

Role of water users in the conservation of forests on the southern slopes of Mount Kilimanjaro

Emmanuel H. Lyimo , Daniel Kessy, Rudolf Mremi and Alex Kisingo

Department of Wildlife Management, College of African Wildlife Management, Mweka, P.O. Box 3031, Moshi, Tanzania

*Corresponding author. E-mail: lyimo.emmanuel@gmail.com

 EHL, 0000-0002-5750-8636

ABSTRACT

Mount Kilimanjaro Forest (MKF) is recognized as a major provider of hydrological services to people in northern Tanzania. However, little is understood in terms of the roles of upstream and downstream communities in protecting and conserving MKF. This article applies binomial generalized linear models to understand the role of the community in supporting the protection and conservation of MKF based on data collected through a questionnaire survey from 90 households on the southern slopes of Mount Kilimanjaro. Results showed that 99% of respondents were aware of the value of MKF as a major provider of hydrological services, however, this did not vary significantly across age groups, gender, level of education, and location (upstream vs. downstream). Further results showed that, contrary to downstream communities, upstream communities play a significant role in supporting the ecological integrity and hydrological functions of MKF by planting and protecting tree cover, joining efforts through conservation clubs, donating cash to finance its protection, and adhering to bylaws governing environmental management. Hence, adopting an approach that integrates upstream and downstream communities in managing catchment forests and ensuring the sustainable flow of hydrological services is critical. The study also has unleashed water user behavior that have enlightened demand for more studies in the area.

Key words: catchment forest, downstream community, hydrological services, upstream community, water

HIGHLIGHTS

- Little is known about the difference in roles played by upstream and downstream communities in protecting Mount Kilimanjaro Forest (MKF).
- 99% of all respondents were aware of the value of MKF as a major provider of water services.
- Upstream communities play a significant role in supporting the ecological integrity and hydrological function of MKF by planting and protecting tree cover, etc.
- Although Mt. Kilimanjaro forest offers invaluable hydrological services for livelihood, uncontrolled fires, deforestation, and climate change would trigger a water crisis. Hence, understanding the involvement and roles of communities in protecting MKF is critical for the sustainable flow of hydrological services.
- Further results showed that, contrary to downstream communities, upstream communities play a significant role in supporting the ecological integrity and hydrological function of MKF by planting and protecting tree cover, joining efforts through conservation clubs, donating cash to finance its protection, and adhering to bylaws governing its management. Hence, an approach that integrates upstream and downstream communities in managing catchments to ensure sustainable flow of hydrological services is critical.

1. INTRODUCTION

Catchment forests are widely known ecosystems for the provision of direct and indirect ecosystem services for human well-being (Núñez *et al.* 2006; Carvalho-Santos *et al.* 2014; Leitão *et al.* 2019; Mulamula 2020). Forests serve as repository habitats for pollinators, which offer pollination services, enable the renewal of soil fertility, and ensure carbon sequestration and climate stabilization (MEA 2005; Núñez *et al.* 2006; Corbera & Pascual 2012). The forests also offer hydrological services as one of the important life-supporting services for biodiversity and human well-being through agricultural production and hydropower generation in downstream areas (Shrestha *et al.* 2013; Mombo *et al.* 2014; Aznar-Sánchez *et al.* 2019). Despite

This is an Open Access article distributed under the terms of the Creative Commons Attribution Licence (CC BY 4.0), which permits copying, adaptation and redistribution, provided the original work is properly cited (<http://creativecommons.org/licenses/by/4.0/>).

the global importance of catchment forests, they normally face constant threats as a result of increasing deforestation, human activities, wildfires, and invasive plant infestations (Giliba *et al.* 2011; Grzybowski & Glińska-Lewczuk 2019; Hohner *et al.* 2019). In addition, climate change is also a phenomenon that affects forest functions and the resilience of the provision of hydrological services (Bosch & Gadow 2010; Said *et al.* 2019). This situation raises global concerns for stakeholders, including communities, regarding the management of catchment forests (Mombo *et al.* 2014; Strauch & Almedom 2014; Chinangwa *et al.* 2017). In other areas, such as the eastern Mediterranean, wastewater discharge also degrades water quality, resulting in brine water, which cannot be directly used by residents or industrial applications without a desalination procedure (Panagopoulos 2022; Panagopoulos & Giannika 2022a, 2022b). Eighty percent (2.8 million hectares) of the 33.5 million hectares of forests and woodlands in Tanzania are covered by catchment forests. Such forest catchments include those occurring in Mount (Mt.) Kilimanjaro, Eastern Arc Mountains, Mt. Meru, the Ngorongoro highlands, Hanang, and other mountains west of the Rift Valley escarpment (Bjorndalen 1992; Mckenzie *et al.* 2008; Vyamana 2009). The catchment forest stream is normally distributed from downstream and forms critical nodes, forming the main river basin and dams (Sarker *et al.* 2019; Sarker 2021; Gao *et al.* 2022). The Mount Kilimanjaro Forest (MKF) on the southern slopes is important in the hydrology of northern Tanzania because it serves as a reservoir for the Pangani River Basin (Kimaro *et al.* 2019). The basin supports the livelihood of more than 3 million people (Russi *et al.* 2013), residing in urban, peri-urban, and densely populated rural areas (Seeteram *et al.* 2019). Despite the invaluable role of MKF as a life-supporting system for people's livelihoods through the provision of water for agricultural production, domestic uses, and industrial uses (Bjorndalen 1992; Kimaro *et al.* 2019), there are mounting threats to the catchment that would eventually trigger a water crisis in the future (Martinez *et al.* 2013; Abell *et al.* 2019). Such threats include the effects of climate change and deforestation (Abell *et al.* 2019; Seeteram *et al.* 2019). Another factor is uncontrolled fires, which cascade the ecological role and functioning of catchment forests by reducing fog collection in sub-alpine forests. The sustainable supply of hydrological services from MKF to humans is therefore intimately linked to its efficient protection and management (Grove 1993; Mbonile 2005; Kangalawe *et al.* 2014). Thus, maintaining the hydrological functions of MKF requires the active involvement of local communities in decisions related to their conservation and direct protection of the catchment (Kangalawe *et al.* 2014; Lau 2022). A sizeable body of literature has extensively documented synergies existing between MKF conservation and the provision of hydrological services. For instance, studies assessing impacts of climate and anthropogenic pressure on hydrological services (Said *et al.* 2019), drivers of water discharge variability (Yanda & Mpanda 2018), factors for low flows of streams (Zemadim *et al.* 2011), and farmers response to shortage of water for irrigation downstream (Mbonile 2005). Other studies include assessing the linkage between forestry conservation and resource use (Yanda & Shishira 2001), water use conflicts in the Pangani Basin (Mujwahuzi 2001), and preferences for consumptive versus non-consumptive benefits (Kijazi & Kant 2010). However, little is known about the difference in roles played by upstream and downstream communities in protecting MKF for the provision of hydrological services. Hence, understanding the involvement and roles of the community in supporting the ecological integrity and the hydrological function of MKF to provide hydrological services is critical. This study, therefore, aims to understand the role of community on the southern slopes of Mt. Kilimanjaro. Two key questions were addressed in this study: (i) What is local communities' awareness of the value of MKF as a provider of hydrological services? and (ii) What are the roles of upstream and downstream communities in the conservation and protection of MKF? Findings are expected to provide insights into perspectives pertaining to the roles of upstream and downstream communities in managing catchment forests and enable them to forge a productive collaborative agreement with local governments, government institutions, private sectors, and civil society organizations for sustainability in the provision of hydrological services from MKF. This study is of relevance as it strives to achieve the UN Sustainable Development Goal – Goal 6, targeting to ensure the protection and restoration of water-related ecosystems, including mountains, forests, wetlands, rivers, aquifers, and lakes (Ellison *et al.* 2017).

