Glaucoma

Longitudinal In Vivo Changes in Radial Peripapillary Capillaries and Optic Nerve Head Structure in Non-Human Primates With Early Experimental Glaucoma

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PURPOSE. There is conflicting evidence regarding whether a loss of radial peripapillary capillaries (RPCs) precedes neuronal loss in glaucoma. We examined the time course of in vivo changes in RPCs, optic nerve head (ONH) structure, and retinal nerve fiber layer thickness (RNFLT) in experimental glaucoma (EG).

METHODS. Spectral domain optical coherence tomography images were acquired before and approximately every two weeks after inducing unilateral EG in nine rhesus monkeys to quantify mean anterior lamina cribrosa surface depth (ALCSD), minimum rim width (MRW), and RNFLT. Perfused RPC density was measured from adaptive optics scanning laser ophthalmoscope images acquired on the temporal half of the ONH. The time of first significant change was quantified as when values fell and remained outside of the 95% confidence interval established from control eyes.

RESULTS. Mean ALCSD and/or MRW were the first parameters to change in eight EG eyes. RPC density changed first in the ninth. At their first points of change, mean ALCSD posteriorly deformed by 100.2 ± 101.2 μm, MRW thinned by 82.3 ± 65.9 μm, RNFLT decreased by 25 ± 14 μm, and RPC density decreased by 4.5 ± 2.1%. RPC density decreased before RNFLT thinning in 5 EG eyes. RNFLT decreased before RPC density decreased in two EG eyes, whereas two EG eyes had simultaneous changes.

CONCLUSIONS. In most EG eyes, RPC density decreased before (or simultaneous with) a change in RNFLT, suggesting that vascular factors may play a role in axonal loss in some eyes in early glaucoma.

Keywords: glaucoma, radial peripapillary capillaries, adaptive optics scanning laser ophthalmoscope

Glaucoma is a group of eye diseases that are characterized by axonal loss and progressive retinal ganglion cell death and can ultimately result in irreversible vision loss.1 Vascular-related factors have been shown to be associated with glaucoma, including lower diastolic perfusion pressure,2–4 migraines,5,6 nailfold capillary abnormalities,7 smoking,8 hypotension,9,10 and sleep apnea.11,12 Although vasculature has been considered an independent risk factor, vascular susceptibility to alterations in the translaminar pressure gradient is proposed to result in perfusion instabilities in capillaries within the lamina cribrosa and inner retinal tissues surrounding the optic nerve head (ONH).13 This imbalance gives rise to alterations in ocular blood flow and a reduced blood supply to ONH, laminar, and radial peripapillary capillaries,14–16 potentially contributing to the pathogenesis of glaucoma.

The structural properties of the radial peripapillary capillaries (RPCs) may make them uniquely susceptible to damage resulting from elevated IOP in glaucoma. RPCs form the most superficial capillary bed in the retina and are potentially more fragile than other retinal capillaries, because they lack smooth muscle actin ensheathment, run in long parallel networks in the retinal nerve fiber layer (RNFL), and anastomose less frequently than other retinal capillaries.14,15,17 Consequently, RPCs possess less collateral blood supply and have fewer connections to adapt to necessary changes in autoregulation in glaucoma.

There is conflicting evidence regarding whether RPCs play a role in retinal ganglion cell axon degeneration in glaucoma. Early work by Daicker et al.18 in donor eyes with chronic glaucoma and different optic nerve atrophies found no correlation between the distribution of atrophic RPCs and associated visual field defects. Subsequent histological work showed RPCs to be lost at the same rate as RNFL axons in experimental glaucoma19 and not to be significantly altered in their numbers in donor glaucomatous human eyes relative to normal eyes.20 However, the former of these two studies primarily evaluated the capillary volume within the ONH and not the RNFL. Conversely, other studies have reported significant losses of RPCs in experimental glaucoma21 and in donor eyes of glaucoma patients.22 More recent reports examining the RPC network in vivo using optical coherence...
tomography angiography (OCTA) found decreased peripapillary vessel density in glaucomatous eyes compared toagematched controls and decreased peripapillary vessel density in the eyes of primary open-angle glaucoma patients with visual field defects. More recent work by Moghimi et al. found a weak tendency for eyes with lower baseline values of vessel perfusion density to have faster rates of RNFL thickness loss in mild to moderate glaucoma over a two-year period. In addition, studies have reported correlations between vessel density loss and visual field loss in the superotemporal and inferotemporal sectors around the ONH and in visual field maps. However, the general lack of in vivo data characterizing longitudinal changes in RPCs and retinal ganglion cell axons from a healthy state to early glaucoma has limited understanding of the relative time course for when changes occur, as well as how differences in RPC, RNFL, and ONH geometries relate to disease progression in living eyes.

The primary purpose of this study was to determine whether changes in RPC perfusion occur before a loss of circumpapillary RNFL thickness in early experimental glaucoma. Longitudinal changes in RPC perfusion, ONH structure, and RNFL thickness were assessed using split detector adaptive optics and spectral domain optical coherence tomography imaging in living eyes of non-human primates with pressure-induced experimental glaucoma. Through the use of sensitive in vivo imaging techniques, this study describes the sequence of early changes in capillary perfusion, ONH structure, and circumpapillary RNFL thickness in experimental glaucoma.

METHODS

All animal care experimental procedures were approved by the University of Houston's Institutional Animal Care and Use Committee and adhered to ARVO's Statement for the Use of Animals in Ophthalmic and Vision Research. Nine adult rhesus macaques (mean age = 6.6 ± 1.2 years) were used in this study. Before experimental glaucoma (EG) was induced, all animals underwent imaging (as described below) in two to four baseline sessions with the exception of one (OHT 86) in which only one baseline session was performed. The trabecular meshwork of the right eye was scarred using a clinical 532 nm laser (Zeiss VisuSla 532; Carl Zeiss Meditec, Jena, Germany) to chronically elevate the intraocular pressure of each monkey’s right eye (i.e., the experimental glaucoma eye), whereas the fellow eye served as a control. During these laser sessions, monkeys were anesthetized with ketamine (20–30 mg/kg) and xylazine (0.8–0.9 mg/kg). Multiple laser sessions, minimally separated by two weeks, were used to slowly build up and create sustained elevated pressure. The first session involved lasering 180° of the trabecular meshwork, and each subsequent session was limited to 90°.

