has the most significant impact on the benefits of scale operation. However, in some studies, due to the small number of samples and small scope, the results are not comprehensive and unscientific. Due to the single research factors, few scholars analyze it from the perspective of environmental psychology. In addition, the current situation of land circulation and management has a certain historical timeliness. The reference value gradually decreases due to the long time of research.

**Research Objects and Methods:** Taking the survey data of “100 villages and 1000 households” in Jiangxi Province as samples, based on the structural equation model, this paper analyzes the action mechanism and emotional behavior changes of land transfer, and analyzes the impact of labor characteristics and group wage level on the benefits of agricultural land scale management from the perspective of environmental psychology.

**Results:** Land circulation, labor characteristics, local wage level and group worker wage level promoted the benefits of rural scale operation, and the direct influence coefficients were 0.30, 0.04, 0.07 and 0.08 respectively. The direct influence coefficient of the wage level of local busy groups on the benefits of rural scale operation is -0.11, showing a restraining effect. It is difficult for group individuals to carry out post emotion regulation for negative life events or negative stimuli. A large number of studies have proved that this post emotion regulation needs to consume a lot of cognitive and inhibitory control resources. Sometimes, not only can it not achieve the purpose of regulating bad emotions, but also produce more negative emotional consequences. Therefore, we believe that the ex ante emotional regulation of potential negative events - psychological expectation can effectively reduce the emotional impact on individuals after the occurrence of negative emotional events by using the ex ante regulation strategy of “psychological expectation”, and the adaptive cognitive style may overcome the negative impact of the strategy in the expectation stage. In addition, the training of adaptive cognitive style may weaken the excessive negative expectations of individuals with anxiety disorder, so as to reduce the symptoms of anxious individuals. Taken together, the innovative significance of the above research ideas lies in: 1) through experimental methods to investigate whether psychological expectation itself can effectively weaken the regulation of emotional arousal of subsequent negative events after excluding the possibility of using other regulation strategies in the expectation stage. 2) By manipulating the cognitive style of the subjects in the expectation stage to the upcoming negative stimuli, this paper investigates the influence of adaptive and maladaptive cognitive styles on the effect of expectation on the regulation of negative emotions. 3) The training of adaptive cognitive style is used to intervene the excessive negative expectation of anxiety disorder susceptible groups, so as to reveal the extent to which the training of various adaptive cognitive styles can weaken their excessive negative expectation and finally reduce their clinical anxiety symptoms. In our daily life, we will inevitably encounter some unexpected negative events. If you can't effectively adjust your bad mood, it may have very serious consequences. Therefore, it is particularly important to use some scientific and effective regulation strategies. In view of the above discussion, it can be seen that the ex ante strategy of “psychological expectation” can effectively reduce the emotional impact after negative events.

**Conclusion:** The study shows that among the potential variables of land transfer, the proportion of transferred land area can significantly improve the benefits of agricultural land scale management. Labor force characteristics and group wage level have a significant impact on the benefits of agricultural land scale management. Therefore, on the one hand, we should establish and improve the security system to ensure the basic living needs of the group and improve the willingness of the group to transfer land. On the other hand, we should standardize the land transfer procedures, improve the construction of relevant legal systems, and ensure the orderly transfer of land. Third, implement the land circulation policy in stages to reduce transaction costs. Finally, strengthen positive cognitive education, carry out targeted education for relevant personnel, correctly guide positive emotions, turn some blindly optimistic impulsive emotions into rational motives, and guide them to carry out relevant activities according to their own advantages and characteristics. Set an example, clarify the incentive objectives, regularly hold successful model sharing, experience introduction, project display and other activities, set a successful example for positive emotions, clarify the specific objectives of entrepreneurial activities, form strong psychological motivation, stimulate internal potential and help the realization of entrepreneurial behavior. Strengthen professional guidance and make the motivation of winning the bid behavioral. Give full play to the concentration of professionals, have a high degree of intelligence and professional knowledge in the business field, and have obvious talent and intellectual advantages. Experts and scholars can be organized to establish a professional bid winning guidance team, give full play to the business projects of experts and scholars in their respective fields, and carry out scientific research on entrepreneurial projects.

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**THE VALUE REALIZATION OF SOCIALIST CORE VALUE SYSTEM IN IDEOLOGICAL AND POLITICAL EDUCATION — BASED ON THE PERSPECTIVE DRIVEN BY SOCIAL PSYCHOLOGY AND EMOTION**

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**Background:** As the essential withdrawal of China’s socialist thought, the socialist core value system plays an important role in Ideological and political education and has the value of theoretical guidance, spiritual support and moral promotion. Understanding values from the perspective of social psychology and emotional drive and exploring the realization of socialist core value system in Ideological and political values have more important theoretical value and practical significance.

