Nodal regulates energy metabolism in glioma cells by inducing expression of hypoxia-inducible factor 1α


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Background. A shift in glucose metabolism from oxidative phosphorylation to anaerobic glycolysis is the biochemical hallmark of malignant cancer cells.

Methods. In the present study, we demonstrated that Nodal stimulated the expression of glycolytic enzymes and decreased reliance on mitochondrial oxidative phosphorylation in human glioma cancer cells. The shift in glucose metabolism was mediated by induction of the hypoxia-inducible factor (HIF).

Results. Nodal protein expression was shown to be correlated with expression levels of glucose transporter (Glut)–1, hexokinase (HK)-II, pyruvate dehydrogenase kinase (PDK)-1, the phosphorylation level of pyruvate dehydrogenase (PDH), glucose uptake, and lactate accumulation in human glioma cells. These effects were inversely correlated with mitochondrial oxygen consumption and ATP production. Knockdown of Nodal expression with specific small hairpin RNA reduced Glut-1, HK-II, and PDK-1 expressions and PDH phosphorylation. Nodal knockdown also reduced glucose uptake and lactate generation, which in turn increased mitochondrial membrane potential ($\Delta\Psi$), O2 utilization, and ATP synthesis. The ectopic expression of Nodal in low-expressing Nodal glioma cells resulted in the opposite results compared with those of Nodal knockdown glioma cells. Treatment of cells with recombinant Nodal increased HIF-1 expression, and this effect was regulated at the transcriptional level. Blockage of the Nodal receptor by a pharmacological inhibitor or Nodal knockdown in U87MG cells decreased HIF-1α expression. Furthermore, HIF-1α knockdown in U87MG cells decreased Glut-1, HK-II, and PDK-1 expressions and PDH phosphorylation, which were similar to results in Nodal knockdown cells.

Conclusion. Taken together, these results suggest that Nodal affects energy metabolism through HIF-1α.

Keywords: energy metabolism, gliomas, Glut-1, HIF-1, Nodal.

Human malignant glioma cells are characterized by uncontrolled growth and rapid invasion of adjacent tissues. When tumors grow into a 3-dimensional multicellular cluster, cancer cells evolve a mechanism that enhances glucose uptake and glycolysis to adapt to the microenvironment of hypoxia and low nutrients.¹ These characteristics enable visualization of the tumors by $[^{18}F]$ fluoro-2-deoxyglucose PET, which is among the most sensitive ways to trace tumor growth.² However, the molecular mechanism underlying the metabolic reprogramming is not completely clear.

In normal cells, ATP is generated from glucose via a glycolytic pathway and the subsequent tricarboxylic acid (TCA) cycle and mitochondrial respiratory chain. Glycolysis metabolizes glucose to pyruvate in the cytoplasm to produce a net of 2 ATP molecules from each glucose molecule. Pyruvate, the end product, can be converted to acetyl-coenzyme A (CoA) and enters the TCA...
cycle, which donates electrons via NADH and FADH$_2$ to respiratory chain complexes in mitochondria. Electron transfer to oxygen creates a proton gradient across the mitochondrial inner membrane, which can be dissipated and produces 36 ATP molecules per glucose molecule. However, in the absence of oxygen, the NAD$^+$ generated by glycolysis is regenerated from reduced NADH through the conversion of pyruvate to lactate by lactate dehydrogenase (LDH). Lactate is then used for an anaerobic reaction to meet the needs of tumor cell proliferation. 6 In the 1920s, Otto Warburg found that tumor cells utilize glycolysis instead of oxidative phosphorylation for glucose metabolism even in aerobic conditions, which is known as the Warburg effect. 1