Following the first laser session, animals were imaged approximately every two weeks throughout the duration of the experiment. Monkeys were anesthetized with 20 to 25 mg/kg ketamine and 0.8 to 0.9 mg/kg xylazine and treated with a subcutaneous injection of atropine sulfate (0.04 mg/kg). Each monkey’s pupils were dilated with 2.5% phenylephrine and 1% tropicamide. A pharmacological agent (Iopidine; Alcon Laboratories, Inc., Fort Worth, TX, USA; or Combigan; Allergan, Inc., Irvine, CA, USA) was used at the start of each imaging experiment to reduce the animal’s IOP and best ensure that the values of parameters measured during the experiment were the result of chronic changes due to sustained elevation in IOP. IOP was measured using an applanation tonometer (Tono-Pen XL Applanation Tonometer; Reichert Technologies, Inc., Buffalo, NY, USA).

Biometric Scaling

Biometric measurements of axial length, anterior chamber depth, lens thickness, and anterior corneal curvature were acquired from right and left eyes of each animal (LenStar; Haag-Streit, Köniz, Switzerland). These biometric parameters were used to convert field sizes in adaptive optics scanning laser ophthalmoscope (AOSLO) images from visual angle (in degrees) to physical retinal size (in micrometers). Conversions were performed by incorporating the measured biometry data into a four-surface model eye.

Spectral Domain Optical Coherence Tomography Imaging

Scanning laser ophthalmoscope (SLO) fundus images and spectral domain optical coherence tomography (SDOCT) images of the ONH (15° or 30° field sizes) were acquired for each subject using the Heidelberg Spectralis HRA+OCT (Heidelberg Engineering, Heidelberg, Germany). These images assisted in navigating throughout the retina and optic nerve head (ONH) during AOSLO imaging sessions, as the AOSLO imaging field was small (approximately 2°). Monkey eyelids were held open using a lid speculum. Imaging was performed while monkeys wore a rigid gas permeable contact lens, which was used to prevent corneal dehydration and correct for any inherent spherical refractive errors. Control eyes were imaged before imaging the EG eye in each animal.

At baseline, SDOCT scans centered on the ONH were acquired to ensure good ocular health, and all subsequent scans were acquired using the instrument’s follow-up mode. Cross-sectional radial scans (20°, 48 b-scans, high-resolution, 20 frame averaging) centered on the ONH were acquired with enhanced depth imaging in all eyes. The inner limiting membrane (ILM) was automatically segmented in each b-scan using the SDOCT instrument’s software, and any inaccuracies were manually corrected. Radial scans were exported from the SDOCT instrument and analyzed using programs written in MATLAB (MATLAB; The MathWorks, Inc., Natick, MA, USA). The points of the retinal pigment epithelium/Bruch’s membrane interface and anterior lamina cribrosa surface (ALCS) were manually marked in as many b-scans as possible. These delineated landmarks were used to calculate three ONH parameters. Bruch’s Membrane Opening (BMO) was calculated as the area enclosed by an ellipse best-fit to the marked BMO points in all radial scans. Mean anterior lamina cribrosa surface depth (ALCSD) was computed as the mean distance between a plane best-fit to the marked BMO points and a thin-plate spline surface that was fit to the marked ALCS points. Finally, mean minimum rim width (MRW) was computed as the mean of the minimum distances between the marked BMO points and the ILM surface across all b-scans.

RNFL thickness was measured from 12° circular scans centered on the ONH. The raw data were analyzed using a program written in MATLAB to determine the average RNFL thickness across the entire scan and average thickness in
60° sectors (as later described). The thickness of the RNFL was calculated as the distance between the automatically segmented ILM (after manual correction) and the manually marked, posterior boundary of the RNFL.

**AOSLO Imaging**

High-resolution, in vivo measurements of RPC perfusion have been carried out in healthy and glaucomatous eyes primarily using OCTA and AOSLO imaging. Although OCTA has emerged as a powerful tool to image perfused vasculature (such as RPCs) at different retinal depths over a wide field, the presence of uncorrected ocular aberrations in the subject being examined degrades the lateral resolution of the acquired image and limits the ability to visualize the smallest perfused retinal capillaries. Therefore, we used an AOSLO to correct the eye’s aberrations and provide high-resolution (~2.5 μm) in vivo images of the finest structural and architectural details in the retina.

AOSLO images of perfused RPCs were acquired at baseline and in subsequent imaging sessions following the initial laser session. Each monkey’s head was positioned using a head mount attached to a 3-dimensional translation stage and was steered using the tip, tilt, and rotation capabilities of the head mount until the monkey’s ONH was within the AOSLO’s field of view. Through-focus AOSLO images were taken to determine the plane of best focus of the most superficial retinal vascular network (i.e., the RPCs in healthy eyes). En face reflectance videos of RNFL axon bundles were acquired using a confocal AOSLO imaging channel over a 2° field of view at a rate of 25 Hz using a superluminescent diode light source (S-Series Broadlighter; Superlum, Carriagtworhill, Ireland) with a center wavelength of 840 nm (FWHM = 50 nm). The power of the superluminescent diode at the corneal plane was 150 μW, a value that was more than 10 times below the maximum permissible exposure for an imaging duration of one hour. Non-confocal, split detector adaptive optics videos were collected simultaneously with confocal videos at the same retinal location and depth and were subsequently used to generate perfusion images. The 30° SLO image acquired with the Heidelberg Spectralis HRA+OCT served as a guide for navigating to the region of retina that was imaged with the AOSLO system. In each session, images of the RPC network were acquired in the temporal hemifield around the ONH using the AOSLO system and were manually stitched together to form a montage of perfused vasculature. Images were first acquired in each animal’s EG eye before proceeding to image the contralateral control eye.

