

Regime Stability and the Persistence of Traditional Practices*

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June 17, 2021

Abstract

I examine why the harmful tradition of female genital mutilation persists in certain countries while in others it has been eradicated. People are more willing to abandon their traditions if they are confident that the government is durable enough to set up long-term replacements for them. Using a country-ethnicity panel dataset spanning 23 countries from 1970 to 2013 and artificial partition of African ethnic groups by national borders, I show that a one-standard-deviation larger increase in political regime durability leads to a 0.1-standard-deviation larger decline in the share of newly-circumcised women, conditional on the presence of an anti-FGM government policy.

JEL Codes: D19, J15, O12, Z13

Keywords: Traditional Practices, Female Genital Mutilation, Regime Durability

*The author is grateful to Maxim Ananyev, Sascha O. Becker, Marc F. Bellemare, Lisa Blaydes, Kirill Borusyak, Matt Collin, Christian Dippel, Stefano Fiorin, Paola Giuliano, Vasily Korovkin, Yuya Kudo, Egor Lazarev, Adriana Lleras-Muney, Gerry Mackie, Bruno Pellegrino, Konstantin Platonov, Daniel Posner, Imran Rasul, Vera Sharunova, Michelle Tertilt, Yuan Tian, Nico Voigtländer, Till von Wachter, Romain Wacziarg, David Yanagizawa-Drott, Noam Yuchtman, seminar participants at UCLA, and conference participants at APSA, ASREC, COMPASS, CSAE, IRES, MPSA, SIOE, Stanford-AALIMS, and UC GEM-BPP Research Workshop for excellent suggestions. I thank Bernard Barrère for providing Mauritania DHS data. All errors are mine. Correspondence at: Sir Clive Granger Building B33, School of Economics, University of Nottingham, University Park, NG7 2RD, Nottingham, UK.

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Why are some harmful, supposedly outdated cultural traditions still practiced, while others have been eradicated? For instance, footbinding in China has been abolished, while female genital mutilation (FGM) and the wearing of neck rings are still widely practiced in many developing countries. Cultural practices arise because people find them beneficial at certain times and in certain contexts (e.g., footbinding and FGM aiding the marriage market). Over time, these practices become deeply held traditional values and religious beliefs (Gigerenzer, 2007; Kahneman, 2011), even when the context has changed. A society may dispose of these norms if the cost of practicing the old traditions under the new circumstances outweigh the benefits. This process can be difficult, since the change of social norms requires coordination of members of the practicing community. One factor can be especially important in solving this coordination problem: expectations about the life expectancy of political regimes that support changes in a certain norm. Understanding how to hasten abolishment of these norms is important for development, given their potential harmful effects on health, education, and quality of life.¹

In this paper, I investigate the role of political regime durability on the persistence and decay of FGM in Africa. FGM is a cultural norm that requires girls to be circumcised at some point during childhood, and circumcised girls are more likely to find a husband on the marriage market (Mackie, 1996). Currently, more than 150 million girls and women living in 29 countries have been circumcised. Because FGM is harmful for women's health, governments try to implement anti-FGM campaigns to eradicate this

¹In addition to FGM, many other harmful traditions are still being practiced, including the cultural preferences for sons rather than daughters, female infanticide, early marriage, force-feeding, nutritional taboos, wearing of lip plates, practices related to birthing, and the use of traditional medicines and witch doctors. We can also interpret traditional practices as tribal or religious social norms practiced by society. Even if they are not harmful per se, if one region of a country starts to follow its traditional laws rather than the official national system, this can impede the country's wider economic development and lower the quality of its domestic institutions (Tabellini, 2008).

practice. Due to the coordination problem, the government needs to “simultaneously shift the expectations of a group of interacting families, so that it would become rational for them not to continue the practice given its harmful effects and its decreased benefit in the local marriage market” (Young, 2015). Girls are circumcised when they are young, but the marriage market happens in the future. Hence, if a mother wants not to circumcise her daughter, she needs to be sure that the political regime that pushes for the eradication of FGM will still be doing so by the time of the marriage market for her to be able to marry her daughter without FGM. Thus, what really matters is the *expectation* about how long the political regime that pushes for eradication of FGM will last.

I use the Demographic and Health Survey and the Multiple Indicator Cluster Survey (hereafter, DHS and MICS) individual-level datasets for countries where FGM has ever been practiced. I construct a country-ethnicity-year panel of the share of newly circumcised women from the total number of women whose age makes them eligible for circumcision as the measure of FGM prevalence. I measure regime durability using the Polity IV (Marshall and Cole, 2013) dataset, which counts the number of years since the last significant changes in authority characteristics. I find that ethnic groups that are exposed to higher regime durability experience lower rates of FGM, and the effect is driven by countries with anti-FGM legislations. The results are robust to using different geographic aggregations and not driven by subsamples.

My identification relies on the fact that FGM is an ethnic-group-specific cultural norm, and that ethnic partition of African ethnolinguistic groups by state borders defined by colonial authorities provides random variation *within* ethnicity (similar to Alesina, East-erly and Matuszeski, 2011, Michalopoulos and Papaioannou, 2014, 2018, Michalopoulos, Naghavi and Prarolo, 2018 and Michalopoulos, Putterman and Weil, 2019). In other

words, I observe the same ethnic group under political regimes with different durability. For example, the Dagari ethnic group was artificially divided between Burkina Faso and Ghana by the colonial administration. Despite the similarity in these countries' socioeconomic characteristics, FGM rates differ significantly between the two sides of the border: 87 percent in Burkina Faso vs. 51 percent in Ghana.² In addition, in DHS samples that have information on mothers' circumcised and uncircumcised daughters and their FGM age, I can explore how a woman chooses whether to circumcise her daughters under different values of regime durability throughout her lifetime.

Key to my analysis is whether the measurement of regime durability is a good proxy for people's expectation of future regime stability. I demonstrate this in three ways. First, I show that my results hold if instead of the Polity IV measure of regime durability I use alternative indicators (or their first-principal component). These indicators are based on different measures of policy scores that take into account different institutional factors. While not perfectly correlated, all of them yield similar estimates. Second, I show that my results are not driven by regime changes without polity score changes (e.g., change of an autocrat without change in authority characteristics). Third, I show that my measure of regime durability correlates with people's expectations that the government will solve their local problems within the next five years, using survey information in Afrobarometer. My results are robust to alternative coding of anti-FGM policy. I find that the effect is driven by (i) countries that have a clear definition of FGM in their legislation, (ii) countries that criminalized (with imprisonment) performance of FGM, or (iii) governments that announced a strategy in place to end FGM. Results are similar if I use continuous measures based on the number of these laws or first-principal component of the anti-FGM laws.

²Similarly, many other ethnic groups separated by national borders evince different rates of FGM prevalence (Online Appendix Figure D.1).

There are two important omitted-variable concerns. First, other country-year specific institutional factors may confound the effect of regime stability. For example, if regime durability is positively correlated with state capacity and the latter is negatively correlated with FGM rates through education, omitting state capacity can bias the result. I show that controlling for these institutional variables leaves the estimated effect of regime durability virtually unchanged. Second, regime durability may correlate with NGO activities and governmental health programs. Thus, the effect of interest may be explained by NGOs being more active in countries with more stable political regimes. Similarly, a more durable political regime can attract more foreign aid and then more successfully fight FGM. I demonstrate that neither foreign aid nor the number of active NGOs affects the magnitude or significance of my results.

I also investigate several alternative explanations. First, more durable regimes may be better at improving health outcomes, which are not necessarily related to expectations and coordination problems. I find no effects of regime durability on other health-related outcomes such as infant mortality, HIV prevalence, fertility, life expectancy, medical provision, or government attempts to empower women. Second, I show that regime durability does not correlate with ethnic or religious identity. Finally, my results may capture the fact that women are afraid of being prosecuted by a stable regime that is trying to eradicate FGM and they underreport their FGM status. To address this concern, I use information from Afrobarometer where respondents are asked about whether they are afraid of openly saying that they are ready to violate the law. I find that my results hold in the subsample of countries where people are more open to answer “No” to this question, who probably also would not lie about whether they are circumcised.