2. MATERIALS AND METHODS

2.1. Study area description

The study was carried out on the southern slopes of Mt. Kilimanjaro in Tanzania at 3°1309" S–3°17041" S and 37°9024" E–37°25019" E targeting Lyasongoro and Oria villages (Figure 1). Lyasongoro is close to forest catchments in the highland belt and people (upstream communities) residing in this village are directly involved in forest management and in ensuring a sustainable supply of ecosystem services. The village is predominated by Chagga people, who primarily practice farming and zero-

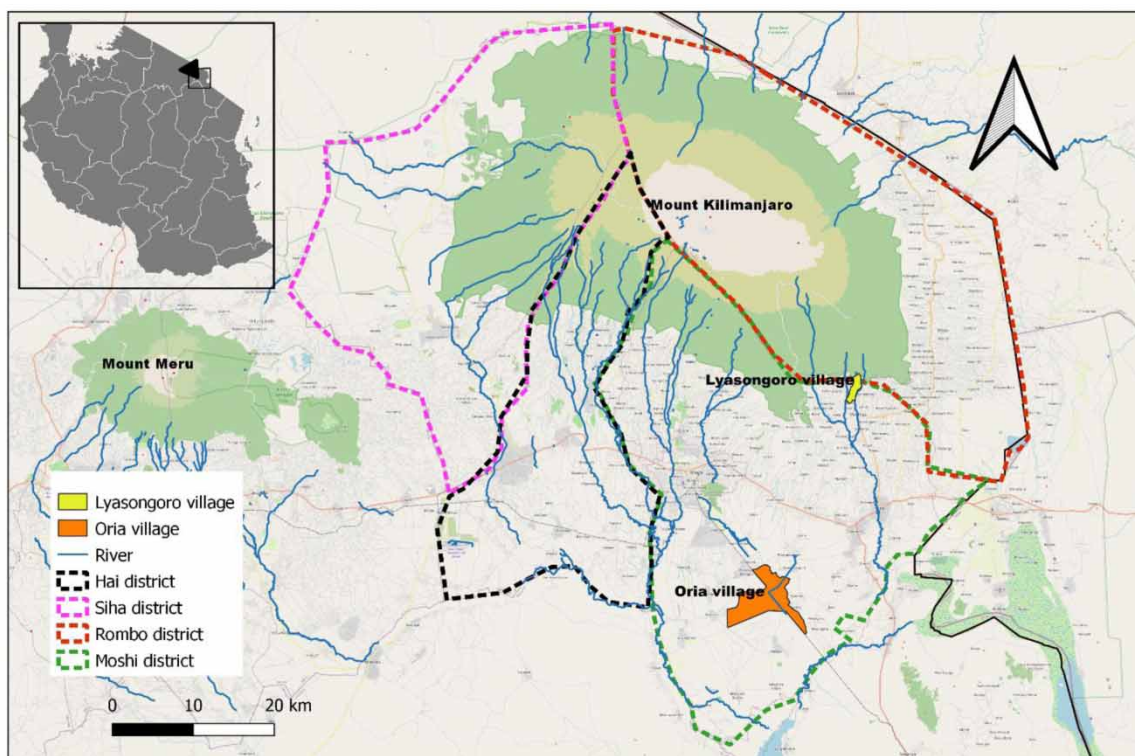


Figure 1 | Study villages and catchment tributaries from Kilimanjaro Mountain. The inset map of Tanzania (left) shows the location of the study area.

grazing animal husbandry as their main economic activities (Ichinose *et al.* 2020). Lyasongoro was selected to represent upstream communities because it possesses several water streams and rivers encompassing a rich source of water for people living downstream (Figure 1). Oria village, on the other hand, is in the lowland belt of the lower Moshi rangelands, where people practice pastoralism and extensive agriculture involving irrigation schemes (Figure 1). Unlike Lyasongoro village, Oria village is characterized by a dry climate with a mean annual temperature ranging from 18.8 to 23.4 °C and a low mean annual relief of between 680 and 834 mm (Mathew *et al.* 2016; Said *et al.* 2019; Classen *et al.* 2020). Lyasongoro is much wetter with mean annual rainfall and temperature ranging from 900 to 1300 mm and 18.8 to 16.1 °C, respectively (Mathew *et al.* 2016; Said *et al.* 2019; Classen *et al.* 2020).

In terms of vegetation, the southern highland belt is covered by an expanse of lowland and upper montane forests protected in Kilimanjaro National Park. Close to lowland forests are areas where residents practice agroforestry dominated by coffee, bananas, and multipurpose trees such as *Albizia schimperiana*, *Grevillea robusta*, and *Cordia africana* (Wagner *et al.* 2019). The lower-story vegetation, which includes dry savannah with patches of grassland, woody trees, and shrubs depends mainly on stream/river flow with their sources in highland belt catchment forests (Figure 2).

2.2. Data collection

A cross-sectional study design involving the collection of data at one point in time was employed for this study. A semi-structured questionnaire consisting of both open- and closed-ended was used to collect data on local communities' awareness of the value of catchment forests as providers of water services and community support on the conservation of catchment forests (Davies *et al.* 2014; Ilyushin & Azbel 2017). The survey was carried out in May through June 2021 in two villages – Lyasongoro in the highland belt, representing the upstream communities and Oria in the lowland belt, representing the downstream communities. Before data collection, a permit from Moshi District Council was obtained and presented to the Village Executive Officer (VEO) as a part of ethical practice in community data collection (Cleaton-Jones & Curzon 2012). Stratified random sampling was employed to select households for interviews from each village (Turner 2003). A total of 45 respondents (6%) of all registered households were obtained from Lyasongoro, while 7% ($n = 45$) were sampled from Oria. A

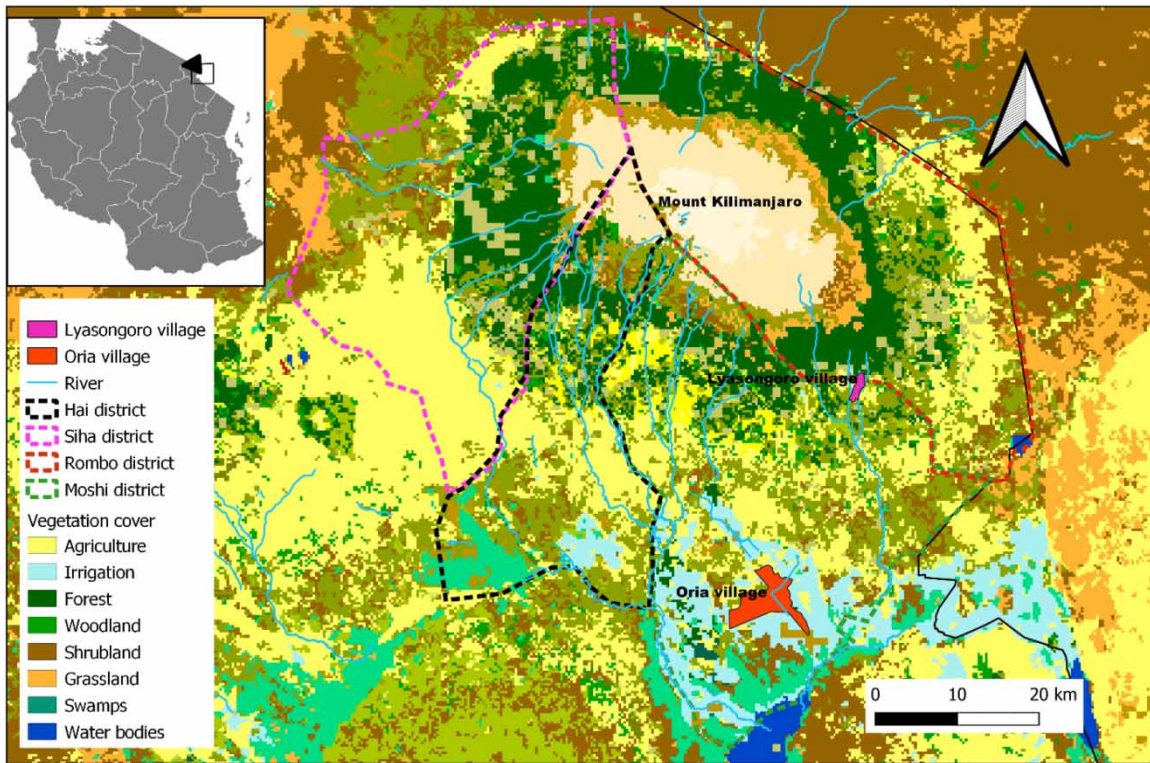


Figure 2 | Land use and land cover in the study area. The inset (left) is the map of Tanzania showing the location of the study area.

questionnaire consisting of 16 questions was firstly pretested by administering it to 12 respondents from Oria village and the final questionnaire was obtained after revision of the original questionnaire based on the pretest results (Hilton 2017). The final questionnaire had four main sections: respondents' profiles, awareness of respondents on the value of catchment forests as providers of water services, respondents' willingness to support the conservation of catchment forests, and factors hindering full participation communities in the conservation of catchment forests. Additionally, we obtained verbal consent from the respondents before administering the questionnaire (Brod & Feinbloom 2016). The questionnaire was administered to the head of the selected households or any senior member of the household aged at least 18 years using the Kiswahili language, which was understood by all respondents. Although the study did not require local research ethics approval, we took care that the rights and well-being of all participants were respected and ensured no sense of injustice during the whole process of data collection. Each respondent was assured that the information provided would be treated as confidential and that each respondent was identified by a number (Kaiser 2009). We also obtained information from four key informants from the irrigation scheme and hydroelectric power plant, and from village leaders.

