Early Appearance of Neutralizing Immunoglobulin G3 Antibodies Is Associated With Chikungunya Virus Clearance and Long-term Clinical Protection

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Background. Chikungunya virus (CHIKV) and related arboviruses have been responsible for large epidemic outbreaks with serious economic and social impact. Although infected individuals clear the virus from the blood, some develop debilitating and prolonged arthralgia.

Methods. We investigated specificity and strength of antibody responses in a longitudinal study on CHIKV-infected patients and analyzed their association with viral load, cytokine profile, and severity.

Results. We found that CHIKV-specific response is dominated by immunoglobulin G3 (IgG3) antibodies. The antibodies were neutralizing, and patients with high viremia rapidly developed high levels of anti-CHIKV antibodies of this specific isotype. Although these patients endured a more severe disease progression during the acute viremic phase, they cleared the virus faster and did not experience persistent arthralgia. However, significant persistent arthralgia was observed in patients with low viremia who developed IgG3 at a later stage.

Conclusions. Absence of early CHIKV-specific IgG3 may therefore serve as a specific marker of patients with increased risk of disease.

In several arthralgia-causing arbovirus outbreaks, morbidity has been unexpectedly high with extensive incapacitation, including some lethal cases [1, 2]. Some were caused by chikungunya virus (CHIKV), first isolated in 1953 in Tanzania from infected patients who often developed a contorted posture caused by debilitating joint pain [3–5]. The reemergence of CHIKV since 2005 has caused millions of cases throughout countries in and around the Indian Ocean and Southeast Asia [6], and sporadic outbreaks are still ongoing in several countries, infecting naive populations [7]. Singapore, for instance, experienced 2 successive waves of chikungunya fever (CHIKF) outbreaks in January and August 2008 [8–10]. Although there were only 718 laboratory-confirmed cases reported in 2008 and 341 cases in 2009 [11, 12], CHIKF remains a public threat due to the low herd immunity. Therefore, it may represent a major public health problem with severe social and economic impact.

CHIKV is a mosquito-borne virus belonging to the Alphavirus genus of the Togaviridae family. It has a life cycle similar to other alphaviruses and causes sudden onset of fever, rashes, arthritis, and other accompanying symptoms [3, 4]. Following the acute phase of the illness, patients develop severe chronic symptoms lasting from several weeks to months, including fatigue, incapacitating joint pain, and polyarthitis [13, 14]. However, as in many other arthralgia-causing
arbovirus infections, the chronic phase is observed only in a fraction of patients [1–5]. A role for both innate and adaptive immunity has been proposed [15], but the mechanisms underlying control of viral replication and dissemination, viral clearance, and acute and chronic disease severity remain poorly defined.

In the current study, we analyzed the timing, specificity, and isotype of the antibody response against CHIKV by longitudinally analyzing 30 patients who were hospitalized for acute CHIKF [9, 10]. By correlating the antibody response with viral load, cytokine profile, and disease progression during the acute and the chronic phases, we show that neutralizing immunoglobulin G3 (IgG3) antibodies clearly dominate the response. Notably, the early induction of anti-CHIKV IgG3 antibodies is strongly associated with protection against persistent arthralgia, whereas a delayed response in patients with low viremia correlates with chronic joint pain. Thus, a strong virus-specific antibody response induced by high virus titers in the viremic phase seems to promote full protection against severity at the later stages of the disease.

MATERIALS AND METHODS

Ethical Approval
Written informed consent was obtained from all participants. This study was approved by the National Healthcare Group’s Domain-Specific Ethics Review Board (DSRB Reference No. B/08/026).

Patients and Plasma Collection
Thirty patients admitted with acute CHIKF to the Communicable Disease Centre at Tan Tock Seng Hospital during the outbreak from 1 August to 23 September 2008 [9, 10] were included in this study. Plasma specimens were collected at 4 time points post–illness onset (PIO): (1) acute phase (median, 4 days PIO); (2) early convalescent phase (median, 10 days PIO); (3) late convalescent phase (4–6 weeks PIO); and (4) chronic phase (2–3 months PIO). Clinical features definition and clinical samples were as described previously [9, 10]. Illness was defined as severe if a patient had a maximum temperature >38.5°C, a maximum pulse rate >100 beats per minute, or a nadir platelet count <100 × 10^9/L. Arthralgia was defined as having pain in >1 joints, with or without joint inflammation. Patients were later clustered into early and late IgG3 responders based on their IgG3 titer measured at a median of 10 days PIO (Table 1).

