

## Resolve to get involved

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As we enter the last month of this year, it is common practice to reflect on the past year and plan for the next. The vow to exercise, eat better and read more are common personal resolutions we pledge to meet in the New Year. As you sketch out your 2014 resolutions, a reminder to set your professional goals as well and utilize CPNP to help you reach them.

Resolve to get involved in professional activities such as:

- Volunteering for activities such as a [CPNP committee](#), editorial board or author [opportunities](#).
- Attending the [2014 Annual Meeting](#) (April 27-30 in Phoenix) where you can participate in rigorous, cutting-edge educational programming and network with colleagues practicing in your same specialty area.
- [Submitting that poster](#) you've been working on to the 2014 Annual Meeting. Several categories of posters are accepted and can be eligible for Research and Practice Awards.
- Authoring an article or converting that poster into a [submission](#) for publication in the ***Mental Health Clinician***.
- Submitting [Clinical Pearls](#), [Learning Lab](#), [Community Gathering](#) and/or [Pipeline Presentation](#) proposals for the 2014 Annual Meeting. These are all additional ways that you, as our members, can help shape the Annual Meeting and enrich its content.
- [Volunteering to be a reviewer](#) for Abstracts and Awards or for the [Mental Health Clinician](#).
- Responding to CPNP informational survey requests and calls to action such as ASHP's request for comments to revised [PGY1 Pharmacy Residency Standards](#) and [PGY1 Pharmacy Residency Competency Areas](#) (comments can be sent to [asd@ashp.org](mailto:asd@ashp.org), Attn: Naomi Schultheis, by January 15, 2014—carbon CPNP at [info@cpnp.org](mailto:info@cpnp.org)).
- Educational programming that is designed to increase your competency as a neuropsychiatric pharmacist. High quality educational programming currently available through CPNP includes:
  - [2014 Recertification Programming](#) including the Literature Analysis, Live/Online Program and the new edition of the Psychiatric Pharmacotherapy Review Course (previously the BCPP Examination Review and Recertification Course).

- The complimentary Comprehensive Medication Management Webinar series [archived in CPNP University](#). Webinar 3 in the four part series, titled ***Comprehensive Medication Management and The Path to Payment for Patient-Care Services: Documenting Outcomes to Prove Value***, will be delivered December 11 and is now open for [registrations](#).
- A hands-on first line depression treatment case offered for ACPE credit by CPNP and PowerPak. The [Down in the Dumps: Developing a Depression Treatment Plan](#) case is one of many cases CPNP will be releasing in December and January with this introductory case available free of charge.
- CPNP's quarterly CPNP University course, [Metabolic Syndrome and the Psychiatric Patient: A Review of the Newly Released Guidelines](#), free of charge to CPNP members.

These are just a few of the tools available to you through CPNP to help make reaching your professional goals a reality. Lean on us yet give back where you can contribute best. That is the beauty of a community such as CPNP. On behalf of the CPNP Board and staff, Happy Holidays!

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