Improved adsorption of Congo red by nanostructured flower-like Fe(II)–Fe(III) hydroxy complex

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ABSTRACT

Amorphous Fe(II)–Fe(III) hydroxy complex with flower-like nanostructure was synthesized by ferric reduction using a microwave-assisted ethylene glycol approach. Here we investigated the correlation between its chemical composition and the removal rate for Congo red (CR) dye. The results showed that the amorphous complex had similar reduction and anion exchange capacities to the green rust. Due to the synergistic effect of attractive electrostatic interaction, anion exchange, ferrous redox and hydrogen bonding, the Fe(II)–Fe(III) hydroxy complex exhibited strong adsorption of CR with an estimated adsorption capacity up to 513 mg g⁻¹. In contrast, the Fe(III) hydroxy complex had an adsorption capacity of 296 mg g⁻¹ because of the predominant mechanism based on the electrostatic interaction. The present study provides a facile synthesis of nanostructured iron hydroxy complex, with superior performance in adsorbing CR.

Key words | adsorption, Congo red, Fe(II)–Fe(III) hydroxy complex, flower-like structure, microwave-assisted synthesis

INTRODUCTION

Owing to the huge damage of water pollution, increasing attention has been paid to water treatment in the past few decades. Azo dyes are extensively used in industrial coloring for plastics, fiber, paints, rubber and feathers. If industrial effluents with highazo dye contents were discharged into water bodies, it would cause ecological damage problems derived from their hazardous effects on living beings. Therefore, it is very meaningful to research the removal of organic azo dye from wastewater (Ahmad & Kumar 2010; Hao et al. 2014).

Iron-containing nanomaterials have received favor in water treatment due to their simplicity, high efficiency, and availability (Kharisov et al. 2012). Because of the charge redistribution ability (Wander et al. 2007) of reactive ferrous compounds and large surface area, the structural ferrous hydroxy complexes, such as green rusts (Hanna et al. 2010; Lu et al. 2016; Huang et al. 2017; Yin et al. 2017) and ferrous hydroxide complex (Shao et al. 2016; Roberts et al. 2017; Zhang et al. 2017), have higher reactivity in adsorption of heavy metals and removal of organic and inorganic pollutants. In most cases, the Fe₂O₄ (Cho et al. 2007; Jung et al. 2012) Fe₂O₃ (Wang et al. 2011; Fei et al. 2013) and γ-FeOOH with good magnetic response were prepared by thermal treatment of the green or red precursor (Zhong et al. 2006). The precursor was usually described as iron alkoxide (Jung et al. 2012), Fe(OH)₂ or Fe(II)–Fe(III) hydroxide mixture. Although the calcined products can maintain original morphology, the surface properties and dispersion behavior in liquid phase will inevitably change. To the best of the authors’ knowledge, there are few reports on the detailed analysis of the amorphous green precursor and its application in azo dye decolorization in aqueous solution. Hence, the rich ferrous precursor should be fully investigated.

Glycol method is a facile method to prepare ferrous-containing nanomaterials. It was reported that the reduction by ethylene glycol could maintain the iron ions in reduced Fe(II) form (Wiley et al. 2005). Herein, we prepared a type of nanostructured 3D flower-like Fe(II)–Fe(III) hydroxy complex by combining the glycol method (Cheng et al. 2011) and rapid microwave processing (Harpeness & Gedanken 2005; Zhang & Zhu 2008; Ai et al. 2010). Congo red (CR), an azo dye commonly used for staining in histology and microscopy, was selected as a model organic pollutant. The Fe(II)–Fe(III) hydroxy complex and its oxidized
products, Fe(III) hydroxide, were used to remove CR from aqueous. The effect of structural ferrous on the CR decolorization was investigated. Meanwhile, the underlying mechanism for the adsorption of CR by Fe(II)–Fe(III) hydroxy complex was analyzed in detail.

**METHODS**

**Materials**

Iron acetylacetonate (Fe(acac)_3, 98%) was purchased from Aladdin. Ethylene glycol (EG, 99%) was purchased from Sigma-Aldrich. All other chemicals were at least reagent grade and were used as received. All solutions were prepared in deionized water.