The discovery of hypoxia-inducible factor (HIF)–1 provided a potential link between hypoxia and gene expression patterns that control glycolysis and other metabolic changes. 6 HIF–1 is a heterodimer composed of the basic helix-loop-helix proteins, HIF–1α and the aryl hydrocarbon nuclear translocator, which is also known as HIF–1β. An active HIF–1 heterodimer binds to the HIF–1 binding site within the hypoxia response element and enhances transcription of hypoxia-inducible genes involved in glucose/energy metabolism and a number of cell functions. 6 HIF–1α is undetectable in normoxic conditions, while HIF–1β is found in most cells. The availability of HIF–1α is predominantly determined by stability regulation of HIF–1α through proline hydroxylation. HIF–1α is degraded under normoxic conditions by the von Hippel–Lindau protein, when the proline residues (Pro402 and Pro564) in its oxygen-dependent degradation domain are hydroxylated by prolyl hydroxylase domain protein. 5 In addition to hypoxia, mitochondrial generation of reactive oxygen species, including superoxide and H$_2$O$_2$, can also cause HIF–1 accumulation and subsequent expression of genes inducible by HIF–1 activation under normoxic conditions. 6 Several recent studies revealed that oncogenic and tumor suppressor mutations may regulate glucose metabolism through increased expression of HIF–1. 8 The phosphatidylinositol-3 kinase/Akt or mammalian target of rapamycin signaling pathway was shown to increase HIF–1α expression. 9,10 HIF–1α regulates the shift of energy metabolism by promoting the expression of glucose transporters, glycolytic enzymes, hexokinase (HK)–II, lactate dehydrogenase A, and pyruvate dehydrogenase kinase (PDK)–1. 11 PDK–1 represses the flux of pyruvate into acetyl-CoA, diverting carbon away from mitochondria and suppressing O$_2$ consumption. 12 These findings led to a promising hypothesis that the Warburg effect may be regulated by extracellular signals through activation of HIF–1 and thus expression of glucose metabolism-related genes under aerobic conditions.

Nodal belongs to the transforming growth factor (TGF)–β superfamily, 13 and TGF–β/Sma– and Mad-related protein activity indicates a poor prognosis and promotes cell proliferation in gliomas. Inhibition of TGF–β signaling by SD208, a novel TGF–β receptor I kinase inhibitor, or SB431542, a small-molecule TGF–β receptor antagonist, leads to decreased invasiveness and proliferation of glioma cells. 14 Autocrine secretion of TGF–β stimulates breast cancer energy metabolism. 15 However, whether Nodal affects energy metabolism has not been investigated. Previously, we demonstrated that Nodal is involved in regulating cell proliferation, invasiveness, and differentiation in glioma cells. 16 In this study, we found that the expression level of Nodal was correlated with the level of metabolism in glioma cells. Nodal appeared to regulate the metabolic pathways in glioma cells by enhancing the expressions of glucose transporter (Glut)–1 and PDK–1. Of importance, down-regulation of Nodal resulted in decreased lactate accumulation. The direct link between Nodal deregulation and altered metabolism in glioma cells presented in this study strongly supports Nodal as a potential therapeutic target for treating this malignancy.

Materials and Methods

Culture of Human Glioma Cells and Western Blotting

Human GBM8401 cells were isolated from a grade IV glioma by Dr Hsin-I Ma of Tri-Service General Hospital. Human U87MG cells (American Type Culture Collection no. HTB-14) were purchased from the Institute of Food Sciences (Hsinchu, Taiwan). GBM-SKH cells were isolated from a grade IV human glioma by Dr Ching-Cheng Lee of Shin Kong Memorial Hospital. Cells were cultured in Dulbecco’s modified Eagle’s medium supplemented with 10% heat-inactivated fetal calf serum and maintained in a humidified incubator with 5% CO$_2$ at 37°C. Cells were lysed by adding lysis buffer containing 10 mM Tris HCl (pH 7.5), 1 mM EGTA, 1 mM MgCl$_2$, 1 mM sodium orthovanadate, 1 mM dithiothreitol, 0.1% mercaptoethanol, 0.5% Triton X-100, and the protease inhibitor cocktails and stored at −70°C for further measurements. Proteins were separated by sodium dodecyl sulfate-polyacrylamide gel electrophoresis. After electrophoresis, proteins were electrotransferred onto a polyvinylidene difluoride (PVDF) membrane. The PVDF membrane was washed once with phosphate buffered saline (PBS) and twice with PBS plus 0.1% Tween 20 (PBST), blocked with blocking solution containing 5% nonfat dry milk in PBS for 1 h at room temperature, and blotted with primary antibodies in the blocking buffer. The PVDF membrane was incubated with peroxidase-linked antimouse immunoglobulin G antibodies for 1 h and then developed by an enhanced chemiluminescence detection kit (Amersham Life Sciences). 17