2.3. Data analysis

Data were coded and entered in Statistical Package for Social Sciences (SPSS), then changed to Excel before being exported into the R 3.6.2 environment (R-Core-Team 2019) for analysis. Generalized linear models (GLMs) with a binomial distribution (Warne 2020) were used to address two research questions to assess if (1) local communities' awareness of the hydrological value of MKF varies between men and women, farmers and non-farmers, downstream and upstream users, and across respondents with different levels of education and (2) local communities are willing to support the ecological integrity and hydrological function of MKF by (i) participating in planting and protecting forest tree cover, (ii) joining conservation efforts through conservation clubs, (iii) donating cash to finance its protection, and (iv) adhering to bylaws governing its protection. To address this question, four separate binomial GLMs were fitted with response variables from (i) to (iv) being binary with one agreeing to support the protection of catchment forests or zero, otherwise and for the first question about awareness, a binary response variable with one agreeing to be aware of the hydrological value of MKF

while zero being not aware. Gender, age, level of education, location of the community (i.e., upstream and downstream), and the main economic activity respondents are involved in were treated as explanatory variables for each candidate model. The parsimonious model for each candidate model fitted was obtained by single-term deletion based on p -values from the likelihood ratio chi-square (χ^2) test using Anova of the *car* R-package. The significance level was determined at $p < 0.05$. To visualize significant terms for each final model, the *ggplot2* R-package (Wickham 2009) was used. Furthermore, we used descriptive statistics to understand the demographic characteristics of respondents. All analyzes were performed using R 3.6.2 (R-Core-Team 2019). Additionally, information obtained from the interview with the key informant and open-ended questions was filtered and presented in the form of quotations.

3. RESULTS AND DISCUSSION

3.1. Demographic profile of respondents

A total of 90 respondents were interviewed from two villages: Lyasongoro, representing the upstream community of water users ($n = 45$, 50%) and Oria, representing downstream users ($n = 45$, 50%). About 65.5% of the 90 respondents were male ($n = 59$) while the female was 34.5% ($n = 31$). Most respondents had an age class of 18–35 years ($n = 37$, 41%) followed by 36–54 years ($n = 34$, 37%), and 21% ($n = 19$) above 54 years. Most respondents ($n = 64$, 71%) had a primary education, whereas the remaining 29% had either a secondary or college education. Further results showed that 81% ($n = 73$) of respondents engaged in agricultural activities, whereas 11% ($n = 11$) and 8% ($n = 7$) of respondents were found practising business and livestock husbandry, respectively.

3.2. Community awareness of the hydrological role of MKF

Respondents were asked if they are aware of the value of the MKF as a major provider of water services, overall results show that 99% of respondents are aware, whereas only 1% are not aware. This finding suggests that irrespective of where the community is located (i.e., upstream or downstream), the level of awareness about the role of MKF as a major provider of hydrological services was both high because the synergy between forest conservation and water flow has a direct effect to human welfare, communal ways of life, and livelihoods. High awareness of upstream and downstream communities of hydrological values in the Eastern Arc Mountains were also found by Said *et al.* (2019).

We further tested if the awareness is influenced by the demographic profiles of the respondents and the results showed that respondents' locations ($\chi^2 = 0$, $df = 1$, $p = 0.99$, Figure 3(a)), level of education ($\chi^2 = 1.04$, $df = 2$, $p = 0.59$, Figure 3(b)), and

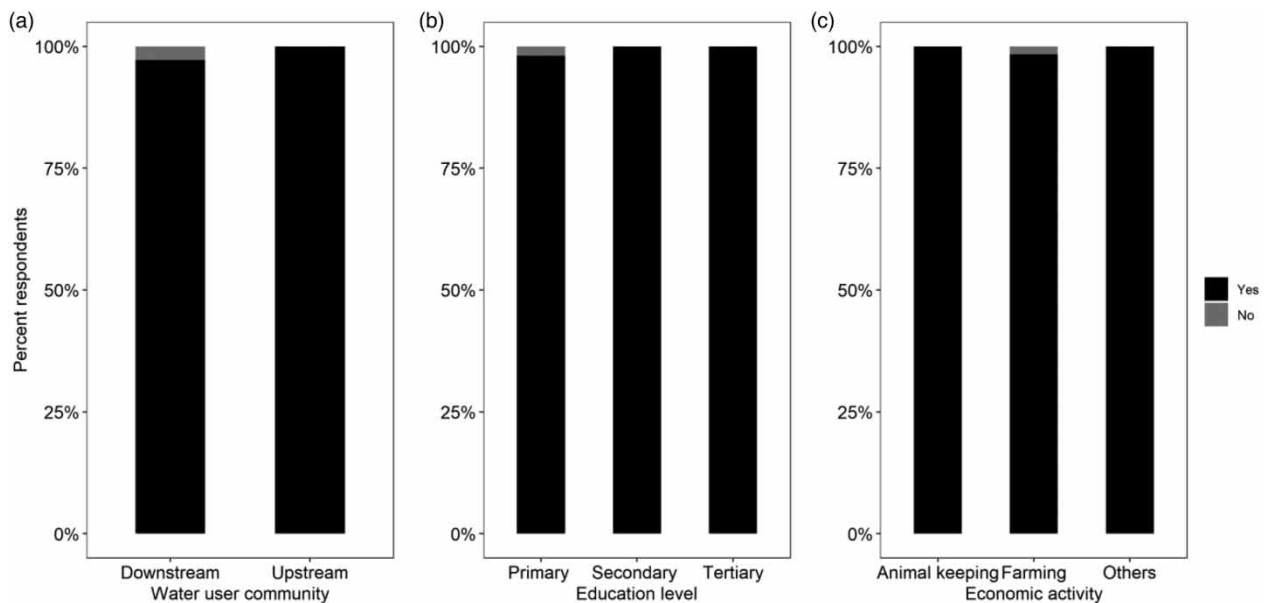


Figure 3 | Percent of respondents indicating awareness of the hydrological value of MKF as across (a) respondents' location; (b) respondents with different levels of education; and (c) respondents engaging in different economic activity.

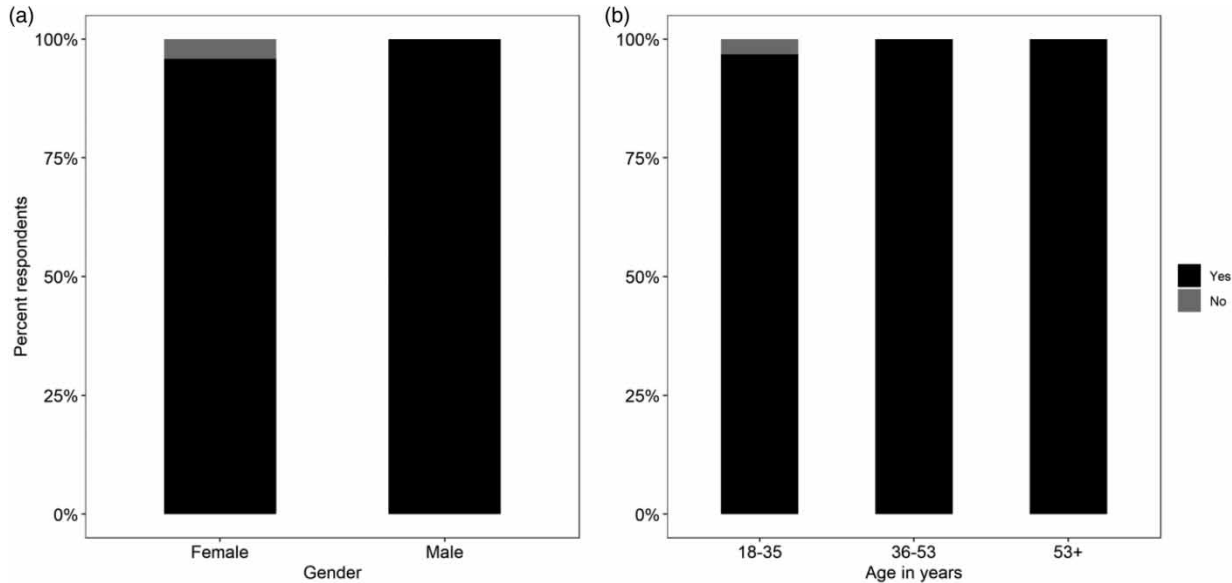


Figure 4 | Percentage of the respondents indicating the awareness of the local community on the value of MKF as a catchment across (a) respondent's gender and (b) age categories.

main economic activity they are involved in ($\chi^2 = 1.04$, $df = 3$, $p = 0.79$, Figure 3(c)) did have a significant influence on community awareness.