Immunologic Analyses
Antibody titers were assessed by a virion-based enzyme-linked immunosorbent assay (ELISA). Polystyrene 96-well microtiter plates (MaxiSorp, Nunc) were coated with purified CHIKV (20 000 virions/μL in phosphate-buffered saline [PBS]; 50 μL per well). Wells were blocked with PBS containing 0.05% Tween-20 and 5% nonfat milk (Phosphate buffered saline Tween 20 [PBST]-milk), and plates were incubated for 1.5 hours at 37°C. Plasma samples were then diluted 1:100 to 1:2000 in PBST-milk and incubated for 1 hour at 37°C. Horseradish peroxidase–conjugated mouse anti-human immunoglobulin G (IgG), immunoglobulin G1 (IgG1), immunoglobulin G2 (IgG2), IgG3, immunoglobulin G4 (IgG4), and immunoglobulin M (IgM) (Molecular Probes) were used to detect human antibodies bound to virus-coated wells. Reactions were developed using 3,3',5,5'-Tetramethylbenzidine (TMB) substrate (Sigma-Aldrich) and terminated by Stop reagent (Sigma-Aldrich). Absorbance was measured at 450 nm. Healthy donor samples were used as controls. ELISA readings were done in duplicates. Antigenic responses were detected by immunofluorescence assay as described. HEK 293T cells were seeded on coverslips coated with human plasma fibronectin (Sigma-Aldrich). Virus infection was performed at a multiplicity of infection (MOI) of 10. At 6 hours post-infection, cells were fixed with PBS containing 4% paraformaldehyde. Cells were then permeabilized in PBS containing 0.2% Triton-X and blocked with PBS supplied with fetal bovine serum (FBS). Cells were stained with patients’ plasma diluted in PBS (1:500) containing 1% bovine serum albumin albumin for 1 hour at 37°C. This was followed by incubation with goat antihuman secondary antibody conjugated to Alexa Fluor 488 (Molecular Probes) for 1 hour at 37°C. Cells were washed, mounted, and examined with a confocal laser-scanning microscope (Fluoview FV100; Olympus) using 20× numerical aperture (NA) 0.75 or 60× NA 1.42 objective. Images were collected using FV10-ASW software and processed with Adobe Photoshop software. Levels of cytokines were measured by multiplex bead-based arrays as described previously [16].

Seroneutralization
Neutralizing activity of antibodies from CHIKV-infected patient samples were tested in triplicates and analyzed by immunofluorescence-based cell infection assay in HEK 293T cells. Chikungunya virus was mixed at a MOI of 10 with diluted (1:100, 500, or 1000), heat-inactivated human plasma and incubated for 2 hours at 37°C with gentle agitation (350 rpm). Virus-antibody mixtures were then added to HEK 293T cells seeded in 96-well plates and incubated for 1.5 hours at 37°C. Medium was removed, and cells were replenished with Dulbecco’s modified Eagle’s medium supplied with 5% FBS and incubated for 6 hours at 37°C before fixation with 4% paraformaldehyde, followed by immunofluorescence quantification using the Cellomics Array-Scan V. Percentage of infectivity was calculated according to the equation [% infectivity = 100 × (% responder from seroneutralization group/% responder from virus infection group)].

Affinity Depletion of Anti-CHIKV Antibodies
For affinity depletion of human anti-CHIKV antibodies, purified Chikungunya virions (1 × 10^9 virions per well) were
added to Maxisorp plates (Nunc) and incubated at 4°C for 24 hours in PBS. Human plasma samples were added and incubated for 25 minutes at room temperature for absorption. The unbound portion was collected after 21 rounds of absorption. ELISA analysis was performed to verify the levels of the antibodies during affinity depletion.

### Affinity Depletion of Human Isotype IgG3 Antibodies

For affinity depletion of human isotype IgG3 antibodies, mouse biotinylated monoclonal antihuman IgG3 antibodies (30 μg/mL, Molecular Probes) were added to Immobilizer Streptavidin plates (Nunc) and incubated at room temperature for 1 hour in PBS containing 0.02% Tween-20 (0.02% PBST). Human plasma samples were added and incubated for 25 minutes at room temperature for absorption. The unbound portion was collected after 21 rounds of absorption. ELISA analysis was performed to verify the levels of the antibodies during affinity depletion.