Transfection of Plasmids

For Nodal knockdown, U87MG cells were seeded at a density of 5 × 10$^5$ cells per 6-cm plate and allowed to adhere overnight. The next day, a vector control (pLKO.1) or Nodal-specific small hairpin (sh)RNA plasmid (shNodal) was transfected into cells using Lipofectamine. For Nodal overexpression, GBM-SKH cells were seeded at 5 × 10$^5$ cells in a 6-cm plate. Transfected into cells the next day was pBabe/Nodal or
the control pBabe vector. After 24 h, the medium was changed to select puromycin-resistant clones.\textsuperscript{17}

**Glucose Uptake Assay**

Glucose uptake was measured using 2-[^3]H]deoxyglucose. Briefly, 5 × 10\(^5\) cells grown in 6-well plates were incubated in glucose-free medium for 30 min at 37°C. Added was 2-[^3]H]deoxyglucose at 1 μCi, incubated for 2 h. Cells were rapidly chilled at 4°C, washed 4 times, and transferred to scintillation vials for counting.

**Lactate Measurements**

Cells were plated, and the medium was changed to serum-free medium for 12 h. The supernatants were collected and diluted with water. Lactate production was determined using an L-lactate assay kit (BioAssay Systems). The optical density of lactate concentrations was measured at 565 nm according to the manufacturer's instructions.

**Intracellular ATP Level Measurements**

Cells (5 × 10\(^5\)) were seeded and allowed to adhere overnight. The next day, the intracellular ATP levels of the cells were collected by using an ATP Lite assay kit (PerkinElmer) according to the manufacturer's instructions. ATP levels were measured by luminescence with an F-4500 fluorescence spectrophotometer (Hitachi) and normalized to the protein concentration.

**Mitochondrial Membrane Potential Measurements**

The integrity of the mitochondrial membrane (Ψm) was determined by the cationic dye JC-1 (JC100, Cell Technology). JC-1 dye was used to distinguish between cells with low and high mitochondrial membrane potential. The fluorescence emission will shift from green to orange-red and the dye aggregation will accumulate in the mitochondrial matrix. Cells (1 × 10\(^6\)) were seeded and allowed to adhere overnight. The next day, cells were harvested, stained in culture medium with JC-1 dye, and incubated for 30 min at 37°C. The mean green fluorescence (FL-1 channel) and mean orange-red fluorescence (FL-2 channel) were recorded and quantified by flow cytometry (Cell Quest software; BD Biosciences).

**Oxygen Consumption**

To determine intact cell-coupled and -uncoupled endogenous respiration, 10\(^6\) cells were resuspended in 1 mL of fresh medium prewarmed to 37°C and pregassed with 95% air and 5% CO\(_2\). The cell suspension was placed in a sealed respiration chamber equipped with a temperature control, a microstirring device, and a Clark-type oxygen electrode. Oxygen consumption in the cell suspension was measured using a MitoCell MT200 respirometer and an oxygen electrode (Warner Instruments). The oxygen content was periodically monitored with an MT200 respirometer, and the oxygen consumption rate was measured over 1 min.

**Luciferase Activity Assay**

Cells (5 × 10\(^5\)) were transfected with 2 μg of plasmid hypoxia response element–luciferase (pHRE-Luc) and 0.2 μg of plasmid renilla luciferase–thymidine kinase promoter (pRL-TK; Promega) in Lipofectamine for 24 h, followed by treatments with various agents for 24 h, and then harvested for the luciferase activity assay using the Dual-Luciferase reporter assay system (Promega).

**Statistical Analysis**

Results are expressed as mean ± SEM from the number of independent experiments performed. One-way ANOVA was used to assess the difference in means among the groups, and Student’s 2-tailed t-test was used to determine the difference of means between any 2 groups. \(P < .05\) was taken as statistically significant. Pearson’s correlation coefficient was used to determine the correlation between the protein level of Nodal and metabolic phenotype in glioma cell lines.

**Results**

**Nodal Expression in Human Glioma Cell Lines Was Correlated With Expression Levels of Glut and Hexokinase and the Extent of Glucose Uptake and Lactate Accumulation**

To determine whether Nodal involved glucose uptake and glycolysis, we compared expression levels of Nodal in U87MG and U118MG cells, along with 2 other cell lines derived from human grade IV gliomas (GBM-SKH and GBM8401). Nodal protein levels were higher in U87MG and GBM8401 cells compared with GBM-SKH and U118MG cells. The expression level of Nodal paralleled those of Glut-1 and HK-II (Fig. 1A). In agreement, the extent of 2-[^3]H]deoxyglucose uptake (Fig. 1B) and of lactate accumulation (Fig. 1C) paralleled expression levels of Nodal.

