Impaired Fitness of *Mycobacterium africanum* Despite Secretion of ESAT-6

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Background. When compared with *Mycobacterium tuberculosis*, individuals that live in the same household as an active case of smear-positive pulmonary tuberculosis exposed to *M. africanum* progress less frequently to active disease within 2 years. A putative ESX-1 secretion apparatus member, *Rv3879c*, is mutated in *M. africanum*, and individuals infected with *M. africanum* less frequently demonstrate T-cell responses to the ESX-1–secreted virulence factor ESAT-6 than those infected with *M. tuberculosis*. We hypothesized that less frequent progression is caused by impaired secretion of ESAT-6.

Methods. We analyzed in vivo growth and in vitro secretion of ESAT-6 and CFP-10, comparing *M. tuberculosis* to *M. africanum* and a strain of *M. africanum* complemented with *M. tuberculosis* *Rv3879c*.

Results. ESAT-6 and CFP-10 secretion were similar for all strains, although these were enriched in *M. africanum* cell lysates, suggesting a modest ESX-1 secretion defect unrelated to the *Rv3879c* mutation. In mice, *M. africanum* demonstrated smaller bacterial population sizes than *M. tuberculosis* but similar numbers and frequencies of ESAT-6–responsive T cells in the lungs.

Conclusions. These results confirm impaired fitness of *M. africanum* in vivo and indicate that *Rv3879c* is not required for secretion of ESAT-6 or for its presentation as an antigen to T cells in vivo.

*Mycobacterium africanum* causes up to 50% of pulmonary tuberculosis in West Africa [1, 2]. A distinct lineage within the *M. tuberculosis* complex, *M. africanum* is classified by spoligotype analysis and large-sequence polymorphisms (LSPs) [3–5]. Strains previously classified biochemically as West African *M. africanum* (type I) share a RD9 LSP and cluster phylogenetically with animal strains, including *M. bovis* and *M. microti*. West African–type strains are further subclassified into MAF1 (ARD711) and MAF2 (ARD7, RD8, RD10, and RD702). The present study concerns West African strains of *M. africanum*, utilizing the MAF2 clinical isolate GM041182, which has recently undergone genome sequencing.

In West Africa, the prevalence of *M. africanum* MAF1 and MAF2 varies geographically. In The Gambia, a study of 386 smear-positive tuberculosis cases revealed a prevalence of *M. africanum* of 38.4%, with all *M. africanum* isolates categorized as MAF2 [3]. We previously reported that, although transmission rates of *M. tuberculosis* and *M. africanum* were similar, Gambian patients infected with *M. africanum* were less likely to develop active pulmonary disease than *M. tuberculosis*–infected patients during a 2-year follow-up [6]. This and the finding that *M. africanum* is more prevalent among malnourished, human immunodeficiency virus (HIV)–infected, and older individuals suggest that *M. africanum* is less virulent and more opportunist than *M. tuberculosis* [1].

*Mycobacterium africanum*–infected individuals also have lower-frequency T-cell responses to the secreted antigen and virulence factor ESAT-6 (*EsxA/Rv3875*), secreted by the ESX-1 type VII secretion system [7]. In contrast, T-cell responses to another ESX-1 product, CFP-10 (*EsxB/Rv3874*), generally thought to be cosecreted with ESAT-6 [8], are similar among those with *M. africanum* and *M. tuberculosis* [7]. The components of ESX-1 are encoded in the RD1 locus (*Rv3871–Rv3879c*) and are absent from *M. bovis* Bacille Calmette-Guérin [9]. Because of its role in virulence [10], ESX-1 is the...
subject of genetic and biochemical studies that have suggested a functional model [11] and revealed the genes within the RD1 locus required for ESAT-6 and CFP-10 secretion [10, 12, 13]. The present study investigated the role of the RD1-encoded protein Rv3879c/EspK in ESX-1 secretion by M. africanum, which carries a single nucleotide deletion at base pair 427 of the open reading frame, resulting in a premature stop codon [7]. We hypothesized that the Rv3879c mutation results in defective secretion of ESAT-6 by M. africanum, underlying the differences in ESAT-6–specific T-cell responses and disease outcome among M. africanum–infected patients.