SLO images from all timepoints were aligned in ImageJ (developed by Wayne Rasband, National Institutes of Health, Bethesda, MD; available at http://rsb.info.nih.gov/ij/index.html) for each subject using the plugin, StackReg, and were subsequently scaled based on each eye’s ocular biometry. Small modifications in image scale were made, if necessary, to match the scale of the RPC perfusion montage acquired with the AOSLO at the baseline timepoint. Then, all subsequent RPC AOSLO montages were aligned to their corresponding SLO image taken at the same timepoint. RPC montages were then segmented with a convolutional neural network (CNN) that has been previously described. Briefly, this CNN was based on a u-net segmentation structure and was trained using split detector AOSLO capillary perfusion images acquired around the ONH in both healthy human and non-human primate (NHP) eyes, and in NHP eyes with experimental glaucoma. After passing through the 20-layer CNN architecture, capillaries within the perfusion images were converted to a binary format using Otsu’s method before final segmentation. The CNN was trained to separately classify capillaries and larger vasculature (greater than 20 pixels in diameter). Given that the primary purpose of this work was to examine changes in the RPCs during experimental glaucoma, only the capillary perfusion maps were analyzed in this study and used to calculate RPC perfusion density. The software with sample data are available on GitHub (https://github.com/porter-lab-software/AOVesselCNN).

**Sector Analyses**

A 30° SLO image centered on the fovea was manually aligned with a 30° SLO image centered on the ONH (Adobe Photoshop; Adobe Systems, San Jose, CA). After manually marking the fovea, the fovea to Bruch’s membrane opening (FoBMO) axis was generated using a custom program written in MATLAB by connecting the manually marked foveal center with the center of the ellipse that was best-fit to the already marked BMO points (Fig. 1). The FoBMO axis served as the reference for generating 60° sectors around the ONH. In addition, circles were constructed at radial distances of 5° and 8° from the center of the BMO ellipse to form a 5° annulus over which RPC perfusion and RNFL parameters were analyzed.

RPC perfusion density was calculated from the binary CNN segmentations as the percentage of pixels that contained perfused capillaries relative to the total area that was imaged. This analysis was performed globally and within individual sectors defined using the FoBMO axis (Fig. 1). For global and sectoral measurements, density was...
only computed if the area imaged exceeded 30% of the total area examined within the temporal hemifield annulus (i.e., the combination of the superotemporal, temporal, and inferotemporal sectors) or within a given sector, respectively. (A 30% threshold was selected based on a trade-off between the amount of coverage we could consistently achieve in all sectors across all imaging timepoints and the number of timepoints at which this threshold allowed us to quantify RPC perfusion density for each sector.) Hemifield (or global) RPC density was calculated using a mask that covered the superotemporal, temporal, and inferotemporal 60° sectors to form a 180° hemifield. The mask was generated as the union of this temporal hemifield and the area imaged with the AOSLO. When analyzing a given sector from a particular imaging session, a mask was made that was the union of the given sector and the area the imaged using the AOSLO. For global and sectoral measurements, the generated mask was applied to the binary CNN segmentation and the percentage of pixels containing segmented capillaries in the region covered by the mask was used to quantify RPC perfusion density.

Statistical Analysis

For SDOCT-derived parameters, the coefficients of repeatability (1.96 × SD × √2) were calculated for mean ALCSD, mean MRW, and RNFL thickness across repeated measures in each control eye. For each of these parameters, a 95% confidence interval was calculated for each control eye. For each contralateral EG eye, the first timepoint of significant change in each SDOCT-derived parameter was determined as the first timepoint whose value fell outside the respective 95% confidence interval and remained so at all subsequent timepoints. Because it was not possible to safely image and obtain RPC data in all sectors within each control eye at all timepoints (due to experimental constraints), we calculated coefficients of repeatability for global and sectoral values of RPC perfusion density for each EG eye using baseline measurements (two to four measurements) and for each fellow control eye (two to five measurements). A pooled 95% confidence interval for each retinal sector was then calculated to determine the first significant timepoint of change in RPC density. As with the SDOCT-derived parameters, the first timepoints of significant change in hemifield and sectoral measures of RPC perfusion parameters and RNFL thickness for each experimental glaucoma (EG) eye were determined as the first timepoint whose value fell outside the pooled 95% confidence interval and had no subsequent timepoints with a value that fell back within the confidence interval. RPC perfusion density and RNFL thickness were also compared over the hemifield and within each sector (superotemporally, temporally, inferotemporally).

RESULTS

Animal characteristics and IOP data for all control and EG eyes throughout the duration of the experiment are summarized in Table 1. Mean values of IOP (±SD) were 14.4 ± 2.2 mm Hg in control eyes (across all timepoints) and 28.3 ± 5.3 mm Hg in EG eyes (across all timepoints after the initial laser session, but before pharmacological intervention for imaging purposes). The maximum IOPs measured across the control eyes and the EG eyes had mean values of 18.8 ± 2.4 mm Hg and 43.4 ± 10.5 mm Hg, respectively. Mean IOP at the time of imaging was 9.2 ± 3.7 mm Hg (range, 5.4–15.5 mm Hg). The mean experiment duration, defined as the time between the first laser session and last AOSLO imaging session for each NHP, was 215 ± 114 days.

