The Evolution and Role of the Saharan Air Layer during Hurricane Helene (2006)

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ABSTRACT

The Saharan air layer (SAL) has received considerable attention in recent years as a potential negative influence on the formation and development of Atlantic tropical cyclones. Observations of substantial Saharan dust in the near environment of Hurricane Helene (2006) during the National Aeronautics and Space Administration (NASA) African Monsoon Multidisciplinary Activities (AMMA) Experiment (NAMMA) field campaign led to suggestions about the suppressing influence of the SAL in this case. In this study, a suite of satellite remote sensing data, global meteorological analyses, and airborne data are used to characterize the evolution of the SAL in the environment of Helene and assess its possible impact on the intensity of the storm. The influence of the SAL on Helene appears to be limited to the earliest stages of development, although the magnitude of that impact is difficult to determine observationally. Saharan dust was observed on the periphery of the storm during the first two days of development after genesis when intensification was slow. Much of the dust was observed to move well westward of the storm thereafter, with little SAL air present during the remainder of the storm’s lifetime and with the storm gradually becoming a category-3 strength storm four days later. Dry air observed to wrap around the periphery of Helene was diagnosed to be primarily non-Saharan in origin (the result of subsidence) and appeared to have little impact on storm intensity. The eventual weakening of the storm is suggested to result from an eyewall replacement cycle and substantial reduction of the sea surface temperatures beneath the hurricane as its forward motion decreased.

1. Introduction

The role of the Saharan air layer (SAL) in modulating tropical cyclone genesis and intensity has received considerable attention recently. Early studies by Karyampudi and Carlson (1988) and Karyampudi and Pierce (2002) suggested that the SAL can have a positive influence on the growth of easterly waves and tropical cyclones through barotropic and baroclinic instabilities and by enhancing rising motion south of the SAL. More recent studies focused on potential negative influences on storm development (Dunion and Velden 2004, hereafter DV04; Wu et al. 2006; Jones et al. 2007; Lau and Kim 2007a,b; Wu 2007; Dunion and Marron 2008; Sun et al. 2008, 2009; Reale et al. 2009; Shu and Wu 2009) and motivated field campaigns such as the Saharan Air Layer Experiment (SALEX; Rogers et al. 2006) and the National Aeronautics and Space Administration (NASA) African Monsoon Multidisciplinary Activities (AMMA) Experiment (NAMMA; Zipser et al. 2009).

In a key study to suggest a negative influence of the SAL on tropical cyclone genesis and evolution, DV04 hypothesized that the SAL negatively impacts tropical cyclones in the following ways: 1) it enhances a low-level
temperature inversion, maintained by radiative warming of dust, which suppresses deep convective development; 2) it strengthens African easterly jet (AEJ) easterlies and deep-layer vertical wind shear over the cyclone, which may inhibit storm intensification (e.g., Gray 1968; Merrill 1988; DeMaria and Kaplan 1994, 1999; Frank and Ritchie 1999, 2001; Rogers et al. 2003; Braun and Wu 2007); and 3) it promotes intrusions of dry air into tropical cyclones, which foster enhanced cold downdrafts (Emanuel 1989; Powell 1990) and lower the convective available potential energy in the storm core. Many subsequent studies often assumed, but did not clearly demonstrate, that the SAL’s impacts were predominantly negative and were a major factor affecting hurricane activity in the Atlantic (e.g., Jones et al. 2007; Wu 2007; Sun et al. 2008, 2009; Shu and Wu 2009).

Other recent studies (Braun 2010a; Sippel et al. 2011) suggested that the impact of the SAL on tropical cyclones might be less than previously hypothesized. Braun (2010a) found little discernible negative impact of the SAL in a composite study using National Centers for Environmental Prediction (NCEP) Global Data Assimilation System (GDAS) Final Analyses. Using NCEP data from 41 storms that formed in the central and eastern Atlantic, he found few statistically significant differences in the composite structure of the SAL between tropical storms that intensified quickly in the days after formation and those that weakened. Thus, Braun concluded that the SAL was generally not a major determining factor in intensity change after tropical storm formation. Braun (2010a) also suggested that large-scale subsidence may be comparable to the SAL as a source of dry air in the tropical and subtropical Atlantic.

The NAMMA field campaign was focused on the transition of African continental convective systems to the maritime environment and the possible genesis of tropical cyclones. An important emphasis was the role of the SAL in genesis and intensification processes (Zipser et al. 2009). Zipser et al. (2009) suggested a possible negative role of the SAL in the cases of Tropical Storm (TS) Debby and Hurricane Helene, both of which were investigated during NAMMA. Ross et al. (2009) examined the African easterly waves (AEWs) that became Debby and Helene as well as a nondeveloping wave during NAMMA. Their results suggest that the AEJ (and by implication, the SAL) can have a positive or negative influence on wave growth via barotropic processes depending on the structure of the wave and the location of the jet maximum. Diabatic generation of potential vorticity south of the AEJ axis was also found to be a major contributor to development. Vizy and Cook (2009) showed evidence for suppression or delay of growth by the SAL in the development of Hurricane Ernesto, another NAMMA storm, compared to Debby. Reale et al. (2009) and Reale and Lau (2010) argued for the suppression of wave development by a warm and dry tongue of SAL air in the wave following Debby, although Braun (2010b) contended that Reale et al.’s interpretation of this feature as SAL air was incorrect, instead arguing that the warmth and dryness were the result of strong subsidence in a gap between two dust outbreaks.

Sippel et al. (2011) used ensemble forecasts to study factors affecting the intensity of TS Debby (2006). Their results suggested that dry SAL air delayed intensification during the very early stages of Debby, prior to formation of the tropical storm. However, the adjacent SAL air mass did not appear to affect the intensity at later times, when the storm was stronger. Among the ensembles, more intense cyclones were better able to shield themselves from entrainment of the dry, stable SAL air, as in Riemer and Montgomery (2011). Sippel et al. showed that ensemble members intensified most quickly while Debby was over relatively warm sea surface temperatures (SSTs), and more slowly when Debby was over cooler SSTs, suggesting that SSTs had a larger impact on the storm’s intensity than did the SAL.

In this study, we examine the potential role of the SAL in the case of Hurricane Helene using satellite data, multiple global meteorological analyses, and NAMMA/SALEX aircraft observations. The system that would become Hurricane Helene emerged from the African coast as a strong tropical wave with a large and well-developed circulation late on 11 September 2006. Despite its impressive initial circulation, it intensified slowly (Fig. 1), becoming Tropical Depression (TD) 8 by midday on 12 September, TS Helene by 0000 UTC 14 September, and Hurricane Helene by 1200 UTC 16 September (Franklin and Brown 2008). Subsequently, within 42 h, Helene intensified to a category 3 storm on the Saffir–Simpson scale, reaching peak intensity of ~54 m s$^{-1}$ (955 hPa) at 0600 UTC 18 September. Franklin and Brown (2008) attributed the slow initial development prior to 13 September to the presence of easterly shear in the storm environment. Jenkins and Pratt (2008) and Jenkins et al. (2008) suggested that the presence of dust adjacent to the northern side of pre-Helene may have helped to invigorate convection in the system, although the impact of such invigoration on the development of the cyclone remains uncertain. Zipser et al. (2009) suggested that the intensification of Helene may have been delayed by the presence of Saharan air based largely on the assumption that the SAL’s influence on intensity is generally negative.

