This is the second edition of this textbook, which now contains 203 short chapters on various aspects of cosmetic oculoplastic surgery in almost 700 pages. The editors are experienced and respected surgeons, and contributions come from 112 authors in the fields of oculoplastic surgery, plastic surgery, facial plastic surgery, dermatology, and oral surgery. The concept of the book is to provide brief discussions in a “how I do it” style on the gamut of procedures in oculoplastic surgery, where each chapter may cover a very specific part of a procedure. For example, there are about ten chapters on how to manage the fat in lower lid blepharoplasty and seven chapters on how to design the incision in upper eyelid blepharoplasty. There is considerable and purposeful repetition so as to reflect the preferences and nuances of different surgeons. The book is divided into 25 sections and covers the preoperative evaluation, anesthesia, upper lids, lower lids, forehead, mid-face, botulinum toxin, fillers, and skin rejuvenation. There are smaller sections on facial rhytidectomy, neck lifting, ptosis, entropion, and ectropion. There is considerable variability as to how the chapters are structured, with some being several pages of illustrated step-by-step procedures while others may be only a short outline or a few paragraphs.

**STRENGTHS**

The book covers all aspects of cosmetic oculoplastic surgery very thoroughly. The chapters on the preoperative evaluation (three chapters) and anesthesia (ten chapters) are quite good. The review of various techniques in the use of botulinum toxins and fillers are again comprehensive and well done. All approaches to the forehead, lids, and midface are described nicely. Although purporting to be limited to cosmetic oculoplastic surgery, the review of ptosis procedures is particularly strong. Most of the artwork is of high quality and photographic documentation is plentiful and generally very good. The text does of good job of staying true to its goal of providing “Pearls and Pitfalls” although the pearls well outnumber the pitfalls. The chapters are very short (just over three pages on average) making this an easy read and one that can be put down and picked back up when convenient.

**WEAKNESSES**

As may be the case in any text with many contributors (122 in this book), there are many different styles of writing and variability of organization from chapter to chapter. This was clearly not meant to be a book with uniform style, but some readers may find this to be disconcerting (ie, all text in one chapter, followed by bullet points in another, followed by an outline in a third). There is considerable and seemingly unnecessary repetition within the sections that could have edited out with no effect on the overall quality and that would have made reading smoother (for example, lengthy recommendations for stopping medications that cause bleeding). The five chapters on transconjunctival fat repositioning say essentially the same things, just by different authors. The chapters on botulinum toxin repetitively...
list the indications for the medication. Some of the chapters lack adequate illustration and before and after pictures that would have greatly contributed to the understanding of the procedures. Some of the chapters appear out of order (for example, a discussion of Asian lid anatomy followed the chapters on Asian lid surgery rather than preceding these chapters, and a chapter on fat grafting to the brow was included between chapters on brow fixation). Several of the chapters were not originally written for this text but are reprinted from previous books and atlases, and thus felt a bit out of place.

**SUMMARY**

Overall, the strengths and weaknesses balance out and this text will find its place in many a physician’s armamentarium of references. It should be of use to those who would like to increase their knowledge of the nuances of procedures used in the periocular area. For those who already feel skilled in such procedures, it does provide interesting and helpful “pearls” that make one consider different approaches to various problems. Given the very short chapters, it is an easy read that can be put down and picked back up at the physician’s convenience. Even with the redundancy of information, it is relatively easy for the reader to skip over chapters to speed the read through the book.

**RATING: 3 OF 5**


**Disclosures**

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