A summary of RNFL thickness (RNFLT), mean ALCSD, and mean MRW values in the control eyes of each animal over the experiment duration are presented in Supplementary Table S1. These data were used to calculate the coefficients of repeatability, as previously described, for determining the first points of change in the same parameters in the fellow EG eye. The mean (±SD) values for global RNFLT, mean ALCSD, and mean MRW across all control eyes were 116.4 ± 6.8 μm, 200.7 ± 24.3 μm, and 340.0 ± 50.7 μm, respectively. Coefficients of repeatability were small for all three of the OCT-derived parameters. The average coefficients of repeatability for global RNFLT, mean ALCSD, and mean MRW across animals were 6.1 ± 1.6 μm, 20.8 ± 6.4 μm, and 16.9 ± 5.9 μm respectively.

Longitudinal changes in SDOCT-derived parameters were observed in all EG eyes (Fig. 2). Global RNFLT and mean MRW decreased throughout the duration of the experiment in all NHPs (Figs. 2a, 2b). On average, across all EG eyes, the minimum values for RNFLT and mean MRW were 84.8 ± 18.2 μm and 177.8 ± 74.6 μm, respectively. These values represent a 29.7% ± 15.9% and 48.1% ± 23.4% decrease from baseline values of RNFLT and mean MRW, respectively, across EG eyes. The anterior surface of the lamina cribrosa posteriorly deformed within each EG eye over the experiment, resulting in increased values of mean ALCSD (Fig. 2c). On average, across all EG eyes, the maximum value for mean ALCSD was 420.7 ± 103.2 μm, representing a mean increase of 118.6% ± 45.0% from baseline mean ALCSD levels.

Table 1. Demographic and IOP Data for all Control and Experimental Glaucoma (EG) Eyes

<table>
<thead>
<tr>
<th>Animal ID</th>
<th>Age (yrs)</th>
<th>Sex</th>
<th>Mean IOP ± SD (mm Hg)</th>
<th>Maximum IOP (mm Hg)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td>Control Eye</td>
<td>EG Eye</td>
</tr>
<tr>
<td>OHT 78</td>
<td>5.7</td>
<td>M</td>
<td>12.1 ± 2.1</td>
<td>23.2 ± 7.9</td>
</tr>
<tr>
<td>OHT 79</td>
<td>5.5</td>
<td>M</td>
<td>18.2 ± 1.6</td>
<td>34.9 ± 9.1</td>
</tr>
<tr>
<td>OHT 80</td>
<td>5.3</td>
<td>M</td>
<td>13.5 ± 2.6</td>
<td>29.9 ± 14.9</td>
</tr>
<tr>
<td>OHT 81</td>
<td>6.1</td>
<td>F</td>
<td>16.9 ± 2.2</td>
<td>25.1 ± 8.5</td>
</tr>
<tr>
<td>OHT 82</td>
<td>6.1</td>
<td>F</td>
<td>12.9 ± 1.0</td>
<td>34.7 ± 7.7</td>
</tr>
<tr>
<td>OHT 83</td>
<td>7.5</td>
<td>F</td>
<td>11.1 ± 1.8</td>
<td>21.9 ± 9.1</td>
</tr>
<tr>
<td>OHT 84</td>
<td>7.6</td>
<td>M</td>
<td>15.2 ± 3.6</td>
<td>38.2 ± 15.5</td>
</tr>
<tr>
<td>OHT 85</td>
<td>7.9</td>
<td>M</td>
<td>15.5 ± 2.3</td>
<td>20.6 ± 5.7</td>
</tr>
<tr>
<td>OHT 87</td>
<td>8.9</td>
<td>F</td>
<td>14.8 ± 2.7</td>
<td>26.9 ± 7.8</td>
</tr>
<tr>
<td>Mean ± SD</td>
<td>6.6 ± 1.2</td>
<td></td>
<td>14.4 ± 2.2</td>
<td>28.3 ± 5.3</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>18.8 ± 2.4</td>
<td>43.4 ± 10.5</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>215 ± 114</td>
<td></td>
</tr>
</tbody>
</table>
Montages of perfused retinal vasculature acquired using AOSLO imaging in a representative control eye over the duration of the experiment are shown in Figure 3. Mean RPC perfusion density calculated across all sectors in all healthy eyes (i.e., all control eyes and all baseline measures in EG eyes) was 13.15% ± 2.97%. Mean coefficients of repeatability for perfused RPC density measured globally and in the superotemporal, temporal, and inferotemporal sectors were 3.1% ± 1.5%, 2.3% ± 1.5%, 3.6% ± 2.3%, and 4.1% ± 2.8%, respectively. Table 2 shows the baseline values of RPC density (mean ± SD) and the RPC density at the timepoint of first statistically significant change for each animal.

Longitudinal RPC perfusion images and plots of all measured parameters (Mean MRW, Mean ALCSD, global and sectoral RNFLT, global and sectoral RPC Density) are shown in Figures 4 to 6 for animals demonstrating different patterns of loss in RPC perfusion density and RNFLT. Figure 4 shows data from one representative animal (out of five) who demonstrated a decrease in RPC perfusion density prior to a thinning of the RNFL in its EG eye. In this animal, the initial loss of perfusion density in the inferotemporal sector (Figs. 4b, 4c, 4j) occurred at day 14 and persisted for the remainder of the experiment. An initial decrease in RNFLT in the corresponding inferotemporal sector was not measured until the next imaging session at day 28 (Fig. 4i).

Figure 5 shows data from one representative animal (out of two) who demonstrated an initial thinning in RNFLT before an initial decrease in RPC perfusion density. Mean ALCSD was the first parameter to initially change at 49 days after the first laser session in the EG eye of OHT-79 (Fig. 5g). At 105 days after the initial laser session, there was an initial decrease in mean MRW that was accompanied by decreases in global RNFLT and the inferotemporal sector measurement of RNFLT (Fig. 5i), as well as measurements of RPC perfusion density made globally and in the superotemporal and temporal sectors (Fig. 5j). However, the measurements of global RNFLT, global RPC perfusion density, and superotemporal and temporal RPC perfusion densities all returned to being within their respective confidence intervals at later timepoints. The first timepoint in which RPC perfusion decreased and remained outside the confidence interval occurred in the superotemporal sector at 266 days after the first laser session (Figs. 5c, 5f, 5j).

