The diagnostic value of $[^{18}F]$-FDG-PET/CT in hematopoietic radiation toxicity: a Tibet minipig model

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This study was undertaken to assess the diagnostic value of 2-$[^{18}F]$-fluoro-2-deoxy-D-glucose positron emission tomography with computed tomography ($[^{18}F]$-FDG-PET/CT) in the detection of radiation toxicity in normal bone marrow using Tibet minipigs as a model. Eighteen Tibet minipigs were caged in aseptic rooms and randomly divided into six groups. Five groups ($n=3$) were irradiated with single doses of 2, 5, 8, 11 and 14 Gy of total body irradiation (TBI) using an 8-MV X-ray linear accelerator. These pigs were evaluated with $[^{18}F]$-FDG-PET/CT, and their marrow nucleated cells were counted. The data were initially collected at 6, 24 and 72 h after treatment and were then collected on Days 5-60 post-TBI at 5-day intervals. At 24 and 72 h post-TBI, marrow standardized uptake value (SUV) data showed a dose-dependent decrease in the radiation dose range from 2-8 Gy. Upon long-term observation, SUV and marrow nucleated cell number in the 11-Gy and 14-Gy groups showed a continuous and marked reduction throughout the entire time course, while Kaplan-Meier curves of survival showed low survival. In contrast, the SUVs in the 2-, 5- and 8-Gy groups showed early transient increases followed by a decline from approximately 72 h through Days 5-15 and then normalized or maintained low levels through the endpoint; marrow nucleated cell number and survival curves showed approximately the same trend and higher survival, respectively. Our findings suggest that $[^{18}F]$-FDG-PET/CT may be helpful in quickly assessing the absorbed doses and predicting the prognosis in patients.

Keywords: $[^{18}F]$-FDG-PET/CT; total body irradiation; bone marrow; Tibet minipigs
INTRODUCTION

The hematopoietic system is considered to be the system that is most sensitive to radiation exposure due to its rapid differentiation, proliferation and cellular cycle [1]. Accidental or therapeutic radiation exposure can lead to hematopoietic suppression, and the severity of this suppression is dose dependent [2]. When the body is exposed to a dose of 6 Gy, the resultant reduction in leukocytes and platelets may lead to infection and hemorrhage, respectively, and death can occur within 30 days of exposure. Exposure to high doses (≥10.4 Gy) of penetrating radiation over a short period of time increases an individual’s morbidity and mortality, and may result in irreversible hematopoietic and gastrointestinal injury [3].

The absorbed radiation dose can be determined at any time by analyzing the electron spin resonance of tooth enamel or with conventional thermoluminescent dosimeters [4]. However, simply determining the absorbed dose is not sufficient to guide the diagnosis, determine the prognosis and decide on a therapeutic approach. Instead, according to the guidelines published by the Strategic National Stockpile Radiation Working Group in 2004 [5], a sensitive, timely and accurate assay to determine the severity of the radiation dosage effect on or the damage sustained by the critical organ systems is essential for determining an appropriate medical intervention [6]. The current clinical monitoring approaches, such as symptom observation (e.g. nausea and/or vomiting), peripheral lymphocyte count dynamics and scoring of unstable chromosomal-type aberrations in mitogen-stimulated peripheral blood cannot correlate damage with the functional capacity of critical organ systems or the general health status of the individual [7, 8]. Therefore, safe, fast and sensitive diagnostic methods to assess radiation-induced organ damage are urgently needed for patients subjected to different doses of radiation exposure.

2-[18F]-Fluoro-2-deoxy-D-glucose positron emission tomography with computed tomography ([18F]-FDG-PET/CT, henceforth FDG-PET/CT) has been well-established in tumor diagnosis and treatment response monitoring. Furthermore, its application in an increasing number of non-tumor disorders (e.g. autoimmune and inflammatory disorders, fever of undetermined origin and chronic osteomyelitis) has been a topic of interest for some time [9–12]. There have been a few reports examining the application of FDG-PET/CT in radiation-induced hematopoietic injury [13]. Therefore, we used a range of indices, such as marrow FDG uptake and bone marrow-nucleated cell number, to investigate the diagnostic value of FDG-PET/CT in radiation-induced hematopoietic injury.

