Rod Outer Segment Retinol Formation Is Independent of Abca4, Arrestin, Rhodopsin Kinase, and Rhodopsin Palmitylation

Lorie R. Blakeley, Chunhe Chen, Ching-Kang Chen, Jeannie Chen, Rosalie K. Crouch, Gabriel H. Travis, and Yiannis Koutalos

PURPOSE. The reactive aldehyde all-trans retinal is released in rod photoreceptor outer segments by photoactivated rhodopsin and is eliminated through reduction to all-trans retinol. This study was undertaken to determine whether all-trans retinol formation depends on Abca4, arrestin, rhodopsin kinase, and the palmitylation of rhodopsin, all of which are factors that affect the release and sequestration of all-trans retinal.

METHODS. Experiments were performed in isolated retinas and single living rods derived from 129/sv wild-type mice and Abca4-, arrestin-, and rhodopsin kinase–deficient mice and in genetically modified mice containing unpalmitylated rhodopsin. Formation of all-trans retinol was measured by imaging its fluorescence and by HPLC of retina extracts. The release of all-trans retinal from photoactivated rhodopsin was measured in purified rod outer segment membranes according to the increase in tryptophan fluorescence. All experiments were performed at 37°C.

RESULTS. The kinetics of all-trans retinol formation in the different types of genetically modified mice are in reasonable agreement with those in wild-type animals. The kinetics of all-trans retinol formation in 129/sv mice are similar to those in C57BL/6, although the latter are known to regenerate rhodopsin much more slowly. The release of all-trans retinal from rhodopsin in purified membranes is significantly faster than the formation of all-trans retinol in intact cells and is independent of the presence of the palmitate groups.

CONCLUSIONS. The regeneration of rhodopsin and the recycling of its chromophore are not strongly coupled. Neither the activities of Abca4, rhodopsin kinase, and arrestin, nor the palmitylation of rhodopsin affects the formation of all-trans retinol. (Invest Ophthalmol Vis Sci. 2011;52:3483–3491) DOI: 10.1167/iovs.10-6694

Rhodopsin, the primary light detector of vertebrate rod photoreceptor cells, is composed of a chromophore, 11-cis retinal, which is covalently bound to the apoprotein opsin.1,2 Photon absorption isomerizes the chromophore to all-trans, leading to the generation of an active intermediate, metarhodopsin II, that initiates a cascade of reactions culminating in a change in membrane potential and hence the conversion of light to an electrical signal.3,4 The cell recovery from light stimulation includes the deactivation of metarhodopsin II and of the other intermediates of the reaction cascade; metarhodopsin II is deactivated through its phosphorylation by rhodopsin kinase followed by the binding of arrestin. Necessary for recovery is also the regeneration of rhodopsin that was destroyed by the photoisomerization of its chromophore moiety. The regeneration is achieved through the removal of the all-trans chromophore and the binding of opsin with fresh 11-cis retinal, which is accomplished through a series of reactions called the visual cycle.5,6

The removal of the all-trans chromophore encompasses several steps, beginning with the hydrolysis of the Schiff base bond linking it to opsin, followed by its release from photoactivated rhodopsin as all-trans retinal. The all-trans retinal is subsequently reduced to all-trans retinol by retinol dehydrogenase,8,9 and transferred from the rod outer segment to the adjacent retinal pigment epithelial cells by interphotoreceptor retinoid binding protein (IRBP),10,11 which is a photosensitive pigment.14,15 Because all-trans retinal is toxic and is also the substrate for the visual cycle, its processing in the rod outer segment has attracted considerable experimental attention. It has been shown that the binding of arrestin to photoactivated phosphorylated rhodopsin slows down the release of all-trans retinal.16,17 After the release, all-trans retinal can remain noncovalently bound to opsin, to a site formed partly by the two palmitate groups attached to the opsin cysteines 322 and 323.18 The all-trans retinal can also be sequestered inside the discs, bound via a Schiff base to phosphatidylethanolamine, and remain inaccessible to retinol dehydrogenase. The Abca4 transporter protein, present at the rim of the discs, is proposed to transport the phosphatidylethanolamine–all-trans retinal complex to the cytosolic side thereby making all-trans retinal available for reduction.19–21