**Synthesis of adsorbents**

Fe(II)–Fe(III) hydroxy complex was synthesized through a polyolthermal procedure based on thermal decomposition of the precursors of Fe(acac)_3 in liquid polyol. For a typical synthesis, 0.354 g Fe(acac)_3 was added to 12.5 mL EG in a 60 mL Teflon reactor. With bubbled nitrogen, the mixture was stirred to give a wine-red solution. The reactor with the solution was placed in a microwave oven (WX-4000, Preekem, China) and the microwave reaction was heated to 180 °C with a heating rate of 10 °C min^{-1} and kept for 3 min. Solid green products were washed with absolute ethanol five times and separated by centrifugation. The green Fe(II)–Fe(III) hydroxy complex was dispersed in water without gas protection and stirred for 4 hours and 24 hours, respectively. Then, the red flocculation was centrifugally separated from the solution and dried in a vacuum at 60 °C overnight. The final 4 h- and 24 h-oxidized red products were generated.

**Structure characterizations**

All powder X-ray diffraction (XRD) measurements were performed with a Rigaku Ultima IV diffractometer using Cu-Kα radiation. The microstructure of as-synthesized samples was analyzed by scanning electron microscopy (SEM, NOVA NANOSEM 430) and transmission electron microscopy (TEM, JEOL-2100F). X-ray photoelectron spectroscopy (XPS) was carried on using an Axis Ultra DLD. The adsorption spectrum of the filtrate was measured on a Gold S54 UV-vis spectrophotometer. The zeta potential of the selected sample was tested by a NANO-2S 90 (Malvern).

**Adsorption of CR**

The adsorption activities of the as-prepared nanostructures were evaluated by the adsorption of CR under dark conditions. The adsorbent (20 mg) with a concentration of 200 mg L^{-1} was introduced to 100 mg L^{-1} CR solution under stirring. At given stirring intervals, the reaction suspension was sampled and separated by centrifugation. The removal rate (%) was calculated by the following Equation (1),

\[ \text{Removal rate} = \frac{100(C_0 - C_t)}{C_0} \]  \hspace{1cm} (1)

where \( C_0 \) and \( C_t \) (mg L^{-1}) are the initial concentration of the CR solution and concentration at time \( t \) (min).

To estimate the adsorption capacity, 20 mg of the green Fe(II)–Fe(III) hydroxy complex and 24 h-oxidized red products were added to 100 mL of the CR solutions, varied in the range of 50–500 mg L^{-1}, and the solutions were stirred for 12 hours to reach the adsorption equilibrium. The equilibrium adsorption capacity \( (q_e) \) was calculated using Equation (2). Then the equilibrium adsorption data were fitted with Langmuir (Equation (3)) and Freundlich models (Equation (4)), respectively (Zhao et al. 2017)

\[ q_e = \frac{(C_0 - C_e)V}{m} \]  \hspace{1cm} (2)

\[ q_e = \frac{q_m K_L C_e}{1 + K_L C_e} \]  \hspace{1cm} (3)

\[ q_e = K_F C_e^{1/n} \]  \hspace{1cm} (4)

where \( C_e \) (mg L^{-1}) is the equilibrium concentration of the CR solution, \( q_m \) (mg g^{-1}) is the theoretical maximum adsorption capacity, \( V \) (L) is the volume of the solution, and \( m \) (g) is the mass of the adsorbent. \( K_L \) (L mg^{-1}) is the Langmuir constant related to the affinity of binding sites and \( K_F \) (mg g^{-1}) and \( n \) are the Freundlich constant relating to the adsorption intensity of the adsorbents, respectively.

For the recycling experiments, 20 mg of the adsorbents was added to 100 mL of the CR solution (100 mg L^{-1}). Each adsorption period was 4 hours. After each adsorption experiment, the adsorbent was collected and washed thoroughly with 0.5 mM NaOH solution and absolute ethanol several times and then dried in a vacuum at 60 °C overnight for reuse.
RESULTS AND DISCUSSION

Structure and morphology

A simple, rapid microwave-assisted polyol route was used for the synthesis of amorphous Fe(II)–Fe(III) hydroxy complex. The main advantages of the microwave-assisted synthesis are the accelerated reduction rate and the highly homogeneous size distribution of the produced nanoparticles. Figure 1 shows the SEM and TEM images of the green product obtained from microwave reactions. Flower-like architectures, denoted as Fe(II)–Fe(III) hydroxy complex, were observed with an average diameter of 1.5–3 μm. The TEM observations (Figure 1(c) and 1(d)) on a single structure reveal the building blocks of ultrathin nanosheets with smooth surfaces and the thickness less than 12 nm. Thus the green product is expected to exhibit a high specific surface area and a large adsorption capacity. With the help of microwave irradiation, the Fe(II)–Fe(III) hydroxy complex could nucleate quickly from the solvent, leading to plentiful nanocrystals aggregated and then assembled into the flower-like nanostructures, which can greatly reduce the interfacial energy of these small nanocrystals. In addition, it was found in the experiments that the morphology of the 3D hierarchical structure had no significant change after 24-hour oxidation in the deionized water.

