



## Defluoridation of calcium-rich groundwater using iron oxide nanoparticles

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### Abstract

It has been suggested that moderate to high fluoride ion concentrations in the presence of calcium in groundwater can represent human health hazards resulting in possible lesions in tubular cells, leading to chronic kidney disease of unknown etiology (CKDu). This study focuses on fluoride removal in the presence of calcium using iron oxide nanoparticles (FeONs) as an effective adsorbent in single- and multi-solute batch-studies. Fluoride and calcium removal by FeONs in single-solute batch-studies occurred only by adsorption. Both species followed the Langmuir isotherm model and pseudo second-order kinetics, indicating monolayer adsorption and chemisorption, respectively. In multi-solute batch-studies, fluoride removal was attributed to adsorption and chemical precipitation forming  $\text{CaF}_2$  in almost similar magnitude. For calcium removal in multi-solute studies, adsorption, co-precipitation, and precipitation were the prominent mechanisms, with co-precipitation dominant. Thus, FeONs are effective in fluoride removal by adsorption in both the presence and absence of calcium. FeONs could also be used successfully year-round in tropical climates, where calcium levels vary substantially, to lessen the risk of CKDu.

**Key words:** adsorption, calcium, CKDu, co-precipitation, fluoride, precipitation

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### INTRODUCTION

People drink groundwater containing substantial levels of fluoride (Chandrajith *et al.* 2012; Weragoda & Kawakami 2017), exceeding that recommended by the World Health Organisation (1.5 mg/L) (WHO 2017). Fluoride and its interactions with some other ions have been implicated as trigger factors of the ‘chronic kidney disease of unknown etiology’ (CKDu) prevalent in Sri Lanka (Wasana *et al.* 2016; Dissanayake & Chandrajith 2017; Dharma-wardana 2018). Over-extraction of groundwater, particularly during dry spells in tropical climates is highly likely to result in elevated fluoride and calcium levels. High calcium concentrations instigate a profound synergistic effect with fluoride on CKDu (Wasana *et al.* 2016). Fluoride exerts direct and calcium dose-dependent cytotoxic effects on human renal proximal tubular epithelial cells, and extracellular calcium chelation markedly attenuates fluoride-induced cell-death (Zager & Iwata 1997). The oxidative stress instigated by fluoride on human kidney cells also induces apoptosis and promotes the production of reactive oxygen species (anion superoxide, hydrogen peroxide, peroxyxynitrite, hydroxyl radicals), resulting in decreased cellular antioxidant defence mechanisms against oxidative kidney cell damage (Barbier *et al.* 2010).

Since about 2010, many researchers have studied fluoride removal using adsorption (Bhatnagar *et al.* 2011; Jayarathna *et al.* 2015), precipitation (Jadhav *et al.* 2015), ion exchange (Robshaw *et al.* 2019), electro dialysis (Belkada *et al.* 2018), coagulation and microfiltration (Da Conceição *et al.* 2015), and membrane filtration (Camacho *et al.* 2013). Among these, defluoridation using

nanomaterial-based adsorption has gained considerable attention because of its efficiency. In particular, iron oxide nanoparticles (FeONs) have been widely studied (Raul *et al.* 2012). FeONs often favour fluoride and calcium adsorption, but the effect of calcium on defluoridation using FeONs does not appear to have been reported in the literature. In this study, the defluoridation potential of FeONs in both calcium-free and -rich groundwater was investigated. The study mainly focused on the different removal mechanisms of fluoride and calcium, adsorption isotherms, and kinetic studies of fluoride and calcium, using single- and multi- solute batch experiments.

## MATERIALS AND METHODS

### Synthesis and characterisation of FeONs

Nano zero-valent iron was synthesised following the modified method of Petala *et al.* (2013), using 0.18 M FeCl<sub>3</sub> and 0.94 M NaBH<sub>4</sub>. FeONs were synthesised by purging compressed air (3.5 L/min) through the solution containing nano zero-valent iron particles. Finally, they were extracted by centrifuging, rinsing three times with ethanol and oven drying at 80 °C (Gui *et al.* 2012).

The morphology and elemental composition of the FeONs were analysed, before and after the adsorption experiments, using Environmental Scanning Electron Microscopy (ESEM, Carl Zeiss, EVO 18, Secondary Electron Microscope, Germany) coupled with Energy-Dispersive X-ray Spectroscopy (EDAX, Element EDS system, AMETEK Materials Analysis Division, USA). FeON phase identification was performed by X-ray Powder Diffraction (XRD-D8, ECO, Advance Bruker Diffractometer with filtered Cu K $\alpha$  radiation, Germany). Fourier transform-infrared spectroscopy (FT-IR, ALPHA Bruker, Germany) was performed in adsorption mode at ambient temperature in the spectral range 500 to 4,000 cm<sup>-1</sup> to identify the FeONs' functional groups.

### Single-solute batch-studies for fluoride and calcium removal

Single-solute batch experiments were carried out to determine the FeON dosage at which maximum fluoride and calcium removal occurred (optimum FeON dosage). Dosage was varied from 0.04 to 7.20 g/L on the basis of preliminary studies. The operating parameters were – sample volume, 100 mL; contact time, 1 hour; initial fluoride and calcium concentrations, 5 and 300 mg/L, respectively; initial pH, 6.5; temperature, 28 °C; and, stirring speed, 150 rpm. The FeON dosage for maximum removal of fluoride and calcium was determined as 1.25 g/L. Subsequently, a series of batch experiments was conducted using the optimum FeON dosage, to determine the fluoride and calcium adsorption isotherm and kinetic behaviour. In these studies, the initial concentrations of fluoride and calcium were varied from 1 to 20 mg/L, and 100 to 500 mg/L, respectively. All other experimental conditions were similar to those used when determining the optimum FeON dosage. The theoretical amounts of fluoride and calcium adsorbed at equilibrium,  $(Q_e)_{ad}$  and the actual amounts removed,  $(Q_e)_{exp}$ , were calculated to determine the extent of chemical precipitation and co-precipitation.

### Multi-solute batch-studies for removal of fluoride and calcium

Multi-solute batch experiments were carried out in the presence of both fluoride and calcium to determine the optimum FeON dosage for maximum removal of fluoride and calcium. The operating parameters used were similar to those used in the single-solute batch studies and the optimum FeON dosage was determined as 1.25 g/L.

The differing amounts of fluoride and calcium removed by co-precipitation, chemical precipitation and adsorption were estimated by varying their respective concentration combinations. In CKDu

prevalent areas in Sri Lanka, higher concentrations of fluoride and calcium have been reported during the dry season (June to August) than in the wet season. The combinations of fluoride and calcium concentrations considered for the multi-solute studies were based on seasonal variations typically encountered in the dry season. Twenty groundwater samples were collected during the dry season and the fluoride (1.1 to 9.0 mg/L) and calcium (140.0 to 900.0 mg/L) concentrations determined. Based on prevailing conditions in the CKDu affected areas, the experimental fluoride and calcium concentrations were set in the ranges 0.9 to 9.2 and 136.0 to 980.0 mg/L, respectively, and 10 fluoride/calcium concentration combinations were prepared accordingly. The concentration ranges were determined to exceed the natural equivalents slightly.

