5I. In group 2 (\( n = 2 \)), the relative retinal
thicknesses of the total retina, NFL, GCIPL, INL, and ONL
were thicker than those of the maximal IOP (70 mmHg) at
R1, suggesting more swelling induced by ischemia in the
retinal tissue.

The depth and maximal slope of the foveal pit (Figs.
6A, 6C) were significantly affected by IOP elevation (one-way RM-ANOVA, \( P < 0.001 \) and \( P < 0.049 \), respectively), but
foveal pit diameter was not affected (Fig. 6B). Post hoc anal-
ysis showed a significant increase in depth at 60 mmHg and
slope at 70 mmHg compared with those at baseline (\( P = 0.002 \) and \( P = 0.016 \)). In the recovery state, the increases in
foveal pit depth and slope were observed to be more persist-
ent in group 2 (Figs. 6D–6F).

DISCUSSION

In this study, there was no decrease in the VAD showing
autoregulation of retinal vessels up to IOP of 50 mmHg.
However, the VADs of the SVC and DVC decreased from
40 mmHg and diminished to 17.32% and 12.95% of the
baseline VAD at 50 mmHg. Retinal structural changes were
clearly observed after 50 mmHg, when the VAD decreased
to less than 20% of the baseline value.

Studies of several animal models to measure retinal blood
flow following incremental increases in IOP have reported
variable results depending on the animal and experimental
models. Zhao et al.\(^8\) measured the vessel density changes...
In the SVC, ICP, and DCP using OCTA according to the increase in IOP in rat eyes with anterior chamber cannulation and reported that a significant reduction in vessel density was observed above 70 mmHg. For IOPs between 40 and 60 mmHg, the ICP and DCP showed more resistance to IOP than did the SVP. Tan et al.28,29 used a rat model but raised the IOP using a vascular loop. They reported a reduction in the total retinal blood flow and retinal function measured using electroretinography at IOP ≥ 30 mmHg. In 2021, we reported on the retinal vessel density in a porcine model through an intravitreal port (VGFI system) using OCTA. We observed that the VAD of capillaryplexuses decreased to half of the baseline value at 45 mmHg.30 The 23-gauge port system used in this experiment to control the IOP is a stable and precise method for controlling intravitreal pressure, as cannulation (30-gauge) to the anterior chamber is vulnerable to obstruction due to the small lumen and may cause leakage at the cannulation puncture site.

The fovea is a specialized structure for high-resolution central vision.31 During development of the primate fovea, the FAZ with the perifoveal capillary ring, made of anastomosing superficial and deep vascular complexes, creates a vascular pattern to match the depression, which maximizes access for photons to reach the photoreceptors, combined with the effect of thinning of the inner retina.2,32 The vascular structure of the fovea makes the macula vulnerable to ischemic disease and explains the earlier deterioration of vessel density in our results compared with the findings of previous reports.

In our experiment, both capillaryplexuses showed a plateau in the VAD up to 30 mmHg, but the relative VAD of the DVC was 86.46%, indicating that it was more affected than that of the SVC (101.9%). Regarding the blood flow pattern in the FAZ, the SVC capillary is directly supplied by the precapillary arteriole, whereas the DVC receives its blood supply from the descending precapillary arteriole from the SVC, and no arterial branches exit vertically from the arterial trunk.33 The DCP is a laminar, relatively two-dimensional structure composed of capillaries, although the superficial capillaryplexus has a denser stack structure with arterioles and venules.34–36 In previous histological studies of macaque monkeys, the vessels in each of the capillaryplexuses converged into tributaries and drained into the main venous trunk, but the DCP in the foveal region usually drains to the main venous trunk, as well.37,38 This consecutive structure suggests a lower outflow pressure in the deeper capillaryplexus during IOP elevation and may help explain the susceptibility of DVC to increased IOP.

Previous studies on experimental models of rats and pigs, which do not have the foveal structure, have shown that the retinal blood flow and blood perfusion recovered within
FIGURE 5. Effect of IOP elevation on the thickness of the various retinal layers and retinal thickness change in the recovery state. (A) Total retinal thickness was significantly affected by IOP elevation (one-way RM-ANOVA, \( P = 0.019 \)), although the post hoc analysis of comparisons with baseline values showed a mild increase in thickness at 70 mmHg (\( P = 0.081 \)). From 20 to 60 mmHg, no significant differences were found when compared with baseline values. (B, C) Thicknesses of GCIPL, NFL, INL, OPL, and ONL following IOP elevation. Mean values are presented as SEM (bar). Per the one-way RM-ANOVA, the GCIPL, INL, and ONL showed significant differences according to IOP elevation (one-way RM-ANOVA, \( P = 0.002 \), \( P = 0.001 \), and \( P = 0.006 \), respectively). In post hoc analysis, GCIPL showed a significant increase at 70 mmHg (\( P = 0.037 \)) compared with baseline. INL thickness showed an increase at 50 mmHg (\( P = 0.011 \)), 60 mmHg (\( P = 0.015 \)), and 70 mmHg (\( P = 0.057 \)), and ONL showed significantly greater thickening at 70 mmHg (\( P = 0.039 \)) than at baseline. (D–I) The relative retinal thickness of the complete retina, NFL, GCIPL, INL, OPL, and ONL for each subject. Group 1 represents subjects with maximal IOP maintained for 3 minutes with immediate IOP normalization after undergoing OCTA (\( n = 3 \)), and group 2 represents subjects with maximal IOP maintained for 30 minutes (\( n = 2 \)). R1 = 3 minutes after recovery, R2 = 15 minutes after recovery, and R3 = 30 minutes after recovery.