In this study, we focus primarily on the thermodynamic characteristics of the SAL in the vicinity of Helene and their implications for the SAL’s impact on
storm development. We adopt two important working assumptions:

- The "background" environment of the Saharan region (prior to modification by strong surface heating and dry convective mixing) is characterized by deep-layer subsidence and dry air as part of the Hadley circulation (a core reason for the presence of the Saharan Desert). As shown by Braun (2010a), this subsidence is also characteristic of the eastern Atlantic subtropical region and extends well into the central Atlantic.
- The air mass that is truly SAL, as described in the literature (e.g., Carlson and Prospero 1972), has its aforementioned characteristics because of modification of the background air mass by the effects of intense surface heating and deep dry convective mixing over the Sahara. The deep dry convective mixing produces profiles of nearly constant potential temperature and vapor mixing ratio up to the top of the convective boundary layer, which by late afternoon can extend up to ~500 hPa (Messager et al. 2010, see their Fig. 9 for a schematic diagram). This mixing further dries the lower levels of the SAL, but moistens the upper portion of the SAL, sometimes to the point of near saturation (see Fig. 3; also Messager et al. 2010; Ismail et al. 2010; Braun 2010a). Consequently, the characteristic relative humidity (RH) profile of the SAL as it emerges from Africa is that of RH increasing with height [see Figs. 1 and 2 of Karyampudi et al. (1999) for schematic diagrams of SAL structure as it moves over the eastern Atlantic]. The finding of Dunion and Marron (2008) and Dunion (2011) of RH decreasing with height in the SAL over the Caribbean suggests substantial modification of this eastern Atlantic RH profile as the air mass moves westward.

Helene is examined in three stages: pre- and early intensification (from 12 September to mid-15 September), intensification to major hurricane (from mid-15 September to early 18 September), and weakening (early 18 September and onward). We will show that while SAL air was prevalent in the environment of the storm at early stages, it was gradually replaced by a large-scale dry subsiding air mass. While some SAL air was likely drawn into the circulation of Helene during its intensification stage, the evidence suggests that it likely provided only a small braking influence on intensification rather than a substantial suppressing influence. The subsequent weakening of the storm is attributed to an apparent eyewall replacement cycle (ERC) and a marked reduction in SSTs as the storm's forward motion slowed and allowed for greater upwelling of colder ocean waters beneath the storm.

2. Data

a. Satellite and field data

Several NASA satellites currently provide information that is critical to assessing the impacts of the SAL on hurricanes. The Moderate Resolution Imaging Spectroradiometer (MODIS) imagers, on the *Terra* and *Aqua* satellites since 2000 and 2002, respectively, provide a measure of the vertically integrated aerosol concentration, or aerosol optical depth (AOD), within the SAL. Here we use the version-5 level-3 gridded products with horizontal grid spacing of 1° latitude and longitude [available from the Level 1 and Atmosphere Archive and Distribution System (LAADS)]. The Cloud–Aerosol Lidar and Infrared Pathfinder Satellite Observations (CALIPSO) satellite provides accurate estimates of cloud and aerosol layer occurrence, their top and base heights, and optical depths. CALIPSO also provides estimates of aerosol type, including dust, pollution, oceanic...
aerosols, and continental aerosols (here we use CALIPSO products from version 3.01). The Atmospheric Infrared Sounder (AIRS) and Advanced Microwave Sounding Unit (AMSU) retrieve temperature and humidity profiles that are essential to characterizing the bulk thermodynamic properties of the SAL. Version-5 level-2 orbital products with horizontal resolution of 45 km and 12 vertical levels between 1000 and 100 hPa are used [available from the Goddard Earth Science Data and Information Services Center (GES-DISC)]. Rainfall information is obtained from multiple products. We use the Tropical Rainfall Measuring Mission (TRMM) multisatellite precipitation product (known as the TRMM 3B42 product, version 6; Huffman et al. 2007) to obtain rain-rate estimates every 3 h on a grid with 0.25° horizontal resolution (available from GES-DISC). Rainfall structure information that is coincident in time with the AIRS/AMSU and Aqua MODIS data is obtained from orbital rainfall products (version 6) from the Advanced Microwave Scanning Radiometer (AMSR) for Earth Observing System (AMSR-E) instrument on Aqua (available from the National Snow and Ice Data Center). Sea surface temperatures from TRMM and AMSR-E are obtained from Remote Sensing Systems (version 5, available from www.remss.com).

Of particular note regarding the AIRS/AMSU data is that the temperature data for a particular pressure level is the temperature at that level while the relative humidity for a specified level is the layer-averaged RH from the specified level to the next level above. For example, AIRS RH data at 850 hPa (700 hPa) is the average over the layer from 850 to 700 hPa (700–600 hPa). While AIRS clearly lacks the vertical resolution to describe the detailed vertical structure of the SAL, it is capable of resolving the bulk (layer averaged) properties reasonably well (Braun 2010a). Wu (2009) compared soundings from the NAMMA field campaign to AIRS retrieved profiles and found that AIRS relative humidities typically had a small bias (<7%) and a root-mean-square error of ~10%–15%. For temperature, the bias was <0.5 K at most levels, with a root-mean-square error of ~1.2 K.

A NAMMA DC-8 flight occurred on 12 September when Helene first came off of the African coast. Dropsonde data were limited, though, as the DC-8 spent much of the flight obtaining in situ sampling of aerosols at lower levels. Zipser et al. (2009) showed Lidar Atmospheric Sensing Experiment (LASE) data depicting the structure of the dust within part of the SAL near Helene (see their Fig. 12). Here, LASE is used to characterize the coincident dust and moisture data. No additional aircraft observations are available until 15 September.

In section 3a, we use soundings from the National Oceanic and Atmospheric Administration (NOAA) G-IV aircraft on 15 September in combination with AIRS data to describe the vertical structure of the dry air mass that wrapped around Helene during its intensification stage.

b. Global meteorological analyses

To complement the satellite and aircraft data, three different global meteorological analyses are used to investigate the evolution of Helene’s environment: NCEP’s GDAS final analyses, the European Centre for Medium-Range Weather Forecasts (ECMWF) Interim Re-Analysis (ERA-Interim), and NASA’s Modern-Era Retrospective Analysis for Research and Applications (MERRA). Characteristics of the analyses are provided in Table 1. The analyses use different global models and analysis systems and have different resolutions. Neither the NCEP nor ERA analyses account for the radiative effects of dust, while MERRA uses climatological dust distributions to account for dust radiative forcing, but cannot account for the variability of dust forcing associated with individual dust outbreaks. As a result, on the scale of an individual dust outbreak, the analyses may underestimate the inversion strength at the base of the SAL (DV04) and may not adequately capture the influence of the dust on vertical motions (Karyampudi and Carlson 1988). Close comparison of the analyses over the period of 12–18 September suggests that they provide very similar depictions of the SAL and the evolving environment of Helene.

