

adversely impacted, capture-release health assessments were performed in heavily-oiled Barataria Bay (BB), Louisiana, and in Sarasota Bay (SB), Florida, a comparison site with no DWH oil contamination. Initial studies were conducted as part of a Natural Resource Damage Assessment (2011-2014), with follow-on studies supported by the Gulf of Mexico Research Initiative (2016-2018). To specifically evaluate pulmonary health, transthoracic ultrasound techniques previously developed for managed dolphins were applied to wild dolphins. Results showed that BB dolphins were ~5 times more likely to have moderate to severe lung disease than SB dolphins in 2011, the year following the spill. Concurrent pathology investigations of dead dolphins in the northern GoM reported similar pulmonary findings. In 2013 and 2014, moderate to severe lung disease persisted among BB dolphins, and remained elevated relative to the prevalence at the SB comparison site. More recent live animal health assessments (2016-2018) showed long-term persistence and potential worsening of moderate to severe lung disease in BB dolphins, specifically in animals alive during the oil spill (prevalence of 0.20, 0.35, and 0.55 in 2016, 2017, and 2018, respectively). Long-term monitoring of dolphin populations is critical to fully understand the potential for and timeline of individual and population recovery from the impacts of a large-scale oil spill event, as well as the cost-benefit trade-offs for restoration activities. In particular, BB dolphins provide valuable insight into the long-lasting effects of oil and oil-related contaminants on animal, human, and ecosystem health.

INTRODUCTION

Deepwater Horizon Oil Spill

In April 2010, the *Deepwater Horizon* (DWH) offshore drilling rig exploded and sank, resulting in large-scale contamination of bays, sounds, and estuaries in the northern Gulf of Mexico

(GoM) (Michel et al. 2013). More than 3 million barrels of oil (~900 million pounds) were released before the well was sealed (U.S. v. BP et al. 2015), resulting in an oil slick that spanned ~43,000 square miles of ocean and oiled over 1,000 miles of shoreline habitats (ERMA 2015, Michel et al. 2013). Although clean-up efforts removed ~600 million pounds of oil-contaminated waste from Gulf waters and nearshore and coastal environments of the northern GoM (EPA 2011), the oil spill caused substantial injury to marine life (DWH NRDA Trustees 2016).

Injury to Marine Mammals

As DWH oil spread throughout the northern GoM, marine mammals were documented swimming through the oil (Aichinger Dias et al. 2017). Response monitoring activities from April to September 2010 documented over 1,100 cetaceans from at least 10 species of dolphins and whales swimming through thick surface oil or surface oil sheen (Aichinger Dias et al. 2017, Wilkin et al. 2017). Marine mammals living within the oil spill footprint were likely exposed through multiple routes, including inhalation, direct aspiration, ingestion with or without subsequent aspiration, and dermal absorption of oil and its toxic components (Takeshita et al. 2017, Smith et al. 2017).

In the months to follow, one of the largest and longest marine mammal mortality events occurred in the northern GoM, lasting from 2010 through July 2014 (Litz et al. 2014). Marine mammal responders routinely collected biological data and samples from carcasses, and after a comprehensive investigation into all potential causes of the mortality event, the most likely cause was determined to be the DWH oil spill (Litz et al. 2014, Venn-Watson et al. 2015a). Some of the most consistent necropsy findings in non-perinate dolphins recovered within the oil spill footprint were bronchopneumonia and adrenal gland atrophy, and an increased prevalence of fetal distress

and *in utero* pneumonia was found in dead perinates (Venn-Watson et al. 2015b, Colegrove et al. 2016).

Live dolphins were also examined to investigate the chronic health effects of the oil spill. The temporary capture of dolphins for comprehensive health examinations was performed in heavily-oiled Barataria Bay (BB), Louisiana, as well as oil-impacted Mississippi Sound (MS), Mississippi/Alabama. Dolphins were also examined in Sarasota Bay (SB), Florida, a comparison site with no DWH oil contamination. Initial studies were conducted from 2011-2014 as part of a Natural Resource Damage Assessment (NRDA), with follow-on studies funded by the Gulf of Mexico Research Initiative (2016-2018).

