

CPNP Announcements

CPNP AT THE ASHP MIDYEAR MEETING

CPNP is once again playing a role in the ASHP Midyear Clinic Meeting taking place December 8-12, 2013 in Orlando, Florida.

Monday, December 9, 2013

Participate in the psychopharmacology/neurology section dialogue facilitated by Cherry W, Jackson, Pharm.D., BCPP, FASHP.

Psychopharmacy/Neurology

Networking Session Hosted by the Section of Clinical Specialists and Scientists

11:00 a.m. – 12:30 p.m.

Room W311 B, Level 3, Orange County Convention Center

Facilitator: Cherry W, Jackson, Pharm.D., BCPP, FASHP, Professor of Pharmacy, Auburn University, Birmingham, AL

Discussion Topics:

- Pharmacists' role(s) in prescription drug overdose prevention/treatment
- TBI and depression among active duty soldiers
- Psychotropic drugs and weight management – what every clinician needs to know
- Update on the Patient Centered Medical Home (PCMH)
- MTM provided for a company and its employees

Tuesday, December 10

Attend "Rational or Irrational: Polypharmacy in Psychiatry" an advanced level program co-sponsored by CPNP. This same course will be [repurposed for recertification credit](#) at the 2014 CPNP Annual Meeting. This session is moderated by Sarah Melton, Pharm.D., BCPP, CGP, BCACP, and instructed by Rex Lott, Pharm.D., BCPP.

Rational or Irrational: Polypharmacy in Psychiatry

ROOM: W103 A, Level 1

TIME: 4:00 PM to 5:00 PM

Planned in cooperation with the College of Psychiatric and Neurologic Pharmacists

ACPE Activity # 0204-0000-13-329-L01-P

1.0 Contact Hour/Application-based

Learning Objectives:

1. Evaluate evidence-based literature regarding rational and irrational polypharmacy in psychiatric disorders.
2. Discuss emerging advances in genetics and pharmacogenomics to tailor treatment and polypharmacy regimens in children and adults with psychiatric disorders.
3. Describe the role of the Hospital-Based Inpatient Psychiatric Service (HBIPS) measures with regard to polypharmacy in the inpatient setting.
4. Assess the benefits and potential toxicities associated with polypharmacy in patients with psychiatric disorders.

Tuesday, December 10, 1:00-4:00 pm

You can visit the CPNP residency showcase booth (#6007) where CPNP members will be promoting psychiatric pharmacy as a residency and career choice. If you are attending and want to volunteer to help staff the booth, contact [Megan Maroney](#).

MAKE CPNP'S "PHOENIX RISING" PART OF YOUR 2014 CONFERENCE PLANS

- Nationally recognized speakers
- Networking opportunities with colleagues
- Research poster and platform presentations
- Quality, challenging programming tailored to the neuropsychiatric pharmacy profession
- Sunny Phoenix weather

Check. Check. Check. The 2014 Annual Meeting meets all of the criteria for an exceptional learning experience.

Our 2014 Annual Meeting brochure will arrive in your mailbox within days as a reminder to request budget and time off to join us in **Phoenix, Arizona, April 27-30, 2014**. Need help making the proposal? Simply access our [justification toolkit](#) for a sample request letter, benefits worksheet and budget planning form. [Registration is available now](#) so that you can take advantage of any remaining education dollars you might have in 2013 and enjoy our early bird registration rates which offer over \$100 minimum in savings.

You have high expectations and we intend to deliver. Review the 2014 Annual Meeting [schedule page](#) and check out the impressive session and [speaker listing](#) below for all that awaits you in Phoenix!

- **Laura Borgelt, Pharm.D., FCCP, BCPS**
Abraham Nussbaum, MD, MTS

[*Debating Medical Marijuana: Must Everyone Get Stoned to Feel Better?*](#)