Similarly, results showed that the age of respondents ($\chi^2 = 1.72$, $df = 2$, $p = 0.42$, Figure 4(a)), respondent's gender ($\chi^2 = 3.72$, $df = 1$, $p = 0.5$, Figure 4(b)) were also not significant predictors of community awareness toward conservation of MKF as a catchment.

These findings indicate that respondents' level of education, location (upstream or downstream), age, gender, and the main economic activities in which the community is involved were not important predictors of awareness of the community on the importance of MKF as a provider for water. This is because water is among the major determinants of well-being and a public concern for all community groups, especially during low flows (Diez & Martín-García 2012; Mushi *et al.* 2020). Communities are also triggered to increased awareness following increasing global and local rhythms in water supply for economically important projects such as hydroelectric power generation, agricultural production, and industrial and domestic uses (Brown 2013; Mushi *et al.* 2020). Our results are also related to Lugazo (2017), where the majority of the community was aware of the protection of the forest and just 10% ($n = 100$) of the respondents in west Usambara Forest had low awareness about forest conservation practices.

3.3. Communities support on conservation of MKF

3.3.1. Community participation in planting and protecting tree cover in and adjacent to MKF

Nearly 83% of respondents showed that they support the conservation of forests by planting and protecting a tree cover in and adjacent to MKF, while 17% do not. To understand if community responses toward planting and protecting a tree cover vary across respondents' profiles, we found that respondents' location ($\chi^2 = 13.12$, $df = 1$, $p = 0.0003$, Figure 5(a)) was associated with 98% of upstream community members being more positive in planting trees and 69% of the respondents downstream supporting it. This suggests that upstream communities play a significant role as forest managers and forest service users, whereas downstream communities are mostly users of forest services (especially water). Unlike downstream communities, the upstream communities incur relatively higher opportunity costs to protect and maintain the tree cover of MKF, and live in fragile and inaccessible mountain areas with limited resource opportunities (Nepal *et al.* 2014). Thus, an approach striving to balance their roles through incentivization and financial compensation schemes should encourage and acknowledge their contributions. Tree planting and protection of forest cover are major forest management activities that protect the catchment and ensure the sustainable flow of forest-related services, including water (Ellison *et al.* 2017; Thapa *et al.* 2018). This also safeguards the integrity of the local community through the provisioning of forest ecosystem services, particularly water services.

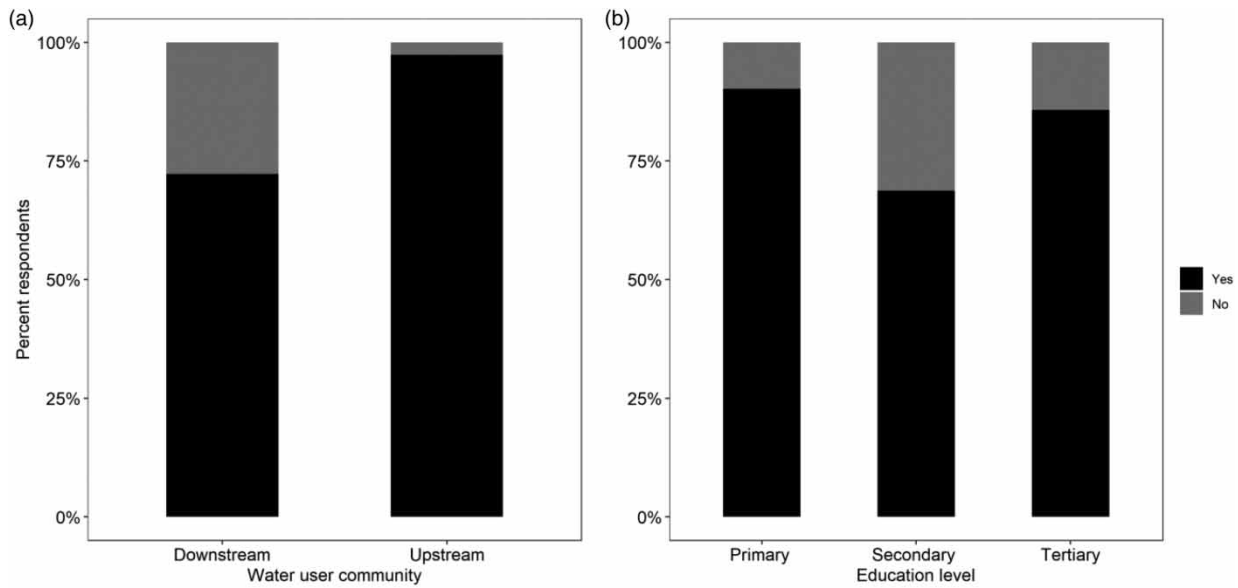


Figure 5 | Percent of respondents' responses indicating their support for the conservation of forests by planting trees adjacent to catchments: (a) responses between locations and (b) responses from individuals with varying levels of education.

Findings from sizeable literature align with our findings. For instance, people living adjacent to West Usambara, Tanzania, and Kuang Si participate more in planting trees to enhance environmental conditions and improve the ecological values of the forests than those far away downstream (Lau 2022). Additionally, a study addressing synergy between the upstream and downstream users of hydrological services in the Himalayan region found similar findings (Nepal *et al.* 2014). Similarly, Mombo *et al.* (2014) also obtained that upstream communities participate in the planting and protection of tree cover of the Kilombero wetlands catchment area more than downstream communities.

Education was also a significant predictor with individuals having primary and college education participating more than those who attained secondary level education ($\chi^2 = 6.58$, $df = 2$, $p = 0.03$, Figure 5(b)). The level of education influences community decisions in the protection of natural resources (Wekesa 2017). Despite variations in the level of education, both upstream and downstream educated communities were positive in the protection of the MKF.

3.3.2. Community willingness to finance conservation of MKF

When respondents were asked whether they willingly donate money to enhance the conservation of catchment forests if ought to, results showed that respondents who achieved college or university education were significantly willing to donate money for conservation compared with those with primary and secondary education ($\chi^2 = 7.89$, $df = 2$, $p = 0.01$, Figure 6(a)). This implies that community members who have attained higher education (college) have more understanding of the existing synergy between the power of financing MKF and its positive consequences on water flow. They further understand that forest protection needs financial support for efficient ecological management and functions (Thompson *et al.* 2018; Bremer *et al.* 2019).