Results from the live dolphin health studies performed during the NRDA were consistent with findings from the concurrent dead dolphin investigations. Specifically, live dolphins were diagnosed with multiple health issues, including moderate to severe lung disease, poor body condition, an impaired stress response, and hematological/serum chemistry indicators of inflammation, hypoglycemia, and abnormal iron levels (Schwacke et al. 2014). From 2011-2013, nearly half of the dolphins evaluated in oil-impacted habitats (BB and MS) were considered unhealthy, indicated by a guarded or worse prognosis, and 17% percent of examined dolphins received a poor or grave prognosis, meaning they were not expected to survive (Schwacke et al. 2014).

The increased prevalence of dolphins with compromised health coincided with high mortality rates within the oil spill footprint. Follow-up studies of BB dolphins using mark-recapture survival models yielded estimated annual mortality rates of 13.2-19.6% in the years immediately following the spill (Lane et al. 2015, McDonald et al. 2017), which were much higher than mortality rates previously reported for bottlenose dolphins using similar techniques near

Charleston, South Carolina (4.9%), and Sarasota, Florida (3.8%) (Speakman et al. 2010, Wells et al. 1990). Alternative hypotheses were considered, including exposure to harmful algal blooms (DWH NRDA Trustees 2016), persistent organic pollutants (Balmer et al. 2015), and infectious disease outbreaks (Venn-Watson et al. 2015a). These factors were ruled out as likely contributors to the increased mortality rates documented within the oil spill footprint, leaving exposure to toxic oil components as the most likely cause of death.

Pulmonary Disease in Dolphins

To specifically evaluate pulmonary health in dolphins likely exposed to DWH oil and related byproducts, transthoracic ultrasound techniques previously developed for managed dolphins (Smith et al. 2012) were used on wild dolphins temporarily captured for health assessments. The dolphin body is well-suited for ultrasound, as their skin is smooth and hairless, so doesn't require any preparation before conducting the exam. Current ultrasound machines are powerful enough to penetrate dolphin blubber and rugged enough to be used in extreme field conditions (e.g. high air temperatures, saltwater environments, unstable operating platforms). Pulmonary abnormalities can be rapidly detected and are divided into previously defined categories (Smith et al. 2012): (1) pleural effusion, or fluid surrounding the lungs; (2) superficial pulmonary nodules, or <2cm round/ovoid foci of non-aerated lung; (3) pulmonary masses, or 2cm or greater well-defined areas of non-aerated lung; (4) alveolar-interstitial syndrome, or evidence of reduced air in the lung and replacement of air with cellular infiltrate, and (5) pulmonary consolidation, where fluid or cellular infiltrate is occupying the alveolar spaces in the lungs. Once examinations have been completed, each lung field (left and right) is given an overall score as follows: normal (no evidence of disease), mild, moderate, or severe lung disease (Schwacke et al. 2014, Smith et al. 2017).

AIS throughout the lung field was noted. Pulmonary nodules ($<2\text{cm}$) and masses ($\geq 2\text{cm}$) were measured and described.

Photo-identification

We compared dorsal fin images of the dolphins that we sampled to images of known individuals collected from prior photo-identification studies (McDonald et al. 2017, Wells et al. 1990). Our team has conducted photo-identification studies in BB since 2010, and in SB since 1970; therefore, a majority of the dolphins were known. Based on photographic sighting history, we categorized each individual dolphin as being alive in 2010 during the DWH spill, or being born after the spill. This allowed us to compare the prevalence of lung disease in BB dolphins presumably exposed to DWH oil in 2010 to those born after the spill, and to compare similar age cohorts between the two study sites.