The XRD patterns of the green and red products oxidized for 24 h are shown in Figure 2. Broad diffraction peaks of low intensity observed in the green product suggest the incomplete crystallization, while the reflections in the XRD pattern of the 24 h-oxidized sample could be assigned to γ-FeOOH (JCPDS file 08-0098). Surface analysis of the green Fe(II)–Fe(III) hydroxy complex and 24 h-oxidized red products were carried out using XPS (Figure 3). The binding energy for the C 1s peak (284.6 eV) was used as an internal reference. Figure 3(a) displays the fully scanned XPS spectra of the products, which indicates the existence of Fe, O and C elements. Figure 3(b) shows the XPS of Fe 2p spectra of the samples. The satellite peak at 719.7 eV highlights the difference between the green and the 24 h-oxidized red products. The photoelectron peaks at binding energies of 711.3 and 724.6 eV are the characteristic doublet of Fe 2p3/2 and 2p1/2 spectra for iron (hydro) oxide, respectively. The main peak at around 711.3 eV for the 24 h-oxidized red product is confirmed to be Fe$^{3+}$ state as the distinct characteristic satellite peak at around 8.4 eV above the principal peak (McIntyre & Zetaruk 1977; Han et al. 2011). The apparent lack of any satellite structure for the green product, in fact, results from a superposition of Fe$^{2+}$ and Fe$^{3+}$ associated satellite intensity at 715.7 and 719.7 eV. These results indicate that the green product contains both Fe$^{2+}$ and Fe$^{3+}$ on the surface. High-resolution XPS spectra of C1s were deconvoluted into three individual peaks: graphitic carbon (284.6 eV), COH (285.6–285.7 eV), and COOH (288.7 eV) (Zhao et al. 2015). After oxidation, the intensity of the peak at 285.6 eV decreased (Figure 3(c)). Figure 3(d) shows the O 1s spectra of the samples. After the samples were oxidized in water for 24 hours, the shoulder at 529.7 eV became an evident peak in the O 1s band. According to previous reports (Seefeld et al. 2015), the peak at

![Figure 1](attachment:image1.png) (a) SEM and (b)–(d) TEM images of green Fe(II)–Fe(III) hydroxy complex.

![Figure 2](attachment:image2.png) XRD patterns of green Fe(II)–Fe(III) hydroxy complex and 24 h-oxidized product.
529.70 eV corresponds to a typical metal-oxygen bond, and the peak at 531.08 eV is usually associated with oxygen in -OH groups. The hydroxy may distribute inside and on the surface of the flower-like structure, and in agreement with the observation of FeOOH in XRD patterns. According to these results, the oxidation in water leads to a chemical change. Most of the divalent irons were oxidized to the trivalent state after exposure in water for 24 hours. Meanwhile, the content of hydroxy group decreased from 53% to 41.6% in view of the peaks at 531.08 eV. Based on the peaks fitting in C 1s and O 1s spectra, the reduced hydroxy species should be mainly alcoholic hydroxyl group (C-OH). Coexistence of Fe(II) and Fe(III) in such an amorphous iron species could possibly represent the green rust with intercalated alcoholic anions.

**CR adsorption**

The adsorption activities of Fe(II)–Fe(III) hydroxy complex and 4 h-oxidized product were demonstrated using CR. It is observed that the absorption spectrum (Figure 4) of CR in water is characterized by one maximum band in the visible region located at 500 nm and by two bands in the ultraviolet region located at 238 and 340 nm. The maximum at 500 nm results from the conjugate system of -N=N- and naphthalene ring (Florenza et al. 2014). The absorbance peaks at 238 and 340 nm are due to the benzene and naphthalene rings, respectively (Wu et al. 2000; Stylidi et al. 2003). When the Fe(II)–Fe(III) hydroxy complex was used as the sorbents, the absorbency of naphthalene and azo group at 340 and 500 nm decreased faster than that of the benzene ring at 238 nm, suggestive of free aromatic aniline generated during the surface adsorption. This may result from the surface reduction of structural ferrous. The ferrous, which leads to the rapidly increased adsorption capacity, was oxidized to ferric by the deionized water. Figure 5 shows the adsorption rate curves of CR using Fe(II)–Fe(III) hydroxy complex and the products oxidized for 4 h and 24 h, respectively. According to Figure 5, the equilibrium time for the adsorption of CR by Fe(II)–Fe(III) mixture decreases with
the increased oxidation time in the range of 120–500 min. The increased equilibrium time indicates that CR on green Fe(II)–Fe(III) mixture is adsorbed by chemical activation or chemisorption. The removal rate of CR by the green Fe(II)–Fe(III) hydroxy complex in 4 hours is 91%, almost twice as much as that by red oxidized Fe(III) hydroxide (50%).