We further investigated whether Nodal expression was correlated with ATP production, mitochondrial membrane potential, and O\(_2\) consumption in these human glioma cells. Our results showed that ATP production, mitochondrial membrane potential, and O\(_2\) consumption were low in GBM8401 and U87MG cells and high in GBM-SKH and U118MG cells (Fig. 2A–C). PDK-1 was previously shown to repress the flux of pyruvate into acetyl-CoA, diverting energy metabolism away from mitochondria and suppressing O\(_2\) consumption.\textsuperscript{12} We next examined whether expression levels of PDK-1 and phosphorylation levels of pyruvate dehydrogenase (PDH) paralleled expression levels of Nodal. Consistently, phosphorylation levels of U87MG and GBM8401 cells

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were also higher than those of GBM-SKH and U118MG cells (Fig. 2D). In addition, the correlations of Nodal expression with the levels of Glut-1 expression, glucose uptake, lactate accumulation, ATP generation, and O₂ consumption were determined (Table 1). The results showed that Nodal expression was highly correlated with these indicators of energy metabolism, indicating that Nodal may regulate cellular glucose flux and the subsequent energy metabolism.

Recombinant Nodal Increased Glut-1, HK-II, and PDK-1 Expressions and Regulated Glucose Uptake and Energy Metabolism in Glioma Cell Lines

Nodal is a secreted protein and exerts its function on cell-surface receptors. To determine whether exogenously added Nodal could regulate glucose uptake and energy metabolism, we first found that treatment with recombinant Nodal (rNodal; 300 ng/mL) increased Glut-1, HK-II, and PDK-1 expression in U87MG and GBM-SKH cells (Fig. 3A). In agreement, upregulation of PDK-1 was associated with increased PDH phosphorylation. The addition of rNodal significantly increased 2-[³H]deoxyglucose uptake (Fig. 3B) and lactate accumulation (Fig. 3C). We next examined whether rNodal regulated ATP production, mitochondrial membrane potential, and O₂ consumption in these human glioma cells. As shown in Fig. 3D–F, rNodal slightly decreased ATP production, mitochondrial membrane potential, and O₂ consumption. In Fig. 3B–F, rNodal was also shown to affect glucose uptake, lactate accumulation, ATP production, mitochondrial membrane potential, and O₂ consumption in a dose-dependent manner in U87MG cells. Taken together, these data suggest that Nodal regulates glucose uptake and energy metabolism.

Ectopic Expression of Nodal Mimicked the Effects of rNodal Treatment in GBM-SKH Cells

To further confirm the role of Nodal in energy metabolism, Nodal was stably expressed in less invasive GBM-SKH cells. Ectopic expression of Nodal increased Nodal protein levels in GBM-SKH cells (Fig. 4A). Similarly, overexpression of Nodal was associated with increased Glut-1, HK-II, and PDK-1 protein levels, which paralleled the increase in PDH phosphorylation (Fig. 4A). Overexpression of Nodal in GBM-SKH cells also increased 2-[³H]deoxyglucose uptake (Fig. 4B) and lactate accumulation (Fig. 4C). Consistent with rNodal treatment, overexpression of Nodal in GBM-SKH cells decreased ATP production, mitochondrial membrane potential, and O₂ consumption (Fig. 4D–F).

Nodal Knockdown Decreased Glucose Uptake While Increasing Mitochondrial Membrane Potential in U87MG Cells

For further exploration, shRNA specific for Nodal was used to knock down Nodal expression in the more invasive U87MG cell line that expressed higher Nodal levels.
Fig. 2. ATP generation, mitochondrial membrane potential, and O2 utilization were compared with the expression level of PDK-1 and the phosphorylation level of PDH-α in human glioma cell lines. (A) The cellular ATP content was assayed by the luciferin/luciferase method on a Turner Designs 20/20 luminometer at 24°C. (B) Cells were cultured for 24 h, and mitochondrial membrane potential was measured by analysis of JC-1 fluorescence using flow cytometry. (C) Analysis of cellular oxygen consumption in the media was detected by a Clark-type O2 electrode at 37°C. (D) Cell lysates from human glioma cell lines were used to determine PDK-1 expression and PDH-α phosphorylation by Western blotting. α-Tubulin served as an equal loading control. Data represent mean ± SEM of 3 independent experiments. *P < .05 and **P < .01 by Student’s t-test.