The first fluoride/calcium combination (0.9 and 136 mg/L, respectively) was prepared without FeONs and kept under quiescent conditions for 24 hours at ambient temperature to allow  $\text{CaF}_2$  precipitation. After 24 hours, the mixture was filtered (Whatman<sup>TM</sup> 1003-110 Grade 3, 6  $\mu\text{m}$ ) and the residual fluoride concentration in the filtrate determined. FeONs (1.25 g) were subsequently added to 100 mL of the filtrate, and the mixture stirred continuously (150 rpm) at ambient temperature. The solution's residual fluoride and calcium concentrations were determined after one-hour contact time. The mixture's pH was monitored continuously for 72 hours. It always exceeded 5, confirming that no  $\text{CaF}_2$  dissolution occurred. The same procedure was followed for all other fluoride/calcium combination solutions.

For different fluoride/calcium combinations without FeON, fluoride supersaturation levels were estimated and compared with the respective residual fluoride concentrations, to determine whether or not chemical precipitation had occurred, and estimate the quantities of  $\text{CaF}_2$  precipitated. The solubility product ( $K_{\text{sp}}$ ) of  $\text{CaF}_2$  [ $K_{\text{sp}} = (\text{Ca}^{2+}) (\text{F}^-)^2$ ], which is  $3.5 \times 10^{-11} (\text{mol/L})^2$  at 25 °C (Nasr *et al.* 2014), was used to determine fluoride supersaturation levels for different calcium concentrations. XRD and ESEM-EDX analyses were performed to confirm  $\text{CaF}_2$  precipitation, and the quantities used to estimate the corresponding amounts of fluoride and calcium precipitated. The amounts of fluoride and calcium adsorbed onto FeONs were estimated assuming monolayer adsorption phenomena. As the amounts of fluoride and calcium both adsorbed and precipitated were known, the amounts co-precipitated were estimated from the total amounts of these species removed from solution.

### Analysis of fluoride and calcium

Residual fluoride concentrations were analysed by ion chromatography (Metrohm, 930 Compact IC Flex, Switzerland) with a mobile phase of 3.2 mmol/L  $\text{Na}_2\text{CO}_3$  + 1 mmol/L  $\text{NaHCO}_3$ , and a flow rate of 0.7 mL/min. Residual calcium concentrations were determined using the EDTA titrimetric method based on USEPA Method No. 130.2 (USEPA 1983). Deionised water (18.2  $\Omega/\text{cm}$ ) from a deioniser (Smart Plus-N, Heal Force, China) was used in all experiments.

### Adsorption isotherms and kinetic studies for fluoride and calcium removal

#### Single-solute batch-studies

The experimental data were used to study fluoride and calcium removal with adsorption isotherms and kinetic models. The amount of fluoride or calcium removed per unit mass of FeONs ( $Q_e$  in mg/g) for a single solute was calculated using Equation (1):

$$Q_e = (C_o - C_e) \times \frac{V}{W} \quad (1)$$

where  $C_o$  and  $C_e$  are the initial and equilibrium concentrations of fluoride or calcium in solution (mg/L) respectively,  $V$  the volume of solution (L), and  $W$  the mass of the adsorbent (g).

The Langmuir adsorption isotherm model was used to study fluoride and calcium removal and describe the amount of adsorbate adsorbed per unit weight of adsorbent at equilibrium. The Langmuir model is based on the assumptions that the adsorbent surface is homogeneous with equal sorption sites, only monolayer adsorption occurs with no interaction between adjacent adsorbed ions, and adsorbate ions tend to either adsorb or desorb. The isotherm (Langmuir 1918) is represented by Equation (2):

$$\frac{1}{Q_e} = \frac{1}{Q_m} + \frac{1}{Q_m K_L C_e} \quad (2)$$

where  $C_e$  is the equilibrium concentration of adsorbate (mg/L),  $Q_e$  the amount of adsorbate adsorbed per unit mass of adsorbent at equilibrium (mg/g),  $Q_m$  the maximum monolayer coverage capacity (mg/g), and  $K_L$  the Langmuir isotherm constant (L/mg). The dimensionless constant separation factor or equilibrium parameter,  $R_L$ , as given in Equation (3) is used to express the essential characteristics of the Langmuir adsorption isotherm:

$$R_L = \frac{1}{[1 + (1 + K_L C_o)]} \quad (3)$$

where  $C_o$  is the initial concentration (mg/L) and  $K_L$  the Langmuir isotherm constant.  $R_L$  describes the adsorption mechanisms – i.e., unfavourable ( $R_L > 1$ ), linear ( $R_L = 1$ ), favourable ( $0 < R_L < 1$ ), or irreversible ( $R_L = 0$ ) (Weber & Chakravorti 1974).

The Freundlich model was applied for fluoride and calcium removal to ascertain the adsorption characteristics. It is based on an assumption of heterogeneous surfaces where fluoride or calcium could bind by multi-layer formation, with interaction among adsorbed ions. The isotherm (Freundlich 1906) is represented by Equation (4):

$$\log(Q_e) = \log(K_f) + \frac{1}{n} \log(C_e) \quad (4)$$

where  $K_f$  is the Freundlich isotherm constant (mg/g),  $n$  the adsorption intensity,  $C_e$  the equilibrium concentration of the adsorbate (mg/L), and  $Q_e$  the amount of adsorbate adsorbed per gram of adsorbent at equilibrium (mg/g). The Freundlich constant ( $n$ ) indicates the adsorption mechanism; when  $2 < n < 10$ , adsorption is favourable, between  $1 < n < 2$  it is moderately difficult and when  $n < 1$  adsorption is poor (Kakavandi *et al.* 2013).

The experimental data for fluoride and calcium were fitted to the Brunauer-Emmett-Teller (BET) adsorption isotherm model, based on the postulation of adsorption in the form of multilayers but without interaction between adsorbed ions. The isotherm describes the adsorption of multiple ions at each site, energetically homogeneous adsorption sites with no adsorbate interactions between neighboring ions, and immobile adsorbed ions. The BET isotherm (Brunauer *et al.* 1938) is given by Equation (5):

$$\left[ \frac{C_e}{(C_s - C_e) \times Q_o} \right] = \left( \frac{K_B - 1}{K_B \times Q_o} \right) \times \frac{C_e}{C_s} + \frac{1}{(K_B Q_o)} \quad (5)$$

where  $C_e$  is the equilibrium concentration (mg/L),  $C_s$  the adsorbate monolayer saturation concentration (mg/L),  $Q_o$  the maximum adsorption capacity for forming single layers (mg/g), and  $K_B$  the BET adsorption isotherm which relates to the energy of surface interaction (L/mg).

