The orl Rat with Inherited Cryptorchidism Has Increased Susceptibility to the Testicular Effects of In Utero Dibutyl Phthalate Exposure

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Phenotype results from interactions between genetics and environment, but for most environmental chemical exposures, such interactions are theoretical. The phenotypic response of the testis to in utero dibutyl phthalate (DBP) exposure was compared between two strains of Long-Evans (LE) rats, the orl substrain with inherited cryptorchidism and an outbred (wt) strain. orl and wt LE rats were exposed daily between gestational day (GD) 12 and GD21 to DBP dose levels ranging from 50 to 200 mg/kg by oral gavage and sensitive phthalate testicular end points examined at either GD19, GD21, or postnatal day (PND) 21. At 50 mg/kg DBP, GD19 expression of Cyp17a1, Insl3, and Scarb1 was significantly reduced in orl but not wt testis. At GD21, statistically significant differential strain effects (orl more sensitive than wt) were observed for testicular expression of Scarb1 at 50 and 200 mg/kg DBP and Star at 200 mg/kg DBP. Similarly, DBP exposure disproportionately increased GD21 seminiferous cord diameters and numbers of multinucleated germ cells in the orl strain. At PND21, body weight–corrected testis weights were lowered significantly by DBP exposure at all dose levels in the orl strain but not in wt rats. While the frequency of undescended testes after 200 mg/kg DBP exposure in the orl strain appeared increased, these data were not statistically significant. These results demonstrated enhanced sensitivity of the orl rat to phthalate exposure as compared to its parent strain, a potentially important model of the effects of gene-environment interaction on development of male reproductive malformations.

Key Words: phthalate; testis; gonocyte; fetal; gene; cryptorchidism; susceptibility.

It has long been understood that both genetic and environmental factors determine phenotype (Hunter, 2005), but for male reproductive disorders such as cryptorchidism (undescended testes), the contributions of specific genetic alleles or environmental exposures to human disease are poorly understood (Foresta et al., 2008; Hotchkiss et al., 2008). In both rodents and humans, fetal testis–derived hormones [Insulin-like 3 (Insl3) and testosterone] and their action on reproductive tissues are central contributors to normal male reproductive development. Mutations in genes controlling fetal testis hormone production or hormone signaling processes in extratesticular tissues can cause reproductive maldevelopment (Yeh et al., 2002; Zimmermann et al., 1999), but in most human cases, genetic determinants have not been identified. In utero exposure of animal models to high dose levels of estrogenic or antiandrogenic toxicants produces a suite of male reproductive malformations including cryptorchidism (Hotchkiss et al., 2008). In general, human exposure to endocrine disrupting toxicants occurs at much lower levels than those employed in animal studies, but human data suggesting an association between endocrine-active environmental toxicant exposure and altered male endocrine-related reproductive end points are published (Main et al., 2006; Swan et al., 2005). Together, these data support a model in which genetic and environmental factors controlling hormone production and action synergize to produce the human male reproductive phenotype.

Animal models of human congenital cryptorchidism are rare, but one such model is the orl rat. In this Long-Evans (LE) substrain, 62%--65% of males have unilateral or bilateral undescended testes (Mouhadjer et al., 1989). Like many cases of human cryptorchidism, the undescended orl testis is positioned in the superficial inguinal pouch, indicating abnormal inguinal-scrotal descent. Testicular descent requires proper development of the fetal gubernaculum, an abdominal wall ligament attaching to the testis (Wensing, 1988). In orl rats, the gubernaculum fails to enlarge in late gestation (Barthold et al., 2006), and gene expression studies during this time period suggest a defect in cytoskeleton function and muscle cell development (Barthold et al., 2008). The underlying genetic aberration in the orl rat is unknown but appears to be polygenic (our unpublished observations). Because insufficient androgen activity leads to a similar phenotype (Husmann and McPhaul, 1991; Spencer et al., 1991), these data suggest that the orl rat may have a defect in androgen action.