Table 1. Pearson’s correlation coefficients between Nodal protein, Glut-1 protein, glucose uptake, lactate accumulation, ATP generation, and O2 consumption

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*P < .05 and **P < .01 by Student’s t-test.
Transfection of Nodal-specific shRNA suppressed Nodal protein expression in U87MG cells (Fig. 5A). Knockdown of Nodal was accompanied by reductions in Glut-1, HK-II, and PDK-1 protein levels in U87MG cells. Again, suppression of PDK-1 expression paralleled the phosphorylation level of PDH (Fig. 5A). Knockdown of Nodal resulted in decreases in cell 2-[3H]deoxyglucose uptake (Fig. 5B) and lactate accumulation (Fig. 5C). As shown in Fig. 5D, ATP production, mitochondrial membrane potential (ΔΨM), and O2 consumption were all higher in Nodal knockdown cells compared with parental cells. Taken together, these data suggest that knockdown of Nodal modulates glucose uptake and energy metabolism (Fig. 5D–F).

Blockage of the Nodal Receptor by a Pharmacological Inhibitor or Nodal Knockdown in U87MG Cells Decreased HIF-1α Expression

Several oncogenic and growth factors activate glycolytic flux and dysregulate mitochondrial energy metabolism through HIF-1α. To investigate whether Nodal causes HIF-1α accumulation, U87MG cells were treated with rNodal, and protein levels of HIF-1α were examined.
As shown in Fig. 6A–C, treatment with rNodal increased the messenger RNA and protein levels of HIF-1α in U87MG cells. In contrast, pretreatment with the Nodal receptor antagonist, SB431542, decreased Nodal-induced HIF-1α accumulation in the more invasive U87MG cells. Under hypoxic conditions, HIF-1α degradation was prevented by inactivation of prolyl hydroxylase. However, based on the time course study and real-time PCR data, Nodal may regulate HIF-1α expression at the transcriptional level. We next examined whether Nodal increased HIF-1α expression by a reporter gene assay. As shown in Fig. 6D, Nodal increased the transcription of HIF-1α in U87MG cells.

Furthermore, to investigate whether Nodal expression under hypoxia was associated with HIF-1α expression, U87MG and GBM cells were treated with the hypoxia mimetic agent CoCl₂ (200 μM). As shown in Fig. 6E, Nodal expression in both cell lines remained unchanged under hypoxic conditions compared with the normoxic condition ($P > .05$). On the contrary, HIF-1α expression was significantly increased by ~2.4-fold under hypoxic conditions compared with the normoxic condition ($P < .01$), indicating that overexpression of HIF-1α under hypoxic conditions is not associated with Nodal expression. These data suggest that Nodal increases HIF-1α accumulation at the transcriptional level rather than...
stabilizing HIF-1α by inactivating prolyl hydroxylase, as seen under hypoxic conditions.

**Knockdown of HIF-1α Decreased Glut-1, HK-II, and PDK-1 Expression and PDH Phosphorylation in U87MG Cells**

To explore the possibility that HIF-1α affects Nodal’s role in energy metabolism, shRNA specific for HIF-1α was used to knock down HIF-1α expression in the more invasive U87MG cells. Transfection of HIF-1α-specific shRNA decreased HIF-1α protein expression in U87MG cells (Fig. 7A). Knockdown of HIF-1α was accompanied by reductions in Glut-1 and PDK-1 protein levels (Fig. 7A). Reduction of PDK-1 expression paralleled phosphorylation levels of PDH (Fig. 7A). Knockdown of HIF-1α resulted in decreased cell 2-[3H]deoxyglucose uptake (Fig. 7B) and lactate accumulation (Fig. 7C). In agreement, ATP production, mitochondrial membrane potential, and O2 consumption were all higher in HIF-1α knockdown cells compared with parental cells. These results indicate that HIF-1α mediates Nodal-stimulated regulation of glucose uptake and energy metabolism in glioma cells (Fig. 7D–F).