Figure 6 depicts one representative case (out of two) where initial changes in RNFLT and RPC perfusion density occurred at the same imaging timepoint. Nearly 100 days after the first changes were measured in mean MRW (day 21) and mean ALCSD (day 42), an initial thinning in global RNFLT and the inferotemporal sector measurement of RNFLT occurred on day 133 (Fig. 6g). At the same timepoint, a decrease in RPC perfusion density was measured globally and sectorally (Fig. 6h).

The first timepoints of change in all ONH and RPC parameters on global or sectoral levels are illustrated in Figure 7 for each EG eye as a function of study time relative to the date of the first laser session. An increase in mean ALCSD was among the first structural changes in seven of nine eyes. A simultaneous decrease in mean MRW occurred in six of these seven eyes, and two also exhibited a decrease in RPC perfusion density. Mean MRW was the first parameter to solely change in one EG eye (OHT 82) whereas RPC density solely changed first in the ninth EG eye (OHT 86). All EG eyes experienced decreases in RPC perfusion density and RNFLT throughout the duration of the experiment. A decrease in RPC perfusion density first occurred before the first instance of RNFL thinning in five of nine EG eyes (OHT-78, 80, 81, 83, 86). The first decrease in RPC perfusion density and RNFLT occurred simultaneously in two EG eyes (OHT-82, 87), whereas an initial thinning of the RNFL occurred before an initial decrease in RPC perfusion density in two EG eyes (OHT-79, 84).

**DISCUSSION**

The purposes of this study were to (1) determine whether changes in RPC perfusion occur before changes in RNFL thickness in early experimental glaucoma and (2) characterize the time course of in vivo changes in RPC perfusion concurrent with changes in ONH structure and RNFL thickness. RPC density significantly decreased before RNFL thinning occurred in the majority of eyes studied. ONH parameters (mean ALCSD, mean MRW) changed before retinal parameters (RPC density, RNFLT) in all eyes but...
**Figure 3.** Perfused RPCs were consistently imaged in control eyes throughout the experiment. (a–d) AOSLO perfusion montages and (e–h) corresponding neural network segmentations from a representative control eye (OHT-78, OS) acquired at different timepoints relative to the first laser session in the contralateral EG eye. (a) The baseline RPC perfusion montage was overlaid on the corresponding SLO image. Red lines depict 60° sectoral boundaries for RPC analysis regions, as previously described in Figure 1. Perfused RPC density was analyzed in the annulus between the *inner purple arc* and *outer green arc*, located at radii of 3° and 8° from the center of the BMO ellipse, respectively. The corresponding CNN segmentation of the perfused RPCs illustrated in a is shown immediately below in e. RPC perfusion montages acquired in the same control eye and their corresponding CNN segmentations are shown at (a, e) baseline (IOP = 9 mm Hg), (b, f) 28 days (IOP = 10 mm Hg), (c, g) 62 days (IOP = 12 mm Hg), and (d, h) nearly one year (IOP = 9 mm Hg) following the initial laser session performed in the EG eye. Scale bar: 400 μm.

**Table 2.** Mean Values (±1 SD) of Hemifield (Global) and Sectoral RPC Densities at Baseline and Absolute Values at the Timepoint of First Significant Change in EG Eyes

<table>
<thead>
<tr>
<th>Animal ID</th>
<th>Global RPC Density (%)</th>
<th>Value at First Change</th>
<th>Superotemporal RPC Density (%)</th>
<th>Value at First Change</th>
<th>Temporal RPC Density (%)</th>
<th>Value at First Change</th>
<th>Inferotemporal RPC Density (%)</th>
<th>Value at First Change</th>
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<tbody>
<tr>
<td>OHT 78</td>
<td>16.35 ± 0.95</td>
<td>9.68</td>
<td>17.49 ± 0.96</td>
<td>13.57</td>
<td>17.01 ± 1.85</td>
<td>5.56</td>
<td>16.08 ± 0.26</td>
<td>6.38</td>
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<tr>
<td>OHT 79</td>
<td>15.95 ± 1.44</td>
<td>9.92</td>
<td>16.22 ± 1.80</td>
<td>11.56</td>
<td>16.02 ± 1.26</td>
<td>10.08</td>
<td>15.34 ± 1.54</td>
<td>9.64</td>
</tr>
<tr>
<td>OHT 80</td>
<td>16.68 ± 0.93</td>
<td>12.36</td>
<td>16.18 ± 0.99</td>
<td>13.00</td>
<td>17.10 ± 1.16</td>
<td>13.56</td>
<td>16.52 ± 2.56</td>
<td>11.35</td>
</tr>
<tr>
<td>OHT 81</td>
<td>11.65 ± 0.64</td>
<td>7.41</td>
<td>13.77 ± 0.32</td>
<td>11.19</td>
<td>9.10 ± 1.48</td>
<td>—</td>
<td>11.52 ± 0.20</td>
<td>5.14</td>
</tr>
<tr>
<td>OHT 82</td>
<td>12.69 ± 0.16</td>
<td>7.07</td>
<td>12.59 ± 0.31</td>
<td>6.77</td>
<td>12.57 ± 0.24</td>
<td>7.47</td>
<td>12.86 ± 0.14</td>
<td>2.18</td>
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<tr>
<td>OHT 83</td>
<td>9.61 ± 0.66</td>
<td>4.32</td>
<td>8.75 ± 0.99</td>
<td>5.28</td>
<td>8.53 ± 0.46</td>
<td>5.67</td>
<td>11.89 ± 0.11</td>
<td>4.63</td>
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<tr>
<td>OHT 84</td>
<td>9.16 ± 0.79</td>
<td>—</td>
<td>9.57 ± 1.45</td>
<td>—</td>
<td>8.11 ± 0.43</td>
<td>—</td>
<td>9.33 ± 0.79</td>
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<tr>
<td>OHT 86*</td>
<td>13.46</td>
<td>7.11</td>
<td>13.25 ± 6.52</td>
<td>7.60</td>
<td>8.87 ± 2.46</td>
<td>4.07</td>
<td>11.63 ± 2.41</td>
<td>3.56</td>
</tr>
<tr>
<td>OHT 87</td>
<td>11.21 ± 1.41</td>
<td>5.12</td>
<td>13.05 ± 0.23</td>
<td>7.00</td>
<td>8.23 ± 5.54</td>
<td>7.74 ± 3.21</td>
<td>13.26 ± 2.28</td>
<td>6.41 ± 2.95</td>
</tr>
<tr>
<td>Mean ± SD</td>
<td>12.97 ± 2.68</td>
<td>7.87 ± 2.48</td>
<td>13.43 ± 2.78</td>
<td>9.44 ± 3.03</td>
<td>12.23 ± 3.54</td>
<td>7.74 ± 3.21</td>
<td>13.26 ± 2.28</td>
<td>6.41 ± 2.95</td>
</tr>
</tbody>
</table>