Environmental chemical exposure in utero can perturb fetal male endocrinology. One class of endocrine disrupting chemicals that produces a suite of male reproductive disorders after fetal exposure is the phthalates. Reproductive effects of
exposure include altered seminiferous cord formation, multinucleated gonocyte formation, epididymal agenesis, nipple retention, hypospadias, and cryptorchidism (Foster, 2006; Gray et al., 2006). Phthalate exposure reduces production of fetal testis testosterone via a decrease in Leydig cell steroidogenic gene expression (Lehmann et al., 2004; Shultz et al., 2001); Leydig cell Insl3 gene expression also is compromised (Lehmann et al., 2004; McKinnell et al., 2005; Wilson et al., 2004). This altered Leydig cell gene expression explains the maldevelopment of hormone-dependent extratesticular reproductive tissues, but some fetal testis histological effects occur via a mechanism unrelated to testosterone deficiency (Gaido et al., 2007; Scott et al., 2007).

Here, the goal was to develop a gene-environment animal model for male reproductive maldevelopment. Because of genetic susceptibility to cryptorchidism and a potential perturbation of androgen action in the orl strain, we hypothesized that the orl rat would show increased susceptibility of the reproductive system to fetal phthalate exposure.

MATERIALS AND METHODS

Animals and phthalate exposure. Breeding colonies of LE wt and orl strains were maintained within the Life Science Center at Alfred I. duPont Hospital for Children. This center is accredited by the Association for Assessment and Accreditation of Laboratory Animal Care International. The Nemours Institutional Animal Care and Use Committee approved all animal protocols. Animals were housed in polycarbonate cages containing pine shavings in a room controlled for temperature (70°C ± 2°C) and a reverse light cycle (12:12; lights on at 10 P.M.) and had unrestricted access to food (LabDiet Rat Chow 5021; PMI Nutrition International, Brentwood, MO) and tap water. Timed pregnant females were generated by housing two to three females with a single male prior to the dark cycle and checking for vaginal sperm the following morning. When sperm were found, this day was designated as pregnancy day (GD) 1. Between GD12 and GD21, animals were exposed daily to DBP (CAS number 84-74-2; Sigma Chemical Co., St Louis, MO) by oral gavage between 8 and 10 A.M. DBP dose levels of 50, 100, and 200 mg/kg body weight being the covariate. For within-strain statistical analysis, an unpaired t-test was used for GD19 data and a one-way ANOVA followed by a Dunnett’s posttest for GD21 and PND21 data. For strain or treatment effects in the two-way ANOVA or ANCOVA, a p value of < 0.05 was considered statistically significant. For an interaction between strain and treatment indicating DBP exposure affected one strain more than the other, a p value of < 0.02 was considered statistically significant because this cut off correlated with statistical analyses performed within strains that showed one strain was significantly affected by phthalate exposure while the other strain was not. In addition, others have used this interaction p value cut off for similar data (Wilson et al., 2007). Two-way ANCOVA was performed using SPSS version 14 (SPSS, Inc., Chicago, IL) and all other statistics with Prism 5.0 software (GraphPad Software, Inc., San Diego, CA).

RESULTS

Although orl average litter size (9.0 ± 0.7 SEM) was lower than wt (13.3 ± 0.8 SEM), DBP exposure had no consistent...
effect on litter sizes in either strain (data not shown) and did not influence maternal (data not shown) or PND21 pup body weights (Table 1).

Fetal End Points

The effects of daily DBP exposure via gavage beginning on GD12 on fetal Leydig cell gene expression were compared between wt and orl strains. At GD19, DBP50 significantly reduced mRNAs of Cyp17a1, Scarb1, and Insl3 in orl, but not wt, testes (Fig. 1). This was shown by a significant interaction ($p < 0.2$) between strain and treatment effects using a two-way ANOVA statistical test and a significant ($p < 0.05$) within-strain decrease. While GD19 Star mRNA levels were significantly reduced by DBP50 exposure (indicated by a significant treatment effect), this reduction was similar in both strains; within-strain $p$ values for DBP50 exposure were 0.07 and 0.03 for wt and orl, respectively. In both orl and wt rats, Cyp11al mRNA levels were not altered.

To extend these results, phthalate effects on Leydig cell gene expression were also examined at GD21 at two DBP dose levels (Fig. 1). At this age, significant strain differences were observed for reductions in Star and Scarb1 mRNA levels. Compared to vehicle-exposed animals, significant within-strain Star reductions occurred only in orl rats at DBP200 and at DBP50 and DBP200 for Scarb1. Mean mRNA levels for Cyp17a1 after DBP exposure trended lower in orl rats (within-strain Dunnett posttest $p$ value of 0.09 for DBP200 exposure and test for linear trend $p$ value of 0.03), but susceptibility between wt and orl rats did not achieve statistical significance by two-way ANOVA (interaction $p < 0.34$). Insl3 expression at GD21 was reduced significantly after DBP200 exposure in both wt and orl strains.