MATERIALS AND METHODS

Experimental design and radiation protocol

A total of 18 adult male (8–15 months) Tibet minipigs were used for total body irradiation (TBI) (purchased from the Laboratory Animal Center of Southern Medical University of China). The average weight and height of the pigs were 22.36 ± 7.74 kg and 82.88 ± 9.13 cm, respectively. The pigs were caged in aseptic rooms and were randomly divided into six groups. They were anesthetized with ketamine (0.05 ml/kg i.v.) before radiation exposure. One control group (n = 3) was not exposed to radiation. Five treatment groups (n = 3 for each group) were irradiated with single doses of 2, 5, 8, 11 or 14 Gy TBI using an 8-MV X-ray linear accelerator (Elekta Synergy Platform, ELEKTA Ltd, Sweden) at a dose rate of 255 cGy/min for all experimental groups. The linear accelerator was balanced by a CRS-3D tank system (MED-TEC, USA) before radiation. The radiation field was calculated as 2a + 1b (a: length, b: width). The source–surface distance (SSD) was 85 cm (the thickness of the minipigs was presumed to be 30 cm). The conversion formula for the given dose and the machine output was as follows: 

\[ Dm = \frac{DT}{TPR} \times SADF \times Sc.P \] 

where Dm: monitor unity (MU) dose; DT: tumor dose. The standardized uptake value (SUV) and the marrow nucleated cell number data were initially collected at 6, 24 and 72 h and were then collected on Days 5–60 post-TBI at 5-day intervals. The experimental protocol and ethical considerations for using the animals were reviewed and approved by the Institutional Animal Care and Use Committee of the Southern Medical University of China.

FDG-PET/CT scan

The minipigs were scanned with FDG-PET/CT (Discovery-LS PET/CT, GE, USA). All of these images and data were processed with a Xeleris workstation system (GE, USA). The quantitation of FDG uptake was analyzed based on regions of interest (ROIs). Based on the ROIs placed on the femurs (vertical section), the FDG uptake was calculated as a percentage of the injected dose of radioactivity (% ID). The normalization and correction of the data were automatically completed by a computer and presented in terms of the SUV. The color of the picture was determined based on the SUV and represented by a color bar. The following measures were obtained to ensure the objectivity and accuracy of the SUVs and imaging: (i) we injected FDG tracer at a fixed dose range (0.11–0.13 millicurie/kg/pig) at 5, 23 and 71 h after TBI; (ii) all pigs were fasted for at least 8 h before each PET/CT scan; (iii) the bone marrow of each pig was scanned in three neighboring layers, and the
maximum SUV in each layer was collected for the statistical analysis; and (iv) the minipigs were scanned 1 h after FDG injection.

**Marrow nucleated cell numbering**
The 18 minipigs were prepared for marrow nucleated cell numbering. Three marrow specimens (0.5 ml) collected from the left femurs (irradiated and non-irradiated) were examined per minipig. A 15% ethylenediamine tetraacetic acid-K2 solution (20 μl) was added to the marrow samples (0.5 ml) to prevent marrow coagulation. Then, the anticoagulated marrow (20 μl) was added to 0.1 Mol/l hydrochloric acid (0.38 ml) and homogenized. Finally, the mixture was slowly infused into a cell numbering chamber, and the number of nucleated cells per square was counted.

**Statistical analyses**
Data are presented as the mean ± standard deviation (SD) as indicated. The repeated measures ANOVA test was used for the statistical analysis of SUV and marrow nucleated cell numbers. The simple-effect was analyzed while the P value of the crossover effect was less than 0.05. Post hoc multiple comparisons within each group were measured with the least significant difference (LSD) test or the Games–Howell test as determined by a homogeneity of variance test. P values less than 0.05 were considered to be statistically significant (two-tailed). The survival rate was analyzed based on Kaplan–Meier curves. All data were processed by Statistical Product and Service Solutions 13.0 (SPSS 13.0) software.