The effect of regime stability goes beyond FGM; it holds for other cultural norms be-

ing targeted for systematic eradication. To the best of my knowledge, the only cultural norms with available data are child marriage, a practice wildly targeted by governmental organizations (Wang, 2016), and polygamy, a practice where national bans and other policies have been mostly ineffective (Fenske, 2015). Child marriage is similar to FGM in the sense that expectations about future anti-cultural-norm policies matter: daughters should be married while young, and by postponing marriage, families risk not finding a good husband. On the other hand, polygamy does not rely on expectations about how the regime will fight against the practice in the future. Consistent with the hypothesis, I find a negative and significant relationship between child marriages and regime durability, of a similar magnitude to the FGM results, and no significant effect on polygamy.

This paper makes several contributions to the literature. First is the literature on the existence and evolution of social norms (Ellickson, 1989, 1991, North, 1990, Bisin, Topa and Verdier, 2009, and Bisin et al., 2011). Mostly relatedly, Fan and Wu (2018) argue that footbinding in China appeared first in the upper social class and then spread through the society since women wanted to marry up. Becker (2018) presents evidence on how FGM appeared in Africa where men wanted to make sure that wives were loyal to them when they were hunting. Young (2015) provides a theory on how footbinding was abolished and FGM persisted in the context of a coordination problem. While consistent with the origin stories and the theory with coordination issue, I explain how the formal institutions and government policies help in generating coordinated efforts to abolish harmful practices such as FGM.

Second, the paper contributes to the literature on impacts of institutional changes on social and economic outcomes (Bisin and Verdier, 2000, 2001, Alesina and Giuliano, 2015, García-Jimeno (2016), and Giuliano and Nunn, 2017). The literature has discussed the role

of prohibition laws, state capacity, slavery, and ancestral political autonomy. Here I show that a particular institutional feature, regime durability, affects cultural norms by helping to solve the coordination problem through changes in people's expectations.

Third, this paper adds to the literature on the particular issue of FGM (Mackie, 2003, Efferson et al., 2015, and Vogt et al., 2016). One part of the literature focuses on the impact of FGM on various individual outcomes including health, education, and productivity (Shell-Duncan, 2001, 2008, Mackie, 2003). Another set discusses the effect of laws and anti-FGM program on the eradication of the practice (Shell-Duncan and Herniund, 2007, Shell-Duncan et al., 2011). Instead of focusing on one country or one program, my paper shows that a country-level variable, regime durability, significantly affects the effectiveness of the policies, since people need the policies to be in place for long enough to be able to commit to deviate from the norm.

Finally, this paper complements the work on African development in general. While I don't show the direct impact of institutions on long-term health and economic outcomes, given the individual evidence in the literature on the harmful effect of out-dated cultural practices, my results suggest that stable regime are likely to promote economic growth in the long run.

1 FGM: Historical Background and Conceptual Framework

In this section, I first provide historical facts about FGM and formulate hypotheses about its persistence. Then I discuss governmental policies related to its abolishment. Finally, I provide several pieces of factual records on how expectations regarding anti-FGM policies affect the way people decide about circumcision.

1.1 The Historical Origins and Persistence of FGM

FGM is a tradition in some western, eastern, and northeastern regions of Africa (Online Appendix Figure D.2), and some countries in the Middle East (e.g., Iraq and Yemen). According to the World Health Organization, more than 150 million girls and women have been circumcised, and another 30 million are estimated to be at risk of circumcision over the next decade. The circumcision of girls is part of the system of indigenous beliefs of the ethnic groups who practice it. The first recorded instance of FGM was 2,200 years ago in the territory now recognized as Northern Sudan. After the Arab Caliphate was established, Sudanese sex slaves (who underwent circumcision) were transferred via trade routes (Beachey, 1976), leading to the spread of the practice across Africa.

Most existing theories on the persistence of FGM and other harmful practices were developed by sociologists; they have been summarized in Hartung (1976), Mackie (1996), Mackie and LeJeune (2009), Shell-Duncan and Herniund (2007), and UNICEF (2007). Translating the basic hypotheses into the language of economics, a male's primary goal is to father as many children as possible; meanwhile, it is obvious that only the woman who is carrying a child can be sure about whether a particular child is hers or not. In this situation, men — especially in polygamist societies — are prepared to take costly actions (e.g., FGM or footbinding) to increase the probability that the children they support are their own. By undergoing FGM, women become less promiscuous because they lose the opportunity to enjoy sex.

Over time, FGM persisted and became a social norm (Lightfoot-Klein, 1989, Mackie, 1996, Easton, Monkman and Miles, 2003, Hayford, 2005, Shell-Duncan and Herniund, 2007, and Young, 2015). To have a better chance of finding a good match in the marriage

market, girls and women need to follow social norms; therefore, those desiring better prospects must be circumcised (Kudo, 2018).³ If a girl or woman does not follow the social norm, she risks not only worse marriage-market outcomes but also potential punishment by her kin.⁴ Moreover, there are sometimes direct economic benefits. For example, in Uganda, a circumcised girl will earn her family 25 more cows as a bride price than an uncircumcised girl (Weber, 2012).

Better marriage-market outcomes come at the cost of severe health consequences for circumcised girls. FGM is harmful to the physical and psychological well-being of women and also worsens the health of their children, even when it is performed by doctors.⁵ It is documented that the circumcision procedure can lead to death due to bad sanitary and surgical conditions and blood loss. In the few months following the procedure, women may experience severe bleeding and urination problems, which can lead to cysts, infections, and infertility in the long run. When they give birth, there are increased risks of complications and newborn deaths. Circumcised women also experience pain during intercourse, reduced sexual satisfaction, and reduced sexual desire.

Over time, people become more conscious of the value of good health in quality of life, and the cost of FGM becomes higher. However, abolishing FGM is a coordination problem; everyone in the community must choose whether to follow the social norm, based on their understanding of the health costs of FGM and their expectation of the share of peo-

³For example, Wagner (2015) shows that, in a sample of 13 countries, women who had undergone genital circumcision were on average 40 percent more likely to get married.

⁴In some ethnic groups in Guinea-Bissau, uncircumcised women are not considered clean enough to prepare food, and are thus ostracized by fellow villagers; in Uganda, they are often accused of witchcraft (Weber, 2012; Orchid Project, 2013). Howard and Gibson (2017) show how there may be real benefits in terms of reproductive outcomes in conforming to the group norms on FGM.

⁵Details of FGM-related health issues can be found in Koso-Thomas, 1987, Brady, 1999, Jones et al., 1999, Hakin, 2001, Morison et al., 2001, Shell-Duncan (2001), Elnashar and Abdelhady, 2007, Shell-Duncan and Herniund, 2007, and Wagner, 2015.

ple who will deviate from the practice (Schelling, 1980, Mackie, 1996, and Young, 2015). Given personal evaluations of the health costs, parents need to be strategic to secure marriages for their daughters.⁶ If everyone circumcises their daughters, uncircumcised girls will be worse off in the marriage market. If few people are willing to circumcise their daughters, uncircumcised girls will not lose much in the marriage market. As a result, the equilibrium will be either all girls undergo FGM or none of them do.