The experimental data were fitted to the Dubinin-Radushkevich isotherm, which is generally applied to express the adsorption mechanism with a Gaussian energy distribution onto a heterogeneous surface, distinguishing between chemisorption and physical adsorption (physisorption)

(Dubinin 1960) – see Equation (6):

$$\ln Q_e = \ln Q_d - B_D \varepsilon^2 \quad (6)$$

where  $Q_e$  is the amount of adsorbate in the adsorbent at equilibrium (mg/g),  $Q_d$  the theoretical isotherm saturation capacity (mg/g),  $B_D$  the Dubinin-Radushkevich isotherm constant ( $\text{mol}^2/\text{kJ}^2$ ), and  $\varepsilon$  the potential energy (estimated using Equation (7)).  $E$  is the Dubinin-Radushkevich isotherm constant (kJ/mol) and can be estimated using Equation (8). Physisorption is likely if  $E < 8$  kJ/mol, chemisorption if  $8 < E < 16$  kJ/mol, and stronger chemical adsorption over ion exchange if  $E > 16$  kJ/mol.

$$\varepsilon = RT \ln \left[ 1 + \left( \frac{1}{C_e} \right) \right] \quad (7)$$

$$E = \frac{1}{\sqrt{2 B_D}} \quad (8)$$

The fluoride and calcium data were also fitted to the Temkin adsorption isotherm (Tempkin & Pyzhev 1940), which contains a factor that considers adsorbent-adsorbate interactions explicitly. The isotherm is given by Equations (9) and (10):

$$Q_e = \left( \frac{RT}{b} \right) \ln A_T + \left( \frac{RT}{b} \right) \ln C_e \quad (9)$$

$$B = \left( \frac{RT}{b} \right) \quad (10)$$

where  $A_T$  is the Temkin isotherm equilibrium binding constant (L/g),  $b$  the Temkin isotherm constant,  $R$  the universal gas constant (8.314 J/mol/K),  $T$  temperature (K), and  $B$  a constant related to the heat of sorption (J/mol).

The kinetics of fluoride and calcium adsorption were analysed using Lagergren's pseudo-first-order kinetic model (Lagergren 1898), which describes the adsorption of one ion of adsorbate onto one adsorption site, and the pseudo-second-order kinetic model, which describes the adsorption of one ion of adsorbate onto two adsorption sites (Ho & McKay 1999). These two models identify the fluoride and calcium adsorption process kinetics to be fitted to either chemisorption or physisorption. The pseudo-first order and pseudo-second-order kinetic models are expressed in Equations (11) and (12):

$$\log (Q_e - Q_t) = \log Q_e - \left( \frac{K_1}{2.303} \right) t \quad (11)$$

$$\frac{t}{Q_t} = \frac{1}{[K_2 (Q_e)^2]} + \left( \frac{1}{Q_e} \right) t \quad (12)$$

where  $Q_e$  is the amount of adsorbate adsorbed on the adsorbent (mg/g) at equilibrium,  $Q_t$  the amount of adsorbate adsorbed (mg/g) at time  $t$  (minutes),  $K_1$  the rate constant ( $\text{min}^{-1}$ ) for pseudo-first-order kinetics, and  $K_2$  the rate constant (gm/g/min) for pseudo-second-order kinetics.

### Multi-solute batch-studies

The extension of the Langmuir equation proposed by Jain & Snoeyink (1973) was applied to determine the monolayer adsorption of binary mixtures consisting of fluoride and calcium by FeONs,

with competitive adsorption of the binary mixtures. This development was based on the assumption that only a fraction of the active adsorption sites available for fluoride could also be occupied by calcium. The amounts of fluoride or calcium adsorbed on FeONs are estimated using Equations (13) and (14):

$$q_1 = \frac{(Q_{m,1} - Q_{m,2})b_1c_1}{1 + b_1c_1} + \frac{Q_{m,2}b_1c_1}{1 + b_1c_1 + b_2c_2} \quad (13)$$

$$q_2 = \frac{Q_{m,2}b_2c_2}{1 + b_1c_1 + b_2c_2} \quad (14)$$

where  $Q_{m,1}$  is the adsorption capacity of adsorbate-1 (fluoride) at equilibrium under single-solute study (mg/g); and  $b_1$  and  $c_1$  the Langmuir isotherm constants for adsorbate-1 under single-solute study (L/mg), and the equilibrium concentration of adsorbate-1 obtained under single-solute study (mg/L), respectively. The symbols incorporating suffix 2 have the same meanings as those with suffix 1 but ascribed to adsorbate-2 (calcium).

Fluoride and calcium supersaturation are a prerequisite for  $\text{CaF}_2$  precipitation (Nath & Dutta 2010). Thus, fluoride removal depends on both the calcium concentration and the initial fluoride concentration, implying lower likelihood of precipitation for low initial fluoride concentrations.

The average FeON crystallite size was calculated from the XRD spectrum using the Scherrer Formula – Equation (15) (Chekli *et al.* 2016):

$$D = \frac{0.9\lambda}{\beta \cos \theta} \quad (15)$$

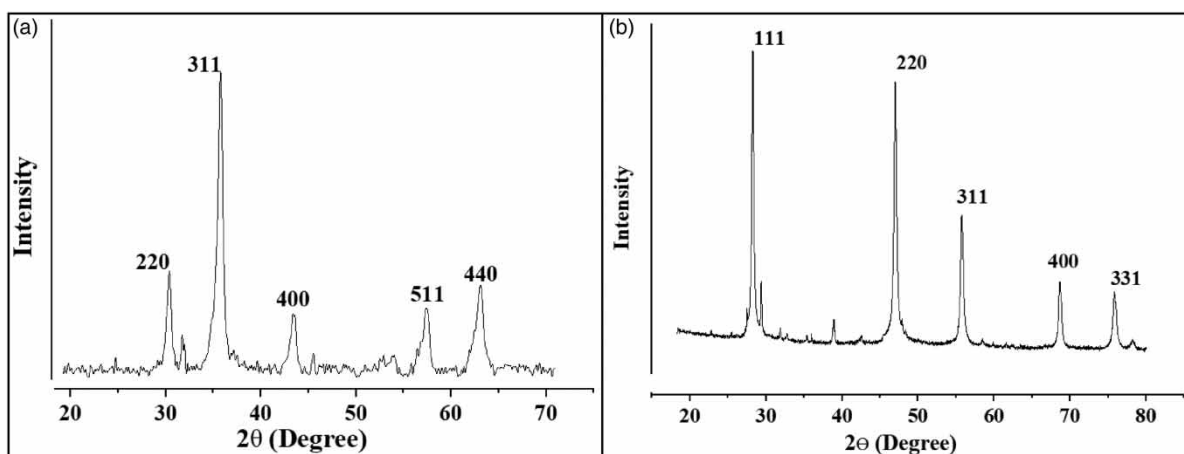
where  $D$  is the average crystallite size,  $\lambda$  the wavelength of the X-ray radiation,  $\beta$  the full width of the half maximum diffraction peak, and  $\theta$  the angle of diffraction.