* Only one baseline measurement.
FIGURE 4. RPC perfusion density changed prior to an initial change in RNFL thickness in the EG eye of OHT-81. Images of (a–c) perfused RPCs and (d–f) their corresponding automatic segmentations acquired in the EG eye of OHT-81 at baseline (left column), the timepoint corresponding to the first significant change in RPC perfusion density (middle column, 14 days after the initial laser session), and the timepoint of first significant change in RNFL thickness (right column, 28 days after the initial laser session). (Note: Not all imaging timepoints are included in this figure.) Perfused RPC density was analyzed globally and in 60° sectors (red boundary lines) within the annulus between 3° (inner purple arc) and 8° (outer green arc) from the center of the BMO ellipse. Scale bar in a: 400 μm. The first significant change in RPC perfusion density was measured in the inferotemporal sector at 14 days after the first laser session (yellow star). Values for (g) mean ALCSD...
and (h) mean MRW are plotted as a function of time for all imaging timepoints before and after the time of the initial laser session (day 0). Black horizontal lines represent the mean baseline value for these two parameters. Gray shaded regions represent the 95% confidence interval for each parameter calculated from data measured in the fellow control eye, with yellow squares representing the time of first significant change. Values of (i) RNFLT and (j) RPC density are plotted for global measures (black open circle) and for superotemporal (blue circle), temporal (green circle), and inferotemporal (orange circle) sectors at the same imaging timepoints. Corresponding colored horizontal lines indicate the 95% confidence interval for each measure, with square markers representing the time of first significant change. Vertical red lines in all plots indicate the first timepoint of significant change in RPC perfusion density. The first parameters to change in OHT-81 were (g) mean ALCSD, (h) mean MRW, and (j) RPC density in the inferotemporal sector at day 14. RNFL thickness changed first in the inferotemporal sector at day 28.

one, in which RPC density was the first parameter to change.

The in vivo IOP and ONH measurements found in healthy control and EG eyes in this study are similar to values published from other studies. The average maximum IOP measured across all EG eyes in this study was 43.4 ± 10.5 mm Hg, which was 231% greater than the average maximum IOP across the contralateral control eyes of 18.8 ± 2.4 mm Hg. Work from previous studies using the same or a similar method of inducing glaucoma experimentally in NHPs have resulted in a +282%, +280%, and +241% difference in the mean maximum IOP between EG and control eyes. For ONH measures, the average mean ALCSD for all control eyes across all timepoints in this study was 200.7 ± 24.3 μm, which is similar to values of mean ALCSD reported previously in healthy NHP eyes (ranging from 214–230 μm). The average mean MRW for all control eyes across all timepoints in this study (340.0 ± 50.7 μm) is also similar to the mean value previously reported in control eyes by Ivers et al. (308.7 ± 55.1 μm) and is within the range reported by Strouthidis et al. (~200 - 425 μm). In addition, the mean global RNFLT measured in the control eyes over the course of this study (116.4 ± 6.8 μm) is within the range of values of global RNFLT published in healthy NHP eyes (~101 – 124 μm). Coefficients of repeatability (CRs) computed using the control eye data for all OCT-derived parameters in this study were also consistent with CRs for the same metrics reported by other studies. The CRs for mean ALCSD (20.8 μm ± 6.4 μm), mean MRW (16.9 μm ± 5.9 μm), and global RNFLT (6.1 μm ± 1.6 μm) in this study are consistent with previously reported CRs for mean ALCSD (27.1 μm ± 11.9 μm), mean MRW (20.0 μm ± 20.6 μm), and global RNFLT (4.9 μm ± 5.5 μm). The low CRs found in this study for the OCT-derived metrics and their similarity to values acquired in other studies lend support to the consistency of the experimental methods implemented in this study.

This study reports the first values of RPC perfusion density near the ONH in healthy and diseased NHP eyes based on split detector AOSLO images. AOSLO-based measures of RPC perfusion density acquired in healthy NHP retinas in this study (13.15% ± 2.97%) are lower than OCTA-based measurements of vessel density reported in the NHP eye (35.4% ± 3.4%). One reason for this difference is that only capillaries were included in our calculation of perfusion density, as our primary focus was to determine changes in the RPCs during experimental glaucoma. Hence, we refer to density as RPC perfusion density instead of vessel density (as traditionally done with OCTA). Inclusion of larger vessels would have increased our AOSLO image-derived density measurements. In addition, because of their correction of the eye’s higher order aberrations, AOSLO images have better lateral resolution than OCTA images and have been shown to closely agree with histological images of retinal vasculature. The decreased lateral resolution inherent in OCTA perfusion images yields a broader point (or line) spread function and larger diameter vessels, which can lead to the calculation of higher perfusion densities. Moreover, an OCTA image typically represents a maximum intensity projection that includes vasculature being perfused at multiple depths within the slab being quantified, whereas AOSLO imaging typically collects light over a smaller depth. Consequently, it is likely that less perfused vasculature will be observed in an AOSLO perfusion image over a comparably sized area (relative to an OCTA perfusion image) and yield decreased perfusion density values near the ONH. However, the application of some methods (such as skeletonization) to OCTA images may improve vessel density measurements, potentially bringing them into better agreement with those calculated using histology and adaptive optics.