In addition to Leydig cell gene expression effects, histological changes were observed in seminiferous cords at GD21 after DBP exposure, and a quantitative comparison of wt and orl responses was performed. In vehicle-exposed animals, no overt histological differences were observed between testes from wt and orl rats (Fig. 2A). No qualitative changes in Leydig cell nuclear/cytoplasmic ratio or aggregation were noted at any age. In both strains at GD19, no MNG were seen in testes after either vehicle or DBP50 exposure (data not shown). Using Image Pro software to measure GD19 seminiferous cord diameters, these were not different among wt rats exposed to vehicle (65.3 ± 3.0 µm) or DBP50 (62.6 ± 1.2 µm) and orl rats exposed to vehicle (66.4 ± 0.9 µm) or DBP50 (65.2 ± 0.4 µm). After DBP exposure through GD21, apparent increases were found in both strains in seminiferous cord diameter and the number of seminiferous cords with at least one MNG (Fig. 2A). To determine if the orl rat was particularly susceptible to these DBP-induced effects seen at GD21, histological changes were quantified after DBP50 and DBP200 exposures. Semicircular cord diameters were similar in vehicle-exposed wt (53.2 ± 0.5 µm) and orl (55.3 ± 0.8 µm) animals (Fig. 2B), as were the percentages of seminiferous cords with MNG (wt: 0.2 ± 0.2; orl: 0.5 ± 0.3) (Fig. 2C). Within each strain, cord diameters and the percentage of cords with at least one MNG were increased significantly following DBP exposure. In DBP50-treated rats, cord diameters were 52.8 ± 0.4 µm in wt and 57.7 ± 0.8 µm in orl, and after DBP200 exposure, measurements rose to 57.7 ± 0.9 µm in wt and 65.3 ± 2.2 µm in orl. The percentages of seminiferous cords with MNG were 2.2 ± 0.7 for wt DBP50, 29.0 ± 3.8 for wt DBP200, 12.2 ± 1.9 for orl DBP50, and 38.7 ± 2.4 for orl DBP200. By two-way ANOVA, strain and treatment both had significant effects on seminiferous cord diameter and MNG formation, and the significant interaction between strain and treatment on these two end points showed that the orl strain was more susceptible to DBP-induced histological changes. Both strains displayed significantly increased seminiferous cord diameters after DBP200 exposure, but the magnitude of increase was greater in orl rats. MNG were significantly induced in the orl strain at DBP50 and in both strains at DBP200.

Postnatal End Points

After a GD12–GD21 DBP exposure, wt and orl pups were examined at PND21 for testis histology, epididymal and testis weights, and incidence of undescended testis. No changes in

### TABLE 1

Postnatal Day 21 End Points

<table>
<thead>
<tr>
<th></th>
<th>wt</th>
<th>orl</th>
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<tr>
<td></td>
<td>Oil (n = 7) DBP50 (n = 5) DBP100 (n = 4) DBP200 (n = 3)</td>
<td>Oil (n = 8) DBP50 (n = 8) DBP100 (n = 6) DBP200 (n = 5)</td>
</tr>
<tr>
<td>Male body weight (g)</td>
<td>47.6 ± 4.0</td>
<td>40.7 ± 3.0</td>
</tr>
<tr>
<td>Epididymal weight (mg)</td>
<td>18.8 ± 1.5</td>
<td>17.3 ± 1.7</td>
</tr>
<tr>
<td>Testis weight (g)</td>
<td>94.1 ± 2.6</td>
<td>94.2 ± 2.9</td>
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*Note.* Oil vehicle or DBP exposure of 50, 100, or 200 mg/kg was via gavage of the dam each day between GD12 and GD21. Group sizes equal the number of litters. Data shown are litter means (for male body weight) and least squares means (for organ weights; adjusted for male body weight) ± SEM. wt: LE rat strain; orl: orl strain of LE rat strain.