**RESULTS**

**Survival test**
The Kaplan–Meier survival curves (Fig. 1) show that 100% of the control animals and those in the 2- and 5-Gy TBI groups were alive after 1 month compared with only 10% (1/9) in the 8-, 11- and 14-Gy groups. After 2 months, the minipigs in the control, 2- and 5-Gy groups were still alive (6/6) whereas all the pigs in the high dose groups had died.

**FDG uptake with different radiation doses at 6, 24 and 72 h post-TBI**
The factors of radiation dose and dosage time-point had significant effects on marrow SUV (Fig. 2A and B). The P values of crossover effect, main effect of dose and time were less than 0.05. In terms of the radiation dose, at 6 h, the SUVs in the 2-Gy (1.16 ± 0.22), 5-Gy (1.16 ± 0.11), 8-Gy (1.07 ± 0.21) and 11-Gy (1.19 ± 0.16) groups showed no significant differences from the control group (1.02 ± 0.12) (2, 5, 8 and 11 Gy vs. control, all P values > 0.05), while the SUVs in the 14-Gy (2.08 ± 0.25) group were higher than those in the control group (14 Gy vs. control, P < 0.05). At 24 h post-TBI, the SUVs in the 2-Gy (4.22 ± 0.40), 5-Gy (3.73 ± 0.29) and 8-Gy (2.12 ± 0.23) groups were higher than those in the control group (1.09 ± 0.11) (2, 5 and 8 Gy vs. control, all P values < 0.05), whereas the SUVs in the 11-Gy (0.62 ± 0.10) and 14-Gy (0.72 ± 0.08) groups were lower than those in the control group (11 Gy and 14 Gy vs. control, all P values < 0.05). Furthermore, the SUVs between the 2–11-Gy groups were significantly different and decreased with increased radiation doses (2 Gy vs. 5 Gy, 5 Gy vs. 8 Gy and 8 Gy vs. 11 Gy, all P values < 0.01). However, there was no significant difference between the 11-Gy group and the 14-Gy group (11 Gy vs. 14 Gy, P > 0.05). At 72 h post-TBI, the SUVs in the 2-Gy (2.99 ± 0.20) and 5-Gy (2.25 ± 0.13) groups were higher than those in the control group (1.06 ± 0.10) (2 Gy and 5 Gy vs. control group, all P values < 0.05), whereas the SUVs in the 11-Gy (0.60 ± 0.11) and 14-Gy (0.41 ± 0.13) groups were lower than those in the control group (11 Gy and 14 Gy vs. control group, all P values < 0.05). However, there was no significant difference in the SUVs between the 11-Gy and 14-Gy groups (11 Gy vs. 14 Gy, P > 0.05).

**Marrow nucleated cell number with different doses at 6, 24 and 72 h post-TBI**
As with the SUVs, the radiation dose and dosage time-point differences had significant effects on the marrow nucleated cell number. The P values of the crossover effect,
The main effect of radiation dose and time were less than 0.05 (Fig. 3). At 6 h post-TBI, the marrow nucleated cell numbers in the 2-Gy (144.27 ± 6.60) and 5-Gy (145.94 ± 9.02) groups showed no significant differences from those in the control group (145.33 ± 8.41) (2 and 5 Gy vs. control, \( P > 0.05 \)) and those in the 11-Gy (79.44 ± 5.29) and 14-Gy (83.49 ± 4.29) groups were lower than those in the control group (11 Gy and 14 Gy vs. control, \( P < 0.05 \)). However, there was no significant difference in the marrow nucleated cell number between the 8-, 11- and 14-Gy groups (8 Gy vs. 11 Gy, 11 Gy vs. 14 Gy, \( P > 0.05 \)). At 24 h post-TBI, the marrow nucleated cell number in the 2-Gy (139.67 ± 6.71) and 5-Gy (89.04 ± 4.16) groups were lower than those in the control group (141.32 ± 10.15) (2, 5, 8, 11 and 14 Gy vs. control, all \( P \) values < 0.05). The marrow nucleated cell number sequentially decreased in the dose range from 2 to 8 Gy (2 Gy vs. 5 Gy and 5 Gy vs. 8 Gy, \( P < 0.05 \)). However, there was no difference between the 8-, 11- and 14-Gy groups (8 Gy vs. 11 Gy, 11 Gy vs. 14 Gy, \( P > 0.05 \)) with regard to the marrow nucleated cell number.