## RESULTS AND DISCUSSION

### Characterisation of FeONs

#### XRD analysis

Figure 1(a) shows the XRD spectrum of synthesised FeONs, exhibiting peaks at  $30.4^\circ$ ,  $35.8^\circ$ ,  $43.7^\circ$ ,  $57.6^\circ$ , and  $63.1^\circ$ , which correspond to diffraction of the (220), (311), (400), (511), and (440) planes,

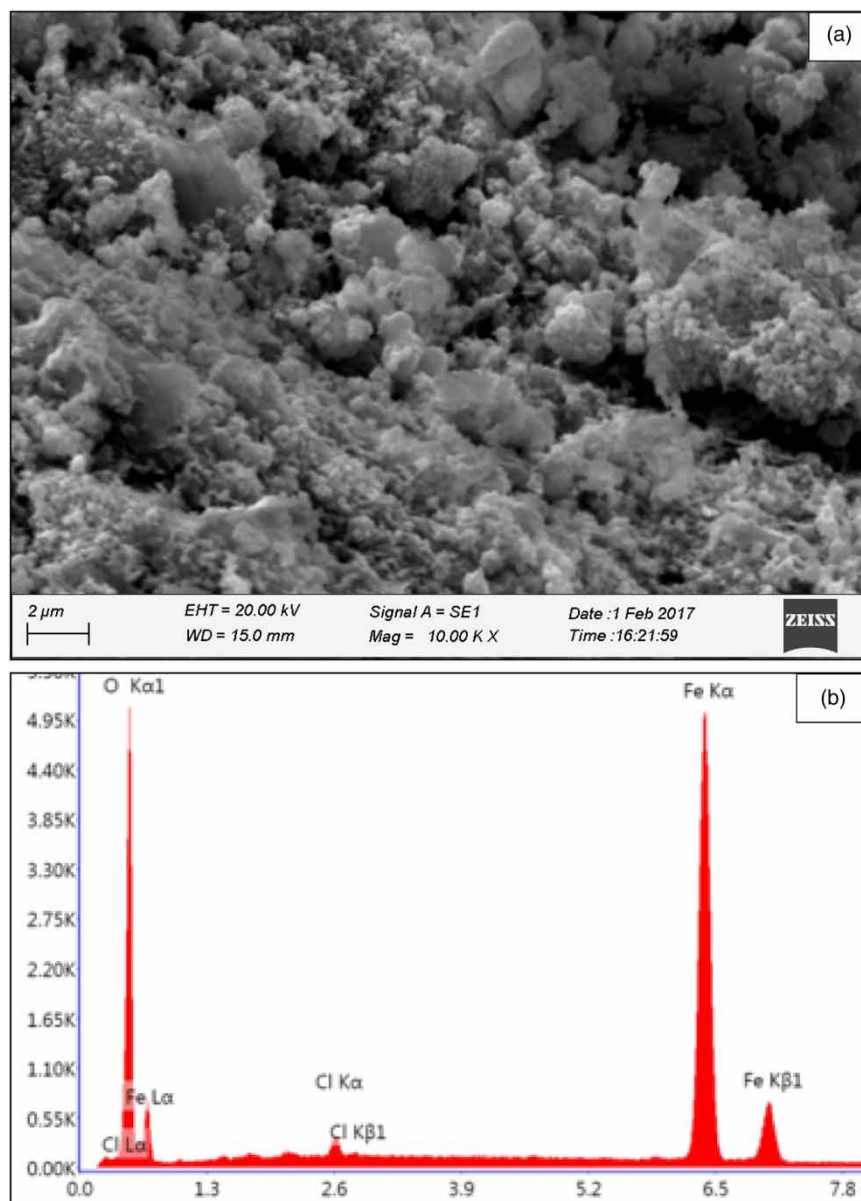


**Figure 1** | XRD spectra of (a) synthesised FeONs and (b)  $\text{CaF}_2$  formed in the aqueous solution.

respectively, of magnetite nanoparticles. Others have made similar observations for XRD characterisation (Lin *et al.* 2005; Xu *et al.* 2007; Wu *et al.* 2011; Raul *et al.* 2012; Mohseni-Bandpi *et al.* 2015; Shukla *et al.* 2015). The average crystallite size obtained for this study was 46.3 nm, confirming that a significant fraction of FeONs was within the nano-scale range. XRD analysis [Figure 1(b)] of  $\text{CaF}_2$  shows peaks at  $28.2^\circ$  (111),  $46.9^\circ$  (220),  $55.7^\circ$  (311),  $68.6^\circ$  (400) and  $75.8^\circ$  (331), confirming the formation of  $\text{CaF}_2$  precipitate (Pandurangappa *et al.* 2010; Tahvildari *et al.* 2012) in the binary mix, with the average particle size 96.3 nm.

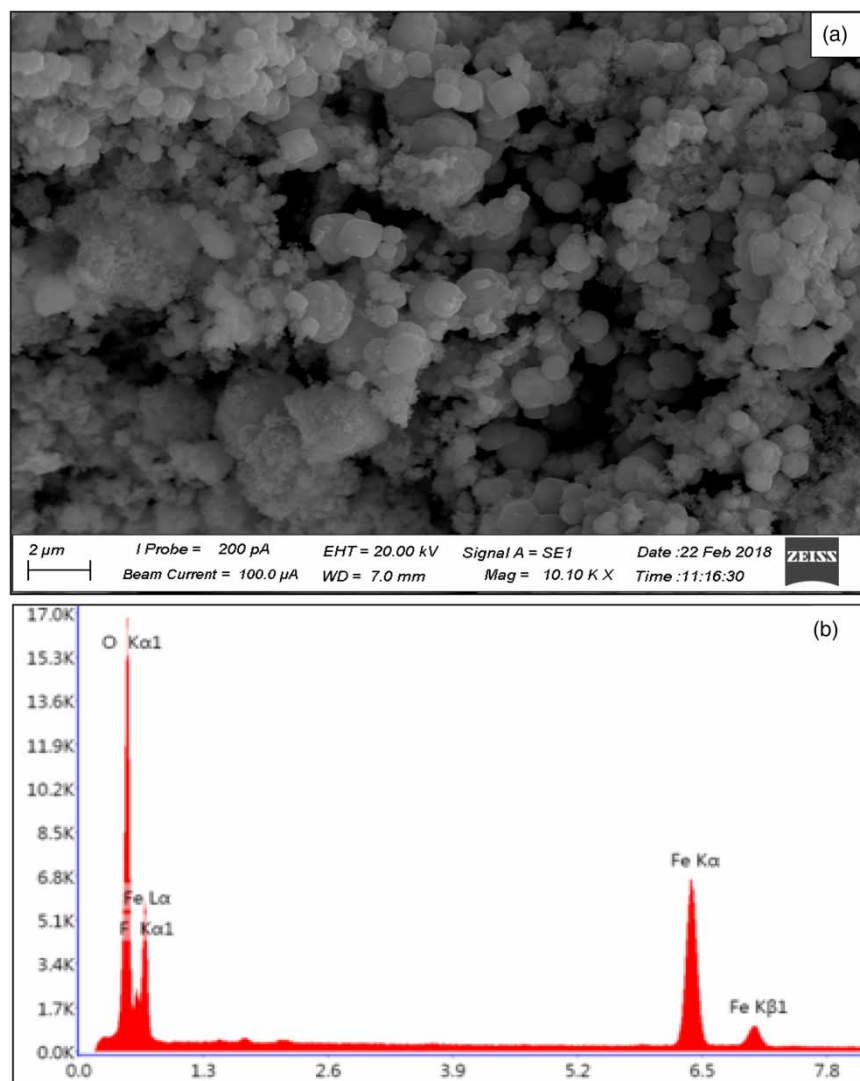
### ESEM-EDX analysis

The ESEM image of synthesised FeONs (Figure 2(a)) shows the presence of interlinked flake-like aggregates, indicating agglomeration, possibly because of magnetic interaction between particles.



**Figure 2** | (a) ESEM image of FeONs and (b) EDX spectrum of FeONs (Note: EDX was performed on the whole surface area in Figure 2(a)).