To understand the relationship between the adsorbent and the adsorbate at equilibrium and to estimate the maximum adsorption capacity of Fe(II)–Fe(III) hydroxy complex and 24 h-oxidized product, the effect of the CR concentration on adsorption was analyzed. The Freundlich model fails to produce a satisfied fit on the experimental data, whereas the Langmuir equation shows a very good agreement with experimental data, as indicated by the correlation coefficient $R^2 > 0.99$ (Figure 6). Therefore, CR sorption should occur through a monolayer adsorption on the heterogeneous surface of adsorbents. Calculated maximum sorption capacities were 513 mg g$^{-1}$ and 296 mg g$^{-1}$ for Fe(II)–Fe(III) hydroxy complex and 24 h-oxidized products, respectively. These values are higher than those of many previously reported adsorbents under optimum conditions, such as hollow nestlike $\alpha$-Fe$_2$O$_3$ nanostructures (Wei et al. 2013), and nanocrystalline Fe$_3$O$_4$ xerogel (Gao et al. 2016), suggestive of the potential applications of these hierarchically assembled 3D nanostructures in water treatment.

Zeta potentials and Fourier transform infrared (FTIR) tests were also employed to inspect the adsorption mechanism. Zeta potentials (as shown in Figure 7) of the green Fe(II)–Fe(III) hydroxy complex and the 24 h-oxidized red product were +31.3 and +20.4 mV, respectively. The positively charged surface is generally induced by the protonation of the surface hydroxyl groups. The decrease of zeta...
potentials results from the decreased content of the alcoholic hydroxyl analyzed by XPS. Zeta potential measurements show that the overall red rust surface is positively charged and the anionic group $\text{SO}_3^-$ of CR may develop attractive electrostatic interactions with Fe-OH$_2^+$. The accentuated adsorption of CR in aqueous solutions in the beginning suggests that the electrostatic factors control the adsorption process (Bao et al. 2013). Although the Fe (II)–Fe(III) hydroxy complex is more positively charged than its oxidized products, the decolorization rate in the beginning (ca. 5 minutes) is increased with oxidization time. The anomaly indicates more than one adsorption mechanism existed in the process. We propose anion exchange between Fe(II)–Fe(III) hydroxy complex and CR. From the adsorption behavior, the adsorption mechanism should be a synergistic effect of the surface reduction (Kong et al. 2014), hydrogen bonding (Ai et al. 2010; Liu et al. 2014), anion exchange and electrostatic interactions. The underlying mechanism will be discussed later in detail.

Recyclability is also one of the most important issues for the practical applications of adsorbents. Herein, we found that, with inactive surface, the Fe(III) hydroxide complex can be easily separated by natural sedimentation. Zeta potential determination shows that pH value of zero charge ($\text{pHz}$) for the 24 h-oxidized product is 8.5. Above $\text{pHz}$, the whole surface of adsorbents’ surface disappears. Addition of NaOH is a simple and effective way for desorption. The main mechanism of desorption is the inversion of surface charge to weak attractive electrostatic. Meanwhile the $\text{OH}^-$ ions can displace organic anion species in adsorbent. Figure 8 shows the statistical removal rate of CR (100 mL, 100 mg L$^{-1}$) by the green Fe(II)–Fe(III) hydroxy complex (20 mg) after successive recycle numbers. The total removal amount of CR decreases with recycle number. To emphasize the change of adsorbents, the removal amount was divided into two parts, fast removal in the beginning (ca. 5 minutes) and slow removal after 5 minutes. The statistical figure shows that the second-step removal amount decreases gradually instead of disappearing directly. The coexistence of ferrous and alcoholic hydroxyl species can increase the maximum adsorption capacity and slow the adsorption rate of CR dye. This increase may result from three effects related to Fe(II)–Fe(III) reactivity, i.e., the reduction of $-\text{N}=\text{N}$- group to amine and the complexation with CR or by-product by Fe-OH···NC$_6$H$_5$ hydrogen bonding (Wang & Wang 2008). Meanwhile, the oxidation of ferrous to ferric leads to the formation of hydroxyl groups, which also slows down the adsorption rate.