**MATERIAL AND METHODS**

**Mycobacteria**

*M. tuberculosis* H37Rv was obtained from American Type Culture Collecion; *M. africanum* GM041182 was obtained from an HIV-uninfected male with pulmonary tuberculosis in The Gambia. Mycobacterial strains were grown in Middlebrook 7H9 liquid or 7H11 solid media supplemented with 10% v/v albumin, dextrose, and catalase. For liquid growth, cultures were grown at 37°C for >7 days with shaking and samples taken daily to measure optical density (OD). Samples were plated on solid media to calculate the correlation between OD and colony forming units (CFUs)/mL. Plates were routinely incubated for 21 days with longer incubations (approximately 28 days) for *M. africanum*.

**Complementation of *M. africanum* With *M. tuberculosis* Rv3879c**

A 3200-base-pair region containing the Rv3879c open reading frame and 438 base pairs upstream from the start codon was amplified by polymerase chain reaction (PCR) from *M. tuberculosis* genomic DNA, ligated into the pMV306 integrating plasmid, and electroporated into *M. africanum*. Kanamycin-resistant clones were verified for presence of the complementing construct by PCR.

**In Vitro Secretion Assays**

To quantitate secretion of specific proteins, liquid cultures were grown to early-midlogarithmic phase as measured by OD and centrifuged at 2000g for 10 minutes. Supernatants containing secreted proteins were passed through 0.2 µm syringe filters to obtain culture filtrate (CF). Cell pellets were washed twice in cold phosphate-buffered saline to eliminate residual extracellular proteins, then underwent bead beating with 0.1 mm zirconia beads to lyse bacterial cells. Bead-beating supernatants were obtained as cell lysates (CLs), and total protein was quantified. CF or CL were mixed with sodium dodecyl sulfate (SDS) gel loading buffer, heated at 95°C for 5 minutes, and stored at −80°C.

**Immunoblots**

Samples were separated by SDS–polyacrylamide gel electrophoresis (SDS-PAGE; 10% acrylamide for Ag85 and GroEL, 18% for ESAT-6 and CFP-10) with loading normalized to the culture OD at which the sample was obtained. After SDS-PAGE, proteins were transferred to 0.2 µm nitrocellulose membranes, and membranes were probed with the following antibodies: ESAT-6: mouse monoclonal Ab HYB076-08 (Abcam); CFP-10: 05-CFP10.10; GroEL: 03.IT.29.65; and Ag85 rabbit polyclonal generated against recombinant Ag85B (our laboratory). Horseradish peroxidase–conjugated goat antimouse or anti-rabbit immunoglobulin G (IgG) was used to detect bound primary antibodies. For CF blots, equal loading of samples was verified by the intensity of the Ag85 A/C band (non–ESX-1 mediated secretion), and for CL blots, it was verified by the intensity of GroEL1 (intracellular protein). To ensure that the protein loaded in final blots did not exceed the linear range of detection, preliminary blots with serial dilutions of CF were performed. Specificity of CF blots for detection of secreted proteins as opposed to products of bacterial cell lysis was verified by the absence of detectable GroEL1 in CF samples.

**Electron Microscopy**

Mycobacteria were centrifuged and resuspended in 2% paraformaldehyde and 2% glutaraldehyde in 50 mM cacodylate buffer (pH 7.2) overnight at room temperature. Electron microscopy was carried out by staff of the New York University School of Medicine Electron Microscopy core facility. Average bacterial cell size was determined using ImageJ software by analysis of >5 fields of negative-stained bacteria from *M. tuberculosis* and *M. africanum* samples, with at least 10 bacilli per field measured along the long axis.