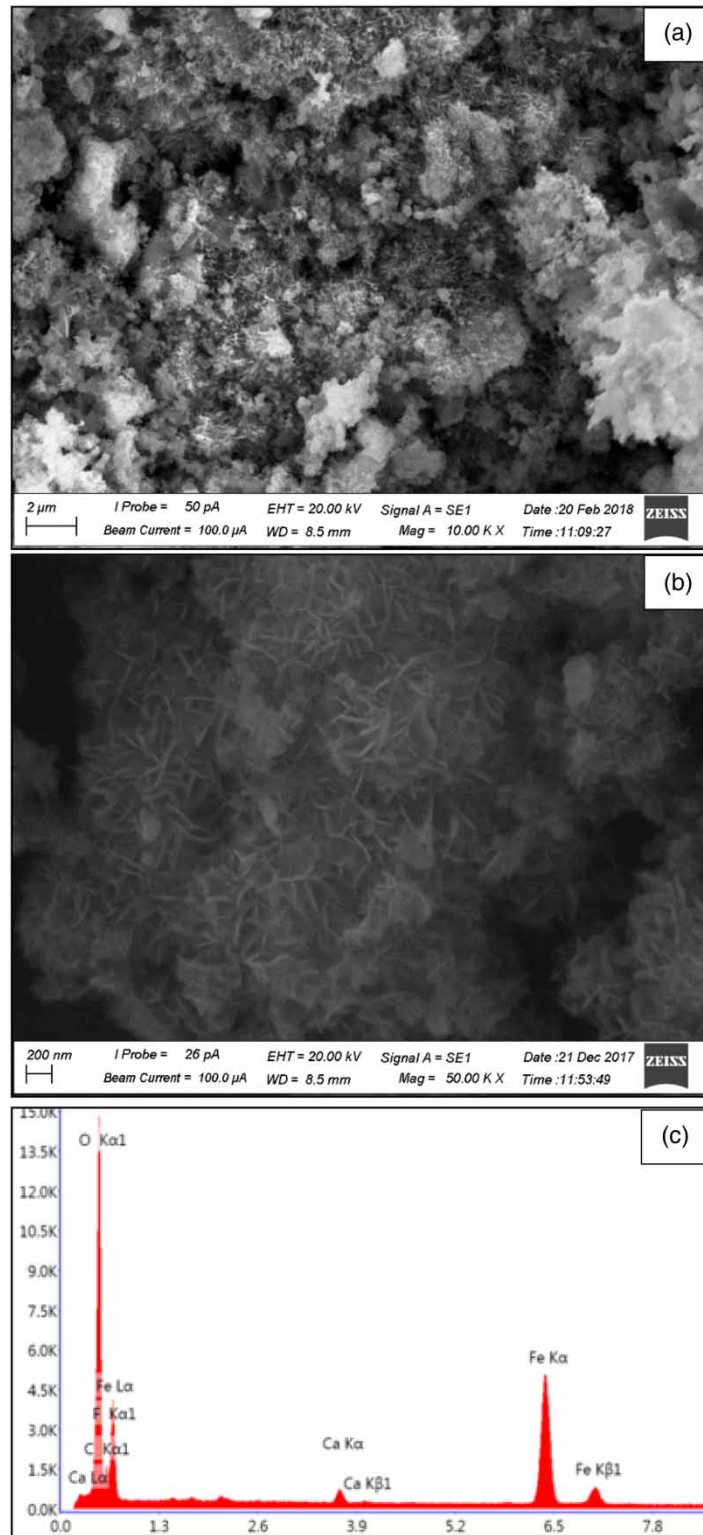
The EDX analysis (Figure 2(b)) shows that the surface was composed of Fe and O with no impurities, and the narrow diffraction peaks confirm the crystalline structure. Similar observations on the agglomeration and crystalline structure formation of FeONs are reported by Lin *et al.* (2005) and Azzam *et al.* (2016). ESEM analysis of FeONs after fluoride adsorption in single-solute batch-studies shows spherical agglomerated particles with sharp edges (Figure 3(a)) and EDX analysis confirms the presence of fluoride adsorbed on FeON surfaces (Figure 3(b)). Figure 4(a) depicts the morphology of the FeON surface after multi-solute batch-studies, where both fluoride and calcium adsorbed and co-precipitated, which are visible as fluffy and irregular shapes. A magnified ESEM image (nm-scale) shows a nodular-like pattern on the FeON surface, which is ascribed to calcium co-precipitation with FeONs (Figure 4(b)). EDX analysis confirmed the presence of both fluoride and calcium on the FeON surface (Figure 4(c)).



**Figure 3** | Single-solute studies with fluoride (a) ESEM image of FeONs, and (b) EDX spectrum of FeONs (Note: EDX was performed on the whole surface area in Figure 3(a)).

ESEM-EDX analysis of  $\text{CaF}_2$  (Figure 5(a) and 5(b)) shows that the  $\text{CaF}_2$  formed was agglomerated and porous, with polycrystalline nanoparticles. The larger particles exhibited different, spherical, surface perturbations (Pandurangappa *et al.* 2010).