Figure 9 presents the FTIR spectra of 24 h-oxidized products before adsorption, after adsorption and after desorption of CR. The bands at 1,019, 743 and 553 cm$^{-1}$ are characteristic peaks of $\gamma$-FeOOH. Two absorption bands at $\sim$3,440 and $\sim$1,640 cm$^{-1}$ are attributed to the physically adsorbed H$_2$O molecules (Lei et al. 2018). After CR adsorption, the observed wide peak at 3,440 cm$^{-1}$ resulted from overlapped stretching vibration of N–H on CR (Ahmad & Kumar 2010). Meanwhile, the peak at 1,640 cm$^{-1}$ undertaken a reversible shift to 1,628 cm$^{-1}$ after adsorption, suggestive of the hydrogen bond involved in the adsorption process (Wang & Wang 2008). The bands in the 1,225–1,044 cm$^{-1}$ regions, owing to S=O stretching, also disappear after desorption. Furthermore,

![Figure 7](https://iwaponline.com/wst/article-pdf/78/3/506/482086/wst078030506.pdf)  
**Figure 7** | Zeta potential variations (a) with time for the green Fe(II)–Fe(III) hydroxy complex and (b) with pH value for the 24 h-oxidized product.

![Figure 8](https://iwaponline.com/wst/article-pdf/78/3/506/482086/wst078030506.pdf)  
**Figure 8** | The final removal rate of CR treated by the as-prepared Fe(II)–Fe(III) hydroxy complex (20 mg) versus cycle numbers.
the peaks at 1,087 and 1,046 cm$^{-1}$ assigned to EG diminish after adsorption and disappear after the complete desorption using NaOH solution. This indicates that the metastable alcohol ligand is sensitive to anion. Attacked by OH$^-$, the Fe(II)–Fe(III) hydroxy complex can be converted to FeOOH by losing organic anion species. These results implied that the adsorption of CR onto Fe(II)–Fe(III) hydroxy complex was governed by chemical activation or chemisorption (Wang & Wang 2008; Lei et al. 2018).

The results indicate that the constituents of ferrous and alcohol hydroxy species determine the adsorption rate. From the view of adsorption ability, ferrous and alcohol hydroxy species favor the electrostatic attraction, which is mainly responsible for the decolorization in the beginning (ca. 5 minutes). It is also noted that electrostatic adsorption takes priority over anion exchange and hydrogen bonding in the case of excess adsorbent. The enhanced decolorization of CR by Fe(II)–Fe(III) hydroxy complex should be more durable under anoxic conditions and the structural Fe(III) may be reduced to Fe(II) by hydroxylamine reduction (Han et al. 2013) or electrochemical reduction (Soltermann et al. 2014), which is under investigation. The excellent ferrous redox, anion exchange and electrostatic attraction of Fe(II)–Fe(III) hydroxy complex found in the present work would endow the possibility of their practical applications.

**CONCLUSIONS**

In this work, the flower-like Fe(II)–Fe(III) hydroxy complex was prepared by a low temperature glycol process with microwave assistance. The flower-like Fe(II)–Fe(III) hydroxy complex can be oxidized *in situ* to Fe(III) hydroxy complex in aqueous solution. The self-assembled flower-like structure is stable and suitable for solid–liquid separation. The Fe(II)–Fe(III) hydroxy complex has a high maximum adsorption capacity of 513 mg g$^{-1}$, while the adsorption capacity of the Fe(III) hydroxy complex is 296 mg g$^{-1}$. Oxygen-containing functional groups on Fe(II)–Fe(III) hydroxy complex play an important role for the CR adsorption. The superior adsorption performance of flower-like Fe(II)–Fe(III) hydroxy complex results from the synergistic action of attractive electrostatic, anion exchange, ferrous redox and hydrogen bonding. The enhanced decolorization of CR can be obtained by the Fe(II)–Fe(III) hydroxy complex until it is gradually converted to stable Fe(III) hydroxide. In addition, the flower-like Fe(II)–Fe(III) hydroxy complex is also expected to show high reactivity in pollutant reduction and as a potential Fenton catalyst.

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