**Research Objects and Methods:** There are many similarities between the socialist core value system and the theory of social psychology. The value of the socialist core value system lies in that under the influence of educators, educators, recognizers, communicators and other factors, people's psychological activity process has experienced three stages: obedience, assimilation and internalization, and people's psychological attitude has changed from
passive to active. And skills are subject to active and voluntary acceptance. The socialist core value system is the core guiding content of Ideological and political education. It not only includes establishing a correct world outlook, outlook on life and values, but also plays a guiding role in the realization of the value of Ideological and political education. It is the direction to lead the realization of the value of Ideological and political education. At the same time, the study investigated the changes of emotional and behavioral states in the education system. This scale is used to test the philosophy of human nature, that is, the subjects' estimation of the general behavior patterns of others. Human nature can be divided into six different components: 1 Trustworthiness: the degree to which people are regarded as moral, honest and reliable. 2. Altruism: selflessness, sincere compassion and care for others. 3. Independence: the firmness of adhering to one's own beliefs in the face of the trend of seeking common ground in society. 4. Strength of will and Rationality: People's confidence in the degree of understanding their behavior and overcoming their shortcomings. 5. Complexity of human nature: whether people are complex or simple, difficult to understand or easy to understand. 6. Variability of human nature: the degree of natural difference between individuals and the degree of variability of basic human nature. The research shows that the first four variables and the last two variables are basically independent of each other. The author of this scale first compiled an original scale containing 120 items (each of the above six variables accounts for 20 items, of which 10 items are marked with positive scores and the other 10 items are marked with negative scores), and used it to measure 177 groups. After item analysis, a total of 36 items that are most difficult to distinguish are eliminated, and the remaining items are composed of 6 subscales. Each subscale includes 7 items, of which 7 items are recorded with positive scores and 7 items are recorded with negative scores. Each item has a score of 6 levels, from +3 (fully agree) to -3 (fully disagree). The score range of each subscale is between -42 and +42, and the middle value is 0.

Results: The realization of the value of Ideological and political education depends on practice. The socialist core value system has the functions of guidance and guarantee, spiritual incentive, force cohesion, value orientation and so on. The realization of the value of socialist core value system in Ideological and political education depends on the work efficiency of educators on the one hand and the social environment of educates on the other hand. Only by integrating the socialist core value system into the construction of campus culture, strengthening comprehensive management, constantly improving the comprehensive quality of educators, educators and ideological and political work managers, and constantly exploring in practice, can we effectively improve the realization level of campus cultural value. Ideological and political education. The study found that after the role of value shaping, students' emotions and behaviors have undergone positive changes.

Conclusion: Value is the satisfaction of the object to the needs of the subject. The value of Ideological and political education lies in meeting the ideological needs of individual and social development. The socialist core value system is the foundation of building a country and determines the development direction of socialism with Chinese characteristics. In the historical process of fully realizing the Chinese dream of the great rejuvenation of the Chinese nation, we should actively give full play to the role of the socialist core value system in Ideological and political education, and give full play to the role of the socialist core values in the ideological and political education system. Through the socialist core value system, highlight the status of the value theory of Ideological and political education, promote the research and exploration from theoretical value to value realization, and promote the final realization of the value of Ideological and political education.

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DESIGN OF INDOOR AGARIC CULTIVATION MONITORING DEVICE BASED ON INTERNET OF THINGS AND EMOTIONAL BEHAVIOR CHANGE

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Background: Auricularia auricula grows in high environmental conditions and takes a long time to produce. The environmental quality control of Auricularia auricula has gradually become the biggest bottleneck and obstacle restricting its quality production. At present, the environmental control of most edible fungi still depends on artificial experience. The control and regulation efficiency of environment and nutrient solution is low, prone to deviation, unable to provide a comprehensive and high-quality growth environment for edible fungi, which seriously affects its production efficiency and hinders its large-scale development. Therefore, in order to create the best environmental conditions for the growth and development of Auricularia auricula and improve the quality, yield and economic value of Auricularia auricula products, it is particularly important to introduce the Internet of things technology into indoor Auricularia auricula cultivation monitoring from the perspective of cognitive psychology to control the environmental parameters of Auricularia auricula cultivation. Based on cognitive psychology and emotional behavior changes, the cultivation system of Auricularia auricula was improved accordingly.

Subjects and Methods: From the perspective of cognitive psychology, an indoor agaric cultivation monitoring device based on Internet of things is designed, which is mainly composed of monitoring terminal (stm32f103zet6 microcomputer as the main controller), cloud platform and user control center. The monitoring terminal is mainly responsible for sensor data acquisition, threshold setting and control of some external equipment, including fan cooling, lighting, grass curtain ventilation, water pump watering and infrared anti-theft alarm control; The cloud platform mainly receives various data information uploaded by the main controller through wireless data communication technology and sends it to users; The user control center is mainly responsible for real-time remote monitoring of the growth environment of Auricularia auricula through mobile phones or computers. The information collected by each sensor is automatically identified and tracked in real time after being processed by single chip microcomputer. The data is displayed in real time through LCD, and the data is uploaded to onenet cloud platform through NB IOT wireless communication technology, so as to realize accurate and fast data interactive transmission, remote monitoring and report the real-time status to users. On the other hand, the alarm effect is achieved by setting the corresponding threshold, and the corresponding decision-making and control are carried out automatically. SPSS 22.0 software is also used for data statistical analysis. The measurement data is expressed as mean ± standard deviation (x ± s). The statistical method is: descriptive statistics is used for general data characteristics, t-test is used for the comparison of the