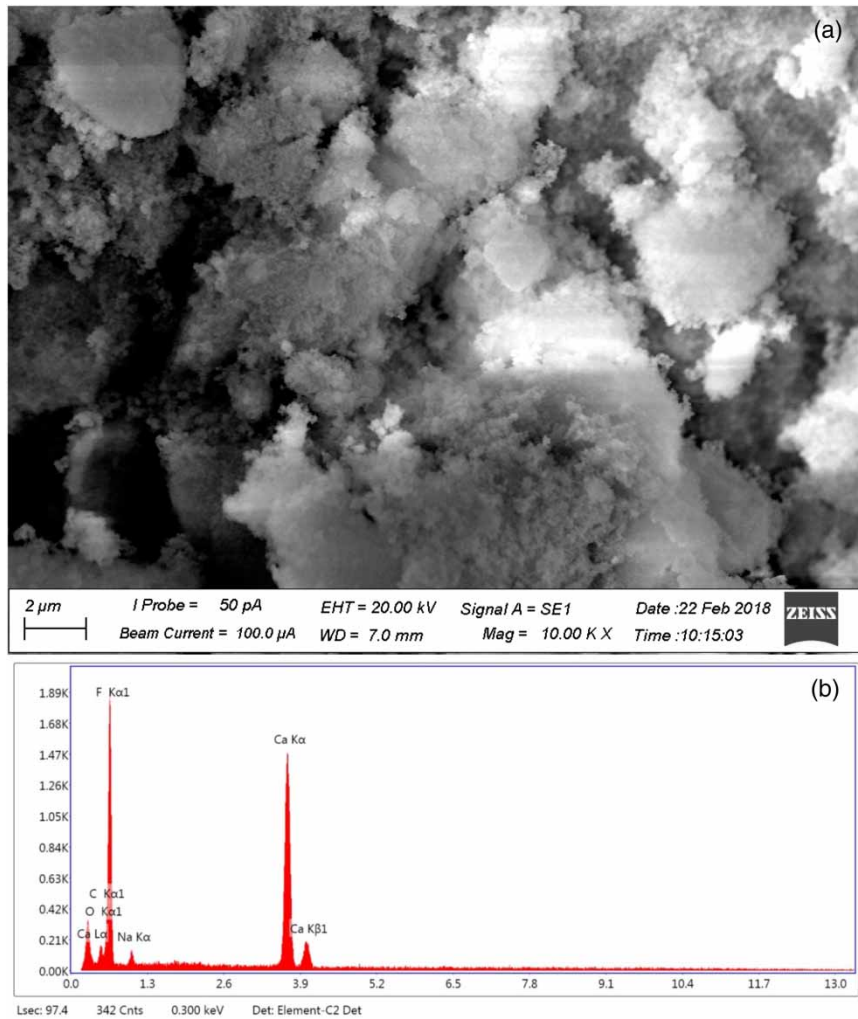




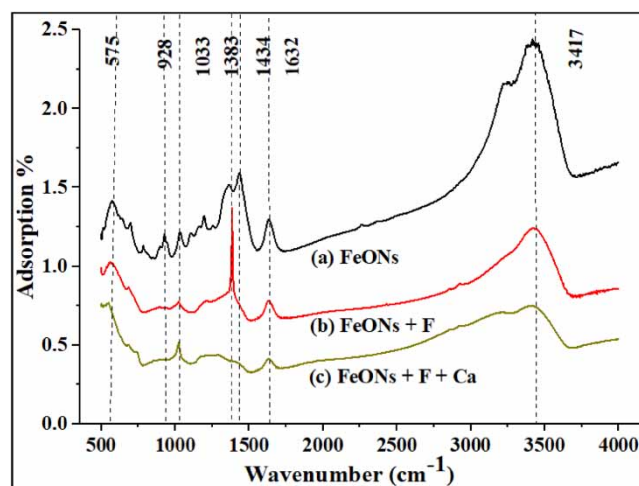
**Figure 4** | Multi-solute studies with fluoride and calcium (a) ESEM image of FeONs, (b) ESEM image of FeON showing nodular-like patterns on the surface with Ca co-precipitation with FeONs (c) EDX spectrum of FeONs performed on the whole surface area in Figure 4(a).

### FT-IR analysis

The FT-IR spectrum of FeONs shows both the specific peaks reflecting the surface functional groups and the surface's complex nature. Figure 6 shows the FT-IR spectrum of FeONs (a) before adsorption,



**Figure 5** | Characterisation of  $\text{CaF}_2$  formed in the binary mixture (a) ESEM image (b) EDX spectrum of  $\text{CaF}_2$ .



**Figure 6** | FT-IR spectra of FeONs (a) before adsorption, (b) after fluoride adsorption (single-solute studies), and (c) after fluoride and calcium adsorption (multi-solute studies).

(b) after fluoride adsorption (single-solute studies), and (c) after fluoride and calcium adsorption (multi-solute studies). Before adsorption, there were broad bands around 1,033, 1,632, and 3,417  $\text{cm}^{-1}$ , attributed to N-H and O-H bending, and O-H stretching vibrations, respectively (Sharma & Jeevanandam

2013). N–H functional groups are indicated because of the use of  $\text{NH}_4\text{OH}$  solution to keep the pH between 10 and 11 during FeON synthesis. The band at  $1,434\text{ cm}^{-1}$ , assigned to the symmetric and asymmetric bending of the C–H bond, may be ascribed to the ethanol added for FeON synthesis and storage (Qiu *et al.* 2011; Ayob & Abdullah 2012). The broad peak at  $928\text{ cm}^{-1}$  arises from the bending vibrations of O–Fe–O groups (Jayarathna *et al.* 2015), and the narrow band around  $575\text{ cm}^{-1}$  represents the Fe–O vibrations of magnetite nanoparticles (Xu *et al.* 2018).

After fluoride adsorption, the functional groups on the FeONs' surface had changed, and the broad peak around  $3,000$  to  $4,000\text{ cm}^{-1}$  had weakened and shifted. The hydrogen-bonding strength was also diminished, and hydroxyl groups became much freer from their initial hydrogen-bonding character (Jayarathna *et al.* 2015), so that the new, isolated, surface –OH peak appeared around  $3,824\text{ cm}^{-1}$ . The band at  $1,632\text{ cm}^{-1}$  was shifted to  $1,631\text{ cm}^{-1}$ , which was attributed to the presence of –OH groups even after fluoride adsorption onto FeONs (Jayarathna *et al.* 2015; Mohseni-Bandpi *et al.* 2015). The intensity of the band at  $1,383\text{ cm}^{-1}$  was increased sharply, perhaps representing the characteristic peak of fluoride adsorption (Patnaik *et al.* 2016; Liu *et al.* 2018). The results generally indicate that the surface hydroxyl groups play a significant role in fluoride adsorption.

After fluoride and calcium adsorption, the broad peak at  $3,417\text{ cm}^{-1}$  was decreased and shifted, with new peaks appearing at  $3,406$  and  $3,205\text{ cm}^{-1}$ , attributed to the symmetric and asymmetric vibration of Fe–F and Fe–O–Ca–F bonds, respectively. A new peak appeared at  $3,804\text{ cm}^{-1}$ , and the peak at  $1,632\text{ cm}^{-1}$  was shifted to  $1,630\text{ cm}^{-1}$ , indicating the presence of –OH groups after fluoride and calcium adsorption. In multi-solute adsorption, the sharp peak at  $1,383\text{ cm}^{-1}$ , attributed to Fe–F bonding, was decreased and shifted, and a broad peak appeared assigned to the asymmetric F–Ca–O–Fe bridge. This might arise because calcium occupies the active sites available for fluoride, showing a new peak around  $500\text{ cm}^{-1}$ , ascribed to Ca–O and Ca = O bonds (Galván-Ruiz *et al.* 2009) formed due to calcium adsorption and co-precipitation. The precipitation of  $\text{CaF}_2$  in the multi-solute batch experiments could not be verified with FT-IR, as  $\text{CaF}_2$ 's Ca–F stretching vibration occurs at  $443\text{ cm}^{-1}$  (Tahvildari *et al.* 2012) – i.e., beyond the analytical range in this study.

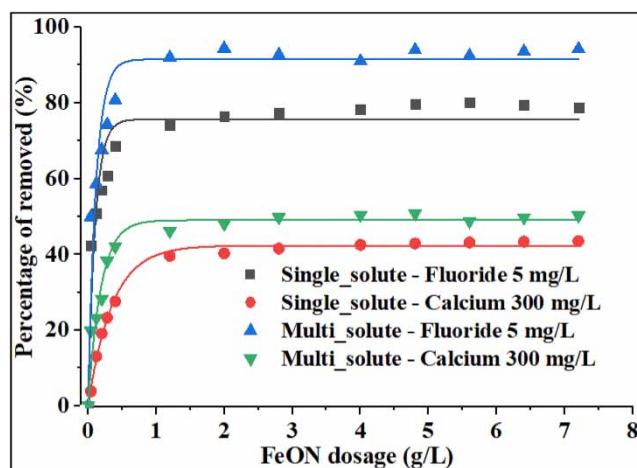
### Single-solute batch-studies

The possible mechanism of fluoride and calcium removal in single-solute batch-studies was identified as adsorption by FeONs. Therefore, attributes affecting fluoride and calcium adsorption by FeONs were studied.