- Timothy Fong, MD
[*Gambling Addiction*](#)
- Jeffrey Friedman, MD, PhD
[*Obesity: Understanding the Role of Leptin and Potential Treatment Targets*](#)
- James Gasper, Pharm.D., BCPP
[*Improving Naloxone Access to Promote Opioid Safety*](#)
- Nassir Ghaemi, MD, MPH
Gary Sachs, MD
[*Are Atypical Antipsychotics Really Mood Stabilizers?*](#)
- Deanna Kelly, Pharm.D., BCPP
[*Clozapine Underutilization: Overcoming Barriers to Prescribing*](#)
- Rex Lott, Pharm.D., BCPP
[*Rational or Irrational: Polypharmacy in Psychiatry*](#)
- Sanjay Mathew, MD
[*Treatment Resistant Depression and the Role of NMDA Antagonists*](#)
- Kimberli McCallum, MD, CEDS, FAPA
[*Eating Disorders: What's on the Menu for Pharmacologic Treatment?*](#)
- Terry McInnis, MD, MPH
[*The Pharmacist's Role in a Transformed Health Care System: Opportunities for Mental Health*](#)
- Roger McIntyre, MD, FRCPC
[*Is There a Role for Anti-inflammatory Agents in the Treatment of Mental Illness? A Look into the Data Behind Inflammation in Psychiatry*](#)
- Abraham Nussbaum, MD, MTS
[*DSM-5: Hands-On Tools for Its Incorporation into Clinical Care and Research Pre-Meeting Workshop*](#)
- Melody Ryan, Pharm.D., MPH, BCPS, CGP, FCCP, FAPhA
[*Multiple Sclerosis-The Role of New Agents*](#)
- Craig Surman, MD
[*ADHD Across the Life Spectrum*](#)
- Jeffrey Swanson, PhD
[*Violence and Mental Illness: A Public Dilemma*](#)
- Amy VandenBerg, Pharm.D., BCPP
[*Managing Drug Shortages in the Provision of Electroconvulsive Therapy*](#)
- Heidi Wehring, Pharm.D., BCPP
[*Negative Symptoms in Schizophrenia: A Place for Oxytocin?*](#)
- Richard Wenzel, Pharm.D.
[*Prevention of Migraine Headaches: When to Use Botulinum Toxins*](#)

ABSTRACT AND AWARD SUBMISSIONS NOW ACCEPTED ONLINE THROUGH JANUARY

You can [submit abstracts online](#) for the 2014 CPNP Annual Meeting from now through January 15, 2014. Accepted abstracts will be displayed at the poster session Monday, April 28 at the Arizona Grand in Phoenix, Arizona. Presenting authors of accepted posters must be paid registrants for a minimum of the day of the poster session. The registration must be received by **March 27, 2014**, or the abstract will be administratively removed. The registration for the presenting author cannot be cancelled.

Abstracts may be submitted in one of five different categories:

- **Original Research**
Abstracts should describe original research in therapeutics, pharmacodynamics, pharmacoeconomics, outcomes, drug utilization, kinetics and genetics. Abstracts must not have been published in abstract form nor presented elsewhere before the CPNP 2014 Meeting.
- **Encore Presentation**
Abstracts that have been previously presented and peer reviewed. Submission must include where it was previously presented or the abstract will be disqualified. Encore submissions are not eligible for any of the award categories and should not be submitted for award consideration.
- **Work in Progress (WIP)**
Abstracts describing preliminary results or status of ongoing work may be submitted by principal investigators at any stage of their career. Abstracts submitted without results at the time of submission will be considered for this category only.
- **Innovative Practices**
Abstracts describing the development, justification, documentation, and/or delivery of innovative services or activities applicable to psychiatric and neurologic pharmacy. The descriptive abstract should not duplicate any other poster category and should describe the development of innovative services/activities and should provide background/rationale, a description of the innovative service, the impact on patient care/institution and a conclusion.
- **Therapeutic Case Report**
Abstracts describing the various aspects of pharmaceutical care relating to individual psychiatric and/or neurological pharmacy cases. Abstracts should provide a complete patient history including age,

gender, time from first diagnosis, social background, and details of, and response to, previous and current treatment(s). Cases should include background, complete patient history, review of literature, and conclusion.

Abstracts may also be considered in one of five different [award](#) categories:

- **Research Trainee Award**
- **New Investigator Award**
- **Original Research**
- **Innovative Practices Award**
- **Therapeutic Case Report Award**

Please note that for the Research Trainee category, Works in Progress are allowed, provided there is an interim data analysis and timetable for completion included in the abstract. Individuals who have **completed** a residency within the last 12 months **are eligible** for this award.

For more information, [visit the abstract center online](#). It provides abstract examples, a database of prior years'

abstracts, judging criteria, and other valuable resources as you prepare your abstract for submission. If you have any questions, please contact the CPNP office at info@cpnp.org.