The global analyses are also used to estimate the large-scale vertical wind shear during the period of 12–23 September. Two estimates of vertical shear are calculated. A deep-layer shear value is calculated as the difference between the mean winds, averaged over a 10° latitude and longitude box centered on the storm, in the 300–200- and 900–700-hPa layers. These layers are similar to those used by DV04. A low-level shear value is obtained over a similar averaging area, but taking the difference in horizontal mean winds at 850 and 500 hPa in order to assess shear associated with the AEJ. Both shear estimates are also compared to values from the
Statistical Hurricane Intensity Prediction System (SHIPS) model (DeMaria and Kaplan 1994, 1999) for the 850–200- and 850–500-hPa layers. SHIPS shear parameters are averaged over radii from 200 to 800 km. Time series of the mean shear for each analysis are shown in Fig. 1.

c. Identifying SAL air

Identifying the boundaries of SAL air masses, particularly from satellite data, is a major challenge. MODIS AOD, where available, provides a clear indication of regions with dust within the atmospheric column, but not the altitudes at which dust is present. A small AOD value may indicate a deep, but diffuse layer of dust or a shallow and concentrated layer. Although any threshold is arbitrary, in this study, we choose an AOD threshold of 0.3 to approximate the boundary of dust layers likely to extend through the typical SAL levels from ~850 to 600 hPa or higher. Inspection of CALIPSO data in the regions around Helene suggests that AOD values below this threshold usually corresponded to shallow layers of aerosols confined mostly to the boundary layer.

With the AIRS data, our intent is to identify sources of dry air and their possible intrusion into the storm circulation. The SAL tends to be driest in its lower levels such that the lowest humidities will generally be best observed in the AIRS-retrieved humidity fields in the 850–700-hPa layer. Where MODIS indicates dusty air, a relative humidity threshold of 60% in this layer is used to approximate the boundary between dry SAL air and more humid air masses. While this threshold is an inexact boundary of the SAL, it is a reasonable means of identifying the locations of the dry air.

A primary application of the NCEP and ERA-Interim analyses is the calculation of 6-day backward trajectories to determine the origins of air masses in the tropical cyclone environment. Trajectories are calculated using the Integrated Data Viewer (IDV) employing a Runge–Kutta forward integration and using linear interpolation in time to advance trajectories with a 1-h time step. Backward trajectories are seeded at every grid point within specified domains at multiple levels (850, 700, 600, and 500 hPa). For each trajectory, the originating location of the trajectories (i.e., the computed position 6 days earlier) is identified and plotted at the location of the trajectory seed, allowing maps to be drawn of originating latitude and longitude and total pressure–altitude change along the trajectory. In addition, the trajectories are used to identify air parcels of likely SAL origin and non-SAL origin. Air parcels are identified as likely SAL if they pass over northern Africa between 14° and 36° N and below 575 hPa (the observed top of the SAL in this case). Parcels passing over the same region, but above 575 hPa, are identified as possible SAL, although their higher altitude suggests that their origin is actually above the SAL. All others are considered non-SAL.

3. Pre- and early intensification stages

a. SAL and non-SAL airmass evolution in relation to Helene

The relationship between the evolution of Helene and the SAL dust is indicated in Fig. 2, which shows daily MODIS AOD and TRMM 24-h rainfall accumulation for 4 days between 11 and 17 September. Note that areas of missing MODIS data are indicated by gray shading. Late on 11 September (Fig. 2a), the mesoscale convective system that became Helene moved off the African coast just southward of a region of enhanced AOD values between 15° and 23° W. Two days later (Fig. 2b), a broad region of dust extended well westward of TD 8, with the highest dust concentrations along the northwestern edge of the depression. A narrow tail of lower AOD values extended toward the African coast to the north of the system. By 15 September (Fig. 2c), the dust region had largely moved off to the west well ahead of Helene (now a tropical storm). A tongue of low AOD (<0.3) air separated Helene from the dust layer although a narrow band of moderate AOD values (0.3) still extended into the southern part of the storm. By 17 September (Fig. 2d), the environment around Helene was largely dust free (although data are missing very close to the storm). These results suggest that the primary time of potential influence of Saharan dust was prior to 15 September.

The thermodynamic structure of the SAL on 12 September is illustrated by a pair of dropsonde soundings (Fig. 3) from the NASA DC8 taken within the dust layer on the northwestern side of the storm (see Figs. 4 and 13a for the locations). As seen in the northern sounding closest to the dust AOD maximum (at 1221 UTC, blue lines in Fig. 3a), the vertical structure exhibited a cool and moist boundary layer capped by a strong inversion near 900 hPa. Between 800 and 600 hPa, the temperature in the SAL was nearly isentropic and the vapor mixing ratio was nearly constant at 6 g kg⁻¹. The resultant RH field therefore increased from about 28% near the base of the SAL to 90% near its top. This profile is consistent with those discussed in Carlson and Prospero (1972), Karyampudi and Carlson (1988), Ismail et al. (2010), Messager et al. (2010), and Braun (2010a).
The second sounding (red lines) obtained just west of pre-Helene at 1242 UTC shows a dramatically modified set of profiles. The boundary layer depth had nearly doubled and the air within the SAL was cooler and more moist relative to the first sounding. The minimum relative humidity was 54% near 780 hPa compared to the much lower values (28%) farther northward. The LASE specific humidity and aerosol scattering ratio (ASR) data corresponding to the flight leg in Fig. 12 of Zipser et al. (2009) are also shown in Fig. 3. The dust layer (Fig. 3c) extended up to about 4.6 km along most of the flight leg, but with its top dropping downward to about 3 km near the southern edge of the flight leg closest to the storm. According to the specific humidity and ASR data, the boundary layer deepened to the south, with the heavy dust in the boundary layer coinciding with very moist conditions (RH ~ 90% according to the 1242 UTC sounding). Furthermore, moisture (Fig. 3b) above the boundary layer and up to 4 km in height gradually increased, with 700-hPa vapor mixing ratios (6–9 g kg$^{-1}$) approaching typical non-SAL tropical values [see Fig. 7 of Dunion and Marron (2008); Fig. 6 of Dunion (2011)].

The RH and temperature structure from AIRS/AMSU observations in the environment of the early disturbance at ~0300 UTC 12 September are shown in Figs. 4 and 5, respectively. Overlaid in the data void regions of the AIRS plots are the coincident AMSR-E derived instantaneous rainfall rates. At this time, the precipitation
structure consisted of an east–west-oriented band of precipitation along $\sim 7^\circ$N and two north–south-oriented bands near 21° and 18.5°W. These precipitation features were embedded within a moist region at all levels up to 500 hPa except for the western portion of the east–west-oriented band that appeared to be adjacent to or even topped by dry air above 500 hPa (Figs. 4d).