### Effect of FeON dosage, and initial fluoride and calcium concentrations on adsorption by FeONs

FeON dosage was varied from  $0.04$  to  $7.20\text{ g/L}$  (Figure 7) to study its effect on fluoride and calcium adsorption. Fluoride adsorption showed little variation at FeON dosages exceeding  $1.25\text{ g/L}$ , when it was 74%. Maximum calcium removal (39%) was observed at  $1.25\text{ g-FeONs/L}$  with minor variation beyond that. For every FeON dosage, the total dissolved iron (Fe) concentration remaining after one-hour contact time with fluoride or calcium was measured by ion chromatography-mass spectrometry (ICP-MS) (Model: Agilent 7900 ICP-MS system, Japan, USA). The data showed that dissolution of Fe from the FeONs was less than  $0.001\text{ mg/L}$  when dosage was increased, and that minute amounts of Fe dissolution did not affect FeON adsorption capacity. Increasing FeON dosage did, however, increase particle density per unit volume, increasing interaction between FeON particles and leading to agglomeration. This decreased the FeONs' adsorption capacity by decreasing the number of active sorption sites. Similar results have been reported for defluoridation with different adsorbent dosages of magnetite-chitosan composite (Mohseni-Bandpi *et al.* 2015).

The effect of initial concentration on fluoride adsorption was studied for the range  $1$  to  $20\text{ mg-F/L}$ , over which fluoride adsorption increased from  $0.04$  to  $5.3\text{ mg/g}$ . Calcium adsorption increased from



**Figure 7** | Fluoride and calcium removal (%) vs FeON dosage in single-and multi- solute studies. The dosage was 1.25 g-FeON/L in all studies.

0.04 to 3.34 mg/g, at constant FeON dosage, for the initial calcium concentration range 100 to 500 mg-Ca/L.

#### Adsorption isotherms and kinetic models for fluoride and calcium

The equilibrium isotherm and kinetic model parameters for fluoride and calcium adsorption by FeONs are presented in Table 1. The  $R^2$  values for the Langmuir isotherm adsorption model for both fluoride and calcium are 0.99, the high values indicating monolayer adsorption onto a surface with a finite number of active adsorption sites. The maximum monolayer adsorption capacities ( $Q_m$ ) of FeONs based on the Langmuir model were 28.98 mg-F/g and 1.13 mg-Ca/g. The equilibrium parameter ( $R_L$ ) was between 0.37 and 0.48 for fluoride, and 0.52 and 0.75 for calcium, indicating that the monolayer adsorption mechanism was favoured. The Freundlich constants ( $n$ ) for fluoride and calcium were 1.35 and 1.79, respectively, indicating that F and Ca monolayer adsorption were moderately uncertain and weak, respectively. In single-solute batch experiments, monolayer adsorption

**Table 1** | Adsorption isotherm parameters for fluoride and calcium adsorption on FeONs

Isotherm model	Parameter (units)	Adsorbed ions	
		Fluoride	Calcium
Langmuir	$Q_m$ (mg/g)	28.98	1.13
	$K_L$ (L/mg)	0.44	0.002
	$R^2$	0.99	0.99
Freundlich	$K_f$ (L/m)	0.78	0.63
	$1/n$	0.74	0.56
	$R^2$	0.90	0.91
BET	$Q_o$ (mg/g)	0.05	0.001
	$K_b$ (L/mg)	46.95	0.39
	$R^2$	0.85	0.91
Temkin	$A_T$ (L/mg)	0.40	7.58E-06
	$B$ (J/mol)	0.10	3.41
	$R^2$	0.87	0.91
Dubinin-Radushkevich	$Q_e$ (mg/g)	0.33	0.26
	$E$ (KJ/mol)	1.80	0.01
	$B_D$ (mol <sup>2</sup> /KJ)	0.15	3,682.30
	$R^2$	0.93	0.75

was, therefore, preferred for both species. The  $R^2$  values for the BET adsorption isotherm for fluoride and calcium were 0.85 and 0.91, respectively, implying that the experimental data do not follow the BET isotherm assumption of multilayer formation during adsorption by FeONs. The equilibrium binding constant and adsorption energy variation for the Temkin model are given in Table 1. The Temkin model's  $R^2$  values for F and Ca – 0.87 and 0.91, respectively – show that the model does not fit the experimental data well. The Dubinin-Radushkevich model's  $R^2$  values for F and Ca were 0.93 and 0.75, respectively, showing that this model also failed to fit the experimental data well.

The adsorption kinetics of fluoride onto FeONs are described well by a pseudo-second-order model ( $R^2 = 0.99$  to 1; Table 2). Hence, the rate-limiting factor of fluoride and calcium adsorption by FeONs is chemisorption, confirming covalent bonding by sharing or exchange of electrons between adsorbate and adsorbent (Arshadi *et al.* 2014). The results show that the experimental  $Q_e$  values ( $Q_{e(Exp)}$ ) derived from the mass balance equation (Equation (1)) are approximately equal to the  $Q_e$  values calculated ( $Q_{e(Cal)}$ ) with the pseudo-second-order equation (Equation (12)). As the experimental and calculated  $Q_e$  values are approximately equal, in single-solute batch-studies for both fluoride and calcium, adsorption was pronounced and removal due to co-precipitation could not be observed.

**Table 2** | Equilibrium constants and thermodynamic parameters for kinetic models in single-solute studies

Pseudo-first-order					Pseudo-second-order			
Fluoride mg/L	$Q_{e(Exp)}$ mg/g	$Q_{e(Cal)}$ mg/g	$K_1$ $\text{min}^{-1}$	$R^2$	$Q_{e(Exp)}$ mg/g	$Q_{e(Cal)}$ mg/g	$K_2$ g/min/mg	$R^2$
1	0.04	0.23	0.220	0.08	0.05	0.05	0.29	0.99
3	0.19	0.47	0.030	0.20	0.20	0.21	0.64	0.99
5	0.36	0.69	0.030	0.01	0.37	0.37	0.54	1.00
10	1.32	0.24	0.001	0.01	1.41	1.44	0.69	1.00
15	2.24	0.35	0.001	0.13	2.45	2.45	0.41	1.00
20	3.24	0.98	0.010	0.04	3.29	3.32	0.88	1.00
Calcium mg/L	$Q_{e(Exp)}$ mg/g	$Q_{e(Cal)}$ mg/g	$K_1$ $\text{min}^{-1}$	$R^2$	$Q_{e(Exp)}$ mg/g	$Q_{e(Cal)}$ mg/g	$K_2$ g/min/mg	$R^2$
200	0.48	0.25	-0.001	0.12	0.45	0.37	0.03	0.92
300	1.14	0.33	-0.006	0.33	1.78	1.80	0.17	0.99
400	2.38	0.05	-0.004	0.13	3.63	3.77	0.23	0.99
500	4.02	0.06	-0.002	0.25	5.98	6.01	0.25	0.99

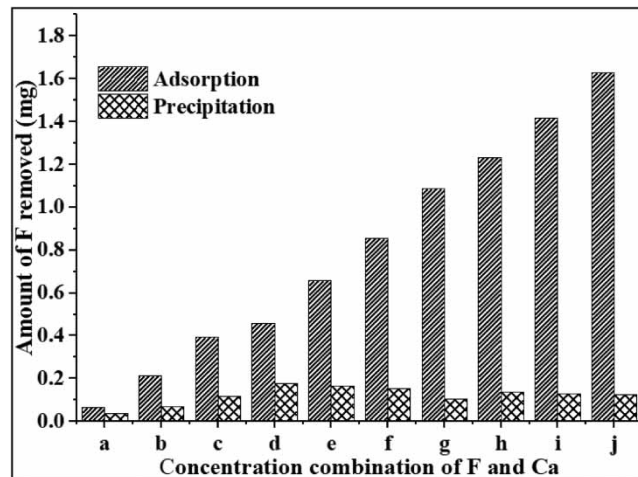
Note:  $Q_{e(Exp)}$  = experimental  $Q_e$  derived using the mass balance equation (Equation (1));  $Q_{e(Cal)}$  = calculated  $Q_e$  derived using the pseudo-second-order model.

