disparity in mental health outcomes could be attributed to differences in the types of caregiving responsibilities, the level of stress experienced, and the social support available. Furthermore, our study also shows that caregivers providing care to Alzheimer’s disease (AD) patients have worse mental health outcomes than other caregivers. Women who care for AD patients have worse mental health than male AD caregivers, whose mental health did not significantly differ from other caregivers. The findings could inform policy decisions and support the development of interventions that aim to mitigate the negative impact of the pandemic on caregivers’ mental health.