Dry SAL air (RH $< \sim 60\%$) was present in the 850–700-hPa layer (Fig. 4a) to the north and west of the north–south-oriented precipitation bands. Consistent with the NAMMA soundings in Fig. 3, which indicated a moist top of the SAL near 600 hPa, the 700–600-hPa RH (Fig. 4b) in the SAL air was more moist with values of 50%–70% over most of the region north of the storm except for a narrow region immediately north of the moist area containing the tropical disturbance. Dry air surrounded the northern and western sides of the disturbance well above the SAL in the 500–400-hPa layer (Fig. 4d). The low humidities in the same region in the 600–500-hPa layer (Fig. 4c) were likely the result of subsidence of dry air from above the SAL rather than from the SAL itself given the observed SAL top at 575 hPa and the higher humidity values in the layer below (Fig. 4b).

Warm temperatures associated with the SAL at low levels (Fig. 5) were well observed by AIRS and acted to suppress convection to the north of the AEJ axis, while the convective rainbands were located in the cooler air to the south of the jet. Isotachs at 700 hPa from the NCEP (Fig. 5a) and ERA-Interim (Fig. 5b) analyses at 0000 UTC 12 September show that the axis of the AEJ was north of the convection along a zone of strong 850- and 700-hPa temperature gradient. Braun (2010a) argued that suppression of convection by the strong temperature inversion at the base of the SAL to the north of the AEJ axis is not detrimental to development of the vortex since convection, were it to occur so far from the vortex center, would be unlikely to contribute to vortex spinup. South of the jet axis, where the strong SAL inversion is generally not present, convection is able to occur in the region of enhanced background cyclonic vorticity associated with the cyclonic shear side of the jet. This juxtaposition of convection and vorticity may be important for spinup of the vortex (Ross et al. 2009; Berry and Thorncroft 2012).

At 0643 UTC 12 September, QuikSCAT measured the surface wind field shortly after pre-Helene had emerged off of Africa (Fig. 6a). Erroneously high wind speeds are known to occur in areas of precipitation (Portabella and Stoffelen 2001; Chelton et al. 2006; Brennan et al. 2009), and these regions provide an indication of the qualitative rainfall
structure at the time. The high-wind data and the rain probability contour show the location of a northwest–southeast-oriented rainband that likely corresponded to one of the north–south-oriented bands in Figs. 4 and 5. The surface flow was characterized by large-scale cyclonic curvature, with one area of weak surface winds located north of the AEJ (>16°N) and another immediately on the eastern side of the rainband at the latitude (~12°N) of the storm center 5 hours later when the National Hurricane Center first identified TD 8. Strong surface inflow into the convective band occurred on the band’s western side. By 1830 UTC (Fig. 6b), a clearly defined center location was found well to the east of the leading (most western) rainband and just north of a southwest–northeast-oriented band. The
circulation was quite large at this time with an estimated radius of maximum wind on the order of ~200 km. The southern boundary of the SAL (inferred from the humidity and precipitation fields in Figs. 4 and 8) suggests that the dry SAL air was located just north and west of the precipitation indicating some potential for dry air to interact with the convection on the western edge of the storm. However, the dry air was approximately 400 km (300 km) to the west (north) of the storm center at 1830 UTC.

Deep-layer shear (Fig. 1a) was generally weak through the early stages of Helene (12–15 September) although SHIPS suggested a higher value early on. In contrast, the 850–500-hPa shear (Fig. 1b) was from the east at 7–9 m s\(^{-1}\) on 12 September, but weakened to 3 m s\(^{-1}\) by 14 September. The initially strong low-level easterly shear could have contributed to the linear organization of the convection on 12 September (i.e., the horizontal vorticity associated with the easterly vertical shear was likely balanced by that associated with the cold pool; Rotunno et al. 1988). As suggested by DV04 and Vizy and Cook (2009), the vertical shear might also contribute to a tilt of the vortex. The global analyses consistently show a northward tilt of the vortex (i.e., to the right of the easterly shear vector) in the layer between 850 and 500 hPa (see the example from NCEP analyses in Fig. 7), although they vary in the direction of the tilt in the zonal direction ([little zonal tilt in NCEP, little tilt or an eastward tilt in ERA, and a westward tilt in MERRA] (the latter two not shown)). The NCEP analyses show that from 1200 UTC 12 September to 0000 UTC 14 September (Figs. 7a–d) the midlevel vorticity maximum was located in the region of strong cyclonic shear on the southern side of the AEJ wind maximum, with the 850-hPa vorticity maximum located farther to the south. During 14 September (Figs. 7e,f), the vortices became vertically aligned as the strength of the AEJ (and the low-level easterly shear) decreased. Note that the strengthening of Helene on 14 September did not occur as the AEJ moved away from the storm, but instead occurred as the jet weakened on the northwestern side of it. This result is consistent with Ross et al. (2009) who argued that the location of the strongest AEJ winds on the northwestern side of the disturbance during 10–14 September contributed to barotropic energy growth during Helene’s TD stage.

\[^3\] An exact radius is difficult to determine given the wind speed bias in the precipitation regions.
Under conditions of easterly 850–500-hPa vertical wind shear, low-level inflow would likely have occurred on the western side of the storm and may have brought SAL air within range to be ingested into the rainband there (Fig. 6b). Unfortunately, information from the 12 September NAMMA DC-8 flight and from satellite data are insufficient to determine whether pronounced cold pool formation occurred and the extent to which such a cold pool might have impacted the energy available to the developing vortex. This topic will need to be addressed in a future study using a well-constructed numerical simulation.

Relative humidity (Fig. 8) and temperature (not shown) fields from AIRS at ~0400 UTC 13 September are comparable to those observed a day earlier. As seen in AMSR-E data, precipitation bands exhibited greater cyclonic curvature on the western side of TD 8 (centered at ~11.9°N, 25°W). The SAL dry-air boundary in the 850–700-hPa layer (Fig. 8a) was located ~350 km to the north and ~500 km to the west of the center and suggests that, despite the low-level vertical wind shear, there was little intrusion of the dry air into the vortex. Relative humidities in the 700–600- and 600–500-hPa layers to the north of the storm decreased by 10%–20% compared to a day earlier while conditions in the 500–400-hPa layer remained quite dry.

A CALIPSO overpass (Fig. 9a), coincident in time with the AIRS data (location given by the dotted line in Fig. 8) and ~600 km to the west of the center of TD 8, measured the vertical structure of the dust layer in that area. To the northwest of the storm (right side of the image), the deep dust layer extended from the boundary layer to ~4.5 km adjacent to the western side of the storm, but decreased in height farther northward to about 4 km near 24°N and 2.5 km farther northward. On the left side of the image in Fig. 9a, an elevated dust layer was present between ~3 and 4-km altitude and extended to lower altitudes closer to the cloud system, indicating that some dust had made its way around to the southwestern edge of TD 8. According to AIRS data within this dust layer to the southwest and west of TD 8, conditions were relatively moist in the 850–700-hPa layer (Fig. 8a) and there was a narrow tongue of dry air in the 700–600-hPa layer (Fig. 8b). The dry tongue was also seen, and was more prominent, at higher levels above the dust (Figs. 8c,d), suggesting that a major portion of the dry-air tongue between 700 and 600 hPa was a result of downward advection of dry air from above the SAL. However, some dry SAL air was likely present at lower levels but unresolved by the AIRS profiles. Farther westward, CALIPSO (Fig. 9b) found a deep, but elevated dust layer associated with
the broad area of SAL air moving westward well ahead of the storm (solid line in Fig. 2b).