1.2 Anti-FGM Policies

African governments currently fight FGM in three ways. The first is prosecuting those who commit FGM, when such criminal legislation exists. However, this approach is not efficient, since states' willingness and ability to enforce anti-FGM laws is low, even in cases where circumcision causes death (Rahman and Toubia, 2000). The second is educating women about their rights and about the consequences of FGM, through programs created by government agencies or international NGOs, or, infrequently, through media or billboard campaigns (UNICEF, 2007, 2008, 2013). The third and most popular one is using governmental agencies to gather commitments from as many people as possible in each village that they will not circumcise their daughters and will promise to marry their sons only to uncircumcised girls (TOSTAN, 2013). Clearly, this approach is consistent with the hypothesis that FGM is a collective action problem. The goal of government agencies in these campaigns is to persuade a critical mass of villagers and to broadcast a signal to all villagers that their uncircumcised daughters will still have the opportunity

⁶In Mali, 58% of girls who have been circumcised are the daughters of mothers who think that FGM practices should be stopped. Men, too, derive less satisfaction from having sex with women who are circumcised (Boddy, 1982, Lightfoot-Klein, 1989, Makhoul Obermeyer, 2005, and Shell-Duncan et al., 2011). In Guinea, where more than 85% of women are circumcised, only 19% of women think that FGM practice should be eliminated vs. 42% of men who think the same.

for good marriage-market outcomes (Diop et al., 2004; Mackie and LeJeune, 2009).

Because parents decide to perform FGM on average ten years before their daughters enter the marriage market, for the last strategy to work, people should expect the anti-FGM policy to last long enough for them to succeed in the marriage market without suffering the health costs of FGM. If people believe that the anti-FGM policy will persist in the long run, long enough for their daughters to find a good spouse without undergoing FGM, then they will choose not to circumcise their daughters. This means that the regime-stability channel and the promotion of anti-FGM programs by governments can affect the decay of the tradition by altering people's expectations about future activities of government agencies.

In the unusual case where a regime is *de facto* in favor of such harmful practices, the effect of regime durability will be the opposite. For example, in Sierra Leone, fighting against FGM is a taboo for the political elite, and the government does not support any form of consistent anti-FGM policy (The Guardian, 2015). FGM is an initiation procedure here for joining the secret "Bondo society" that exists in every village and town and serves as a vital communications link between politicians and rural communities. If politicians attack FGM too enthusiastically, they run the risk of losing votes. As a result, the country's FGM rate is almost 90%.

1.3 Factual Records and Graphical Evidence

The importance of regime stability is supported by several factual records. For example, Diop et al. (2004) show that 63 percent of people who had participated in a public commitment event felt the declaration would be respected compared with 48 percent of nonparticipants. A study by Marcus and Page (2014) provides similar figures (57% and

44%). When public-declaration programs operate year to year in the same villages, they become even more efficient. According to [Marcus and Page \(2014\)](#), longer programs (lasting six to ten years, even up to 15 years in some locations) are more successful than shorter programs. [Bicchieri and Marini \(2015\)](#) also document that FGM dynamics are strongly associated with social expectations. For example, [Caldwell, Orubuloye and Caldwell \(2000\)](#) write: *“Many mothers who continue to ‘circumcise’ their daughters say that they would desist if only that message were much stronger, thus guaranteeing that uncircumcised girls were in the majority. They feel that it is unfair of the government to promote change without doing it very loudly and clearly.”* Similarly, consistent anti-FGM policy in Kenya is considered a *“signal that social norms are changing, bring[ing] the subject out into the open and giv[ing] cover to parents or girls who don’t want to go through it [undergone FGM]”* ([UNFPA, 2010](#)).

Meanwhile, evidence exists that anti-FGM activities in certain countries are not sustained due to political instability and weakening of the country’s regime ([Orchid Project, 2013](#) and [The New Republic, 2015](#)). In such countries, people revert to their traditions. A striking example is Mali, where anti-FGM activity in numerous villages had led to a dramatic decrease in FGM rates. But, following a coup in 2012, households began to circumcise girls again. [Leimbach \(2014\)](#) stated that there are *“side effects of the political turmoil that struck the country in 2012 and continue today, making government attempts and commitments by nonprofit groups to improve conditions for women a huge struggle.”* The same situation happened in Burkina Faso, where FGM rates soared amid the political upheaval following the 2014 overthrow of President Blaise Compaoré ([Broadhead, 2015](#)).

I provide two figures that are consistent with the hypothesis. Figure 6.1 Panel A depicts the residual plot where I regress FGM rates of adult women on regime durability, controlling for year fixed effects, using country-year observations in multiple waves of

DHS and MICS surveys. There is statistically significant negative correlation, showing that a country-year with 10 years of regime durability is associated with a 4.5-percentage-point smaller FGM rate. Panel B shows time variation. It depicts the FGM prevalence of the Akan ethnic group, which is divided between Ghana and Ivory Coast. Both subgroups started with similar FGM rates and the same regime durability; however, starting in 1966, Ghana experienced a period of political unrest, while Ivory Coast remained under stable authoritarian leadership. The difference in the FGM rates jumps following shocks to regime durability, and FGM is more prevalent among Akan people in Ghana than among Akan people living in Ivory Coast. This case study shows how ethnic groups arbitrarily divided by state borders and having the same cultural norms can change over time due to changes in regime durability.

[Figure 1 about here.]

To conclude, FGM is a cultural norm and an important mechanism of the marriage market. Fostering expectations that anti-FGM policy will last long enough to ensure a successful marriage-market outcome in the future without doing FGM now helps to solve the coordination problem. And, evidence exists that the stability of regimes promoting anti-FGM programs affects the persistence of FGM — countries with more durable regimes exhibit lower rates of FGM.

2 Data

FGM The data on FGM come from the Demographic and Health Survey (**DHS**) and Multiple Indicator Cluster Survey (**MICS**).⁷ Of the more than 70 available surveys that

⁷DHS and MICS data are comparable since they have similar variables and similar methods of data collection.

contained “female genital cutting” questions, I use 55 surveys (see Online Appendix Table C.1) that contain a question about the age of circumcision, since the age is crucial for me to construct the share of circumcised women in a given country-ethnicity and year.⁸ Survey data contain the following information on adult women (above 18 years old): whether a woman is circumcised or uncircumcised, age, age of circumcision, marital status, age of marriage, years of education, ethnicity and religion (of the respondents in the DHS dataset and of the household heads in the MICS dataset), country and region, and area of residency (rural/urban status). Online Appendix Figure D.2 depicts the geographical distribution of the shares of circumcised women averaged over all surveys used in this paper. Summary statistics of these samples appear in Online Appendix Table C.2.

Using variables for year of birth and age of circumcision, I construct a retrospective person-year panel, keeping only those years of women’s lives during which they are eligible for circumcision. Specifically, each unit (woman) starts with t observations, where t is the age at the time of the survey. Then I drop all observations for the years when the woman is already circumcised, as circumcision is an “absorbing state” and can be done only once. I also drop all the years of a woman’s life when her age is above the maximum or below the minimum age of circumcision for her ethnolinguistic group. For example, if a woman i who belongs to ethnic group e with eligible age for circumcision being 5 to 9 years, and she is circumcised at age 7, she will have three observations (age $\in \{5, 6, 7\}$). And if woman j from the same ethnic group is uncircumcised, she will have 5 observations (age $\in \{5, 6, 7, 8, 9\}$). The age at which the girl is circumcised can vary significantly depending on ethnic and regional cultural traditions and on religious denomination (Yo-

⁸Overall, my sample spans 23 countries: Benin, Burkina Faso, Central African Republic, Cameroon, Chad, Ivory Coast, Egypt, Gambia, Ghana, Guinea, Iraq, Kenya, Mali, Mauritania, Niger, Nigeria, Senegal, Sierra Leone, Somalia, Tanzania, Togo, and Yemen. Before 1990, Yemen counts as two countries: North Yemen and South Yemen.

der, Abderrahim and Zhuzhuni, 2004; UNICEF, 2013).⁹

The main dependent variable is the percentage of women who were circumcised in a country and ethnicity during year t . It is calculated as follows:

$$fgm_{cet} = \frac{\sum_{i=1}^{N_{cet}} \mathbb{I}(fgm_{icet} = 1)}{N_{cet}} \times 100,$$

where N_{cet} is the total number of women eligible for circumcision in year t , country c , and ethnicity e , $\mathbb{I}(fgm_{icet} = 1)$ is a dummy which equals to one if woman i in country c and ethnicity e is circumcised in year t .