Statistical analysis

To examine potential time trend in the prevalence of lung disease for dolphins that were alive in 2010 when the DWH spill occurred, we applied a generalized additive model (GAM) with smoothing splines. We created a binary outcome variable to indicate lung scores that were normal or showed mild lung disease (0), versus those that showed moderate to severe lung disease (1). We used a binomial distribution and logit link for the GAM, and included site (BB/SB) as an additional binary covariate. Because of the short time span, we had limited samples of dolphins born after 2010, therefore we pooled samples across years. To examine potential differences in lung disease prevalence between the two sites for the younger cohort, we applied a similar GAM, but without the smoothing spline term for time. We generated heatmaps stratified by site and age cohort to visually examine prevalence of the various lung abnormalities. For AIS, the heatmap was based on mean score with moderate scores assigned 0.5 and severe scores assigned 1.0, inferring that

severe scores were twice as bad as moderate scores; for all other (binary) variables, the heat maps display prevalence of cases. We conducted an additional GAM, again with smoothing splines, to evaluate temporal changes in worsening AIS dorsal to ventral (yes/no) for dolphins alive at the time of the spill. All analyses were conducted in R (ref); we used the mgcv package for GAM analyses.

RESULTS

Sample demographics

Between 2011 and 2018, we evaluated the pulmonary health of 171 BB dolphins; 132 of which were alive at the time of the spill and 18 born after the oil spill. We could not definitively classify 21 BB dolphins to an age cohort. Over the same time period, we assessed the pulmonary health of 103 dolphins from the unoiled comparison site (SB), 84 which were alive in 2010 and 19 born after 2010.

Dolphins alive in 2010 during the DWH spill

Our GAM analysis indicated that sampling site strongly influenced the prevalence of moderate to severe lung disease ($p < 0.001$), with dolphins sampled in BB, which was heavily oiled by the DWH disaster, having the higher prevalence. Many of the lung scores for BB dolphins were severe (prevalence of 0.23 in 2017 and 0.22 in 2018 in oiled BB), while none of the SB dolphins alive in 2010 were diagnosed with severe lung disease post-DWH (2011-2018).

There was some evidence that prevalence of moderate to severe lung disease changed over the years (GAM smooth term $p = 0.06$ for BB, $p = 0.07$ for SB); however, the increases were primarily confined to one or two years: 2018 in BB and 2016-2017 in SB. The prevalence of moderate to severe lung disease in BB was 0.20, 0.35, and 0.55 in 2016, 2017, and 2018,

respectively. During the period of highest prevalence of moderate lung disease in SB (no SB animals alive at the time of the spill were diagnosed with severe disease), there was also significant uncertainty in the estimates due to limited sample sizes.

AIS was a significant factor in the BB lung disease cases, and in some cases worsened dorsal to ventral within the lung field. While dorsal to ventral worsening was not seen at all in SB dolphins, the prevalence increased over the years for BB dolphins that were alive at the time of the DWH spill ($p < 0.001$) and was highest in 2018, the final year of sampling. We documented other lung abnormalities including pleural effusion, pulmonary nodules, consolidation, and masses in BB. Some of these abnormalities, including pulmonary nodules, were also seen in SB, albeit to a much lesser extent.

Dolphins born after the DWH spill in 2010

Prevalence of moderate or severe lung scores did not differ between BB and SB for dolphins born in 2010 after the DWH spill ($p = 0.67$), and was relatively low. Nodules were the most commonly observed abnormality for both BB and SB cohorts.

DISCUSSION

In the aftermath of the DWH disaster and subsequent oiling of coastal habitats, we found a high prevalence of moderate to severe lung disease in bottlenose dolphins living within one of the heavily-oiled estuaries (BB). BB dolphins have high site fidelity, meaning that animals tend to live in the same region for multiple years and are unlikely to leave (Lane et al. 2015; Wells et al. 2017). Our follow-on studies proved critical in determining that dolphin pulmonary health was not improving. The high prevalence of moderate to severe lung disease suggests a chronic, progressive lung damage has occurred following oil exposure, which should be considered when investigating

potential pathways and mechanisms of respiratory compromise. Other possible contributing factors include an increased susceptibility to lung infections due to oil-induced immune system aberrations, cardiac damage with secondary pulmonary compromise, and age-related health changes.