**Aerosol Infection of C57BL/6 Mice, Tissue Processing, and Flow Cytometry**

Aerosol infection of C57BL/6 mice, tissue processing, and flow cytometry were performed as previously described [14, 15]. All animal experiments were done in accordance with procedures approved by the New York University School of Medicine Institutional Animal Care and Use Committee of the National Institutes of Health under the Assurance of Compliance Number A3435-01. Cell suspensions were stained using the following fluorescently labeled antibodies (Biolegend, BD Pharmingen, or eBioscience): anti-CD3 PerCP, anti-CD8 PE, anti-CD4 (L3T4) Pacific Blue, anti–interferon γ (IFN-γ; XMG1.2) APC, and rat IgG1 APC isotype control. Flow cytometry was performed and analyzed as described [14, 15].

**T-Cell Restimulation**

To quantitate antigen-specific T-cell responses in the lungs of mice infected with *M. tuberculosis* or *M. africanum*, 3 × 10⁶ lung cells were resuspended in Roswell Park Memorial Institute (RPMI) 1640 medium with 10% fetal calf serum and cultured at 37°C with 5.0% carbon dioxide for 4 hours in 96-well plates. Cultures were supplemented with Brefeldin A (10 µg/mL) and either anti-CD3/anti-CD28 or peptides corresponding to C57BL/6 mouse T-cell epitopes ESAT-6₁–₂₀ or Ag85B₂₄₀–₂₅₄.
Statistical Analyses
To determine statistical significance when comparing 2 groups of mice, the 2-tailed Student t test was routinely used. To compare the growth rate of M. tuberculosis and M. africanum in vitro, a nonlinear regression analysis (curve fit) with F test was used to determine whether a single curve could account for both data sets.

RESULTS

In Vitro Growth of M. tuberculosis and M. africanum
To test the hypothesis that truncation of the Rv3879c protein in M. africanum causes defective secretion of ESAT-6, we complemented M. africanum strain GM041182 with an integrating plasmid containing full-length M. tuberculosis Rv3879c under control of its native promoter (M. africanum Rv3879c complement). We first compared ESAT-6 secretion by this strain, by the parental M. africanum GM041182, and M. tuberculosis (H37Rv) during conditions of shaking liquid culture. We inoculated Middlebrook 7H9 with either M. tuberculosis or M. africanum and measured bacterial growth by OD (absorbance at 580 nm) daily for 14 days (Figure 1). In accordance with reports using solid medium [16], we observed slower growth during in vitro culture for M. africanum than M. tuberculosis (calculated doubling times: M. africanum, 23.9 hours; M. tuberculosis, 18.15; n = 2 cultures for each lineage) as well as entry into stationary phase at a lower optical density (M. africanum, approximately 0.7; M. tuberculosis, approximately 1.3). In vitro growth of the M. africanum Rv3879c complement strain was indistinguishable from wild-type M. africanum GM041182 (not shown). The in vitro growth defect of the M. africanum strains is likely to be at least partially explained by a mutation in the pyruvate kinase encoding gene pykA, which is shared by all members of the mycobacterial lineage carrying the ARD9 LSP, including M. bovis [17]. Although M. africanum strains grew more slowly than M. tuberculosis, all strains demonstrated characteristic growth with identifiable lag phase, exponential (log) phase, stationary phase, and death phase.

Comparison of ESAT-6 Secretion by M. africanum and M. tuberculosis
To compare secretion of ESAT-6 in vitro by these strains with different growth kinetics, we generated culture filtrates and bacterial lysates at points that corresponded to logarithmic phase growth of each strain (M. africanum, 0.2–0.5; M. tuberculosis, 0.5–1.0). On CF, we probed immunoblots with antibodies to the ESX-1 secretion products ESAT-6 and CFP-10. Because albumin in the culture medium prevented quantitation of total protein in CF, the amount of CF loaded for each strain was normalized to the OD of the culture at the time point when the CF sample was obtained. Equal loading of protein between strains was verified by immunoblot of Ag85A, -B, and -C, exported by the SecA secretion apparatus. ESAT-6 and CFP-10 blots revealed indistinguishable quantities of these proteins in CF for all 3 strains (Figure 2A), indicating that ESX-1–dependent secretion is comparable for M. tuberculosis and both M. africanum strains. For Ag85A and Ag85C, whose similar size result in a single band migrating at approximately 32 kDa, secretion was also comparable for all strains examined (Figure 2A), confirming equivalent CF loading between strains. In contrast, we observed less Ag85B, migrating at approximately 30 kDa, in CF of both strains of M. africanum when compared with M. tuberculosis (Figure 2A). We confirmed that proteins detected in CF samples were products of secretion and not cell lysis by probing CF blots with an antibody to the cell-associated protein GroEL1, which was below the limit of detection for all strains (not shown).