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the proteins involved in these reactions could result in increased levels of all-trans retinal consequent to light detection, restrict the amounts of available 11-cis retinal, or both. Importantly, such defects have been linked to serious visual deficiencies: Mutations in Abca4 are responsible for Stargardt disease, a form of childhood macular degeneration, and mutations in arrestin and rhodopsin kinase lead to Oguchi disease, a form of congenital stationary night blindness.

To probe the relevance of these different factors in the clearance of all-trans retinal through its reduction to all-trans retinol, we measured the kinetics of all-trans retinal formation in the outer segments of rod photoreceptors separated from the pigment epithelium. In such a preparation, the all-trans retinol formed after exposure to light cannot be transported away and accumulates in the outer segment membranes. This process allows the examination of the steps involving all-trans retinal and results in all-trans retinal formation. We used retinas from wild-type and four types of genetically modified mice, lacking rhodopsin kinase (Rhok−/−), arrestin (Sag−/−), the Abca4 transporter (Abca4−/−), or the palmate groups of rhodopsin (Palm−/−). That is, they have biochemical defects that can influence either the release of all-trans retinal from photoactivated rhodopsin or its access to retinol dehydrogenase. We measured the formation of all-trans retinal by quantitative HPLC of retinoid extracts and from its fluorescence. For comparison, we separately measured the release of all-trans retinal from photoactivated rhodopsin in purified rod outer segment membranes. We found no substantial differences in the kinetics and levels of all-trans retinol formation between wild-type and the four types of genetically modified mice. The formation of all-trans retinol, however, is much slower than the release of all-trans retinal. It should be emphasized that the conclusions in this article are based solely on the data obtained from isolated retina and cell preparations and not from an intact eye.

In the rest of the text, retinal and retinol refer to the all-trans isomers.

METHODS

Wild-type mice (129/sv) were from Harlan Laboratories (Indianapolis, IN). Genetically modified mice were from established colonies at the Medical University of South Carolina. Rhok−/− mice lack rhodopsin kinase, Sag−/− lack arrestin, and Abca4−/− the Abca4 transporter, and Palm−/− express a mutant rhodopsin that lacks the palmate groups. All animal procedures were performed in accordance with protocols approved by the Institutional Animal Care and Use Committee of the Medical University of South Carolina; the authors adhered to the ARVO Statement for the Use of Animals in Ophthalmic and Vision Research. The animals were kept in a cyclic 12:12-h light cycle (0600–1800 hours). For experiments, we used 2- to 3-month-old animals that were dark-adapted overnight and killed under dim red light. The retinas were excised under either dim red or infrared light in mammalian Ringer’s (in mM: 130 NaCl, 5 KCl, 0.5 MgCl2, 2 CaCl2, 25 hemisodium-HEPES, 5 glucose [pH 7.40]). All reagents were of analytical grade.

HPLC measurements of retinoid extracts were conducted according to previously published procedures. Briefly, isolated retinas were incubated at 37ºC in bicarbonate Ringer’s (in mM: 94 NaCl, 5 KCl, 0.5 MgCl2, 2 CaCl2, 25 hemisodium-HEPES, 5 NaHCO3, 5 glucose [pH 7.40]) gassed with 95% O2 and 5% CO2 (at 1 atm). Retinoids were extracted at different times after the retina was bleached with long-wavelength light (1 minute; >530 nm from a 150-W halogen lamp illuminator). Chromatography was performed with a commercial system (Waters Corp., Milford, MA) with a 250 × 4.6-mm, 5-µm column (LiChrospher Silica-60; Alltech Associates, Inc., Deerfield, IL) and a mobile phase made of hexanes (HPLC grade), ethyl acetate, dioxane, and octanol (85:4:1:2:2:0:1:4). The relative amount of a retinoid in the sample was calculated from the area under its peak and its extinction coefficient, and the fraction of all-trans retinol was calculated from the relative amounts. In this way, measurement of the kinetics of retinol formation is not affected by the different number of rod outer segments present in individual preparations. One retina was used for each experimental determination and at least three determinations per time point.