### Data Analysis

Data are presented as mean ± standard error of the mean (SEM) or as mean ± standard deviation (SD). Differences in responses among groups at various time points and between groups and controls were analyzed using appropriate tests.
RESULTS
Timing and Isotype Specificity of the Antibody Response

In order to characterize the immune response against CHIKV, we prospectively followed up 30 patients who were admitted for acute CHIKF during the CHIKF outbreak in Singapore between August and September 2008 (Table 1) [9, 10]. CHIKV-specific antibody responses were quantified in the acute phase starting 4 days after infection until the late chronic phase 2–3 months PII (Figure 1). As expected, IgG levels gradually increased during the early convalescent phase at a median of 10 days PII, whereas IgM peaked after 4–6 weeks and declined to background levels (Figure 1A). Plasma from these patients was not only reactive to the Chikungunya virus–based ELISA but also specifically detected CHIKV antigens in CHIKV-infected cells by immunofluorescence staining (Figure 1B).

CHIKV-specific IgG antibodies were found to be almost exclusively of the IgG3 isotype. The levels of virus-specific IgG1, IgG2, and IgG4 titers did not increase during the course of infection (Figure 1C) even when a high concentration of plasma was used (Figure 1D). Although IgG3 was the dominant isotype in all members of the cohort, a comparison of the individual titers during the early convalescence phase revealed striking differences within the patient group. At a median of 10 days PII, only approximately half of the group already had a significant increase of IgG3 (optical density >0.5), segregating this study cohort into early and late IgG3 responders (Figure 1E, Table 1).
To determine if the antibodies also have protective capacity, in vitro infections of HEK 293T cells with CHIKV were carried out in the presence of plasma from patients or healthy donors (Figure 2). The experiments revealed that plasma samples collected at a median of 10 days post–illness onset (PIO) effectively inhibited CHIKV infection (Figure 2A). Preincubation of CHIKV with plasma samples induced a clear and dose-dependent reduction in the detection of CHIKV antigens (Figure 2A and 2B). In line with the observed differences in IgG3 titer, plasma from early IgG3 responders showed a higher neutralizing activity than plasma from the late IgG3 responders (Figure 2B). To confirm the protective role of anti-CHIKV IgG3 antibodies, CHIKV-infected patient plasma samples were depleted of antibodies against the purified Chikungunya virion (Figure 3A). Removal of anti-CHIKV IgG3 antibodies led to a marked decrease in neutralization for both early and late IgG3 responders (Figure 3B). In addition, the partial removal of IgG3 from the plasma of CHIKV patients by plate-bound anti-IgG3 reduced the IgG3 titer by 70%–80% (Figure 3C) and led to a marked decrease in neutralization for both early and late IgG3 responders (Figure 3D), confirming the importance of IgG3 antibodies in virus neutralization.

**Association Studies**

Because CHIKV IgG3 plays a key role in the control of CHIKV infections, we examined viral load and disease progression in early and late IgG3 responders. First, we observed a much higher viral load in the early IgG3 responders compared with the late IgG3 responders (Figure 4A). This was particularly evident on median day 4 PIO, suggesting that the high IgG3 titers of early IgG3 responders are indeed induced by a high viremia.

High viremia was also previously shown to correlate with increased disease severity during the acute phase of infection [17]. In line with this notion, we also observed that 90% of early IgG3 responders developed severe disease during the acute phase of the infection compared with <10% of late IgG3 responders (Figure 4B). In this cohort, disease severity was previously shown to be associated with increased plasma levels of 2 known endogenous pyrogens, interleukin 1β and interleukin 6 (IL-6) [16, 17]. Interestingly, high levels of IgG3 in early IgG3 responders also correlated with higher IL-6 levels, especially during the initial phase of infection (median, 4 days PIO) (Figure 4C). This finding may be explained by IL-6 being one of the major B-cell growth factors [18] and a known inducer of IgG3 [19].
Comparison of the viral load on median 4 and 10 days PIO indicated that early IgG3 responders exhibited a very efficient clearance of CHIKV. Although the average viral load on day 4 differed by > 3 logs, they reached similar low levels as the late IgG3 responders after completing the acute phase of infection at median 10 days pio (Figure 4D). Thus, the early increase of IgG3 is apparently associated with an efficient clearance of the virus.

Notably, although early IgG3 responders develop more severe symptoms during the acute phase, they completely recovered from the infection. None of them developed any persistent arthralgia (Figure 4E). This, however, was not the case for late IgG3 responders. Despite having a low viremia, approximately 30% of this group developed arthralgia during the later stage of the disease (Figure 4E). This suggests that a strong early IgG3 response triggered by a high viral load is needed to fully protect against chronic long-term effects of the CHIKV infection.

DISCUSSION

We have conducted the first detailed longitudinal analysis of the antibody response in a cohort of patients detected early during a CHIKF outbreak. The study revealed that antibodies of the IgG3 isotype dominate the humoral response against CHIKV. This bias toward IgG3 production to virus infections has also been previously reported in other pathogen infections [20, 21]. Long-term IgM production associated with persistence of CHIKV [22] was not detected in this cohort.