Although upstream communities were found to be more responsive in donating money than downstream communities, there was no significant variation ($\chi^2 = 3.51$, $df = 1$, $p = 0.06$, Figure 6(b)). Based on the results, we found that the level of willingness of upstream and downstream communities to finance the conservation of MKF to ensure that the flow of water is the same. However, there was a slight difference in that, unlike downstream communities, upstream communities are more willing to donate cash for the conservation of MKF. This is because people upstream are close to the forest and can gain more services (pollination, rainfall, and regulation of micro-climate) than water. Additionally, the focus of government and other institutions is biased toward upstream communities than those occurring downstream. Pangani Water Basin has to encourage the willingness of both upstream and downstream communities to donate for the conservation of the catchment forest of Mt. Kilimanjaro, as also observed in the Hai district, where the community was willing to pay Tanzanian Shillings 100,000 (45 US\$) for protection of the catchment forest (Sila 2019). Large-scale water users provide financial

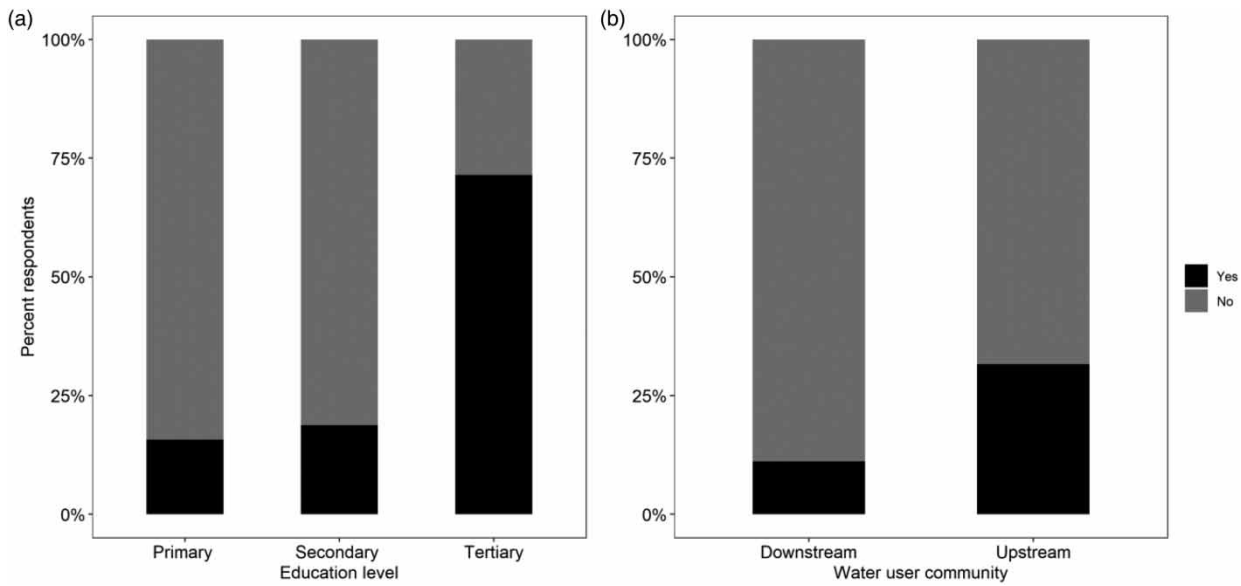


Figure 6 | Percent of respondents' responses indicating a willingness to donate money for the conservation of catchment forests: (a) responses from individuals with varying levels of education and (b) responses between locations.

support to forest authorities so that they can run different conservation programmes that seek to safeguard the forest ecosystem. ‘...most of the institutions use pricing to reconcile their stakeholders...’ (Participant one interview, 12 August 2020). Hence, financial support is of high significance because their production activities strongly depend on the availability of water from the forest ecosystem.

3.3.3. Community commitment to join efforts in managing MKF

In line with our expectation, we found that the upstream communities are highly contributing to the protection and conservation of MKF by joining clubs for big conservation results than downstream communities ($\chi^2 = 24.01$, $df = 1$, $p < 0.0001$,

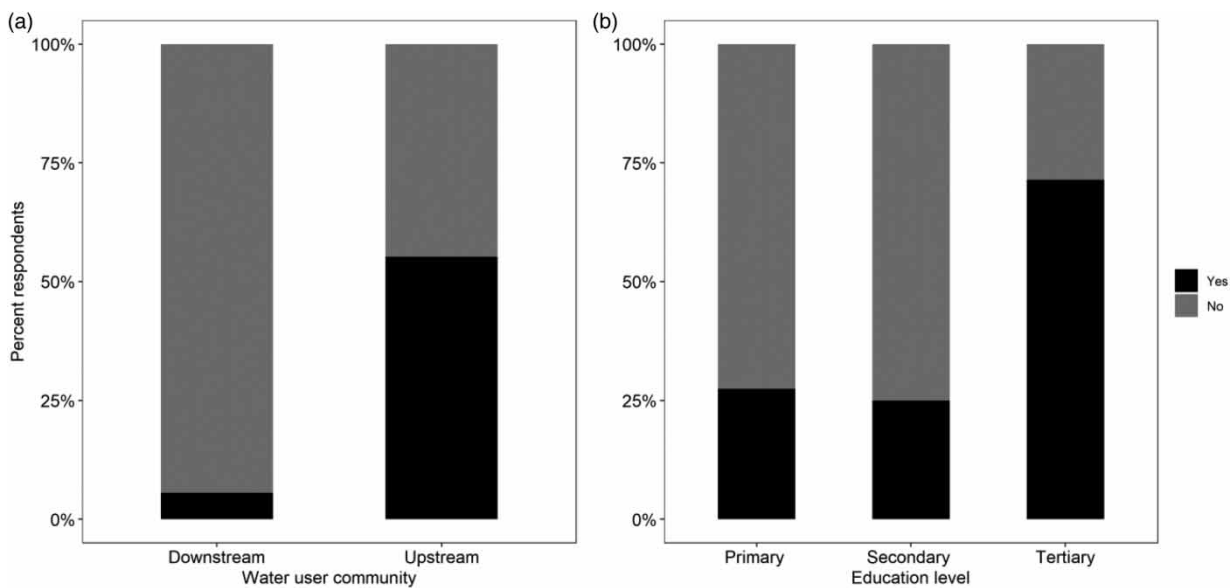


Figure 7 | Percentage of respondents' responses indicating a commitment to join efforts in protecting and conserving catchment forests: (a) responses between locations and (b) responses from individuals with varying levels of education.

Figure 7(a)). Further results show that community responsiveness in joining forest conservation clubs is not dependent on education, gender, age, and economic activities they are involved in (Figure 7(b)). Local conservation groups are important in addressing conservation issues requiring concerted efforts, such as forest and catchment management. Through these groups, they create awareness about the significance of forest conservation and encourage people to participate in different environmental actions that contribute positively to the improvement of the forest (Mckinley *et al.* 2016). Different conservation clubs and groups, for example, Malihai, Roots and Shoots, Floresta, and others contribute directly to the conservation of catchment forests. The study revealed that upstream communities showed a high response concerning joining conservation clubs and groups as compared with downstream communities. This is because upstream communities have a positive perception toward conservation following the direct benefits that they obtain from the ecosystem. Therefore, encouraging the formation and joining of community members to conservation groups both in upstream and downstream areas communities is likely to raise awareness of the community and consequently participate in supporting the conservation of catchment forests (Chinangwa *et al.* 2017).

3.3.4. Community commitments to adhering bylaws governing the protection of MKF

All respondents showed that their village has bylaws governing the protection of forests, water sources, and other environmental resources. When asked if respondents are happy with the bylaws and whether they adhere to them, we found that upstream communities were more comfortable and committed to adhering to bylaws limiting harvesting of forest resources near the catchments than downstream communities ($\chi^2 = 12.95$, $df = 1$, $p = 0.0003$, Figure 8(a)). Additionally, people involved in agriculture were significantly more responsive than those engaging in pastoralism and other activities (i.e., employment and business) ($\chi^2 = 13.57$, $df = 3$, $p = 0.001$, Figure 8(b)). High pressure of anthropogenic activities including agricultural activities and livestock keeping as well as the high demand for different forest products such as timber and medicinal plants affect catchment forests, hence, there is a need to provide a legal means of protecting the forest at the local scale (Schumacher 2018; Kimaro & Bogner 2019; Qi *et al.* 2019). The establishment of different village conservation bylaws and adherence to different laws imposed by village governments and forest authorities are efforts of protecting the forest (Ylhäisi 2003; Durrant *et al.* 2008; Strauch & Almedom 2014). The study correlates with the study conducted by Brockington (2007), which claimed that, after the establishment of village conservation bylaws in Duru-Haitemba Forest in Babati district, villagers abide by all bylaws and imposed by the village government and village forest committee. Therefore, village conservation bylaws are very important in conserving forests and community participation through adhering to conservation bylaws and is necessary to enhance forest conservation (Babili & Wiersum 2013; Maguo *et al.* 2020).