The AIRS overpass at 0300 UTC 14 September missed most of the storm while the ~1500 UTC overpass provided coverage of the storm, but missed the region of dry air to its west. Consequently, Fig. 10 shows a merged analysis of data from the two times, valid at 1500 UTC, with the 0300 UTC data (gray shading) shifted west-northwestward to account for storm motion between the two times. The most notable feature was the pronounced drying of the air at most levels since the time shown in Fig. 8. Whereas on 13 September relative humidities in the 700–600-hPa layer were generally >30%–40%, by 14 September large areas with RH of 10%–30% were observed to the north and west of now TS Helene. Similar extensive drying was also seen in the 600–500-hPa layer and less so in the 850–700-hPa layer. A very sharp boundary between the moist air in TS Helene and the dry air to the north occurred at all levels including those above the earlier-observed SAL top (600 hPa), with this dry-air boundary generally about 350–400 km north of the storm center. To the south of the center (between 200 and 400 km), humidities in the 850–700-hPa layer remained high while at higher levels the air became increasingly drier with height. To the extent that dry air was impacting storm development, it would most likely have originated with this dry air intrusion most prominently seen above 700 hPa to the south of the storm.

By ~1600 UTC 15 September (Fig. 11), dry air extended cyclonically from the northern side of Helene around to the southern and possibly eastern sides. To the north of the storm, CALIPSO data (Fig. 9c) showed very little dust in the dry air. All of the aerosol were contained in the layer below 2 km and consisted of a mix of aerosol types including dust, marine aerosols, and some polluted continental air. Well to the west (Fig. 9d, see location in Figs. 2c and 11), a more prominent aerosol
layer was contained in the westward moving SAL air, but did not interact with the storm in any direct way. As at earlier times, the RH generally decreased with increasing height (not shown), including along the southern side of the storm where the dry air got closest to the precipitation. The major precipitation band was on the southern side of the storm, separating the storm inner-core region from the nearby dry air. Although few AIRS pixels were available near the rainband on the southeastern side of the storm, the figure suggests a pattern in which dry air may have been wrapping around to the eastern side.\(^4\)

To this point, AIRS retrievals have been used without direct validation of their accuracy in the tropical storm environment and with limited information within the cloud system. The NOAA G-IV began surveying Helene daily beginning 15 September and dropsonde locations are indicated in Fig. 11 for this date. Figure 12 shows temperature, relative humidity, and wind speed profiles for 15 of the dropsondes on 15 September (positions indicated by filled circles in Fig. 11). Included within this set of profiles are data from dropsondes in the very dry air to the west of Helene as well as dropsondes along the dry intrusion on the southern and eastern sides of the storm. Where available, nearly coincident-in-time AIRS retrievals of RH are indicated by the black symbols, showing good agreement between the AIRS and dropsonde profiles in most cases. Note, however, that AIRS retrievals are layer-averaged values and cannot resolve the high vertical resolution variations seen in the dropsonde data. The largest disagreements (S10–S12) are associated with AIRS pixels that have quality indicators suggesting possible cloud contamination and the potential for a dry bias at midlevels. At the location of sounding S7, the AIRS RH profile also shows departures from the dropsonde data. This AIRS profile is not cloud contaminated, but there is an almost 6-h time difference between

\(^4\)Pixels near cloud boundaries may exhibit a dry bias due to clouds (B. Lambrigsten and S. Wong, 2011, personal communication) and should be viewed with some caution.
the AIRS and dropsonde measurements, which may explain the discrepancy. Despite the time difference, the RH profile is reasonably good in terms of showing that the driest air is above 600 hPa and therefore is not associated with the SAL.

Dropsondes in the very dry air on the western side of the storm (S1–S6) all show a very deep dry layer from about 800 or 850 hPa and above. Dropsondes S1–S4 indicate wind speed maxima near 800 hPa (700 hPa for S2), which is low for a typical AEJ whose wind speed maximum is usually closer to 700–600 hPa (Burpee 1972; Reed et al. 1977). Profile S2 probably most resembles a SAL profile, with its 700-hPa wind speed maximum, the increase in RH between 825 and 700 hPa, and temperature inversions at the base (850 hPa) and top (700 hPa) of the SAL. Profile S4 is qualitatively similar to S2, but with a wind maximum closer to 800 hPa, only a slight increase in RH between 725 and 650 hPa, and a distinct lack of temperature inversions at the base and top of the SAL. Other profiles such as S5 and S6, immediately adjacent to Helene, exhibit no midlevel wind speed maximum and show a deep layer of very dry air, with a possible moist detrainment layer near 600 hPa in S5. Following the dry tongue wrapping around the southern and eastern sides of Helene, dropsondes S10–S15 and the AIRS data indicate that the major dry layer was at middle to upper levels, with the humidity minimum above 500 hPa rather than down at lower levels were SAL air to be wrapping around. These results suggest that the dry-air intrusion around the southern and eastern sides of the storm at this time may have been related more to subsidence of mid-to-upper-level dry air rather than the SAL, although some SAL air is likely also present.

b. Protection of the core and intensity change

The figures above suggest that the SAL air mass seen around the northern and western sides of the storm at early stages (12–13 September) was gradually replaced by a much drier and largely dust-free (above the boundary layer) source of dry air around 14–15 September. This
Dry air wrapped around the storm to its eastern side by 15–16 September. An important question is, what role did this dry air play in the early intensity evolution of Helene?

Dunkerton et al. (2009) developed the concept of a protective wave “pouch” that protects an incipient vortex from deleterious influences of its environment. In a reference frame moving with the parent wave disturbance, a recirculation region within the critical layer of the parent wave is associated with cyclonic rotation and weak straining deformation. This region provides a set of approximately closed material contours within which air tends to be repeatedly moistened by convection and protected to some degree from intrusions of dry air and deformation by horizontal or vertical shear. As a tropical system forms and strengthens, the higher vorticity enhances the protection of the inner-core region and increases the vertical-wind shear threshold needed for environmental interaction (Riemer and Montgomery 2011).

Figure 13 shows a zoomed-in view of the MODIS AOD values for the period 12–15 September, overlaid

![Figure 10](image-url)
with contours of RH (≤50%) and storm-relative streamlines averaged over the 850–700-hPa layer from the 1200 UTC ERA-Interim analyses (similar results are obtained with NCEP and MERRA analyses). Also shown in the figure are the Geostationary Operational Environmental Satellite (GOES) visible images and high-frequency polarization corrected temperatures from either TRMM, Special Sensor Microwave Imager (SSM/I), or AMSR-E at times closest to 1200 UTC and adjusted for storm motion. As described by Dunkerton et al. (2009), the system-relative streamlines are better suited to detecting the likely pathways of entrainment of dry and dusty air than those in a ground-relative reference frame. Although gaps in the MODIS data preclude a detailed depiction of the dust structure, the general evolution of the dust layer during this period is clear.