Regime Durability The main explanatory variable is political regime durability. As the primary measure of regime durability, I use the DURABLE variable proposed by Polity IV (Marshall and Cole, 2013), which calculates the number of (cumulative) years since the last substantive change in authority characteristics, defined as a three-point change in the Polity2 score. Thus, if the change in authority characteristics is smaller than three, durability of a political regime goes up by one every year. When a substantial change happens, the durability measure goes to zero in the year of change.

Polity score ranges from +10 (strongly democratic) to -10 (strongly autocratic). Here, an example for democracy would be Ghana after 2005. It has a Polity score of 8 since it hosts competitive elections, has near parity for executive authority executive constraints, and has limited political liberalization with institutionalized and open electoral competition. On the other end of the spectrum (with a score of -9) would be authoritarian regime

⁹To clarify this, in Online Appendix Figure D.3 I provide a cumulative distribution of the age at which FGM is performed using examples of two ethnicities: For the first (Akan), the eligible age for FGM is 5 to 18 years; for the second (Guerze), the eligible age is 1 to 30 years. For most ethnicities, the age of eligibility ranges from 0 to 18 years. I also plot the hazard and survival functions for my sample of circumcised females and present the density of age of FGM, and a cumulative distribution of the age when FGM was performed (Online Appendix Figure D.4). I discuss alternative ways of defining eligible age for circumcision in Appendix A.

of Mobutu Sese Seko in the Democratic Republic of Congo (then, Republic of Zaire).

Regime durability has nothing to do with autocracy or democracy; a durable autocracy and a durable democracy will both have a similar effect on FGM. For example, Julius Nyerere, the president of Tanzania from 1964 to 1985, started the country's first anti-FGM campaign in 1968, and by the time of the latest survey, Tanzania's FGM rate was less than 10% among women 15 to 49. Throughout Nyerere's rule, Tanzania had a Polity2 score of -6 , but this highly durable regime nearly eradicated FGM.

Changes in score can evince a spectrum of autocratic and democratic characteristics. For example, gaining a "competitive" level of "competitiveness of political participation" or "unlimited authority" in "constraints on chief executive" at year t would count as a three-point change in Polity score and would set durability to zero. However, gaining a "transitional" of "competitiveness of political participation" or "slight to moderate limitations" in "constraints on chief executive" would have no effect on regime durability on that year. Thus durability does not change with a change of authoritarian or democratic leader, only when significant constitutional changes happen.

Thus, the measure $Durability_{ct}$ assumes that the regime stability is a martingale, and the best predictor of future regime stability is current regime durability. This is consistent with scholars' views on the durability of a political regime (e.g., [Clemens and Cook, 1999](#); [Gates et al., 2006](#)).¹⁰

Since regime durability is available only after countries of sub-Saharan Africa gained

¹⁰Scholars agree that the best predictor of future regime durability is current regime durability ([Gasiorowski, 1995](#)), and it is often used in the economic ([Girma and Shortland, 2008](#)) and political science ([Li, 2005](#); [Piazza, 2007, 2008](#)) literature. Because a Polity2 score does not distinguish the quality of national leaders, I offer alternative ways to measure regime durability in Section 4, where I use other possible measures of regime durability to show that my results are robust and that I do indeed capture the effect of regime stability.

independence, the final dataset spans from 1970 to 2013.¹¹

Anti-FGM Policies I measure presence of an anti-FGM policy as a dummy equal to one if country c at year t has any criminal legislation against FGM. The data come from the 28 too many country-specific briefs entitled “The Law and FGM.” I augment these data with information from Harvard’s list of “Laws of the World on FGM” and Rahman and Toubia (2000). Further details and description of control variables appear in Appendix A.

3 Empirical Specification, Identification, and Results

3.1 Empirical Specification, Identification, and Research Design

In my main analysis, I investigate how regime durability affects the share of newly circumcised women. My identification is based on the fact that FGM is a cultural tradition that exists at the ethnic-group level. When ethnic groups were randomly partitioned between different countries, two identical (in terms of cultural norms) groups of people were now living across national borders subject to different shocks of regime stability, conditional on observables. Thus the research design is a difference-in-differences analysis.¹² By using country-ethnicity fixed effects and year fixed effects, I identify a *differential time trend across country-ethnicity* in regime stability conditional on observed national institutions and economic factors.

For example, assume that N ethnic groups are divided between two countries, A and

¹¹All results are robust to the exclusion of the first five years and/or last five years for each country.

¹²In contrast with Michalopoulos and Papaioannou (2014), who use the same identification strategy to study the effect of national institutions on economic outcomes, I cannot use historical ethnic maps to identify ethnic homelands, due to the nature of the dependent variable. Most of the surveys containing an FGM questionnaire have no GPS coordinates, only the ethnicity and the subnational region name. However, I use rich individual survey data that contain information about the ethnic group of the respondents as well as data about FGM prevalence. In addition, I explore time variation in formal institutions, and regime durability in particular.

B, and that there are two time periods, t and $t + 1$. In country A and year t , the regime has lasted for m_1 years, so the durability is equal to m_1 . The regime does not experience a three-point change in its Polity2 score in year $t + 1$, and its durability is $m_1 + 1$. In country B and year t , its durability is m_2 . However, country B experiences a substantial change in its political regime in $t + 1$ that is larger than three points. Thus, its durability in $t + 1$ is equal to zero. I label the first country *Stable* and the second one *Unstable*. Thus we can derive the difference-in-differences estimator:

$$\hat{\beta}_{DD} = (\overline{fgm}_{\text{Stable},t+1} - \overline{fgm}_{\text{Stable},t}) - (\overline{fgm}_{\text{Unstable},t+1} - \overline{fgm}_{\text{Unstable},t}),$$

where \overline{fgm} is the mean FGM prevalence of N ethnic groups.

With multiple ethnicities and time periods, I employ the general framework considered in [Bertrand, Duflo and Mullainathan \(2004\)](#) and [Hansen \(2007\)](#). The baseline empirical specification is as follows:

$$fgm_{cet} = \alpha + \beta Durability_{ct} + \Pi X_{cet} + \Psi \Gamma_{ct} + \mu_{ce} + \lambda_t + \epsilon_{cet}, \quad (3.1)$$

where fgm_{cet} is the number of women who are circumcised divided by the number of women eligible for FGM of ethnicity e in country c and year t . The variable $Durability_{ct}$ is the regime durability of country c in year t . Matrix X_{cet} represents the set of individual-level variables averaged by ethnicity and country (including age, education, opinion about FGM, shares of major religions, polygamous households, rural population, and size of marriage market), and matrix Γ_{ct} contains the set of country-year-specific variables (such as GDP per capita, population, number of active NGO sites, foreign aid, fertility, population growth, a dummy for anti-FGM legislature, and institutional controls). By using country-ethnicity fixed effects μ_{ce} , I account for unobserved heterogeneity that

varies at the ethnic and national levels such as geographic conditions. Time fixed effects λ_t absorb general trends in the world's efforts to eliminate FGM and global economy shocks that may affect regime durability. Because the main variable of interest varies at the country-year level, I cluster standard errors at the country level to be conservative.

