BOOK REVIEWS

doi:10.1093/occmed/kqr133

Flesh and Bones of Medicine

This book is edited by a respiratory physician and a general physician based in Aberdeen. The book has had contributions from a significant number of experts in medicine and appropriate sub-specialties.

The book aims to deliver a new approach to medical books for students of medicine and is part of a series of such books.

The book is divided into 12 parts with each part comprising three sections. The first section is the big picture with a contextual placement of the issues regarding that subject area. The second section contains condensed high return revision facts. The third section is fleshed out with a more detailed in-depth read of the subject matter. This approach makes the book not only a quick revision guide but also a source of more detailed information.

The text and pictures make it entirely readable as well as memorable and the quality throughout is of a high standard.

Although the book is directed at those in medical training or the early years of training, as an occupational physician who completed the MRCP examinations many years ago, it has also proved a useful reference aid and continuing professional development tool.

I certainly have already used this textbook and intend to keep it on my desk as ready reference.

For those occupational physicians with a keen interest in continuing their knowledge and understanding of general medicine, I would highly recommend this book.

Rating

⭐⭐⭐ (Buy and keep)

Elizabeth Murphy

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