On 12 September (Fig. 13a), a concentrated region of dust was collocated with a zone of strong northeasterly flow associated with the AEJ. The dust was just north of TD 8 and appeared to have a sharp southern boundary, as seen just northeastward of the convective system. The cloud system was enclosed within a weak pouch at midlevels in an environment with substantial 850–500-hPa easterly shear, suggesting potential ingestion of SAL air in this layer on the western side of the storm. According to LASE and dropsonde measurements (Fig. 3), dust was plentiful at lower levels while conditions closer to the storm were generally moist, consistent with the ERA analysis showing RH > 50% in this region. Jenkins and Pratt (2008) and Jenkins et al. (2008) suggested that the dust may have invigorated the convection although it is unclear how such convective invigoration impacted development of the tropical cyclone.

On 13 September (Fig. 13b), prior to the onset of any significant intensification (Fig. 1), a band of high AOD was found on the northwestern side of Helene close to the approximate dividing streamline. ERA-Interim-derived RHs in this air were ~30%–50% but quickly transitioned to more humid air near the cloud system, consistent with the AIRS retrievals in Fig. 8. In the nearly dust-free air well to the northeast, RHs were less than 30%. Similar to the previous day, the winds in the dust layer were primarily moving tangential to Helene at this level, suggesting limited inflow of SAL air into the convective system at low to midlevels. Outside of the pouch, some dust was likely being transported around to the southern side of the storm, consistent with the CALIPSO data in Fig. 9a.

On 14 September, Helene began to slowly intensify (Fig. 1, from ~15 to 20 m s⁻¹). Gaps in the MODIS data (Fig. 13c) make determination of the dust layer position and structure difficult. However, the data suggest that the dust was moving toward the southwestern side of Helene and was embedded in flow that lay mostly outside of the dividing streamline. The convection was largely confined within the region of the pouch. Relative humidities within the dust layer remained around 40%–50%. On the northwestern side of Helene, a tongue of air with RH < 30% had begun to surge southward from the region of dry, nearly dust-free air to the north.

By 15 September, more significant storm intensification occurred as the maximum wind speed increased from 20 to 31 m s⁻¹ (Fig. 1). During this day (Fig. 13d), the majority of the dust was clearly west of Helene, separated from the storm by a region of very dry, nearly dust-free (above the boundary layer) air moving southward along the western side of the Helene pouch. This dry air was beginning to wrap around the southern side of Helene, along with some remaining dusty air well to the southwest of the storm, but was still situated more than 400 km from the storm center where it would have very limited interaction with the inner core of the storm.

The large separation of the dry air from the center of Helene between 12 and 15 September may have limited...
the dry air’s negative influence on Helene’s intensification during this period. In an idealized modeling study of the impacts of dry midlevel air on storm intensification in environments of no mean flow, Braun et al. (2012) found that dry air needed to be within about 270 km of the storm center in order to have any negative impact on storm intensification. During 12–13 September, when low-level shear was strongest, dry SAL air may have interacted with convection on the western edge of the developing storm, and so some influence...
cannot be ruled out given the very small intensification that occurred during this period. During 14–17 September, the dry air wrapped extensively around Helene as it intensified into a major hurricane. Since vertical wind shear was weak, the findings of Braun et al. (2012) are likely valid and suggest that the dry air acted only as a minor impediment to intensification. Also, as shown in Fig. 8 of Riemer and Montgomery (2011), the very weak mean storm-relative flow (~1–2 m s⁻¹ or half the value of the deep-layer vertical shear in Fig. 1) implies a small
interaction of the rainbands with their environment, with that interaction decreasing over time as the storm intensified. Finally, these results are consistent with the finding by Tang and Emanuel (2012) that little ventilation of storms occurs in the absence of significant vertical shear.

c. Global analyses and trajectories

This section uses trajectories calculated from the NCEP and ERA-Interim analyses to show that the SAL air originally surrounding the northern and western sides of the storm at early stages (12–13 September) was gradually replaced by a non-SAL source of dry air that became the dominant dry-air feature. The trajectories show that this dry air was a mixture of air of both subtropical African origin and midlatitude origin, but that its defining characteristic was the substantial large-scale subsidence that produced it. While differences do exist between the analyses, their representation of the SAL is comparable in terms of SAL depth and structure. Similar to the DC8 soundings in Fig. 3, the NCEP, ERA-Interim, and MERRA analyses also depict a vertical structure of the SAL with RH increasing with height as the SAL air mass came off of Africa and moved northward and eventually westward of Helene. Figure 14 shows north–south vertical cross sections through the wave axis at 1200 UTC 12 September from the three analyses. In each, the RH is characterized by extremely dry air (<30%) within the lower part of the SAL near 900 hPa and then increasing RH with height with a midlevel maximum of ~50%–65% at the top of the SAL near 600 hPa. This 600-hPa top is consistent with the LASE and CALIPSO-observed dust tops of ~4.7 km (~575 hPa) or lower (Figs. 3 and 9). Relative humidity values above the SAL are very dry with values typically below 30%. The comparable structures of the AEJ suggest that temperature gradients associated with the SAL are also similar among the analyses.

Six-day backward trajectories were calculated for several levels and times in order to determine the origins of the air around Helene and the role of the SAL versus subsidence in producing the dry air wrapping around Helene. Results for 700 hPa for 14–16 September using both ERA-Interim and NCEP analyses are presented here. Figure 15 shows objectively identified SAL regions based upon the criteria specified in section 2c while Fig. 16 depicts the total descent along trajectories during the 6-day period. Both figures also show overlaid contours of RH for values ≤50%.

Trajectories from ERA-Interim and NCEP global analyses (Fig. 15) demonstrate the SAL origin of the dry air mass to the west and immediately north of Helene on 14 September and very dry non-SAL air farther north of Helene. The boundaries of the identified SAL air are in reasonably good agreement with MODIS dust boundaries (bold lines). Both analyses also capture the gradual erosion or replacement of the SAL air over the

\[ \text{FIG. 14. South–north vertical cross sections of zonal velocity and} \]
\[ \text{RH along the pre-Helene wave axis (23°W longitude) at 1200 UTC} \]
\[ \text{12 Sep from (a) NCEP, (b) ERA-Interim, and (c) MERRA. Zonal} \]
\[ \text{velocity is shaded (m s}^{-1} \text{) with negative values indicating} \]
\[ \text{easterly winds. RH is plotted at 15% increments starting at 15%, with} \]
\[ \text{black contours for RH ≥ 60% and white contours for RH ≤ 45%.} \]

\[ ^{5}\text{Note that the MODIS boundary delineates dust that may be} \]
\[ \text{present at any height in the column whereas the trajectories are for} \]
\[ \text{a specific level, so one-to-one correspondence at a given level is not} \]
\[ \text{expected.} \]
next couple of days by air from a non-SAL source and the wrapping of a dry-air tongue around to the eastern side of Helene, consistent with the AIRS data. However, the NCEP RH values in this dry tongue are ~10%–20% higher than in the ERA analysis on 16 September, so RH values <50% only reach the southern side of the storm.