Retinol fluorescence measurements were performed with retina slices and isolated rod photoreceptor cells, as described previously. Briefly, fluorescence imaging experiments were performed on the stage of an inverted microscope (Axiovert 100; Carl Zeiss Meditec, Thornwood, NY), using 360 nm excitation and >420 nm emission. For slices, the objective was a water-immersion lens (40× Plan Achromat, NA = 0.8; Carl Zeiss Meditec), and for isolated cells an oil-immersion lens (40× Plan Neofluar, NA = 1.3; Carl Zeiss Meditec). The experiments were performed at 37ºC, and to maintain the higher temperature, the microscope stage and the oil-immersion objective were heated (Warner Instruments, Hamden, CT). Fluorescence images were acquired at different times after bleaching a slice or an isolated cell with long-wavelength light (1 minute; >530 nm from a 150-W halogen lamp illuminator). Fluorescence intensity was measured over defined regions of interest (ROIs) in the outer segments and background. In experiments with slices, after correction for background, the fluorescence intensities were divided by the initial value before bleaching. In experiments with isolated cells, after correction for background, the initial value before bleaching was subtracted from all subsequent values to obtain the fluorescence due to retinol; retinol fluorescence was then converted to retinol concentration (in millimolar) through a calibration procedure using hexane/chloroform droplets containing a known concentration of all-trans retinol.

Rod outer segment membranes were purified from isolated wild-type and Palm−/− retinas as described elsewhere. The final pellet was washed twice and finally suspended in a buffer containing (in mM) 100 KCl, 1 MgCl2, 1 CaCl2, 10 HEPES (pH 7.30) and used for the experiments. In one experimental approach, membranes were suspended at a rhodopsin concentration of 0.5 μM, and the kinetics of all-trans retinal release from bleached rhodopsin were determined from the increase in Trp fluorescence. Trp fluorescence measurements were performed in a spectrofluorometer (Oliis; Quantum Northwest, Inc., Liberty Lake, WA) with 295 nm excitation and collecting emission from 310 to 350 nm. The maximum amplitude of the Trp fluorescence trace was normalized to 1.0. In another approach, the kinetics of all-trans retinal release from bleached rhodopsin were measured from the amounts of regenerated rhodopsin after addition of a 5- to 10-fold excess of 11-cis retinal. For all-trans retinal release measurements, rhodopsin was bleached in exactly the same way as for all-trans retinol formation measurements—that is, with 1 minute of long-wavelength light (>530 nm) from a 150-W halogen lamp illuminator. The maximum amplitude of the data, defined as the average value reached after 30 minutes, was normalized to 1.0. The experiments were performed at 37ºC.

We used previously published approaches for analyzing the data and comparing the results from different techniques and mouse types. We approximated retinol kinetics with two separate first-order processes, one for formation and one for elimination, with the rate constants f1 and f2, respectively. For the measurements with whole retinas and retina slices, there is virtually no elimination of retinol and f2 = 0. In that case, retinol accumulates in the tissue, its concentration C(t) increases with rate constant f1 and reaches a plateau rod outer segment concentration, Cp:

\[
C(t) = C_p \times (1 - e^{-f_1 t})
\]  

Because virtually all retinal had been released from the photoactivated rhodopsin (see Fig. 4) before the retinol concentration reached the plateau, retinal and retinol were at equilibrium at the plateau. This equilibrium was reached after sufficient NADPH had been generated to...
convert a large fraction of the released retinal to retinol. The HPLC of retinoid extracts from whole retinas measured the kinetics of retinol formation from the retinol fraction, ROL(retina fraction), of the total all-trans chromophore. If \( P_0 \) is the concentration of rhodopsin in the rod outer segment (\( P_0 \approx 3 \, \text{mM} \)), then the total all-trans chromophore concentration (retinal plus retinol) after bleaching is also \( P_0 \), and

\[
C(t) = \text{ROL(retina fraction)} \cdot P_0 \quad (1b)
\]