The parameter of interest is β , and $\beta < 0$ indicates that durable political regimes have lower rates of FGM. The first threat to identifying β as a causal impact is reverse causality. Individual's decision on FGM should not affect regime durability; however, a coordinated decision of an ethnic group or several ethnic groups can. First, when people want to abolish FGM by voting for a candidate that will in the future support its abolishment, it won't generate a shock of regime durability in the contemporaneous period. In addition, in some specifications, I will include country-ethnicity linear trends to absorb the increase of the regime durability by one unit due to the fact that regime survived another year. The surviving variation in regime durability is only from big negative shocks in regime durability that can only come from a significant change in a country's institution, due to, e.g., revolution. Using 6th wave of Afrobarometer (for the subsample of countries that appear in my sample, i.e., where FGM exists) only 1% of the respondents mentioned "Gender issues/women's rights" as one of the three most important problems of their country. Hence, it is very unlikely that peoples' concerns regarding FGM will be strong enough to mobilize the people to start a revolution which overturns the regime.¹³

Second, there could be omitted variables that correlate with both regime stability and FGM rates, biasing the estimates. For example, income or inequality might be correlated

¹³Rather than contemporaneous reverse causality, what is more likely to bias results is the lagged share of circumcised girls. While FGM practices in a given year and ethnicity will unlikely affect the durability of the country's political regime in the same year, lagged FGM share might affect current regime durability through economic underdevelopment. To address this concern in Column I of Online Appendix Table B.3, I include a lagged dependent variable in the dynamic panel specification.

with regime stability, because richer countries are more stable, while higher inequality might lead to political unrest. Both variables can also affect households' decisions on FGM by changing the value of opportunities on the marriage market. Thus, I add the log of GDP per capita as a control variable that serves as a summary measure of economic development at the country level, while I account for inequality through country-ethnicity fixed effects.¹⁴ I also construct measures of income at the country-ethnicity-year level among women who are eligible for circumcision, including the share of households that own various assets, such as a car, television, or radio.¹⁵ I control for the countries' total population and population growth rates in case more populous countries have more volatile political regimes. I control for infant mortality and average life expectancy to capture the effects of governmental health programs that may correlate with anti-FGM movements. Finally, I control for demographic characteristics that potentially determine FGM rates and may correlate with regime durability, such as share of major religious denominations, size of the marriage market, share of polygamist families, public opinion about FGM, a proxy for women's education, and share of rural area population.

One may be concerned that it is actually some other institutional characteristics are driving the results. For example, state capacity to enforce anti-FGM laws can be highly correlated with regime durability while impacting the eradication of FGM. I address this concern by proxying for state capacity using severity of terrorist attacks based on the Global Terrorism Database (2015) while directly controlling for a dummy for anti-FGM legislation. In case that democratic and autocratic countries are different in their attitudes

¹⁴In case regime durability correlates with inequality that was also linked to FGM (Ross et al., 2016), I would need to control for the Gini coefficient. However, the World Bank's data on Gini is limited for years before 2000. Nevertheless, my results hold if I use available Gini data with a dummy for missing years, or if I use proxies for poverty.

¹⁵Radio ownership also reflects people's media access (e.g., to absorb government information campaigns).

toward and approach to eradicating FGM, I add an indicator of the democratic regime based on the composite democracy score from Polity IV (Persson and Tabellini, 2005).¹⁶

NGOs and foreign aid may play an important role in fighting against FGM in Africa. In addition, durable regimes may receive more foreign aid or be more likely to host NGOs. To address this concern, I control for the number of NGOs and the total amount of foreign aid that each country receives each year.

Finally, migration is not likely to bias my results. FGM is predicted by current domicile and not by the birthplaces of women or their parents, since the local marriage market is what dictates the type and necessity of FGM (Gallo and Abdisamed, 1985; Diabate and Mesplé-Somps, 2019).¹⁷ In case migration correlates with the size of the marriage market, I control for it and other demographic factors, such as age, fertility, and prevalence of polygamy.

3.2 Results

Table 1 reports the main results on the impact of regime durability on FGM rates. Panel A Column I estimates Equation 3.1 with only country-ethnicity and year fixed effects. The point-estimate of interest $\hat{\beta}$ is negative and statistically significant at the 10% level. It indicates that a one-standard-deviation larger change in regime durability leads to a 0.1-standard-deviation larger decrease in the share of newly-circumcised women. To interpret the result, let's think about a country that experiences a large shock in authority characteristics after 11 years with a stable regime, compared to another country that remains politically stable. After the shock, the country's regime durability goes from 11 to

¹⁶In my sample, regime durability correlates only with a proxy for democracy and international war (I control for them in all specifications) and does not correlate with other institutional controls (see Online Appendix Table C.3).

¹⁷Nevertheless, all results hold if I drop all women who were born abroad.

0 while the other goes up by 1; this leads to a 5.5-percentage-point larger increase in its FGM rate than the other country.

[Table 1 about here.]

Columns II–IX sequentially add controls for demographic, political economy, and socioeconomic variables. As discussed above, democracy and state capacity might correlate with regime stability and enforcement of anti-FGM legislation. Socioeconomic and demographic controls might correlate with marriage-market conditions and political regime stability. The extent of foreign aid and the number of NGOs may also correlate with regime stability and intensity of anti-FGM activities. Including the aforementioned controls does not affect the size or significance of my coefficient of interest.¹⁸

Panel B re-estimates Equation 3.1 employing ethnicity fixed effects and country fixed effects instead of country-ethnicity effects; the results are similar to those in the previous panel. In case that marriage markets are defined at a smaller geographic level than country-ethnicity, I use region-ethnicity-year panels with region-ethnicity fixed effects in Panel C.¹⁹ Panel D replicates Panel C with ethnicity fixed effects and region fixed effects. Even with the demanding specifications in these two panels, the results are similar.

I provide additional robustness checks for the main results in Appendix D.5. First, I show that the effect of regime stability does not depend on the functional form (Online Appendix Table B.1). Results hold if I use the square root or inverse hyperbolic sine of regime durability. I also don't find evidence of the quadratic term being significant. Results also hold when I define durability using a set of categorical variables (5-to-10,

¹⁸As I have only 23 countries/clusters I employ wild bootstrapping of the standard errors: the coefficient for specification in Column IX is still significant with the p-value = 0.022.

¹⁹Mackie and LeJeune (2009) and UNICEF (2013) point out that marriage markets in African countries are very narrow; they can be limited by ethnic group but also by smaller regional tribal identity. For a map depicting how administrative regions cross ethnic boundaries, see Online Appendix Figure D.5.

11-to-15, 16-to-20, and >20), keeping 0-to-4 as a baseline. I find that 5–10 years is enough for people to start to believe that a regime will continue to fight against FGM, and that regimes lasting longer than 10 years have the same effect.

Second, I show that results are not driven by specific regions. Using subsample analysis, I find that FGM rates in urban and rural areas does not respond differentially to the regime durability (Online Appendix Table B.2). In addition, the results are not driven by the Middle East and North Africa regions. Finally, in my identification strategy, ethnic groups that are unique to certain countries provide no identifying variation and only reduce standard errors. Results hold if I limit the sample to ethnic groups that live in more than one country (Column IV of Table B.2).

Third, in the case of serial correlation of the dependent variable, it may be important to control the lagged dependent variable on the right-hand side of Equation 3.1. My results are robust to the inclusion of a lagged dependent variable in the dynamic panel specification (Blundell and Bond, 1998) in Column I of Table B.3.

Finally, using an individual-level panel of surveyed women, I find similar effects of regime durability on the probability of circumcision using a Cox Proportional Hazard model and conditional logit (Columns II-III of Table 2, see Appendix B.4 for details).

3.3 Evidence from the Individual-Level Data of Daughters

In this section, I use individual-level panel data for daughters of surveyed women to account for mother-specific factors that may affect the understanding of costs and benefits of FGM and perceptions of regime stability. Specifically, mothers play an important role in the decision to circumcise the girls, and comparing daughters of the same mother can take into account the mother's time-invariant characteristics. I construct the panel using

surveys on women whose daughters' circumcision situation is recorded retrospectively. As before, I keep only the years when the daughter is eligible for circumcision and drop the years when she is already circumcised. I estimate the following specification

$$D(fgm_{i(m)ct} = 1) = \gamma + \phi Durability_{ct} + \Pi X_{it} + \Psi \Gamma_{ct} + \mu_m + \lambda_t + \epsilon_{i(m)ct}, \quad (3.2)$$

where observation $i(m)ct$ is a daughter i of mother m at year t in country c , and $D(fgm_{i(m)ct} = 1)$ is a dummy variable if the daughter was circumcised in year t . X_{it} includes the daughter's age and order of birth, and μ_m is the mother fixed effect. As in Equation 3.1, Γ_{ct} is a matrix of country-year controls and λ_t is year fixed effects. Country-ethnicity fixed effects are absorbed by mother fixed effects.