CPNP STUDENT CHAPTER UPDATES

CPNP currently has 12 [student chapters](#) across the country. Student chapters provide a way for future psychiatric pharmacists to extend their learning in the field beyond the classroom. Campus-based chapters offer students the opportunity to develop professional and technical perspectives associated with the psychiatric and neurologic pharmacy profession while pursuing their academic programs. Student participation in CPNP events, at the national or local level, provides professional development and valuable networking opportunities for future employment. The chart below reflects the opportunities student chapters are providing CPNP collegiate members while showcasing the benefits the chapters bring to their campuses and their communities.

Table 1. Student chapter opportunities

Chapter	Number of Members	Advisor(s)	Recent Activities
Midwestern University Chicago College of Pharmacy	20	Robin Hieber	Participated in the Midwestern University Health Fair exhibiting an Alzheimer's Awareness Poster Volunteered for the NAMI Run for the Mind Participated in the Oak Brook Park District Senior Informational Event exhibiting an Alzheimer's Awareness Poster Hosted an Expressive Therapist Speaker
Nova Southeastern University Chapter	14	Jose Rey	Hosted a movie night with open forum on psychiatric pharmacy topics Hosted psychiatric pharmacist speakers Participated in Alzheimer's Walk
Presbyterian College School of Pharmacy	40	Kathryn Freeland	Participated in Suicide Prevention Week Hosted a Mental Illness Awareness week trivia Hosted a chapter meeting featuring a local NAMI affiliate
Purdue University	30	Carol Ott	Applying to Green Tree Assisted Living to represent themselves as members of the facility. If selected, members will be trained to conduct brown bag seminars, blood pressure screenings, medication reconciliation, and much more. Prepared and served meals at the MHA day shelter Volunteered at the MHA day shelter and participated in karaoke Hosted Dr. El-Khalili as a speaker on substance abuse/addiction and where pharmacist fits in Hosted a movie presentation relevant to the field of psychiatry
University of California San Diego Skaggs School of Pharmacy and Pharmaceutical Sciences	20	Kelly C. Lee	Hosted a movie night/membership drive Participated in the San Diego Depression Screening Week Participated in a wellness symposium on "Mindfulness and Well-Being for Health Professional Students"

Chapter	Number of Members	Advisor(s)	Recent Activities
University of Connecticut	40	Charles Caley and Megan Ehret	Held a movie screening of "OF TWO MINDS" with a panel consisting of the film director, a medical expert, and a parent with a child who has bipolar disorder
University of Maryland	22	Raymond Love and Susan dosReis	Had a guest speaker, Dr. Gloria Reeves, speak about antipsychotic medication use in non-psychotic children Volunteered at the Connections Conference held by the Maryland Coalition of Families Currently working with NAMI to set up a volunteering session with their Virtual Voices program
University of North Carolina-Chapel Hill	19	Lindsey Kennedy	Hosted a psychiatric pharmacy lecture with Dr. Lindsey Kennedy Held patient case discussion with PGY1 resident Kristen Gardner Participated in Walk for Hope and raised about \$200 as a team for mental health
Wegmans School of Pharmacy St. John Fischer College	18	Tammie Lee Demler	Held a residency seminar hosted by our advisor, Dr. Tammie Lee Demler Participated in Rochester's local Walk to End Alzheimer's in support of AD research Participated in the Rochester Public Market to help teach information on stress management and sleep hygiene Held a cook-off between pharmacy students for fundraising

NOVEMBER 2013 MEMBER NEWS

Calleen Sullivan, Pharm.D., BCPS, married Chad Lavinghousez in Charleston, SC on November 2nd.

Charles Caley, Pharm.D., BCPP, has been appointed to the Children's Mental Health Task Force as a pharmacologist appointment. The task force was created as a result of last December's Sandy Hook tragedy.

Julie Dopheide, Pharm.D., BCPP, and CPNP President has been selected by the ASHP Foundation to participate on the Consensus Recommendations Panel for the ASHP Ambulatory Care Conference and Summit. She will be specifically working within a group responsible for recommending practice guidelines for the Patient Care Delivery and Integration domain.

The Board of Pharmacy Specialties has announced appointments to the Specialty Councils. Congratulations to CPNP Member **Charlie Caley, Pharm.D., BCPP**, who has been named to a non-specialist position on the Ambulatory Care Pharmacy Council. Serving the Psychiatric Pharmacy Council is **Stan Weber, Pharm.D., BCPP** (reappointment) and **Sheila Botts, Pharm.D., BCPP, FCCP**. Congratulations to all and a thank you for serving our profession. BPS accepts applications to the specialty council in the summer of each year. Watch the CPNP weekly update for opportunities to serve BPS.

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