The concentration of retinol at the plateau, \( C_0 \), is given by \( C_0 = \beta \cdot P_0 \), where \( \beta \) is the fraction of retinol at long times after bleaching and at equilibrium with retinal. From equations 1a and 1b, the fraction ROL-(retina fraction) of all-trans chromophore converted to retinol at time \( t \) after bleaching is given by

\[
\text{ROL(retina fraction)} = \beta \cdot (1 - e^{-kt}) \quad (1')
\]

The fluorescence imaging of retina slices measures the kinetics of retinol formation from its fluorescence \( F(t) \), which is proportional to its rod outer segment concentration \( C(t) \). In the absence of removal, retinol accumulates, and its fluorescence reaches a plateau, \( F_{\text{max}} \), corresponding to the concentration \( C_0 \).

\[
F(t) = F_{\text{max}} \cdot (1 - e^{-kt}) \quad (2a)
\]

Because the fluorescence of the slice, \( \text{ROL(slice fluorescence)} \), is normalized by the basal fluorescence of the tissue before bleaching (this basal fluorescence is not due to retinol), we have

\[
\text{ROL(slice fluorescence)} = 1 + F(t) \quad (2b)
\]

and from equations 2a and 2b,

\[
\text{ROL(slice fluorescence)} = 1 + F_{\text{max}} \cdot (1 - e^{-kt}) \quad (2')
\]

In the case of isolated rod photoreceptors, the larger surface-to-volume ratio of the single cell allows for a substantial rate of retinal elimination—that is, \( f_2 > 0 \). In that case, the rod outer segment concentration of retinol \( C(t) = \text{ROL(cell)} \) is given by

\[
\text{ROL(cell)} = \frac{f_1 \cdot C_0}{f_1 - f_2} \cdot (e^{-kt} - 1) \quad (3)
\]

For \( f_2 = 0 \), equation 3 becomes equation 1a. It should be kept in mind that it is not necessarily the case that the parameters \( C_0 \) and \( f_1 \) in equation 3 have the same values as their counterparts in equation 1a. It is possible, for example, that the rate constant for retinol formation in the rod photoreceptor layer of the unbleached retinal slice; ROS, rod outer segment; (c) fluorescence imaging of retina slices. After the bleaching of rhodopsin, all-trans retinol fluorescence increased in the rod outer segment layer of a retina slice from a mouse lacking rhodopsin kinase (Rhopk\(^{-/-}\)); (a) infrared image of the photoreceptor layer of the unbleached retina slice; ROS, rod outer segments; RIS, rod inner segments; ONL, outer nuclear layer; (b-e) fluorescence (excitation, 360 nm; emission, >420 nm) images of the photoreceptor layer; (b) before bleaching; (c) immediately after; (d) 10 minutes; (e) 90 minutes after bleaching. Images (b-e) are shown at the same scale. Experiment conducted at 37°C. Bar, 20 \( \mu \text{m} \). (C) Fluorescence imaging of single isolated rod photoreceptors. All-trans retinol fluorescence increased after rhodopsin bleaching in the outer segment of an isolated rod photoreceptor from a mouse lacking the Abca4 transporter (Abca4\(^{-/-}\)); (a) infrared image of the isolated rod photoreceptor; (b-g) fluorescence (excitation, 360 nm; emission, >420 nm) images of the cell; (b) before bleaching; (c) immediately after; (d) 10 minutes; (e) 30 minutes; (f) 60 minutes; (g) 90 minutes after bleaching. Images (b-g) are shown at the same scaling. Experiment conducted at 37°C. Bar, 5 \( \mu \text{m} \).

\[
\text{RAL} = 1 - A_1 \cdot e^{-kt} - A_2 \cdot e^{-kt} \quad (4)
\]

Parameters were determined by least-squares fits (Kaleidagraph; Synergy, Reading PA). Errors for parameters were obtained from the curve fits.