The parameter of interest ϕ captures how regime stability affects the probability of a daughter being circumcised by using the variation in regime durability within the mother's life, conditional on her generic attitude toward FGM. Again, the coefficient estimate on regime durability is negative and statistically significant (Column I of Table 2): a one-standard-deviation larger increase in regime durability leads to a 1.7-percentage-point larger decrease in the probability of being circumcised.

[Table 2 about here.]

3.4 Channels: Anti-FGM Legislation and Support for FGM

In this section, I show the channel through which regime durability affects persistence and decay of the cultural norm of FGM. It is reasonable to expect that only when countries have anti-FGM policies in place in a certain year, would a durable regime encourage people to abandon FGM. I build on the preferred specification in Column IX, Panel A of Table 1 by adding country-ethnicity-specific time-trends, in Column I of Table 3. Although the

specification is extremely demanding, the regime durability coefficient remains negative and significant. This specification should account for possible country-ethnicity-specific trends in efficiency of anti-FGM policy and countries' regime durability.²⁰ I also report the coefficient for an indicator variable equal to one if country c at year t has anti-FGM legislation.²¹ The coefficient is positive and non-significant. Column II adds the interaction of regime durability and a dummy for anti-FGM policy. The estimate for durability becomes zero, and the interaction absorbs all the effect. A one-standard-deviation larger increase in regime durability conditional on anti-FGM policy leads to a 0.1-standard-deviation larger decrease in the share of circumcised women.

[Table 3 about here.]

The results are robust to using more-detailed definitions of anti-FGM policies (in Online Appendix Table B.7). A country can have multiple laws against FGM or one law that includes several articles against FGM. I construct several dummy variables to summarize the characteristics of the laws/articles: (1) with clear definition of FGM; (2) criminalizing performance of FGM; (3) criminalizing arrangement, assistance, or procurement of FGM; (4) criminalizing failure to report incidents of FGM; (5) punishment for the participation of medics in acts of FGM; and (6) punishment for practice of cross-border FGM. I also construct the total number of anti-FGM laws/articles, the first-principal component of these six dummies, and the presence of a national anti-FGM strategy. I find significant effects of the total number, first-principal component of individual laws/article dummies, national

²⁰Specification with country-ethnicity fixed effects also helps to address possible reverse causality problem when population that wants to abolish FGM votes for the existing government pushing for the eradication of FGM.

²¹Online Appendix Table C.1 contains years when anti-FGM laws were enacted in each country. I use the earliest year of anti-FGM legislation for each country; however, results are robust if I use the dates of subsequent anti-FGM laws. The coefficient for anti-FGM policy is hard to interpret causally because countries that have high levels of FGM may be more likely to adopt these laws.

strategy, and dummies for (1) and (2). The rest of the dummies have no significant effects.

In addition to national policies, women's intrinsic willingness to abolish the practice also matters. In places where people actually support FGM, durability should not matter. One question in the questionnaire asks explicitly whether a woman thinks FGM should continue with 0-1 answers.²² Then I construct the ethnicity-country-year panel separately for women who support FGM and the ones who oppose it. In Columns III and IV, I estimate the baseline specification on these panels constructed using subsamples of women. In the panel using women who oppose FGM, the coefficient estimate of regime durability is statistically significant and larger in magnitude than in the baseline regression (Column IV). Among women who support the tradition of FGM, the estimate is smaller and non-significant (Column III). This could be because they have some disutility from abolishing this tradition; yet, they also do not want their circumcised daughters to end up in a marriage market that does not favor circumcision, in case other people in the community decide to abolish it.

4 Alternative Explanations and Robustness Checks

Up to this point, I have found strong evidence that ethnic groups residing in countries with durable political regimes abolish FGM faster than the same ethnic groups in countries with less durable regimes. Nevertheless, there might exist other potential alternative explanations of my main results. In this section, I consider such alternative explanations and provide a set of robustness and sensitivity checks.

Validity and Robustness of the Main Regime Durability Measure First, in the main result, the regime durability presented by Polity IV shows the number of (cumulative) years

²²Here, following UNICEF (2013), I assume that if a woman supports FGM, her mother also used to support FGM.

since the last substantive change in authority characteristics (defined as a three-point change in the Polity score). A substantial change can also be defined on different measures of the autocracy-to-democracy spectrum (Barron, Miguel and Satyanath, 2014). In particular, I construct alternative measures of regime durability using three-point changes in (i) the Przeworsky Democracy Index (PDI) (Cheibub, Gandhi and Vreeland, 2010); (ii) the Freedom House Polity Index (FHPI) (Freedom House, 2013); (iii) data by Geddes, Wright and Frantz (2014) (GWF); or (iv) first-principal component of the durability based on the main measure and the three alternative measures. The coefficient estimates of the baseline specification 3.1 are shown in Columns II–V of Online Appendix Table B.4; they are similar in terms of signs and magnitudes to those of the baseline regression, which I repeat in Column I for comparison.

Second, I present some suggestive evidence on how my measure of regime durability is associated with people’s expectations about how the (persistence of the) current government will affect local life. I use data from the 6th Afrobarometer wave, which has a question on whether respondents expect that government will solve their “local problems in the near future (within five years),” and I define a dummy which equals to one if they do believe so. I construct a country-year panel dataset that contains the share of people who think that government will solve local problems within the next five years. I estimate the following OLS specification:

$$\text{Solve local problems in 5 years}_{ct} = \alpha + \delta \text{Durability}_{ct} + \Gamma \mathbb{X}_{ct} + \lambda_t + \eta_{ct}, \quad (4.1)$$

where $\text{Solve local problems in 5 years}_{ct}$ is the share of respondents in country c in year t who think that government will solve local problems within the next five years; matrix \mathbb{X}_{ct} is a set of institutional controls for Polity score and executive constraints, and λ_t represents

time fixed effects.

I find that durability correlates with respondents' expectations that government will solve their local problems in the near future, which is consistent with my hypothesis about durability capturing people's expectations on how likely a government will continue to push its anti-FGM policy (Column I of Online Appendix Table B.8).²³

Finally, a change in national leadership without changes in my durability measure may induce changes in the government's attitude toward FGM. I first use the Archigos 4.0 database (Goemans, Gleditsch and Chiozza, 2009) to define all changes in national leaders (both, democratic and autocratic), and construct a dummy for whether a new leader comes into power in country c at year t . I add that indicator variable to the baseline specification to show that the effect of regime durability is not driven purely by changes in nations' leaders (Column II of Appendix Table B.5). While the new leader's dummy is somewhat negative and significant, it does not affect the coefficient of regime durability.

I also consider a situation when I directly control for the type of political regime, type of regime transition, or authoritarian regime changes without changes in polity score (e.g., if a personality authoritarian regime transitions to the party regime). For it, I use the "Autocratic Regimes" dataset by Geddes, Wright and Frantz (2014) where the authors codify all autocratic regimes and construct a measure on the change of any autocratic leader or political regimes. I start by re-estimating the baseline specification and controlling for the dummy of the political regime switch (Column III), and my coefficient estimate for regime durability remains the same. The coefficients also stay stable when: (1) dropping years when there was a regime change but not a Polity score change (Column IV); and (2) controlling for the type of regime transition, a dummy for violence after the regime

²³I have only a few observations, so I don't add many controls in the regression. However, my results hold if I add a different set of institutional or economic controls.

change, and type of authoritarian regime (party/personality) in Columns V-VII.²⁴

Confounding Country-Level Institutional and Economic Conditions In my main analysis, I control for the set of most important institutional controls, such as Polity2 score, dummy for international war, and dummy for regimes in-turmoil. In this section, I show the robustness of the main result by controlling for additional institutional measures. They are: (i) constraint on executive (Column II of Online Appendix Table B.9); (ii) a binary democracy indicator from [Acemoglu et al. \(2019\)](#) (Column III); (iii) revolutions, government crises, number of anti-governmental demonstrations, and dummy for civil wars (Columns IV–VII); (iv) all six of these variables (Column VIII); and (v) additional institutional controls (for political assassinations, riots, strikes, purges, guerrilla warfare, and the weighted conflict measure from [Banks and Wilson \(2016\)](#) in Column IX.²⁵

Online Appendix Table B.10 also shows that my results are not driven by international trade-related outcomes. Controlling on import, export, trade-to-GDP ratio, and average weighted tariffs does not explain my results.