### Multi-solute batch-studies

The possible fluoride removal mechanisms in multi-solute batch-studies were identified as chemical precipitation as  $\text{CaF}_2$  and adsorption by FeONs. For calcium removal they were identified as co-precipitation with oxide and hydroxide functional groups of FeONs, chemical precipitation as  $\text{CaF}_2$  and adsorption by FeONs. Different physicochemical conditions in the mixture governed these mechanisms, so the potential for adsorption, co-precipitation and chemical precipitation was determined separately for different fluoride and calcium combinations.

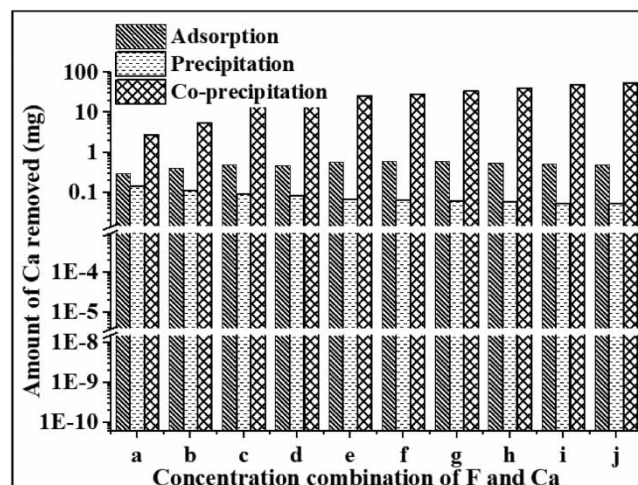
### Adsorption of fluoride and calcium by FeONs

The monolayer adsorption capacity of FeONs for fluoride and calcium removal was determined using constant 1.25 g-FeON/L dosage with different concentration combinations of fluoride and calcium (Figure 8). The fluoride and calcium concentrations were varied between 1.12 and 19.3 mg-F/L, and 136 and 980 mg-Ca/L, respectively. The monolayer adsorption capacity of fluoride for the



**Figure 8** | Total fluoride removed by chemical precipitation and adsorption for different combinations of F and Ca. *Note:* For each combination in multi-solute batch-studies, the amounts of F and Ca (both as mg) used with solution volume 100 mL were (a) 0.11, 13.60 (b) 0.31, 22.00 (c) 0.56, 33.60 (d) 0.71, 40.40 (e) 0.91, 57.60 (f) 1.13, 66.00 (g) 1.32, 74.80 (h) 1.52, 83.20 (i) 1.71, 92.80, and (j) 1.93, 98.00.

corresponding combinations of fluoride and calcium, was between 0.07 and 1.63 mg for a 100 mL solution. For calcium it was between 0.29 and 0.49 mg (Figure 9). The results showed that for the combination containing 1.12 mg-F/L and 136 mg-Ca/L, total fluoride removal by FeONs occurred only through monolayer adsorption, with limited  $\text{CaF}_2$  precipitation due to the low fluoride concentration. For other fluoride and calcium combinations, total fluoride removal was attributed to the formation of  $\text{CaF}_2$  through chemical precipitation apart from some monolayer adsorption through chemisorption.



**Figure 9** | Total calcium removed by co-precipitation, chemical precipitation and adsorption for different F and Ca combinations. *Note:* For each combination in multi-solute batch-studies, the amounts of F and Ca (both as mg) used with solution volume 100 mL were (a) 0.11, 13.60 (b) 0.31, 22.00 (c) 0.56, 33.60 (d) 0.71, 40.40 (e) 0.91, 57.60 (f) 1.13, 66.00 (g) 1.32, 74.80 (h) 1.52, 83.20 (i) 1.71, 92.80, and (j) 1.93, 98.00.

### Chemical precipitation of $\text{CaF}_2$

Calcium and fluoride tend to form insoluble  $\text{CaF}_2$  ( $K_{sp} = 3.45 \times 10^{-11}$ ) via a stoichiometric reaction in the pH range 4.17 to 10 (Nasr *et al.* 2014). The solubility of  $\text{CaF}_2$  is independent of pH above 4.17 but increases significantly at lower pH levels.

Measurement of residual fluoride concentration temporal variations showed that much of the  $\text{CaF}_2$  formed within an hour of mixing provided that the residual fluoride and calcium concentrations exceeded supersaturation levels. Similar observations were made by Nasr *et al.* (2014). Fluoride removal by chemical precipitation was in the range 0.04 to 0.13 mg for 100 mL of solution with increasing F and Ca levels (Figure 8). Therefore, total fluoride removal due to adsorption and chemical precipitation was determined as between 0.11 and 1.76 mg from corresponding initial fluoride concentrations of between 0.11 and 1.93 mg. The calcium content removed by chemical precipitation and co-precipitation was between 0.14 and 0.05 mg, and 2.76 and 55.46 mg, respectively, when F and Ca concentrations increased (Figure 9). Total calcium removal due to adsorption, chemical precipitation and co-precipitation was, therefore, in the range 3.20 to 56.00 mg, with initial calcium amounts between 13.60 and 98.00 mg. The difference between adsorption and co-precipitation depends mainly on the geometry of the adsorbate surface (Corey 1981), where co-precipitation is considered a 3-dimensional process leading to higher removal capacity than adsorption alone. The formation of mixed metal hydroxides, which is leading to enhanced metal ion removal at high orders of magnitude has been attributed to co-precipitation over adsorption (Crawford *et al.* 1993).

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## CONCLUSIONS AND RECOMMENDATIONS

Fluoride and calcium removal by FeONs in single-solute batch-studies was ascribed only to adsorption, and calcium co-precipitation was not observed. Adsorption studies suggested that both fluoride and calcium follow the Langmuir isotherm model and pseudo-second-order kinetics, indicating monolayer adsorption and chemisorption, respectively. The maximum monolayer adsorption capacities of FeONs were 28.98 and 1.13 mg/g for fluoride and calcium, respectively. In multi-solute batch-studies, fluoride removal was attributed to both adsorption and chemical precipitation as  $\text{CaF}_2$  in almost similar magnitudes. For calcium removal in multi-solute batch-studies, co-precipitation, precipitation, and adsorption were the removal mechanisms, with co-precipitation the predominant contributor.

The study confirmed that FeONs are effective in removing fluoride by adsorption, in the absence or presence of calcium. Irrespective of the calcium concentration in raw water, the use of FeONs is worthwhile to lessen the combined effect of fluoride and calcium on CKDu.

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## CONFLICT OF INTEREST

No potential conflicts of interest were reported by the authors.

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