In CL of both M. africanum strains, we detected enrichment of the ESX-1 products ESAT-6 and CFP-10 when compared with M. tuberculosis, despite similar amounts of GroEL (Figure 2B). That similar quantities of ESAT-6 and CFP-10 are secreted by M. africanum and M. tuberculosis while these proteins are enriched in M. africanum bacterial cells suggests that M. africanum may synthesize higher quantities of these proteins in order to assure their adequate secretion, which is consistent with a lower efficiency of secretion. However, contrary to our initial hypothesis, because the M. africanum Rv3879c complemented strain behaved similarly to wild type M. africanum in both CF and CL assays, this apparent lower efficiency of ESAT-6 and CFP-10 secretion is not the result of truncation of Rv3879c.

Figure 1. In vitro growth of Mycobacterium tuberculosis and M. africanum. Growth kinetics of M. tuberculosis H37Rv and M. africanum GM041182 grown in Middlebrook 7H9 liquid medium, as measured by optical density (OD) of culture (absorbance at 580 nm) over time. Graph depicts a representative culture of each lineage from n > 3 cultures.

M. africanum Bacilli Grown in Broth Are Larger Than M. tuberculosis Bacilli
M. africanum strains demonstrated substantially different in vitro growth characteristics than M. tuberculosis as measured by culture OD. Because gel loading in the previous experiments...
was normalized to the optical density of cultures, we investigated the possibility that size differences between *M. tuberculosis* and *M. africanum* might result in underestimation of the number of *M. africanum* bacilli contributing to protein secretion at a given OD. If this were the case, normalization to OD could mask an ESAT-6 secretion defect in *M. africanum*. To test this, we cultured *M. africanum* and *M. tuberculosis* in liquid media, obtained samples at various OD readings, and plated the samples on 7H11 solid media to enumerate CFUs. This analysis revealed an average bacterial concentration (CFUs/mL) to OD ratio of 2.8 ± 0.27 × 10^5 (mean ± standard error of mean [SEM]) for *M. africanum* and 1.1 ± 0.03 × 10^6 (mean ± SEM) for *M. tuberculosis* (*P* < .001). This indicates that when gel loading is normalized to OD, fewer bacteria contribute to protein secretion in *M. africanum* cultures than in *M. tuberculosis* cultures.

This result suggested that a given concentration of bacteria would correspond to a higher OD observed for *M. africanum*. Consistent with this observation, electron micrographs revealed a larger mean length of *M. africanum* bacilli (2.39 ± 0.07 μm) when compared with *M. tuberculosis* (1.95 ± 0.05 μm; *P* < .001) (Figure 3A and 3B). This indicates that the similarity of CFP-10 and ESAT-6 band intensity in CF blots is not attributable to a greater number of *M. africanum* bacilli contributing to protein secretion. Rather, these results suggest that *M. africanum* may actually secrete more ESAT-6 per bacillus than *M. tuberculosis*, contrary to the hypothesis that ESAT-6 secretion is defective in *M. africanum*.