In bottlenose dolphins and other cetaceans (porpoises, dolphins, and whales), the lungs serve a dual purpose of both respiration and buoyancy control (Ridgway et al. 1969). Investigations of dolphin pulmonary anatomy have shown that terminal airways are reinforced with cartilage, and myoelastic sphincters are found surrounding terminal bronchioles and alveolar entrances (Simpson & Gardner 1972). The alveoli can completely collapse at depth, forcing air into the reinforced air spaces, presumably for prevention of decompression sickness (Ridgway et al. 1969). The presence of moderate to severe pulmonary disease would be expected to impair these physiologic mechanisms, negatively impact buoyancy, and increase energetic demands. This is supported by the authors' (CRS, FMG, FIT) personal observations of managed dolphins diagnosed with moderate to severe pulmonary disease that have altered swim and dive patterns, likely due to a decrease in functional lung capacity and concomitant impaired buoyancy.

Pulmonary damage and subsequent respiratory compromise would not be unusual for mammals several years following exposure to an oil spill. Respiratory symptoms were reported in humans following inhalation exposure from multiple spills, including the DWH disaster (Alexander et al. 2018, Rusiecki et al. 2018). In addition to dolphins and humans, studies involving fish and mice experimentally exposed to DWH oil and/or byproducts reported respiratory injury (Brown-Peterson et al. 2015, Jaligama et al. 2015, Pan et al. 2018). Potential mechanisms of primary injury have been compared across taxa, including oxidative damage, cellular damage, and

cellular necrosis. Secondary pathways have also been investigated, including immunotoxicity, cardiotoxicity, and chronic stress.

Based on comprehensive examination of all available data collected to date, chronic pulmonary disease was likely a significant factor in the overall poor health of dolphins living within the oil spill footprint, and there were additional consequences to dolphins that had sustained this injury. To help define clinical significance to individual animals, oxygenation and blood gas analyses were conducted (2016 and 2017), which identified evidence of compensatory acid-base imbalances in dolphins with lung disease (Sharp et al. 2017). Poor pulmonary health and acid-base imbalances could help explain the sustained high rates of reproductive failure in BB (Lane et al. 2015; Kellar et al. 2016; Smith et al. 2020), as maternal illness and related adverse health outcomes could put pregnancies at risk and impact a female's ability to adequately care for her young. Additionally, overall health scores have been determined over time (2011-2018) in BB dolphins and showed that dolphin population health has not improved over time, but instead worsened in 2017 and 2018 (Schwacke et al. 2020).

A limitation of this study was the small number of SB dolphins (comparison site) sampled during 2016 and 2017 that were alive during the DWH oil spill (5 in 2016; 8 in 2017), and caution must be taken when interpreting the increasing trend of moderate lung disease during those two years. Although the prevalence of moderate lung disease increases, the prevalence of pulmonary abnormalities remains low. There are no cases of pulmonary masses, pulmonary consolidation, or dorsal-to-ventral worsening of AIS in SB during 2017 or 2018. Additionally, there are no cases of severe pulmonary disease diagnosed in SB during the entire post-DWH disaster study period, compared to a prevalence of 0.23 in 2017 and 0.22 in 2018 in oiled BB.

This study shows strong evidence of a chronic and potentially progressive respiratory injury in bottlenose dolphins living within the oil spill footprint. Other species of cetaceans living further off-shore were exposed, but their health was difficult to evaluate and few data exists to determine the potential adverse health impacts. However, the nearshore bottlenose dolphin data suggests that any cetacean with a similar exposure to DWH oil or its byproducts could sustain a similar injury. Long-term monitoring of dolphin populations living within the oil spill footprint is critical for fully understanding the potential for and timeline of individual and population recovery from the impacts of a such a large-scale oil spill event, to include extrapolation of impacts to other cetacean populations in the northern GoM. BB dolphins in particular provide valuable insight into the long-lasting effects of oil and associated contaminants on animal, human, and ecosystem health.

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