Health Outcomes, Education, and Empowerment of Women Certain health programs, NGO activities, and modernization of the society can be associated with regime durability and also affect FGM. To address this concern, in Online Appendix Table B.6, I test whether durability affects different types of health outcomes. First, infant mortality, HIV, and life expectancy are likely to be affected by health programs and NGO activities. I show in

²⁴Transition to democracy or autocracy is only one particular type of shock to regime durability, and many other shocks take the form of autocratic/democratic regimes becoming more or less autocratic/democratic. The study of particular regimes and how ethnic composition of the regimes affect FGM is a very interesting topic which goes beyond the scope of the current paper and deserves to be studied separately in future research.

²⁵I also explore the sensitivity of my results to potential omitted variables. I show that the scope for omitted-variable bias is limited, and the influence of unobservable factors should be at least 2.6 times larger relative to observable factors to explain the relationship between regime stability and FGM prevalence (Online Appendix Table B.11).

Columns I–III that regime durability has no significant impact on them. In Column VI, I also show that durability is not associated with provision of medical goods and services. This suggests that durability works only through opposition to traditional practices and not through health reforms. Second, fertility is associated with both NGO activities (such as condom distribution) and modernization. I also find no effect of durability on the fertility rate (Column IV). Finally, modernization can have impacts on education. Again, there is no statistically significant effect of regime durability on education outcomes (Column V). I also find no effect of regime durability on the government’s effort to empower women (Column VII).

Ethnic and Religious Identity People may choose to associate more with their ethnic identity when the regime is not stable, and in turn ethnic identity can strengthen their attachment to the cultural norms, including FGM. To test this hypothesis, I use data from the the 4th, 5th, and 6th Afrobarometer waves, which contain information regarding people’s ethnic and national identity and employ the same specification as in equation 4.1. I show that durability is not correlated with ethnic identity, suggesting that durability is unlikely to affect FGM through reawakening ethnic traditions (Column I of Appendix Table B.12). In Column II, I also show that durability is also not associated with religiosity.

Nonclassical Measurement Error in the FGM rates Another alternative explanation is related to the possible nonclassical measurement error in the dependent variable. If women are afraid of being prosecuted by stable regime that is trying to eradicate FGM, they may underreport their FGM status.²⁶ In this case, I will capture the effect of under-

²⁶Gibson et al. (2018) show that only highly educated respondents are more inclined to hide their high support for FGM and provide more socially desirable answers. In addition, Jackson et al. (2003) find that women in Ghana tend to misreport whether their daughters are circumcised but not whether they themselves were circumcised. As most respondents would have undergone FGM in childhood (Panel B of Online Appendix Figure D.4) as a result of their parents’ choices, Jackson et al. (2003), UNICEF (2013), and Kudo

reporting rather than the effect of regime durability.

First, in cases where only educated women misreport their FGM status (Gibson et al., 2018), using individual-level data I directly control for education and socioeconomic status of respondents (see Appendix B.4). Second, in cases where the misreporting is woman-specific, the specification with mother fixed effects in Table 2 should address the issue. Third, I provide suggestive evidence using Afrobarometer's 6th wave where I choose the countries where respondents are more likely to reveal to the interviewer something as "dangerous" as their FGM status. The idea is that if people are not afraid of openly saying that they are ready to violate the law, they should also be truthful in reporting their FGM status. Using the question "*People must obey the law,*" I range all countries in my sample from the least law-abiding (Nigeria, 59%) to the most (Senegal, 87%). Then I re-estimate the baseline specification on the subsample of the least obedient half of the countries. The resulting coefficient -0.126 (s.e. 0.051) is larger in magnitude than the baseline but is not statistically different from it. Thus, I conclude that if people in this subsample are honest enough to say that they don't need to obey the law then they should also be honest in their responses regarding FGM.

5 Regime Durability and Other Cultural Norms: Evidence from Child Marriage and Polygamy

Regime durability may affect other harmful cultural norms where their persistence is affected by people's expectation on the government's continued efforts to eradicate them. While there are many harmful traditional practices (see Giuliano and Nunn, 2017), the (2018) believe that women usually truthfully report their FGM status.

data on them are limited. The only two such practices for which the data exist and are spread across enough countries for me to have variation in regime durability are child marriage and polygamy.

Child marriage is commonly defined as a formal marriage or informal union before age 18. There is a growing literature on the harmful consequences of child marriage — it affects girls' physical and mental health, education, and labor-force participation (Singh and Samara, 1996 and Raj et al., 2009). Child marriage is also a cultural norm where families have to comply with the group's norm of the marriage age in order to get better outcomes in the marriage market. African countries are trying to eradicate the practice and enforce anti-child-marriage legislation (Wang, 2016). It is similar to FGM since the decision to commit to child marriage needs to happen early and if a girl remains unmarried by age 18, she risks finding no husband if everyone else sticks to the child-marriage tradition. Thus, expectations about the continued efforts by the government to eliminate the practice crucially affect parents' decisions.

On the other hand, although polygamy may also be harmful to various aspects of women's life, the expectation does not play an important role, especially since governments are not actively seeking to abolish the practice. Thus, I expect that more durable regimes move faster in abolishing child marriage; however, I expect regime durability to have no effect on the traditional practice of polygamy.²⁷

I construct the share of newly married girls below the age of 18 the same way as for my main dependent variable (FGM). For robustness, I also use alternative thresholds for child marriage (14, 15, 16, and 17 years). To measure polygamy, I use the share of

²⁷It is also important to check the effect of regime durability on polygamy because polygamy is an important factor in the persistence of FGM (Becker, 2018). Thus, regime durability might have an indirect effect on FGM through polygamy.

polygamous households. The results appear in Table 4. Columns I–V show results for child marriage. Countries with durable regimes abolish child marriage faster: a one-standard-deviation larger change in regime durability leads to a 0.06-standard-deviation larger decrease in the share of newly-wed young girls (Column I). I also collected detailed data on anti-child-marriage laws to show that the effect is stronger in countries where child marriage laws are more strict (Column VI). Column VII indicates no significant effect of regime durability on polygamy. These results confirm my hypothesis that ethnic groups living under stable political regimes abolish cultural norms faster if those norms are being targeted by the government and they rely on people's expectations.

[Table 4 about here.]

6 Conclusion

In this paper, I show how the eradication of harmful cultural traditions and norms is affected by a particular institutional factor, political regime stability. I take advantage of the fact that the borders of contemporary African states were arbitrarily drawn by colonial administrations in Europe, partitioning numerous ethnic groups into different countries. The partitioned ethnic groups have identical cultures but reside in territories subject to different country-level institutions, thus I can identify the causal effect of regime stability on the persistence of FGM practices. I find that a one-standard-deviation larger change in regime durability leads to a 0.1-standard-deviation larger decrease in the share of newly-circumcised women. I also find similar effects of regime durability on the other cultural norm targeted by government eradication campaigns and subject to expectations on future marriage markets — child marriage.

I find that only when countries have anti-FGM policies in place, would a durable regime encourage people to abandon FGM. My results are not explained by the presence of NGOs or foreign aid, are not confounded by other institutional factors, and are not a by-product of health policies or policies aiming to educate or empower women. Nor are my results explained by perception of ethnic or religious identity during regime-durability shocks. Overall, I conclude that durable political regimes are helpful in abandoning harmful practices that rely on delayed realization of costs and benefits since people expect the regime to last long enough to successfully change the cultural norm.