**RESULTS**

We have previously measured the kinetics of retinol formation in rod photoreceptors from wild-type C57BL/6 mice.\(^9\) In the present work, our purpose was to examine the kinetics of retinol formation in the rod photoreceptors of mice with deficiencies in factors implicated in the processing of retinal. To measure the kinetics of retinol formation, we used the same three experimental preparations as for the C57BL/6 mice (Fig. 1): whole retina (Fig. 1A), retina slice (Fig. 1B), and single isolated rod photoreceptors (Fig. 1C). Figure 1A shows the chromatographic profiles of retinoids extracted from whole retinas of mice lacking arrestin (Sag\(^{-/-}\)), incubated for different times after bleaching. On light exposure, the 11-cis retinal chromophore (trace a) is isomerized to all-trans (trace b). Subsequently, all-trans retinal is converted to all-trans retinol and accumulates in the retina, and its fraction in the retinoid extract increases with time (traces c and d). From such chromatograms, we obtain the fraction of retinol as a function of time after bleaching. The kinetics of retinol formation can also be measured by imaging its fluorescence in retina slices and in isolated rod photoreceptors. Figure 1B shows the retinol fluorescence increase in the outer segment layer of a retina slice from a mouse lacking rhodopsin kinase.
is much larger than the peak value of the rod outer segment published data from C57BL/6 wild-type mice. Bleaching was performed between 0 and 7 min, appeared to be somewhat lower in the 129/sv rod cells (Table 1) for C57BL/6 and 129/sv mice (0.04±0.03 for 129/sv and 0.04±0.06 for C57BL/6). The slice model (see also Fig. 3B) is similar to that of the retinol formation kinetics in mice lacking the Abca4 transporter (Abca4−/−). From such images, we obtain the fluorescence and concentration of retinol as a function of time after bleaching. The data from these three types of experiments were fitted with equations 1, 2, and 3, and the resultant values of the parameters describing the kinetics of retinol formation are given in Table 1.

### Kinetics of Retinol Formation in 129/sv Wild-Type Mice
Initially, we characterized retinol formation in rod photoreceptors from 129/sv wild-type mice, because, along with C57BL/6, they are the background of most genetically modified animal strains. In addition, because of an amino acid difference in the Rpe65 protein of the retinal pigment epithelium, the visual cycle operates much faster in 129/sv than in C57BL/6 mice.33,34 Thus, it is important to test for possible additional differences between the strains. Figure 2 shows that the kinetics of retinol formation in the rod outer segments of 129/sv mice (circles) are similar to those of C57BL/6 (lines), with the values of the parameters determined by the fits being virtually the same (Table 1). The steady state level of the fraction of retinol, β, appeared to be somewhat lower in the 129/sv mice than in the C57BL/6 (Fig. 2A, Table 1), but this conclusion is not borne out by the similar values of the C0 parameter, which is proportional to β. In Figure 2B, the value of C0 (2.2–2.5 mM) for 129/sv and C57BL/6 rod cells (Table 1) is much larger than the peak value of the rod outer segment retinol concentration (~1.4 mM). This difference is due to the significant elimination of retinol in the isolated cell, which does not allow its concentration to reach the level of C0.

### Kinetics of Retinol Formation in Abca4-Deficient Mice
The Abca4 transporter has been proposed to facilitate the transfer of all-trans retinal from the disc lumen to the cytosolic disc surface, where it can be reduced to all-trans retinol by retinal dehydrogenase.19,55 Lack of Abca4 would be expected to limit the availability of all-trans retinal for reduction. The kinetics of retinol formation in mice lacking the Abca4 transporter (Abca4−/−) are similar to those in wild type (Fig. 3), and the values of the kinetic parameters determined by the fits are in good agreement with those in wild type (Table 1). The slice data (Fig. 3B, squares) do not appear to be described well by the wild-type curve (solid line), but this likely reflects the impact of the simplified modeling of retinol formation with a single first-order process (see the Discussion section).