**Impaired Fitness of *M. africanum* in Mice**

Patients infected with *M. africanum* are less likely to progress to active tuberculosis than patients infected with *M. tuberculosis* when assessed for the first 2 years after infection. To understand the underlying mechanisms, we infected immunocompetent C57BL/6 mice with a low (approximately 100 CFUs) aerosol dose of either *M. africanum* or *M. tuberculosis*. Despite a similar initial number of bacteria present in the lungs of both groups (*M. africanum*, 65 ± 14; *M. tuberculosis*, 44 ± 10; *P* = .29), 30 days postinfection, we found 4.7-fold (*P* = .017) fewer bacteria in lungs of *M. africanum*-infected mice (not shown). The number of bacteria in the spleen, although also lower for *M. africanum*, was not statistically different from that of *M. tuberculosis*. In a time course, ranging from day 1 to day 35 postinfection, we also observed slower rates of *M. africanum* growth, resulting in a smaller bacterial population size in the lungs throughout the infection (Figure 4A). These results suggest that *M. africanum* is attenuated for growth and/or persistence in vivo and may help explain the difference in disease progression among patients infected with either lineage. The results are also consistent with our previous observations that *M. africanum* behaves more opportunistically than *M. tuberculosis*; impaired fitness of *M. africanum* may prevent this species from causing disease in otherwise healthy individuals as frequently as does *M. tuberculosis*.

**T-Cell Responses to Mycobacterial Antigens in *M. africanum* Infection of Mice**

Because *M. africanum*-infected patients are less likely to have positive enzyme-linked immunosorbent spot (ELISPOT) assay results for ESAT-6 [7], we evaluated T cells from infected mice for responses to ESAT-6 and Ag85B. Recruitment of effector T cells to the lungs of mice infected with *M. africanum* or *M. tuberculosis* was similar, with a larger number of CD4^+^ than CD8^+^ T cells in both groups of mice (Figure 4B and 4C), confirming that the immune response to both species was qualitatively comparable. Furthermore, CD4^+^ T cells from the lungs in both infections were similar in terms of baseline unstimulated activation and responses to nonspecific stimulation via the T-cell receptor agonist anti-CD3/CD28, as measured by intracellular IFN-γ staining (Figure 4D and 4E). We also observed similar responses in CD4^+^ T cells from both infections to...
ESAT-6 (Figure 4D and 4E), consistent with our in vitro observation that similar quantities of ESAT-6 are secreted by *M. tuberculosis* and *M. africanum* (Figure 2A). Also consistent with our in vitro secretion studies, which showed less Ag85B in CF from *M. africanum* (Figure 2A), we observed a lower frequency and number of Ag85B responsive CD4{{sup}}+ T cells in the *M. africanum* infection group than the *M. tuberculosis* infection group (Figure 4D and 4E). The similar response of CD4{{sup}}+ T cells to ESAT-6 in both groups implies that host factors account for the difference in T-cell responses to this antigen in human patients. These in vivo results verify our in vitro secretion assays and further suggest that differences in ESAT-6 secretion do not underlie the impaired fitness of *M. africanum* in vivo.

**DISCUSSION**

In this study, we compared *M. africanum* and *M. tuberculosis* in vitro and in vivo to understand the differences in the epidemiology and clinical course of tuberculosis caused by these closely related pathogens. We specifically investigated the role of ESX-1–dependent secretion of ESAT-6 and CFP-10 in the virulence of these lineages and as a determinant of the magnitude of adaptive immune responses. Despite our observation that patients infected with *M. africanum* have lower frequency ELISPOT responses to ESAT-6 [7], we observed similar in vitro secretion of ESAT-6 in both lineages and a similar frequency of CD4{{sup}}+ T cells specific for ESAT-6 in the lungs of mice infected with either lineage. Consistent with evidence that *M. africanum*–infected individuals are less likely to progress to active disease within 2 years of exposure [6], *M. africanum* was attenuated during in vivo mouse infection, with a smaller bacterial burden in the lungs.

Contrary to our hypothesis that a mutation in Rv3879c causes defective ESAT-6 secretion by *M. africanum*, we observed indistinguishable levels of ESAT-6 and CFP-10 in culture supernatants from *M. tuberculosis* and *M. africanum*. Moreover, we found no difference in ESAT-6 secretion by wild-type *M. africanum* or *M. africanum* complemented with the functional *M. tuberculosis* allele of Rv3879c. Although our findings are consistent with evidence that Rv3879c is dispensable for ESAT-6 secretion in *M. bovis* [18], other studies demonstrated that the Rv3879c homolog is required for secretion of ESAT-6 in *M. marinum* [12]. The *M. marinum* Rv3879c homolog was also observed to interact with the secreted protein EspB and was required for its secretion [19].