On 16 September, the ERA trajectory analysis (Fig. 15e) suggests a mesoscale region of SAL air with RH > 50% just north of the center while the NCEP analysis (Fig. 15f) shows only a very small region of SAL air. In the ERA case, analysis of the back trajectories indicates that this air corresponded to a region of SAL air on 12 September (Fig. 4a) that originated between 900 and 750 hPa and was located just north of the storm at 16°–20°N, 16°–20°W. This air on 12 September was characterized by RH values between 40% and 50% in the 850–700-hPa layer (Fig. 4a) in
FIG. 16. Trajectory-based diagnosis of net subsidence (pressure change) along the trajectory paths, with positive values indicating total descent over 6 days ending at 700 hPa: 1200 UTC (a),(b) 14 Sep, (c),(d) 15 Sep, and (e),(f) 16 Sep. Black contours in all panels represent 700-hPa relative humidity at 10% intervals up to 50% to show locations of dry air for each day. Calculations are from the (left) ERA-Interim and (right) NCEP global analyses. The black circles indicate the center locations of Hurricane Helene.
the AIRS data and between 40% and 60% in the ERA analyses (not shown). By 14 September, this SAL air was on the western side of the storm (Fig. 15a; between the center of the storm and the 50% RH contour to the west), but had moistened as a result of ascent so that humidities were between 50% and 90% in the ERA analyses. Figure 13c indicates that this region to the west of the center was occupied by a band of deep convective clouds, so it is likely that this SAL air was actually limited to the region just radially outside of this cloud band, consistent with earlier observations (Figs. 4a, 6d, and 8a). As a result, the extent of the SAL air within the moist portion of the vortex in Fig. 15a appears to be exaggerated and the same may be true for later times (Figs. 15c,e) as well. However, these results suggest that some Saharan air may have mixed into the inner region of Helene during 14–16 September, but may have been moistened during transit into the storm region.

The patterns of trajectory descent (Fig. 16) clearly indicate that the dry air masses were dominated by subsidence with parcels descending over the previous six days by as much as 100–300 hPa. By 15 September (Figs. 16c,d), the subsidence became pronounced along the western flank of the storm and by 16 September (Figs. 16e,f), the subsiding air wrapped around the southern and eastern sides of Helene. The subsidence wrapping south and east of Helene is more pronounced than earlier observations (Figs. 4a, 6d, and 8a). As a result, the extent of the SAL air within the moist portion of this region was likely exaggerated and the same may be true for later times (Figs. 15c,e) as well.

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4. Intensification to major hurricane

From 15 to 18 September, Hurricane Helene underwent steady intensification (Fig. 1), including a period of rapid intensification (∼15 m s⁻¹ in 24 h) on 17 September. Figure 17 shows the evolution of the RH in the 700–600-hPa layer from AIRS and the rainfall rate from AMSR-E during 16–18 September. By ∼0400 UTC 16 September (Fig. 17a), very dry air (<30%) had moved around to the eastern side of the storm and RH < 60% was found as far around as the northern side of the rainbands. The precipitation was asymmetric, with most of the precipitation on the northeastern side of the storm. The asymmetry was likely associated with weak-to-moderate westerly wind shear (∼4 m s⁻¹, Fig. 1a), but may also have been related to the intrusion of dry air (Braun et al. 2012). An eyewall was not yet apparent in the rainfall pattern. By ∼1700 UTC 16 September (Fig. 17b), a well-defined eyewall was clearly present in the AMSR-E data, with heavy precipitation on the northwestern side of the storm and an outer rainband along the southern half of the storm. Unfortunately, the AIRS data did not cover the dry tongue of air on the eastern side of the storm. However, RH values of ∼50% were seen on the western side close to the outer rainband.

A CALIPSO overpass at this time along the western side of the storm (Fig. 18, location shown in Fig. 17b) detected only a shallow layer of aerosols, generally below 2-km altitude (∼800 hPa), and containing a mixture of dust, marine aerosols, and polluted continental air. Dropsondes from the NOAA G-IV on this day (not shown) indicated a deep layer of dry air above ∼1.5 km and moist conditions below. Thus, the dry air observed by AIRS in the 700–600-hPa layer (Fig. 17b) was well above the aerosol layer while the less dry (by ∼10%) 850–700-hPa layer (not shown) was just above the dust layer or included only the uppermost portion of the dust layer. Given the diagnosed patterns of subsidence in this region (section 3b; Fig. 16), the CALIPSO and AIRS data suggest that this dry layer was related to subsidence rather than the SAL.

By ∼0500 UTC 17 September (Fig. 17c), the dry air continued to extend into the eastern portion of the storm. A direct overpass by CALIPSO (Fig. 18b) shows a shallow layer of aerosols on the southern side of the storm, with mostly polluted continental and maritime aerosols south of 10⁰N, but with a narrow zone of dust coincident with the lower portion of the dry tongue nearly 600 km to the south of the storm. Clearly, SAL air was present in the lower layers (<2 km) of this feature while non-SAL dry air lay above. Despite the presence of the dry air, Helene was undergoing rapid intensification and had a very clear and more symmetric eyewall structure.

By ∼1700 UTC 18 September (Fig. 17d), the RH field around Helene was becoming axisymmetrized since the dry tongue was much less visible and the storm was surrounded by a field of moderate (50%–80%) RH. A well-defined eyewall was present and the precipitation region had expanded as numerous outer rainbands had formed. Around this time, intensification stopped and the storm subsequently weakened slowly. The next section examines the possible causes of this weakening of the storm.

5. Weakening phase

There were several potential factors that may have contributed to the end of intensification and the slow weakening of Helene beginning on 18 September, including secondary eyewall formation and eyewall replacement, increased vertical wind shear, and the movement over colder underlying ocean temperatures due to storm-induced...
cooling. In terms of vertical wind shear, Fig. 1a shows that large-scale deep-layer shear remained \(<6\,\text{m s}^{-1}\) through the intensification period and up to 4 days after Helene began to weaken. Only after 1200 UTC 22 September did shear increase markedly as the storm began extratropical transition. Hence, vertical shear was likely not a key cause of the weakening that began on 18 September.

As mentioned by Franklin and Brown (2008), concentric eyewall formation contributed to the weakening of Helene. Figure 19 shows a series of rainfall estimates from passive microwave imagery beginning late on 17 September and ending on 20 September. On 17 September (Fig. 19a), during rapid intensification, the rainfall pattern was highly asymmetric likely as a result of modest (4–6 m s\(^{-1}\)) vertical shear at this time. By midday on 18 September (Fig. 19b), outer rainband precipitation increased on the northern and western sides of Helene and became even more pronounced later in the day (Fig. 19c). The eyewall remained highly asymmetric, but with the rainfall having shifted from the eastern to the northern side of the eyewall. By 19 September (Fig. 19d), the outer band surrounded the asymmetric eyewall and by later that day (Fig. 19e), there was evidence of contraction of

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**Fig. 17.** AIRS/AMSU 700–600-hPa layer-averaged RH (left color scale) for (a) 0420 UTC 16 Sep, (b) 1650 UTC 16 Sep, (c) 0502 UTC 17 Sep, and (d) 1641 UTC 18 Sep. Superimposed within AIRS data gaps are the coincident AMSR-E derived surface rainfall estimates (right color scale). The black solid lines in (b) and (c) show the positions of the coincident CALIPSO overpasses in Figs. 18a and 18b, respectively.
the outer band. By 20 September (Fig. 19f), the original eyewall was diminishing and the outer convective rain-band had become the dominant precipitation feature.