30 minutes of normalization of the IOP after induction of ischemic high IOP. In the recovery state of our model, even 30 minutes after IOP normalization, the VAD of the DVP recovered to only approximately 70% of the baseline level. It is presumed that mechanical damage or vascular obstruction occurred because of the high IOP, which implies cellular damage by perfusion reduction. Cheung et al. administered an intravitreal injection of 100 μL of saline into two cynomolgus macaque monkeys, and, after ischemic high IOP (98 and >99 mmHg) was achieved, the recovery of vascular flow was observed through OCTA. After IOP normalization (40 minutes later), the SVP flows were 84.2% and 88.9% of the baseline values, and those of the DCP were 68.8% and 78.6% of the baseline values, indicating that flow deflection was more severe and persistent in the DCP. The DCP, which has a laminar structure and receives circulation through the descending arteriole of the SVP, has a higher flow resistance than the SVP, which might affect the recirculation after IOP normalization.

According to the study by Zhao et al., on rats, the retinal thickness decreased at an IOP greater than 80 mmHg in the retinal nerve fiber layer and IPL, but not in the INL and OPL. Although a decrease in thickness due to pressure was expected in this experiment, the GCIPL, INL, and ONL showed an increase in thickness following an increase in IOP, and retinal swelling accompanied by hyperreflectivity was observed on structural OCT, which may be due to ischemic change rather than mechanical pressure. Furthermore, morphological changes in the foveal pit with increasing depth and slope, accompanied by retinal swelling, were observed in this study. Fortune et al. measured peripapillary retinal thickness with a rapid rise in the IOP (to 45 mmHg) in nonhuman primates and reported that the changes were minor. However, in acute retinal ischemia caused by retinal artery occlusion, an increase in hyperreflectivity and indistinguishable layer-by-layer structures in the inner retinal layer resulting in impairment of axoplasmic transport have been reported. Additionally, direct
cytotoxic intracellular swelling may occur because of overexcitation of ionotropic glutamate receptors and neuronal cell depolarization, which causes excess Ca^{2+} and water influx, followed by apoptosis.47,48

Interestingly, we observed inner hyperreflectivity in the ONL, which includes the Henle’s fiber layer (HFL). HFL are bundles of unmyelinated axons of photoreceptors that run obliquely as a result of lateral displacement in the foveal pit, which makes it a hyporeflective layer in OCT, unlike NFL. Although both HFL and NFL are composed of long cylindrical axons, as a ray of incident light scatters with the same angle as the incident ray, the scattered back light from oblique axons of HFL rarely escapes the pupil and is visualized as hyporeflectivity.49,50 The impairment of axoplasmic transport and edema in the HFL might change the angle of the axon fiber such that it becomes flatter, and this might affect the light rays that are incident on the HFL and, subsequently, the scattering angle.

Acute retinal edema and subsequent retinal atrophy in central retinal artery occlusion have been reported in animal models and clinically,45 and the severity of macular edema in the initial phase of ischemia leads to macular atrophy and poor visual acuity.45,51 In the case of group 2, which was exposed to ischemic high IOP for 30 minutes, the relative retinal thicknesses in the NFL, GCIPL, INL, and ONL versus at baseline were higher than those in group 1 even after IOP normalization. This result made us suspect that neuronal and glial ischemic stress and ischemic cytotoxic damage could be dependent on the exposure time to ischemia and retinal thickness as possible biomarkers of retinal ischemia.

This study has some limitations, including the small number of animals and limited time for evaluating the recovery state after ischemic high IOP. In addition, OCTA images may cause measurement inaccuracies, especially in deeper structures, due to projection artifacts. Unlike methodologies capable of ocular blood flow evaluation, such as laser Doppler velocimetry,52 OCTA does not provide information on blood flow velocity. In addition, it is possible that the capillary flow at a higher IOP was underestimated because of an increase in retinal structural haziness.

In conclusion, we demonstrated changes in retinal vessel density in the macula of nonhuman primates following IOP elevation to the ischemic state using an OCTA system. We found deterioration in superficial and deep capillary flow at IOP ≥ 40 mmHg and a structural change in OCT at an IOP of ≥ 50 mmHg, where the capillary flows of the SVC and DVC were severely reduced to 17.32% and 12.95% of the baseline values, respectively. We believe that our findings can provide substantial information on foveal microvasculature changes due to acute IOP elevation and are meaningful in ophthalmic diseases, including retinal artery obstruction and glaucoma.

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