Foreword

It is our hope that this reprint of the Full Text of the Guidelines on Diabetes, Pre-diabetes and Cardiovascular Diseases will be useful in attempts to improve patient management. It is the product of a joint effort between the European Society of Cardiology (ESC) and the European Association for the Study of Diabetes (EASD) and as such a unique collaboration. It was indeed rewarding for us co-chairs to work together with a Task Force composed of very knowledgeable representatives from these two worlds, cardiology and diabetology.

Several reports have highlighted the immediate need for improved efforts to detect and, primarily through life-style oriented management, prevent further development of pre-diabetic patients to the state of diabetes thereby hopefully avoiding future cardiovascular diseases. Presently such diseases are common, prognostically serious and costly for healthcare providers. Likewise patients with established diabetes need considerably more attention and better multifactorial treatment to improve their dismal prognosis. All this is, as outlined in this document, achievable but only by improved collaboration of those professionals who are skilled in one or the other aspect that needs to be cautiously addressed by comprehensive management of these complex patients, who are very rewarding to care for.

Thus, it is easy to understand that it is a great pleasure for us co-chairs to have this opportunity to, for further use and distribution, provide you with this important information resource.

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