The long-term observation of FDG uptake and marrow nucleated cell number within 60 days

The long-term observation of FDG uptake and marrow nucleated cell number were analyzed with data collected every 5 days until Day 60 after TBI (Fig. 4A and B). The SUVs in the 2-Gy group significantly increased at 24 h and gradually returned to control levels on Day 25 (1.07 ± 0.15); the SUVs then stayed at control levels until Day 60 (0.90 ± 0.34). The SUVs in the 8-Gy group increased at 24 h, gradually decreased below the control level until Day 5 (0.60 ± 0.10) and then stayed at a low level until Day 25 (0.55 ± 0.07). The SUVs in the 11-Gy and 14-Gy groups decreased with time until the endpoints. The marrow nucleated cell numbers in the 2-, 8-, 11- and 14-Gy groups showed marked and continuous reductions starting around Day 5 through to the endpoint, whereas those in the 2-Gy and 5-Gy groups decreased...
progressively from 72 h to Day 5 and then returned to control levels around Day 10 through to Day 60 post-TBI.

**DISCUSSION**

The initial question that motivated our study was whether molecular imaging with $[^{18}F]$-FDG-PET/CT would prove useful in diagnosing radiation-induced hematopoietic injury. It is important to note that before our study, McGuire et al. [14] used 3-deoxy-3-$[^{18}F]$fluorothymidine PET/CT to image bone marrow response to radiation dose. In contrast to that study, our approach was based on the use of a Food and Drug Administration-approved PET probe, $[^{18}F]$-FDG, which is routinely used in clinical practice.

$[^{18}F]$-FDG-PET/CT May be used to quickly assess the radiation dose in the dose range of 2–8 Gy

This study clearly demonstrated that the factors of radiation dose and time significantly affected marrow FDG uptake. Our results in this experimental model showed that TBI of normal marrow with a single dose of 2, 5, 8, 11 or 14 Gy caused considerable changes in FDG uptake in the early period after irradiation ($\leq$72 h). Furthermore, our study also sequentially observed FDG uptake on the time course from 6 h to Day 60 after various doses of TBI. Thus, for the first time, the time-point and radiation dose factors were analyzed comprehensively to assess the diagnostic value of $[^{18}F]$-FDG-PET/CT in radiation-induced hematopoietic toxicity. The marrow FDG uptake exhibited markedly different patterns at 6, 24 and 72 h post-TBI. First, based on the relative levels of marrow FDG uptake, FDG levels only increased in the 14-Gy group at 6 h post-TBI. Although a previous study proved that chemoradiation therapy itself did not change FDG uptake of bone marrow, at least initially [15], our data revealed that high-dose radiation exposure caused enhanced FDG uptake of bone marrow at 6 h post-TBI. Second, FDG uptake transiently increased in the 2-, 5- and 8-Gy groups, which is partly consistent with the prior observation that normal marrow uptake of FDG transiently increased after external beam irradiation [16]. However, the dose-dependent decreases of FDG uptake at 24 and 72 h post-TBI and early significant decreases of FDG uptake at the 24 and 72 h post-TBI time-points in high radiation doses (11 and 14 Gy) were not described in other reports. Third, although FDG also showed radiation dose-dependent decreases at 72 h post-TBI, there was no significant difference between the 8-Gy group and the control group. Therefore, marrow FDG uptake at the time-points prior to 24 h post-TBI could possibly be used to quickly assess the absorbed radiation dose in the dose range of 2–8 Gy.