We indirectly verified secretion of ESAT-6 by *M. africanum* in vivo by comparing the magnitude of T-cell responses specific for this antigen in the lungs of mice infected with *M. africanum* or *M. tuberculosis* and observed no difference in the 2 groups. These findings weigh against the possibility that differences in ESAT-6 secretion account for the difference in ESAT-6 ELISPOT responses among patients infected with *M. tuberculosis* or *M. africanum*. However, we did observe a difference in secretion of Ag85B, with *M. africanum* secreting less of this protein than *M. tuberculosis*. The lower frequency of Ag85B–specific T-cell responses in mice infected with *M. africanum* is consistent with a model in which differences in antigen secretion influence the immune response. In contrast to Ag85B, levels of Ag85A and Ag85C secretion were similar between the 2 strains. Because Ag85A, Ag85B, and ESAT-6 are all targets of novel vaccines against tuberculosis, these new data suggest that although vaccines targeting Ag85B may be less effective in preventing *M. africanum* infection, those targeting Ag85A and/or ESAT-6 could be similarly effective.

Although we found that the extent of protein secretion can influence immunogenicity, our results also imply that other factors underlie the impaired ESAT-6–specific T-cell response in *M. africanum*–infected patients. For instance, although patients infected with *M. africanum* or *M. tuberculosis* had similar numbers of bacteria in sputum [2], impaired fitness of
M. africanum may result in lower total bacterial burdens, as we observed in mice. Alternatively, one recent study suggests that ancient lineages within the M. tuberculosis complex induce hyperinflammatory responses when compared with modern lineages [20]. *Mycobacterium africanum* may be better controlled by innate immunity, leading to fewer bacteria and lower...
adaptive immune responses. Furthermore, the lower-frequency ELISpot response to ESAT-6 has not been observed in all *M. africanum* cases and contacts and could therefore be limited to subtypes within the *M. africanum* lineage. Although the Rv3879c mutation is common to all *M. africanum* isolates examined and clearly does not explain the difference, comparison of secretion of ESAT-6 by *M. africanum* strains with distinct phenotypes may clarify the mechanism responsible.

If *M. africanum* is attenuated in vivo, it is unclear why the prevalence of *M. africanum* is as high as 38% in The Gambia and remains relatively constant [2]. Our new data suggest that host-intrinsic factors among *M. africanum*–infected individuals result in differences in the immune response to ESAT-6 and the rate of progression to active disease. These include a preference of *M. africanum* for hosts with certain genetic backgrounds or with impaired immunity. Although the former hypothesis could help explain the regional exclusivity of *M. africanum*, it is not supported by current epidemiology, which has yet to detect a specific West African ethnicity with enriched prevalence of *M. africanum* infection (authors’ unpublished data). Regarding the latter hypothesis, our previous studies identified a preference of *M. africanum* for those with advanced age, malnutrition, and HIV infection. However, the last of these was excluded as a contributor to the difference in T-cell response to ESAT-6 among *M. africanum*–infected patients [7]. Furthermore, although differences in host genetics and immunity may underlie phenotypes observed in patients, we observed moderately impaired fitness of *M. africanum* in inbred mice, which minimized host-intrinsic contributions. These data suggest that host variability may contribute to, but is unlikely to fully account for, the differences between tuberculosis caused by these 2 distinct lineages.

In conclusion, we have determined that *M. africanum* is attenuated relative to *M. tuberculosis* in vivo, but we excluded the possibility that differences in ESAT-6 secretion account for this and the observation that patients infected with *M. africanum* are less likely to progress to active disease than patients infected with *M. tuberculosis*. Future studies should identify the reasons for the geographical isolation of *M. africanum*, as well as the bacterial and host factors that contribute to the differences between the 2 lineages in tuberculosis pathogenesis.

Notes

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