*Two-way ANCOVA strain $p < 0.05$ and interaction $p < 0.05$, using pup body weight as a covariate.
testicular microscopic histology were observed in either strain at DBP dose levels up to 200 mg/kg (data not shown). Compared to wt, body weights trended lower in orl animals (two-way ANOVA strain p value of 0.12), but DBP exposure was without effect on body weight in either strain (Table 1). However, body weight was a significant covariate for both epididymal and testis weights (p < 0.05). Body weight–adjusted epididymal weights were unchanged in both strains at all DBP dose levels. In contrast, DBP exposure at all dose levels examined significantly reduced body weight–adjusted weights of both scrotal and undescended testes in the orl strain. There was no significant difference in mean testis weights based on testicular position (data not shown). By two-way ANCOVA, a significant effect of strain on testis weight was observed, and the significant interaction of strain and DBP treatment demonstrated that orl rats were uniquely susceptible to DBP-induced reductions in prepubertal testis weights.

At PND21, rates of cryptorchidism after DBP exposure were examined in orl and wt strains (Fig. 3). Except for one animal with unilateral cryptorchidism in the DBP100 group, all vehicle control and treated wt rats had descended testes. In contrast, orl rats showed a high frequency of undescended testis in both vehicle control and DBP exposure groups. The percentages of rats/litter with at least one undescended testis were 77.4 ± 7.1 for oil-exposed orl and 56.3 ± 14.8, 65.6 ± 17.3, and 92.0 ± 8.0 for DBP50–, DBP100–, and DBP200-exposed orl, respectively (Fig. 3A). Percentages of undescended testes/litter in the orl strain were 48.9 ± 4.5, 39.1 ± 12.7, 40.0 ± 10.4, and 60.4 ± 9.1 for oil, DBP50, DBP100, and DBP200, respectively (Fig. 3B). Although the incidence and severity of cryptorchidism appeared higher in the orl DBP200 group, there was no statistically significant change in the number of rats/litter with undescended testis or total undescended testes/litter at any DBP dose level.

**DISCUSSION**

To develop a gene-environment rat model of reproductive tract malformation, a substrain of the LE rat (orl) genetically predisposed to undescended testis was exposed to the antiandrogenic endocrine disruptor DBP. Without endocrine disruptor exposure, the orl fetal gubernaculum shows reduced growth and delayed inversion, resulting in a high spontaneous rate of undescended testis (62–65%) in male offspring.
Multiple reasons for the lack of statistical significance of the undescended testis data are possible. First, undescended testis rates in the orl rat are variable, requiring relatively large effects or large group sizes for statistically significant detection. A second reason is that the control group in the current study had higher rates of undescended testis than historical controls from our orl colony. Historically, 35–40% of testes in untreated orl litters are undescended, but rates approaching 50% were observed in the present study. The reason for this discrepancy is unknown but may be a chance observation. A final reason could be an insufficient level or duration of DBP exposure. In the Spraque-Dawley rat, a DBP dose level of 500 mg/kg from
GD3 to PND20 is required to induce undescended testis (Mylchreest et al., 1998); at this dose level and exposure duration, about one-quarter of Sprague-Dawley pups had undescended testes. Therefore, even a high DBP dose level in this rat strain produces an incompletely penetrant phenotype. In our hands, a DBP500 exposure of orl rats from GD12 to GD21 produced nonviable pups (Johnson and Barthold, unpublished data), precluding the use of this higher dose level.