Outdated social norms and culture can impede economic development and harm the well-being of the community members, especially vulnerable groups such as children and women. The eradication of such norms and practices relies heavily on the coordinated move among all community members, making the task extremely challenging. In this paper, I show that the stability of formal institutions can help substantially in solving the coordination issue by strengthening people's faith in coordinated efforts. Thus, factors that hamper regime durability could have long-run social and economic impacts, even reversing the previously-achieved progress. My results suggest that in terms of eradication efforts, the returns in durable regimes are much higher than in unstable ones, and the efforts need to be persistent enough to move society forward.

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Table 1: The Effect of Regime Durability on FGM

	I	II	III	IV	V	VI	VII	VIII	IX
Dependent variable: Share of newly circumcised women									
<i>Panel A: Country-ethnicity level</i>									
Regime durability (mean 3.4; st. dev. 8)	-0.057** (0.026)	-0.066** (0.026)	-0.065** (0.031)	-0.084** (0.034)	-0.082** (0.032)	-0.086** (0.033)	-0.084** (0.034)	-0.087** (0.034)	-0.084** (0.036)
Country-ethnicity FEs	✓	✓	✓	✓	✓	✓	✓	✓	✓
R-squared	0.470	0.471	0.475	0.480	0.483	0.485	0.485	0.488	0.483
Observations	6,181	6,181	6,181	6,181	6,181	6,181	6,181	6,181	6,181
<i>Panel B: ~baseline w country & ethnicity FEs</i>									
Regime durability	-0.053** (0.025)	-0.061** (0.024)	-0.056* (0.030)	-0.076** (0.032)	-0.072** (0.032)	-0.076** (0.033)	-0.074** (0.034)	-0.076** (0.033)	-0.073* (0.035)
Country & ethnicity FEs	✓	✓	✓	✓	✓	✓	✓	✓	✓
R-squared	0.395	0.397	0.407	0.414	0.419	0.421	0.424	0.425	0.426
Observations	6,181	6,181	6,181	6,181	6,181	6,181	6,181	6,181	6,181
<i>Panel C: Region-ethnicity level</i>									
Regime durability	-0.030* (0.015)	-0.047*** (0.017)	-0.064*** (0.017)	-0.070*** (0.017)	-0.070*** (0.017)	-0.073*** (0.018)	-0.072*** (0.017)	-0.075*** (0.018)	-0.069*** (0.018)
Region-ethnicity FEs	✓	✓	✓	✓	✓	✓	✓	✓	✓
R-squared	0.374	0.375	0.381	0.381	0.383	0.384	0.384	0.384	0.384
Observations	25,868	25,868	25,868	25,868	25,868	25,868	25,868	25,868	25,868
<i>Panel D: ~Panel C w region & ethnicity FEs</i>									
Regime durability	-0.055*** (0.017)	-0.072*** (0.018)	-0.068*** (0.018)	-0.077*** (0.018)	-0.077*** (0.018)	-0.085*** (0.018)	-0.084*** (0.018)	-0.088*** (0.018)	-0.080*** (0.018)
Region & ethnicity FEs	✓	✓	✓	✓	✓	✓	✓	✓	✓
R-squared	0.181	0.182	0.184	0.185	0.187	0.187	0.187	0.187	0.188
Observations	25,868	25,868	25,868	25,868	25,868	25,868	25,868	25,868	25,868
Political economy controls		✓	✓	✓	✓	✓	✓	✓	✓
Population controls			✓	✓	✓	✓	✓	✓	✓
Marriage market controls				✓	✓	✓	✓	✓	✓
Religion controls					✓	✓	✓	✓	✓
Economic controls						✓	✓	✓	✓
Foreing aid & NGO							✓	✓	✓
Public opinion about FGM								✓	✓
Anti-FGM legislation									✓

Notes: All regressions contain constants and time fixed effects. Panel A contains country-ethnicity and year fixed effects. Panel B contains ethnicity, country, and year fixed effects. Panel C contains region-ethnicity and year fixed effects. Panel D contains ethnicity, region, and year fixed effects. The following variables are used as controls in Column II: polity2 score, a dummy for countries in turmoil, a dummy for international war, and the severity of terrorist attacks. Column III adds controls for a log of population, education, and age. Column IV adds controls for fertility, size of the marriage market, the average number of children, and the share of polygamic polygamous households. Column V adds controls for shares of major religious denominations. Column VI adds controls for log GDP and household assets. Column VII adds controls for the number of active NGOs and log of foreign aid. Column VIII adds control for the public opinion about FGM. Column VIII adds a dummy for the anti-FGM legislature. Robust clustered by country standard errors are in round parentheses (23 clusters). *** $p < 0.01$, ** $p < 0.05$, * $p < 0.1$

Table 2: The Effect of Regime Durability on FGM: Individual-Level Data

Dependent variable:	I	II	II
	Dummy if daughter is circumcised	Dummy if woman is circumcised	
	LPM	Cox P-H-M	Conditional logit
Durability	-0.001*** (0.0001)	-0.0032* (0.0016)	0.873*** (0.026)
Individual-level controls	✓	✓	×
Fixed effects	Mother	✓	Individual
Sample	Daughter line number	All	All switchers
Aggregation level	Individual	Individual	Individual
Observations	39,068	3,388,649	1,709,261
R-squared	0.658		0.946

Notes: All regressions contain constants. Column I is estimated using OLS with mother fixed effects. Column II is estimated using the Cox Proportional Hazard model and contains marginal effects. Column III is estimated using conditional logit and contains odds ratios. I use the same set of controls as in the baseline specification in Table 1, Panel A, Column IX. In addition, cubic spline is used as a control in Column II. Robust clustered by country standard errors are in parentheses for Column I. Robust clustered by sample standard errors are in parentheses for Columns II and III. *** $p < 0.01$, ** $p < 0.05$, * $p < 0.1$

Table 3: Regime Durability and Anti-FGM Legislation

	I	II	III	IV
	Dependent variable: Share of newly circumcised women			
Sample	Baseline		Women who support FGM	Women who oppose FGM
Durability	-0.041* (0.023)	-0.015 (0.018)	-0.03 (0.030)	-0.09* (0.047)
Durability x anti-FGM policy		-0.053** (0.022)		
Anti-FGM policy	0.626 (0.499)	1.219* (0.636)	✓	✓
Durability x support for FGM				
Country-ethnicity linear trends	✓	✓		
R-squared	0.595	0.596	0.429	0.570
Observations	6,181	6,181	6,181	6,181

Notes: This table uses the most conservative specification in Table 1, Panel A, Column IX. Column I adds country-ethnicity-specific linear trends. Column II adds interaction of the dummy for anti-FGM policy and regime durability. Columns III and IV estimate the baseline specification on panels constructed using subsamples of women who support and oppose FGM. Robust standard errors clustered by country are in parentheses. *** $p < 0.01$, ** $p < 0.05$, * $p < 0.1$

Table 4: Effect of Regime Durability on Child Marriage and Polygamy

	I	II	III	IV	V	VI	VII
	Dependent variable:						
	Share of newly married women below						Share of polygamous households
	14 years old	15 years old	16 years old	17 years old	18 years old	18 years old	
Durability	-0.03** (0.014)	-0.04** (0.014)	-0.05*** (0.014)	-0.05*** (0.016)	-0.05** (0.020)	0.04 (0.045)	-0.007 (0.006)
Durability x anti-child-marriage laws						-0.06** (0.028)	
Legislation	✓	✓	✓	✓	✓	✓	✓
R-squared	0.175	0.251	0.337	0.376	0.394	0.395	0.860
Observations	5,672	5,742	5,784	5,815	5,836	5,836	6,208

Notes: This table uses the most conservative specification in Table 1, Panel A, Column IX, but employs alternative outcome variables. Robust standard errors clustered by country are in parentheses (23 clusters). *** $p < 0.01$, ** $p < 0.05$, * $p < 0.1$. Anti-child-marriage laws are coded in [Svanemyr et al. \(2013\)](#). I defined as zero if a country does not have a child marriage law or allows girls under 14 to be married. I assigned the value of one for countries that have minimum wage laws but allow child marriage with parental consent or customary laws. Countries, where girls can't be married under 18, were assigned the value of two.