The analysis of the cohort data revealed a clear correlation between efficient viral clearance and clinical protection against persistent arthralgia and the early production of IgG3 antibodies. A putative explanation may be that late IgG3 responders established elevated levels of virus-specific IgG3 only at late phase, a time when virus was no longer detectable in the blood. In joint biopsies of patients with chronic arthralgia, CHIKV was detected in cells such as macrophages [23]. This observation has also been confirmed by studies in a nonhuman primate model [24]. It is plausible that the viruses in these cells are nonreplicative, so that only few virions are released. These 2 studies have therefore proposed that viral reservoirs existed in the afflicted joints, suggesting that CHIKV harboring at these sites may be protected from the neutralization action of the anti-CHIKV IgG3 antibodies. Late IgG3 responders would therefore be more prone to persistent complications.
The early increase of CHIKV IgG3 was associated with an efficient viral clearance in vivo, an effect presumably mediated by an inhibition of virus invasion and/or replication in host cells. The neutralizing effect of IgG3 antibodies was also evident in in vitro infection assays. Exposure of CHIKV to IgG3-depleted patient plasma partly prevented its inhibitory effect on the viral infection of HEK 293T cells. Although the elevated titers of early CHIKV-specific antibodies are apparently induced by high viremia, the isotype selection seems to be linked to IL-6. The early increase of IgG3, apparently induced by a high viremia, was clearly associated with a higher production of the cytokine, which is known to be a major B-cell growth factor [18] and an inducer of IgG3 [19].

Due to the explosive nature of CHIKV outbreaks and the unpreparedness of the healthcare system in countries where they occurred, no longitudinal studies on anti-CHIKV immune responses of this manner have been performed previously. It will be of interest to confirm our findings with cohorts from different parts of the world where CHIKV outbreaks have been reported. The association of anti-CHIKV IgG3 with clinical severity will allow for more cost-effective patient management [25, 26], because a single determination during acute phase would help predict severity.

Last, these studies, viewed in the broader context of immune markers of protection against viral diseases, suggest that the production of protective IgG3 antibodies correlate with the virus titer. The paradoxical situation emerges in which a high viral load during the acute phase is beneficial to establish full protection for the chronic phase. Low viremia, in contrast, which causes less severe symptoms during the initial phase, was proposed to be associated with persistent arthralgia at later stages of the disease. Thus, the timely induction of high titers of neutralizing IgG3 seems to be crucial to prevent persistent complications arising from chronic viral infections. Although this has important implications for prevention and treatment of CHIKF, it remains to be seen if

Figure 4. Association of immunoglobulin G3 (IgG3) antibody responses with disease progression. A, Viral load in early and late IgG3 responders during the acute phase of disease (median, 4 d post–illness onset (PIO)). Data are presented as mean ± standard error of the mean. Statistical significance was measured using Mann–Whitney U test. ***P < .001. Abbreviation: PFU, plaque-forming units. B, Disease severity in early and late IgG3 responders during the acute phase of disease. Severity was previously defined. Histogram shows the percentage of patients with mild (n = 14) or acute severe clinical phenotypes (n = 16). Statistical significance was measured using 2-sided Fisher exact test between the number of patients with severe phenotype in 2 responder groups. ***P < .0001. C, Interleukin 6 levels in early and late IgG3 responders were determined using a multiplex-bead based assay. Horizontal dotted lines represent median values of healthy controls. Statistical significance was measured using Mann–Whitney U test. **P < .01. D, Viral clearance from a median of 4 d to a median of 10 d PIO in early and late IgG3 responders. E, Persistent arthralgia in early and late IgG3 responders during the chronic phase of disease (2–3 mo PIO). Histogram shows the percentage of patients with full recovery or persistent arthralgia. Statistical significance was measured using 2-sided Fisher exact test between the patients who have fully recovered and patients with persistent arthralgia in the 2 responder groups. *P < .04.
this can also be observed for other pathogens causing severe and lasting symptoms.

**Notes**

**Author contributions.** All authors discussed the results and commented on the manuscript. L. F. P. N., Y. W. K., and L. R. conceived and designed the experiments. Y. W. K., D. S., Z. H., T. S. T., and E. K. S. O. performed the experiments. Y. W. K., L. F. P. N., and L. R. analyzed the data. A. C. and Y. S. L. contributed materials. L. F. P. N., Y. W. K., L. R., and Y. S. L. wrote the paper.

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