However, our results also showed that the decrease of FDG uptake was saturated at higher radiation doses (>11 Gy) at 24 and 72 h post-TBI. Therefore, compared with other approaches for assessing radiation dose, FDG-PET/CT did not present an advantage in terms of the radiation dose range but did present an advantage in terms
of diagnostic time. Some concerns may be raised, including the following: (i) in a population that has been involved in terrorism or a nuclear accident, PET/CT may not be a practical method for assessing the radiation doses due to the complexity of the process and time constraints; and (ii) other current approaches are better than PET/CT in terms of the diagnostic dose range, the diagnostic time and practicability [17–21]. In fact, the diagnostic value of PET/CT is not restricted by these factors.

FDG PET/CT has the potential for early prognostic assessment in hematopoietic radiation toxicity

Our results demonstrate that FDG-PET/CT imaging can also be used for the early prognostic assessment of hematopoietic consequences and overall survival. As demonstrated in the 18 minipigs that underwent long-term observation, the continuous and marked reductions of marrow FDG uptake over the entire time course in the 11- and 14-Gy groups were associated with low survival and severe irreversible hematopoietic suppression that could be confirmed based on the marrow total nucleated cell numbers and the survival analysis. The continuous and marked decrease of myeloproliferative activity in the 11- and 14-Gy groups is generally consistent with previous studies in humans; in those studies, a whole body exposure of ≥12–13 Gy induced irreversible hematopoietic suppression, gastrointestinal syndrome and 100% mortality within 10–15 days and there were no medical interventions that were able to halt or reverse the clinical effects [22–25]. Therefore, the abnormal decreases in FDG uptake in irradiated bone marrow in the early period post-TBI (24 and 72 h) suggest the life-threatening irreversible clinical course.

In contrast, the FDG uptake in minipigs exposed to 2 Gy and 5 Gy TBI transiently increased at 24 h post-TBI, declined approximately 72 h through Days 5–15 and then normalized. The FDG uptake in the 8-Gy group also transiently rose at 24 h post-TBI, then decreased and reached a nadir on Day 10 and stayed at a low level until the end-point. Combining the results of survival observations and marrow cellularity changes, minipigs in these doses showed longer survival than those in the 11-Gy and 14-Gy groups, and marrow nucleated cell numbers also showed approximately the same trend as FDG uptake from Day 5 to the endpoint (Day 60 for the 2-Gy and 5-Gy groups and Day 30 for the 8-Gy group). In our study, the LD50/30 value in the Tibet minipigs seems to be approximately 5–8 Gy. This result is similar to the findings of previous studies in humans in which hematopoietic syndrome can occur after TBI at a dose of 6 Gy and death can occur within 30 days of exposure [26]. In addition, several prior studies demonstrated that hematopoietic syndrome (2–8 Gy total-body dose) in humans is associated with lethality at 30 days and is defined by the radiation dose that can be rescued by hematopoietic stem cell transplantation (HSCT) [5, 24, 25]. Therefore, based on our results and those in the literature, the transient increase of FDG uptake at 24 h post-TBI indicates a better prognosis. In addition, this type of transient increase of FDG uptake in the 2-, 5- and 8 Gy groups at 24 h post-TBI also seems to suggest that victims at least have the chance of being successfully treated with HSCT, in contrast to the abnormal reduction in the 11- and 14-Gy groups, which have no successful medical interventions.