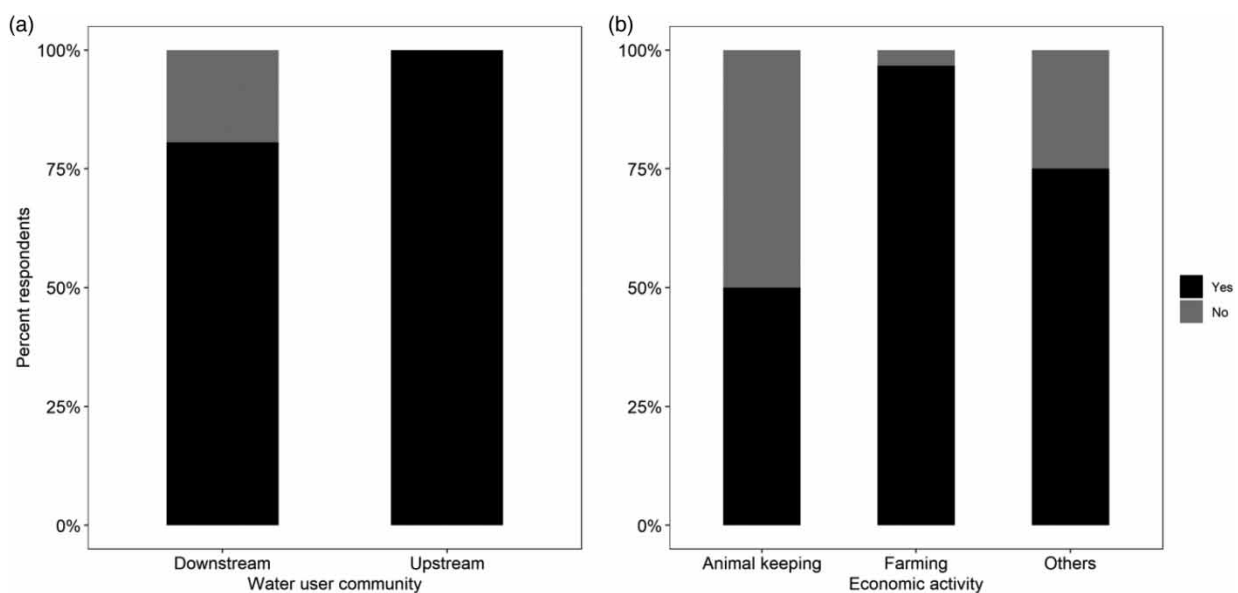


Figure 8 | Percentage of respondents' responses indicating a willingness to adhere to bylaws governing protection and conservation of catchments: (a) responses between locations and (b) responses from individuals engaging in different economic activities.

4. IMPLICATIONS OF THE STUDY

The study found that upstream communities have substantial contributions in implementing activities aimed at enhancing MKF management and consequently flow of hydrological services as compared with downstream communities. Findings from this study inform the formulation and implementation of a comprehensive ecosystem approach that integrate community perspectives and their contribution in the management of the MKF and a riverine ecosystem. Integrating community perspectives from upstream and downstream communities in managing the forests for sustainable flow of water services is critical. Additionally, the findings are important in unleashing the scheme for payment of ecosystem services (PES) by considering the benefits and burdens of management practices for MKF and water flow among the upstream and downstream communities. Accordingly, it should take into account upstream communities as resource managers pay relative high costs for conserving MKF than downstream communities, which are more secondary resource users.

5. CONCLUSIONS

This study highlights the role of communities in supporting the conservation of MKF on the southern slopes for the provision of hydrological services. Based on our findings, we conclude that, despite the high awareness of people on the hydrological value of MKF, upstream communities showed a substantial contribution in supporting the ecological integrity and hydrological functions of MKF when captured to downstream. Our findings provide evidence of the significant involvement of upstream communities in tree planting and forest cover protection, including joining efforts through conservation clubs, donating cash to finance MKF protection, and adhering to bylaws governing environmental management of MKF contrary to communities downstream. In the face of climate change and increasing human pressures on the use of forest resources and services, upstream and downstream communities need to be involved equally in decisions pertaining to the protection of MKF to ensure sustainable flow and use of ecosystem services offered by MKF. It is worth to underscore that sustainable management of MKF is vital for its functioning and ultimately the well-being of people, especially those living in northern Tanzania. Although we cannot be certain that this paper covered all community perspectives regarding the roles of communities in supporting the ecological integrity and hydrological function of MKF, we are confident to have covered a representative sample of households from each village surveyed for this study. This study was unable to study the roles of urban dwellers in protecting MKF and ensuring the flow of water services for economic activities in urban areas. Also, we could not account for the roles of the economically important water users (i.e., industries, agricultural plantations, and hydroelectric plants) and social service provision institutions (i.e., schools, hospitals, and colleges/universities). Thus, further study taking these issues into account is recommended.

ACKNOWLEDGEMENTS

The authors are grateful to the College of African Wildlife Management, Mweka for supporting the necessary resources to meet field logistics for this research work. We are also thankful to the District Executive Director of Moshi and the Village Executive Officers for Lyasongoro and Oria for granting the permit to undertake this study in their areas. Further thanks go to respondents who shared their precious views without which this research would be impossible. We are also indebted to two anonymous reviewers for their constructive comments which significantly improved the manuscript.

DATA AVAILABILITY STATEMENT

Data cannot be made publicly available; readers should contact the corresponding author for details.

CONFLICT OF INTEREST

The authors declare there is no conflict.

REFERENCES

- Abell, R., Karres, N., Vigerstol, K., Higgins, J., Lehner, B., Sridhar, A. & Chapin, E. 2019 *Freshwater biodiversity conservation through source water protection: quantifying the potential and addressing the challenges*. *Aquatic Conservation* **29**, 1022–1038. <https://doi.org/10.1002/aqc.3091>
- Aznar-Sánchez, J. A., Velasco-Muñoz, J. F., Belmonte-Ureña, L. J. & Manzano-Agugliaro, F. 2019 *The worldwide research trends on water ecosystem services*. *Ecological Indicators* **99**, 310–323. <https://doi.org/10.1016/j.ecolind.2018.12.045>