The CRs for RPC perfusion density as measured near the ONH from images obtained in healthy NHP eyes using split detector AOSLO imaging ranged from 2.3% to 4.1% (or 21.0% to 26.5% of the mean density) across sectors. Coefficients of repeatability were calculated differently for SDOCT-derived metrics (mean ALCSD, mean MRW, RNFLT) and AOSLO-derived RPC density values because the imaging protocol and the time with which animals could remain safely anesthetized led to differences in the number of sessions in which control eye data could be obtained using each modality. Because SDOCT imaging was performed first within an imaging session, ONH scans could be acquired in the control and EG eyes at each experimental timepoint. However, it was not possible to acquire RPC perfusion images in the control eye at all time points as AOSLO imaging, which was performed last and requires a much longer amount of time (relative to SDOCT), was always done first in the EG eye and then in the control eye, if time remained. Given that we were unable to consistently image all sectors in the control eyes at each time point (unlike with SDOCT), we used a different method to determine the CR for RPC perfusion density. Even though different methods were used depending on the imaging modality, we note that the same method was applied across all animals throughout the entire experiment to minimize any potentially deleterious impacts of using a different approach.

Several factors could have contributed to the variability of our RPC density measurements. First, slightly different portions of the retina were imaged within each eye over time despite our best attempts to image the same retinal area. Many AOSLO systems do not have active eye tracking systems, as is common on most SDOCT systems, which makes it more challenging to consistently image the same retinal locations between sessions and likely impacts the variability. Second, there were differences in the percentage of the total area that was covered over time. Our decision to analyze only sectors in which the area imaged with
**Figure 5.** RPC perfusion density changed after the timepoint of first change in RNFL thickness in the EG eye of OHT-79. Images of (a–c) perfused RPCs and (d–f) their corresponding automatic segmentations acquired in the EG eye of OHT-79 at baseline (left column), the timepoint of first significant change in RNFL thickness (middle column, 105 days after the initial laser session), and the timepoint of first significant change in RPC perfusion density (right column, 266 days after the initial laser session). (Note: Not all imaging timepoints are included in this figure.) Perfused RPC density was analyzed globally and in 60° sectors (red boundary lines) within the annulus between 3° (inner purple arc) and 8° (outer green arc) from the center of the BMO ellipse. Scale bar in a: 400 μm. The first significant change in RPC perfusion density was measured in the superotemporal sector at 266 days after the initial laser session (yellow star). Values for (g) mean ALCSD and (h) mean MRW are plotted as a function of time for all imaging timepoints before and after the time of the initial laser session (day...
the AOSLO exceeded 30% of the total area was based on a trade-off between the amount of coverage we could consistently achieve in all sectors across all imaging timepoints and the number of timepoints that this threshold allowed us to quantify RPC perfusion density for each sector. It is possible that the CR could have been lower if this threshold was higher. Third, the repeatability could have been impacted by fluctuations in image specific parameters. For example, AOSLO image quality is sometimes not uniform throughout the experiment. Consistent with studies that have reported alterations in axonal reflectivity and birefringence with experimental glaucoma, the reflectivity of axon bundles in confocal AOSLO images can decrease with progression and make it more challenging to visualize the intertwining RPCs from split detector images. Also, for each AOSLO imaging session, the plane of best focus for imaging the RPCs is manually selected after using the confocal AOSLO channel to section through the retina and visualize the most superficial retinal nerve fiber bundles. Since the retina is a curved surface and retinal thickness is uneven around the ONH, the focus must be checked throughout the imaging session as the imaged location changes. Automating the focus selection and adding eye tracking capabilities to the AOSLO system could potentially decrease variability in the areas imaged between sessions and result in smaller confidence intervals for RPC perfusion density. An additional factor that could impact the CR is the size of the field of view of the image. Lee et al. evaluated the coefficient of variability (CoV) for macular vessel density using OCTA images of different field sizes and found that the CoV for vessel density was much greater when using a small, 1 mm × 1 mm scan (18.55%) compared to a larger, 6 mm × 6 mm scan (4.04%). The smaller field size of the individually acquired AOSLO images (~0.6 mm × 0.6 mm field of view) could contribute to a larger CR. Finally, quantification of the RPC density depends on the method used to covert the grayscale AOSLO images to binary images. The automated segmentation algorithm used for this dataset, which was trained on RPC images of varying image quality from healthy human and NHP eyes, and eyes from NHPs with EG, was shown to be 94% accurate when compared to markings made by manual graders. Although quantification of perfused vasculature could have been improved with manual correction of the automatic segmentation, such a process would have been very time inefficient and would have increased the subjectivity of our approach. Despite these challenges and the variability reported, vascular changes were still noted before changes in RNFLT in several EG eyes in this study.

Mean ALCSD and/or mean MRW were the first measured parameters to change in eight of nine animals, whereas no NHPs had significant RNFL thinning prior to a change in any ONH parameter. These findings are consistent with other studies that have examined ONH parameters and RNFLT and found that ONH-related parameters tend to change before retinal parameters. An initial change in RPC perfusion density occurred simultaneous with an initial change in an ONH parameter in two of the eight aforementioned eyes, while also occurring solely on its own in the ninth eye (i.e., in OHT 86, before a measured change in any ONH parameter in that eye). The first change in RPC perfusion density was measured simultaneous to or after a first change in an ONH parameter in eight of nine EG eyes. Future experiments could examine the extent to which a loss in RPC perfusion is a more primary mechanism of glaucoma in some eyes or possibly occurs secondarily as a consequence of ONH changes in other eyes.