Although we were unable to demonstrate a significant effect of DBP on penetrance of the undescended testis phenotype, we observed that the orl rat was more susceptible than its LE parental strain to the fetal testicular effects of phthalate exposure. Increased orl sensitivity to fetal DBP exposure was evident at both fetal and prepubertal life stages at dose levels from 50 to 200 mg/kg. This increased susceptibility was observed for fetal Leydig cell hormone-related gene expression decreases, induction of seminiferous cord histological defects, and reductions in prepubertal testis weights. These effects were demonstrated by a significant interaction between strain and treatment effects using two-way ANOVA analyses. The DBP50 dose level used is the lowest observed-effect level for Sprague-Dawley rat Leydig cell steroidogenic gene expression changes in the published literature (Lehmann et al., 2004) and induction of MNG in the Fisher344 rat strain (our unpublished observations). With the exception of Cyp11a1, the orl rat displayed statistically significantly enhanced sensitivity to phthalate-induced reductions of all examined hormone-related genes. Postnatal testis weight reductions can result from lowered germ cell numbers secondary to reduced fetal and/or neonatal Sertoli cell proliferation (Orth et al., 1988). In the Wistar rat, in utero DBP exposure reduces the number of fetal Sertoli cells concomitant with low testosterone levels (Scott et al., 2007), and mice with genetic defects in androgen signaling also show lower fetal and prepubertal Sertoli cell numbers (Johnston et al., 2004; Scott et al., 2007; Tan et al., 2005). Because increased sensitivity of the orl fetal testis to steroidogenic gene expression effects was correlated with reduced prepubertal testis weights, these data suggest that the orl prepubertal testis weight phenotype may be due to relatively low fetal testis androgen levels. However, the lack of a dose-response in the postnatal testis weight data suggests that the underlying process in the orl rat has reached a plateau by DBP50 exposure. Since steroidogenic gene changes continued to decrease beyond DBP50, reduced steroidogenesis may not mediate phthalate-induced decreases in postnatal testis weight. Arguing against reductions in Sertoli cell numbers driving phthalate-induced decreases in postnatal testis weights is the observation that Sertoli cell numbers recover to normal levels by PND25 after gestational exposure of Wistar rats to DBP500 (Hutchison et al., 2008; Scott et al., 2008). Future experiments such as quantifying Sertoli cell numbers and measuring androgen-related end points are needed to examine their relationship (if any) to postnatal testis weight reductions in the orl rat.

The basis for increased sensitivity of the orl rat to phthalate exposure is unknown. Our ongoing genetic studies of the orl rat suggest that at least two loci determine susceptibility to the cryptorchidism trait and that inheritance is at least partially dominant with reduced expressivity. Our breeding data parallel the breeding studies of Ikadai et al. (1988) of the trans-scrota rat, which suggest that transmission of cryptorchidism in that phenotypically similar rat strain is multiallelic. In expression studies of the fetal gubernaculum and testis (Barthold et al., 2008), the greatest differences between orl and wt strains were noted in the gubernaculum, suggesting that the orl genetic background primarily alters signaling in the direct target tissue for testicular descent (the gubernaculum) and not the testis. However, the data reported here show that the orl genetic background also modifies the testicular response to endocrine disruptor exposure.
Several possibilities exist that could explain these strain-specific testicular effects. Potentially, phthalate pharmacokinetics are altered in the ORL rat leading to increased testis tissue levels of the toxic DBP metabolite (monobutyl phthalate). Alternatively, the ORL testis pharmacodynamic response to phthalate exposure could be changed. If altered pharmacodynamics is responsible for increased susceptibility, the genetic make up of the ORL rat appears to affect more than one molecular pathway targeted in the testis by phthalates. Increased MNG formation and altered cord formation are observed in multiple rat strains as well as the mouse after phthalate exposure (Gaido et al., 2007; Scott et al., 2007); however, steroidogenic gene expression and testosterone levels in the mouse are not reduced by phthalate exposure (Gaido et al., 2007). Therefore, the phthalate testicular response diverges into two separate pathways, with one affecting the Leydig cell and the other the seminiferous cord. Because both of these pathways showed increased susceptibility, the ORL rat genetic defect appears to modify an upstream molecular pathway in the phthalate mechanism. Expression changes in one or more testicular genes occurring early after phthalate exposure in somatic testicular cells may be responsible for reductions in Leydig cell hormone-related gene expression (Gaido et al., 2007; Johnson et al., 2007; Thompson et al., 2005). Comparing these early phthalate gene changes in the ORL and LE rat strains may provide mechanistic insights into the altered expression of steroidogenic genes.

Strain differences in response to fetal phthalate exposure have also been observed between Wistar and Sprague-Dawley rats (Wilson et al., 2007). Similar to the results reported here, molecular differences were manifest as strain-dependent alterations in Insl3 and testosterone production by the fetal testis. Major species differences exist between mouse and rat regarding susceptibility to testosterone decreases after fetal phthalate exposure (Gaido et al., 2007). Together, these data provide increasing evidence for genetic control of testicular susceptibility to in utero phthalate exposure. Exploiting these strain susceptibility differences in genetic association studies may provide insights into the molecular mechanism of phthalate-induced reproductive toxicity.

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