- Babili, I. H. & Wiersum, F. 2013 Evolution and diversification of community forestry regimes in Babati District, Tanzania. *Small-Scale Forestry* **12** (4), 539–557. <https://doi.org/10.1007/s11842-012-9228-9>
- Bjorndalen, J. E. 1992 Tanzania's vanishing rain forests assessment of nature conservation values, biodiversity and importance for water catchment. *Agriculture, Ecosystems and Environment* **40**, 313–334.
- Bosch, J. M. & Gadaw, K. V. 2010 Regulating afforestation for water conservation in South Africa. *South African Forestry Journal* **153**, 41–54.
- Bremer, L. L., Wada, C. A., Medoff, S., Page, J., Falinski, K. & Burnett, K. M. 2019 Contributions of native forest protection to local water supplies in East Maui. *Science of The Total Environment* **688**, 1422–1432. <https://doi.org/10.1016/j.scitotenv.2019.06.220>
- Brockington, D. 2007 Forests, community conservation, and local government performance: the village forest reserves of Tanzania. *Society & Natural Resources: An International Journal* **20**, 37–41. <https://doi.org/10.1080/08941920701460366>
- Brod, M. S. & Feinbloom, R. I. 2016 Feasibility and efficacy of verbal consents. *Research on Aging* **12** (3), 364–372. <https://doi.org/10.1177/0164027590123005>
- Brown 2013 *Compact_report_web_flat.pdf*. Available from: https://mapa.valpo.net/sites/default/files/repositorio-documentos/compact_report_web_flat.pdf#page=76
- Carvalho-Santos, C., Honrado, J. P. & Hein, L. 2014 Hydrological services and the role of forests: conceptualization and indicator-based analysis with an illustration at a regional scale. *Ecological Complexity* **20**, 69–80. <https://doi.org/10.1016/j.ecocom.2014.09.001>
- Chinangwa, L., Gasparatos, A. & Saito, O. 2017 Forest conservation and the private sector: stakeholder perceptions towards payment for ecosystem service schemes in the tobacco and sugarcane sectors in Malawi. *Sustainability Science* **16**, 53–70. <https://doi.org/10.1007/s11625-017-0469-6>
- Classen, A., Eardley, C. D., Hemp, A., Peters, M. K., Peters, R. S., Ssymank, A. & Steffan-Dewenter, I. 2020 Specialization of plant–pollinator interactions increases with temperature at Mt. Kilimanjaro. *Ecology and Evolution* **10** (4), 2182–2195. <https://doi.org/10.1002/ece3.6056>
- Cleaton-Jones, P. E. & Curzon, M. E. J. 2012 Submitting an application for research ethics clearance. *European Archives of Paediatric Dentistry* **13** (2), 60–63. <https://doi.org/10.1007/BF03262845>
- Corbera, E. & Pascual, U. 2012 Ecosystem services: heed social goals. *Science* **335** (6069), 655–656. <https://doi.org/10.1126/science.335.6069.655-c>
- Davies, J., Bukulatjipi, S., Sharma, S., Davis, J. & Johnston, V. 2014 'Only your blood can tell the story' – a qualitative research study using semi-structured interviews to explore the hepatitis B related knowledge, perceptions and experiences of remote dwelling Indigenous Australians and their health care providers in northern Australia. *BMC Public Health* **14** (1), 1233. <https://doi.org/10.1186/1471-2458-14-1233>
- Diez, J. J. & Martín-García, B. 2012 *Sustainable Forest Management: Case Studies*. BoD – Books on Demand, Rijeka, Croatia.
- Durrant, M. B., Durrant, J. O. & Durrant, J. O. 2008 The influence of location on local attitudes toward community conservation on Mount Kilimanjaro. *Society & Natural Resources: An International Journal* **21**, 37–41. <https://doi.org/10.1080/08941920701618187>
- Ellison, D., Morris, C. E., Locatelli, B., Sheil, D., Cohen, J., Murdiyarso, D., Gutierrez, V., Noordwijk, M. v., Creed, I. F., Pokorny, J., Gaveau, D., Spracklen, D. V., Tobella, A. B., Ilstedt, U., Teuling, A. J., Gebrehiwot, S. G., Sands, D. C., Muys, B., Verbist, B., Springgay, E. & Sullivan, C. A. 2017 Trees, forests and water: cool insights for a hot world. *Global Environmental Change* **43**, 51–61. <https://doi.org/10.1016/j.gloenvcha.2017.01.002>
- Gao, Y., Sarker, S., Sarker, T. & Leta, O. T. 2022 Analyzing the critical locations in response of constructed and planned dams on the Mekong River Basin for environmental integrity. *Environmental Research Communications* **4** (10), 101001. <https://doi.org/10.1088/2515-7620/ac9459>
- Giliba, R. A., Mafuru, C. S., Paul, M., Kayombo, C. J., Kashindye, A. M., Chirenje, L. I. & Musamba, E. B. 2011 Human activities influencing deforestation on Meru Catchment Forest Reserve, Tanzania. *Journal of Human Ecology* **33** (1), 17–20. <https://doi.org/10.1080/09709274.2011.11906344>
- Grove 1993 Water Use by the Chagga on Kilimanjaro. *African Affairs*. Available from: <https://academic.oup.com/afraf/article-abstract/92/368/431/260940>
- Grzybowski, M. & Glińska-Lewczuk, K. 2019 Principal threats to the conservation of freshwater habitats in the continental biogeographical region of Central Europe. *Biodiversity and Conservation* **28** (14), 4065–4097. <https://doi.org/10.1007/s10531-019-01865-x>
- Hilton, C. E. 2017 The importance of pretesting questionnaires: A field research example of cognitive pretesting the Exercise referral Quality of Life Scale (ER-QLS). *International Journal of Social Research Methodology* **20** (1), 21–34. <https://doi.org/10.1080/13645579.2015.1091640>
- Hohner, A. K., Rhoades, C. C., Wilkerson, P. & Rosario-Ortiz, F. L. 2019 Wildfires alter forest watersheds and threaten drinking water quality. *Accounts of Chemical Research* **52** (5), 1234–1244. <https://doi.org/10.1021/acs.accounts.8b00670>
- Ichinose, Y., Higuchi, H., Kubo, R., Nishigaki, T., Kilasara, M., Shinjo, H. & Funakawa, S. 2020 Adaptation of farmland management strategies to maintain livelihood by the Chagga people in the Kilimanjaro highlands. *Agricultural Systems* **181**, 102829. <https://doi.org/10.1016/j.agsy.2020.102829>
- Ilyushin, L. S. & Azbel, A. A. 2017 The modern Russian teacher: Studying awareness with the use of the semi-structured interview. *Psychology in Russia: State of the Art* **10** (1), 49–66.
- Kaiser, K. 2009 Protecting respondent confidentiality in qualitative research. *Qualitative Health Research* **19** (11), 1632–1641. <https://doi.org/10.1177/1049732309350879>

- Kangalawe, R. Y. M., Noe, C., Tungaraza, F. S. K., Naimani, G. & Mlele, M. 2014 Understanding of traditional knowledge and indigenous institutions on sustainable land management in Kilimanjaro Region, Tanzania. *Open Journal of Soil Science* **04** (13), Article 13. <https://doi.org/10.4236/ojss.2014.413046>
- Kijazi, M. H. & Kant, S. 2010 Forest stakeholders' value preferences in Mount Kilimanjaro, Tanzania. *Forest Policy and Economics* **12** (5), 357–369. <https://doi.org/10.1016/j.forpol.2010.02.007>
- Kimaro, J. & Bogner, C. 2019 Water management under traditional farming systems: practices and limitations of the Mfongo system around Mt. Kilimanjaro. *Water Utility Journal* **22**, 53–64.
- Kimaro, J. G., Scharsich, V., Kolb, A., Huwe, B. & Hanan, N. P. 2019 Distribution of traditional irrigation canals and their discharge dynamics at the southern slopes of Mount Kilimanjaro. *Environmental Science* **7** Article, 1–13. <https://doi.org/10.3389/fenvs.2019.00024>
- Lau, Y. 2022 Protecting the mountainous catchment area of the Kuang Si Waterfall, Lao PDR. *Asia Pacific Viewpoint* **63** (2), 207–223. <https://doi.org/10.1111/apv.12316>
- Leitão, I. A., Ferreira, C. S. S. & Ferreira, A. J. D. 2019 Assessing long-term changes in potential ecosystem services of a peri-urbanizing Mediterranean catchment. *Science of The Total Environment* **660**, 993–1003. <https://doi.org/10.1016/j.scitotenv.2019.01.088>
- Lugazo, S. C. 2017 *The Impacts of Population Growth on Managing Forest Resources in West Usambara, Tanzania*.
- Maguo, A., Zilihona, I. & Kauki, B. 2020 *Effects of Anthropogenic Activities on Catchment Forest in Njombe District: A Case of Nundu Catchment Forest*. Available from: <https://repository.irdp.ac.tz/handle/123456789/142>
- Martinez, R., Green, K. M. & Dewan, A. 2013 Establishing reciprocal agreements for water and biodiversity conservation through a social marketing campaign in Quanda Watershed, Peru. *Conservation Evidence* **22**, 42–47.
- Mathew, M. M., Majule, A. E., Sinclair, F. & Marchant, R. 2016 Relationships between on-farm tree stocks and soil organic carbon along an altitudinal gradient, Mount Kilimanjaro, Tanzania. *Forests, Trees and Livelihoods* **25** (4), 255–266. <https://doi.org/10.1080/14728028.2016.1202790>
- Mbonile, M. J. 2005 Migration and intensification of water conflicts in the Pangani Basin, Tanzania. *Habitat International* **29** (1), 41–67. [https://doi.org/10.1016/S0197-3975\(03\)00061-4](https://doi.org/10.1016/S0197-3975(03)00061-4)
- Mckenzie, J. M., Mark, B. G., Thompson, L. G., Schotterer, U. & Lin, P. 2008 A hydrogeochemical survey of Kilimanjaro (Tanzania): implications for water sources and ages. *Hydrogeology Journal* **18**, 985–995. <https://doi.org/10.1007/s10040-009-0558-4>
- Mckinley, D. C., Miller-rushing, A. J., Ballard, H. L., Bonney, R., Brown, H., Cook-patton, S. C., Evans, D. M., French, R. A., Parrish, J. K., Phillips, T. B., Ryan, S. F., Shanley, L. A., Shirk, J. L., Stepenuck, K. F., Weltzin, J. F., Wiggins, A., Boyle, O. D., Briggs, R. D., Chapin, S. F. & Soukup, M. A. 2016 Citizen science can improve conservation science, natural resource management, and environmental protection. *Biological Conservation Journal* **12**, 1–24. <https://doi.org/10.1016/j.biocon.2016.05.015>
- MEA 2005 *Millenium Eco Assesment 05 Oppor Business Industry.pdf*. Available from: https://www.unioviado.es/ranadon/Ricardo_Anadon/docencia/DoctoradoEconomia/Millenium%20Eco%20Assesment%2005%20Oppor%20Business%20Industry.pdf
- Mombo, F., Lusambo, L., Speelman, S., Buysse, J., Munishi, P. & van Huylenbroeck, G. 2014 Scope for introducing payments for ecosystem services as a strategy to reduce deforestation in the Kilombero wetlands catchment area. *Forest Policy and Economics* **38**, 81–89. <https://doi.org/10.1016/j.forpol.2013.04.004>
- Mujwahuzi, M. R. 2001 Water use conflicts in the Pangani basin: an overview. In: *Water Resources Management in the Pangani River Basin: Challenges and Opportunities*. Dar es Salaam University Press, Dar es Salaam, pp. 128–137.
- Mulamula, L. G. 2020 *Land Cover, Climate and River Flow Linkages and Their Implications on Human Wellbeing in Lukuled River Catchment Area, Tanzania*. Thesis, University of Dar es Salaam. Available from: <http://41.86.172.12:80/handle/123456789/16486>
- Mushi, H., Yanda, P. Z. & Kleyer, M. 2020 Socioeconomic factors determining extraction of non-timber forest products on the slopes of Mt. Kilimanjaro, Tanzania. *Human Ecology* **48** (6), 695–707. <https://doi.org/10.1007/s10745-020-00187-9>
- Nepal, S., Flügel, W.-A. & Shrestha, A. B. 2014 Upstream-downstream linkages of hydrological processes in the Himalayan region. *Ecological Processes* **3** (1), 19. <https://doi.org/10.1186/s13717-014-0019-4>
- Núñez, D., Nahuelhual, L. & Oyarzún, C. 2006 Forests and water: the value of native temperate forests in supplying water for human consumption. *Ecological Economics* **58** (3), 606–616. <https://doi.org/10.1016/j.ecolecon.2005.08.010>
- Panagopoulos, A. 2022 Study and evaluation of the characteristics of saline wastewater (brine) produced by desalination and industrial plants. *Environmental Science and Pollution Research* **29** (16), 23736–23749. <https://doi.org/10.1007/s11356-021-17694-x>
- Panagopoulos, A. & Giannika, V. 2022a Comparative techno-economic and environmental analysis of minimal liquid discharge (MLD) and zero liquid discharge (ZLD) desalination systems for seawater brine treatment and valorization. *Sustainable Energy Technologies and Assessments* **53**, 102477. <https://doi.org/10.1016/j.seta.2022.102477>
- Panagopoulos, A. & Giannika, V. 2022b Decarbonized and circular brine management/valorization for water & valuable resource recovery via minimal/zero liquid discharge (MLD/ZLD) strategies. *Journal of Environmental Management* **324**, 116239. <https://doi.org/10.1016/j.jenvman.2022.116239>
- Qi, W., Li, H., Zhang, Q. & Zhang, K. 2019 Forest restoration efforts drive changes in land-use/land-cover and water-related ecosystem services in China's Han River basin. *Ecological Engineering* **126**, 64–73. <https://doi.org/10.1016/j.ecoleng.2018.11.001>
- R Core Team 2019 R: A language and environment for statistical computing. R Foundation for Statistical Computing, Vienna, Austria. Retrieved from <https://www.R-project.org/>