Concurrent with the eyewall replacement cycle, significant changes also occurred in the SST fields (Fig. 20). Helene moved along the northern edge of a pool of warm SSTs with temperatures ~28°C. As Helene intensified on 17 September (Fig. 20a), some cooling became evident on the northern side and in the wake of Helene, with SSTs near 26°C. Beginning on 18 September, the cold wake began to expand and, by 19 September, a pronounced cold wake was present with SSTs < 26°C over a broad area (and as low as 23°C). In addition, a prominent region of cooler temperatures was present to the north and northwest of Helene associated with the cold wake of Hurricane Gordon. Over the next several days (Figs. 20d–f), Helene moved over the wake of Gordon and also continued to produce its own wake. The development of the cold wake was likely tied to both Helene’s intensification and a slowing of its forward motion. Prior to 15 September, Helene’s storm motion exceeded 7 m s⁻¹. Between 16 and 19 September, the storm motion decreased from 5.6 to 3.2 m s⁻¹, suggesting the potential for increased impact of storm-induced cooling of the underlying ocean. Observationally, Brand (1971), Price (1981), Lin et al. (2009), Dare and McBride (2011), and Knaff et al. (2013) have shown that such cooling can have a significant impact in reducing storm intensity.

6. Conclusions

Previous studies on the impact of the Saharan air layer on tropical cyclone genesis and intensification have yielded mixed results, with some studies (Karyampudi and Carlson 1988; Karyampudi and Pierce 2002) suggesting that the SAL can have a positive influence on development and other studies (DV04; Jones et al. 2007; Shu and Wu 2009) suggesting that the SAL may be a negative influence. The NAMMA field campaign conducted over the eastern Atlantic Ocean in 2006 generated considerable interest in SAL–tropical cyclone interactions (Lau and Kim 2007a; Jenkins and Pratt 2008; Jenkins et al. 2008; Vizy and Cook 2009; Ross et al. 2009; Zipser et al. 2009), with Hurricane Helene being viewed as a key example of this interaction. The present study examines the role of the SAL in the evolution of Helene using a suite of remote sensing data, aircraft observations, and global meteorological analyses, with a particular focus on the transition of the storm environment from one dominated by the SAL to one dominated by subsidence-induced drying.

During the pre- and early intensification stages of Helene (12–15 September), significant Saharan dust (and SAL air) was present on the northern and western sides of the storm. The SAL air had a characteristic RH profile with RH increasing with height up to the SAL top
near 600 hPa. Warm, stable air associated with the SAL lay north of the AEJ where convection was suppressed while cooler, more unstable air was south of the jet and readily produced convective systems on the cyclonic shear side of the jet. Winds in the bulk of the dust layer above the boundary layer were oriented primarily tangential to the vortex so that much of the dust was advected westward away from the storm by 15 September. This midlevel SAL air mass was gradually replaced by a distinct subsidence layer that led to marked drying on the northern and western sides of the storm.

QuikSCAT winds on 12 September suggested a very broad surface cyclone when the disturbance first moved off of Africa. AIRS, AMSR-E, and global meteorological analysis data on the same day indicated organized linear convective systems within a moist envelope or pouch delineated by closed streamlines in a reference frame moving with the storm (Dunkerton et al. 2009). There was likely some entrainment of dusty air into the convection at low levels as a result of low-level (850–500 hPa) easterly wind shear, but this inflow likely occurred primarily in the moist boundary layer. At midlevels, where the pouch was stronger and inflow was weak, dry SAL air generally did not penetrate within ~300 km of the center. These observations imply that the dry air may have enhanced some downdrafts on the northern- and westernmost fringes of the storm, but idealized simulations by Braun et al. (2012) suggest that the impact on storm intensity would have been only a small slowing or delay of intensification. Above the SAL, dry air penetrated farther in toward the storm center, but the impact of this dry air is uncertain.

During the intensification to major hurricane, dry air wrapped around the storm, with evidence that it wrapped completely around the eastern side and back around to the northern and western sides. Despite the dry air, the storm underwent steady intensification, including a period of rapid intensification, and formed a well-defined eyewall and outer rainbands. Dust was limited to the lowest layers (<2 km) on the southern side of the storm.

FIG. 19. GOES infrared or visible imagery and passive microwave rainfall estimates for various times during an eyewall replacement cycle during 17–20 Sep. Microwave imagery were provided by the Naval Research Laboratory tropical cyclone website.
The large-scale deep-layer vertical wind shear was very weak during the early development phase, increased to 4–6 m s\(^{-1}\) during the intensification stage, but did not exceed 6 m s\(^{-1}\) until the time of extratropical transition, approximately 2 days after Helene had begun to weaken. This timing suggests that vertical wind shear was not responsible for the weakening of Helene on 18 September. Instead, storm weakening was attributed to two factors. First, Helene underwent an eyewall replacement cycle near the time of weakening. This process may account for the sudden end to intensification, but probably does not explain the subsequent gradual weakening. Second, as Helene strengthened, its forward motion slowed considerably. Concurrent with this slowing down, there was an increase in the magnitude and scale of a cold wake that likely reduced the energy available to the storm. The combination of the eyewall replacement cycle and the ocean feedback was most likely responsible for the weakening of the storm.

Here we have focused primarily on the role of the dry air and higher stability associated with the SAL. It is difficult to fully assess the role of the SAL during the very early stages of Helene’s formation (12–15 September) without detailed modeling, including the impacts of dust. The intensification of the storm after the departure of the SAL air mass on 15 September would appear to be

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**Fig. 20.** Daily averaged sea surface temperature from all TRMM and AMSR-E orbits for the indicated dates. The thin black contour indicates the 26°C contour. The track of Hurricanes Gordon and Helene are indicated by the black dotted and red solid lines, respectively, for times prior to 1200 UTC on the indicated date.
consistent with the findings of DV04 of a possible suppressing influence on storm development during early stages, but the satellite data do not provide compelling evidence for an intrusion of dry, stable SAL air into the core of the vortex that might have disrupted development. Instead, the QuikSCAT data suggest that the slow intensification between 12 and 15 September might have resulted from relatively slow gestation processes associated with the initially broad surface circulation. However, satellite and airborne data are rather incomplete in space and time, and the interpretation of the data is inherently subjective. This topic may be examined in a future study using high-resolution simulations of Helene.

While the presence of the African easterly jet during early stages did not significantly increase the large-scale deep-layer vertical wind shear as defined in this study, it did produce low-level (850–500 hPa) easterly vertical wind shear during the first two days of development (12–13 September) when intensification was slow. However, it is difficult to determine from the global analyses whether the AEJ was responsible for this slower storm development since Ross et al. (2009) argued that the AEJ actually contributed to disturbance growth via barotropic energy conversions during the early stages of Helene. Therefore, further work on the role of the jet is warranted.

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