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**Fig. 5.** Nodal knockdown lowered glucose uptake, and enhanced mitochondrial respiration. U87MG cells were stably transfected with the control vector (pLKO.1) and Nodal-specific shRNA (shNodal). (A) The protein expression levels of Nodal, HK-II, Glut-1, and PDK-1 and PDH-α phosphorylation in both cells were determined by Western blotting. α-Tubulin served as an equal loading control. (B) Glucose uptake, (C) cellular lactate accumulation, (D) ATP production, (E) mitochondrial membrane potential (ΔΨM), and (F) O2 consumption were analyzed. Data represent mean ± SEM of 3 independent experiments. *P < .05 and **P < .01 by Student’s t-test.
Discussion

Most invasive cancer cells show higher glucose uptake and lower O₂ consumption and mitochondrial energy metabolism compared with their cells of origin. We previously found that Nodal, a member of the TGF-β family, plays important roles in regulating cell proliferation, invasiveness, and differentiation in gliomas.
However, the role of Nodal in energy metabolism has not been investigated. In the present study, we demonstrated that Nodal regulated the expression of Glut-1 and the key regulator of mitochondrial energy metabolism, PDK-1. We present evidence that treatment of cells with rNodal or overexpression of Nodal increased Glut-1 and PDK-1 expression. Increased PDK-1 in turn increased PDH phosphorylation and decreased PDH’s activity in acetyl-CoA production. In contrast, Nodal knockdown decreased glucose transport and lactate accumulation and increased O$_2$ consumption and mitochondrial energy metabolism. Although many oncogenic signaling pathways were shown to modulate energy metabolism via upregulation of Glut-1 and PDK-1, this was the first demonstration that an external ligand could regulate glucose uptake and mitochondrial energy metabolism in cancer cells. Understanding the molecular mechanisms of metabolic adaptation may provide significant molecular insights into the invasive nature of gliomas, which would be helpful in developing tactics to exploit glioma therapy.
The present study extends our previous finding that Nodal expression paralleled Glut-1 expression levels and that highly invasive glioma cells (U87MG and GBM8401) expressed higher level of Glut-1 compared with the less invasive GBM-SKH and U118MG cells. Glut-1 is overexpressed in many highly proliferative and malignant tumors. Our data are in line with those reported by many groups that a high expression level of Glut-1 can be considered an indicator of a poor prognosis.

Under hypoxic conditions, HIF-1α was shown to induce overexpression of Glut and regulate mitochondrial function in cancer cells. We showed that Nodal regulated HIF-1α expression at the transcriptional level under normoxic conditions. We further demonstrated that HIF-1α mediated the effects of Nodal on glycolytic flux and mitochondrial energy metabolism. These results are consistent with reports that HIF-1α regulates mitochondrial energy metabolism via induction of PDK-1. We demonstrated that the PDH kinase, PDK-1, was upregulated by Nodal in an HIF-1α-dependent manner. PDK-1 phosphorylates and decreases the activity of the PDH complex. Thus, PDK-1 can be considered a major regulator in the inactivation of the PDH complex, which decreases pyruvate oxidation through the TCA cycle, O2 consumption, and generation of the mitochondrial membrane potential. Our data showed that treatment of cells with rNodal and the ectopic expression of Nodal increased PDK-1 expression. However, ATP production, mitochondrial membrane potential generation, and O2 consumption only slightly decreased. This could be due to the fact that tumor mitochondria are able to oxidize alternative energy substrates independent of PDH complex activity.

In conclusion, these results suggest that expression levels of Nodal are tightly associated with alterations of glucose uptake and mitochondrial energy metabolism and support the notion that the Nodal/HIF-1α/Glut-1 signaling pathway can be considered a diagnostic marker for glioma progression. In addition, we demonstrated that both the inhibition of Nodal signaling and the knockdown of HIF-1α reduced glucose uptake and lactate accumulation in malignant U87MG glioma cells. Recently, an increase in lactate accumulation was shown to fuel tumor growth and metastasis, and these results support the notion that inhibition of Nodal signaling can be considered a novel therapeutic strategy for glioma treatment.

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**Conflict of interest statement.** None declared.

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