- Russi, D., ten Brink, P., Farmer, A., Badura, T., Coates, D., Förster, J. & Davidson, N. 2013 *The Economics of Ecosystems and Biodiversity for Water and Wetlands*. IEEP, London and Brussels, 78, 118p.
- Said, M., Komakech, H. C., Munishi, L. K. & Muzuka, A. N. N. 2019 Evidence of climate change impacts on water, food and energy resources around Kilimanjaro, Tanzania. *Regional Environmental Change* **19** (8), 2521–2534. <https://doi.org/10.1007/s10113-019-01568-7>
- Sarker, S. 2021 Investigating Topologic and Geometric Properties of Synthetic and Natural River Networks under Changing Climate. *Electronic Theses and Dissertations*, 2020-. Available from: <https://stars.library.ucf.edu/etd2020/965>
- Sarker, S., Veremyev, A., Boginski, V. & Singh, A. 2019 Critical nodes in river networks. *Scientific Reports* **9** (1), Article 1. <https://doi.org/10.1038/s41598-019-47292-4>
- Schumacher, B. 2018 Atmospheric moisture pathways of East Africa and implications for water recycling at Mount Kilimanjaro. *Earth and Environment* **10**, 1–29. <https://doi.org/10.1002/joc.6468>
- Seeteram, N. A., Hyera, P. T., Kaaya, L. T., Lalika, M. C. S. & Anderson, E. P. 2019 *Conserving Rivers and Their Biodiversity in Tanzania*. Shrestha, K. B., Måren, I. E., Arneberg, E. & Sah, J. P. 2013 Effect of anthropogenic disturbance on plant species diversity in oak forests in Nepal, Central Himalaya. *International Journal of Biodiversity Science, Ecosystem Services & Management* **2**, 21–29. <https://doi/full/10.1080/21513732.2012.749303>.
- Sila 2019 *Willingness to Pay for Improved Conservation of Water Catchment in Hai District, Tanzania*. Available from: <http://scholar.mzumbe.ac.tz/handle/11192/3450>
- Strauch, A. M. & Almedom, A. M. 2014 Traditional water resource management and water quality in rural Tanzania. *Human Ecology* **39**, 93–106. <https://doi.org/10.1007/s10745-011-9376-0>
- Thapa, K., Wide, W., For, F., Khanal, C. & Upadhya, D. 2018 *Linkages among forest, water and wildlife: A case study from Kalapani community forest in the Lamahi bottleneck area of Terai Arc Landscape*. August. <https://doi.org/10.18352/ijc.777>
- Thompson, T. A., Purdy, J. M. & Ventresca, M. J. 2018 How entrepreneurial ecosystems take form: Evidence from social impact initiatives in Seattle. *Strategic Entrepreneurship Journal* **12** (1), 96–116. <https://doi.org/10.1002/sej.1285>.
- Turner 2003 *No_2.pdf*. Available from: https://millenniumindicators.un.org/unsd/Demographic/meetings/egm/Sampling_1203/docs/no_2.pdf
- Vyamana, A. V. G. 2009 Participatory forest management in the Eastern Arc Mountains of Tanzania: who benefits? *International Forestry Review* **11**, 239–253.
- Wagner, S., Rigal, C., Liebig, T., Mremi, R., Hemp, A., Jones, M., Price, E. & Preziosi, R. 2019 Ecosystem services and importance of common tree species in coffee-agroforestry systems: local knowledge of small-scale farmers at Mt. Kilimanjaro, Tanzania. *Forests* **10** (11), Article 11. <https://doi.org/10.3390/f10110963>
- Warne, R. T. 2020 *Statistics for the Social Sciences: A General Linear Model Approach*. Cambridge University Press, Cambridge.
- Wekesa, I. W. 2017 *Examining the Role of Community Participation in Forest Management and Conservation in Kimothon Forest, Trans Nzoia County, Kenya*.
- Wickham, H. 2009 *Getting started with qplot*. In: Wickham, H. (ed.). *Ggplot2: Elegant Graphics for Data Analysis*. Springer. pp. 9–26. https://doi.org/10.1007/978-0-387-98141-3_2.
- Yanda, P. Z. & Mpanda, S. 2018 *Spring Water Discharge Variability on the Footslopes of Mount Kilimanjaro*. Available from: <http://repository.costech.or.tz/handle/123456789/9697>
- Yanda, P. Z. & Shishira, E. K. 2001 Forestry conservation and resource utilisation on the southern slopes of Mount Kilimanjaro: trends, conflicts and resolutions. In: Ngana, J. O. (ed.). *Water Resources Management in the Pangani River Basin: Challenges and Opportunities*. Dar es Salaam University Press, Dar es Salaam, pp. 104–117.
- Ylhäisi, J. 2003 Forest privatisation and the role of community in forests and nature protection in Tanzania. *Environmental Science & Policy* **6**, 279–290. [https://doi.org/10.1016/S1462-9011\(03\)00043-1](https://doi.org/10.1016/S1462-9011(03)00043-1)
- Zemadim, B., McCartney, M., Sharma, B. & Wale, A. 2011 Integrated rainwater management strategies in the Blue Nile Basin of the Ethiopian highlands. *International Journal of Water Resources and Environmental Engineering* **3** (10), 220–232.

First received 17 October 2022; accepted in revised form 23 January 2023. Available online 3 February 2023