However, the marrow FDG uptake observed in the control group is seemingly inconsistent with the results of a previous study. Higashi et al. [16] reported that the unirradiated marrow of rodents also showed a transient increase of FDG uptake on Day 18, and this phenomenon could increase the difficulty of FDG PET diagnosis or confuse the evaluation of the treatment effect if the FDG PET was performed as an early follow-up after irradiation. However, they did not explain the increased FDG uptake observed on Day 18 in the unirradiated marrow. In contrast to their results, our present work shows a stable level of FDG uptake throughout the entire time course in the control group. We believe that this disagreement may result from the experimental operation and other confounding factors. In general, physiological FDG uptake by the bone marrow is often mild and homogeneous. Factors such as blood glucose level, uptake time and the use of contrast agents during CT attenuation correction can affect FDG uptake [27]. In our study, the minipigs were caged in aseptic rooms, and these potential interfering factors were seriously controlled to ensure the objectivity of our results (described in the Materials and Methods section). Therefore, knowledge of this early radiation effect on bone marrow FDG uptake may be helpful for the early assessment of the prognosis of overall survival and the selection of an appropriate medical intervention after irradiation.

The mechanism of TBI-induced marrow FDG uptake change

We assume that the early transient increase in marrow FDG uptake in the 2-, 5- and 8-Gy groups is due to infiltration by inflammatory cells. Although our results showed that marrow nucleated cell number decreased at 24 h and 72 h after TBI, other studies have reported that the percentage of mature neutrophils observed in the irradiated marrow was 45% of the total marrow cells on Day 1, which is at least two-fold higher than that of the non-irradiated group [16]. Kallfass et al. and Vos et al. [28, 29] also reported inflammatory cell migration to irradiated regions within 8 h after irradiation; these cells disappeared from those regions within 2–10 days. Palestro et al. [30] reported that an increased uptake of 111In-labeled leukocytes was observed in the irradiated bone marrow 1 day after irradiation. Therefore, the early transient increase in marrow FDG uptake in the 2-, 5- and 8-Gy groups may be explained by
the trade-off between the infiltration of the inflammatory cells and the relatively decreased cellularity.

The early reduction of marrow FDG uptake in the 11-Gy and 14-Gy groups can be explained by the above reason as well, although a loss of cellularity might be more important. Combining the results of the FDG uptake and the marrow nucleated cell numbers, FDG uptake seemed to be closely related to the number of nucleated cells. This finding is consistent with prior in vitro investigations that used cancer cells; these studies showed that FDG uptake was not strongly related to proliferative activity but was more closely related to the number of viable tumor cells [31]. Thus, the changes in marrow FDG uptake on Day 5 through to the endpoint can also be easily explained by the marrow nucleated cell number. First, the marked reduction of FDG uptake on Day 5 in the 11-Gy and 14-Gy groups was also accompanied by a severe overall cellular loss. Second, the marrow FDG uptake in the 2-, 5- and 8-Gy groups also showed approximately the same fluctuation as the marrow nucleated cell number on Day 5 through to the endpoint. Therefore, FDG uptake is at least partly correlated with the marrow nucleated cell number.

The potential uses of PET/CT in radiation-induced organ injury

In patients, a timely and accurate assessment of organ radiation toxicity and absorbed radiation dose, whether the exposure to ionizing radiation is accidental or therapeutic, would be helpful in designing an effective individual treatment plan. [18F]-PET/CT undoubtedly has some of these advantages. Although organ tolerances to guide radiation therapy planning are well established, organ dose response values have proven to be more elusive, partly due to the lack of accurate and specific approaches [14]. Therefore, our results in the minipig model suggest the potential uses of [18F]-FDG-PET/CT in the diagnosis of hematopoietic radiation toxicity. More generally, our results also suggest the use of PET/CT to evaluate other organs as a safe and non-invasive approach because multi-organ monitoring is the unique advantage of PET/CT compared with other approaches for radiation-induced injury [32]. Several PET/CT imaging studies on radiation-induced organ injury have been published during the last 10 years [33–35]. The diagnostic value of FDG-PET/CT in radiation-induced organ responses is receiving increasing attention by clinicians and radiologists. At our institution, the same techniques used in the present study have been employed to investigate the radiation-induced FDG uptake change in other organs using the Tibet minipig as a model. These results will be published soon. It is therefore likely that FDG-PET/CT could greatly expand our ability to noninvasively and quickly assess and monitor radiation-induced organ toxicity.

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