Decreases in RPC perfusion could potentially decrease the supply of nutrients to and the removal of waste from RNFL axons in the region of perfusion loss. Therefore a local loss in RPC perfusion could be expected to result in a subsequent loss in RNFL axons (or a decrease in RNFLT) in the corresponding local area. Such local relationships were observed in some EG eyes in this study. For example, an initial loss in RPC perfusion density in the inferotemporal sector was observed within the EG eye of OHT 81 (Fig. 4j, day 14) before an initial thinning of the RNFL in the corresponding inferotemporal sector (Fig. 4i, day 28). Similarly, RPC perfusion density decreased in the superotemporal sector within the EG eye of OHT 86 at 70 days after the initial laser session, which was before the first significant decrease measured in RNFLT in the corresponding superotemporal sector at 105 days after the initial laser session (data not shown). In these examples, the time course of alterations in RPC perfusion density and RNFLT may indicate that a loss of perfusion resulted in subsequent damage to RNFL axons in corresponding locations and an ultimate decrease in RNFLT. However, mixed results were found in other EG eyes. For example, while initial decreases in RPC perfusion density were measured in the superotemporal and temporal sectors of OHT 82 (Fig. 6h, day 133) before an initial thinning of the RNFL in the corresponding superotemporal and temporal sectors (Fig. 6g, day 182), an opposite relationship was found in the inferotemporal sector of the same eye, in which RNFLT decreased (day 133) before an initial decrease in RPC perfusion density (day 182). In another example, RPC perfusion density first decreased in the temporal sector within the EG eye of OHT 78 at 83 days after the initial laser session (data not shown) whereas a change in RNFLT relative to baseline was never measured in the corresponding temporal sector.

Different reasons could account for the different patterns of loss in RPC perfusion density and RNFLT in the EG eyes examined in this study. First, it is quite possible that RNFL axons have different susceptibilities to changes in vascular perfusion in different eyes. Second, despite our best efforts to consistently image the same retinal regions, it is also possible that alterations in RPC perfusion occurred outside of the regions that were imaged at a given timepoint or outside of the annulus analyzed in this work. Furthermore, these observed patterns were influenced by our method for...
FIGURE 6. Initial changes in RPC perfusion density and RNFL thickness occurred simultaneously in the EG eye of OHT-82. Images of (a, b) perfused RPCs and (c, d) their corresponding automatic segmentations acquired in the EG eye of OHT-82 at baseline (left column) and the timepoint corresponding to the first significant changes in RPC perfusion density and RNFL thickness (right column, 133 days after the initial laser session). (Note: Not all imaging timepoints are included in this figure.) Perfused RPC density was analyzed globally and in 60° sectors (red boundary lines) within the annulus between 3° (inner purple arc) and 8° (outer green arc) from the center of the BMO ellipse. Scale bar in a: 400 μm. The first significant change in RPC perfusion density was measured in the superotemporal sector at 133 days after the initial laser session (yellow star). Values for (e) mean ALCS and (f) mean MRW are plotted as a function of time for all imaging timepoints before and after the time of the initial laser session (day 0). Black horizontal lines represent the mean baseline value for these
two parameters. Gray shaded regions represent the 95% confidence interval for each parameter calculated from data measured in the fellow control eye, with yellow squares representing the time of first significant change. Values of (g) RNFLT and (h) RPC density are plotted for global measures (black open circle) and for superotemporal (blue circle), temporal (green circle), and inferotemporal (orange circle) sectors at the same imaging timepoints. Corresponding colored horizontal lines indicate the 95% confidence interval for each measure, with square markers representing the time of first significant change. Vertical red lines in all plots indicate the first timepoint of significant change in RPC perfusion density. The first parameter to change in OHT-82 was (f) mean MRW (day 21), followed by (e) mean ALCSD (day 42). Initial decreases in global and sectoral values of RPC perfusion density and RNFLT occurred simultaneously at day 133.

![Graph](image.png)

**Figure 7.** Time of first significant change measured in all parameters for each EG eye. RNFLT values are plotted as a function of study time for all EG eyes (filled circles, with each color representing a different EG eye). The timepoints corresponding to the first significant change in mean ALCSD, mean MRW, RNFLT, and RPC density on a global or sectoral level are shown using a square, triangle, circle, and cross, respectively. A progressive decrease in global RNFLT was measured throughout the course of the study for all EG eyes. An increase in mean ALCSD (square) was the first structural change to occur in 7 of 9 EG eyes. A change in mean MRW (triangle) and RPC perfusion density (cross) simultaneously accompanied this first change in 6 EG eyes and 2 EG eyes, respectively. A decrease in RPC perfusion density was the first structural change to solely occur in one EG eye (OHT 86). The first change in RPC perfusion density occurred before the first change in RNFLT (circle) in 5 of 9 EG eyes.
RPCs and ONH in Early Experimental Glaucoma

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coma could have more perfusion alterations as many vascular risk factors have been associated with normal tension glaucoma.5,6,9,10,62,63 It is important to note that a pressure-based model of experimental glaucoma was used in this study. Although we know of no non-human primate models of normal tension glaucoma, further research could examine RPC perfusion over time in human patients with normal-tension glaucoma.

In summary, we longitudinally examined the time course of earliest change in radial peripapillary capillaries in a monkey model of experimental glaucoma. The results from this study show that RPCs change prior to a decrease in RNFLT in the majority of eyes with experimental glaucoma. These data suggest that vascular factors may make some eyes more susceptible to axonal loss in early stages of the disease. Future work could examine changes in RPC perfusion and structure in tandem with assessments of blood pressure, intracranial pressure and ocular perfusion pressure to better understand vascular dynamics and their implications in the development and progression of glaucoma.

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References


[The rest of the references are not shown due to length limitations.]