### Kinetics of Retinol Formation in Arrestin- and Rhodopsin Kinase-Deficient Mice
The binding of arrestin to phosphorylated photoactivated rhodopsin slows down the release of all-trans retinal.16,17 Lack of arrestin binding, either because of arrestin deficiency or lack of rhodopsin phosphorylation would be expected to speed up the availability of all-trans retinal for reduction. The kinetics of retinol formation in mice lacking arrestin (Sag−/−) or rhodopsin kinase (Rboh−/−) are similar to those in the wild type (Figs. 4A–C). The values of the kinetic parameters determined by the fits are in good overall agreement with those in the wild type (Table 1). The deviations from the wild type in the slice data (Fig. 4B) probably reflect the impact of the simplified model (see also Fig. 3B). The retinol formation kinetics in Sag−/− retinas appear to be significantly slower than in wild type (Fig. 4A, Table 1), however, this is not borne out in the single-cell data (Fig. 4C, Table 1). Similar considerations apply for the discrepancy in the values of the C0 parameter between Sag−/− and wild-type mice (Table 1). Given the close agreement between the Sag−/− and wild-type single-cell data (Fig. 4C), it appears that the discrepancy may reflect the sensitivity of the model parameters to the specific data values. Such an interpretation is corroborated by the higher value of the steady state fraction of retinol as determined from whole retinas.

### Table 1: Values of Parameters Describing the Kinetics of all-trans Retinol Formation, as Determined by Different Methods and for Tissues from Different Types of Mice

<table>
<thead>
<tr>
<th>Mouse Type</th>
<th>Whole Retina</th>
<th>Retina Slice</th>
<th>Isolated Cell</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>f1 (min⁻¹)</td>
<td>β</td>
<td>f1 (min⁻¹)</td>
</tr>
<tr>
<td>C57BL/6</td>
<td>0.04±0.01</td>
<td>0.06±0.01</td>
<td>0.06±0.01</td>
</tr>
<tr>
<td>129/sv</td>
<td>0.04±0.01</td>
<td>0.04±0.01</td>
<td>0.04±0.01</td>
</tr>
<tr>
<td>Palm−/−</td>
<td>0.04±0.01</td>
<td>0.05±0.01</td>
<td>0.04±0.01</td>
</tr>
<tr>
<td>Abca4−/−</td>
<td>0.05±0.01</td>
<td>0.05±0.01</td>
<td>0.04±0.01</td>
</tr>
<tr>
<td>Sag−/−</td>
<td>0.02±0.003</td>
<td>0.05±0.01</td>
<td>0.05±0.01</td>
</tr>
</tbody>
</table>

Parameters: f1, rate constant for retinol formation (equations 1’, 2’, and 3); β, the fraction of the all-trans chromophore in the form of retinol at long times after bleaching and at equilibrium with retinal (equation 1’); C0, concentration of generated retinol (equations 1a, 3); Fmax, fold increase in basal rod outer segment layer fluorescence (equation 2’). ND, not determined.

### Figure 2: Similar kinetics of all-trans retinol formation after bleaching in 129/sv (C) and C57BL/6 mice (solid lines). (A) Fraction of retinol in retinas at different times after bleaching, measured with HPLC of extracted retinoids. (B) Retinol concentration in the outer segments of single isolated rod photoreceptors at different times after bleaching (n = 5 cells from 129/sv). Solid lines: the best fits for the published data from C57BL/6 wild-type mice.29 Bleaching was performed between t = −1 minute and t = 0. Error bars, SD. All experiments were conducted at 37°C.
Rhok\(^{-/-}\) mice provide us with an opportunity to compare the kinetics of retinol formation with those of retinal release from photoactivated rhodopsin. Retinal release can be readily measured in purified rod outer segment membranes, where, as in living Rhok\(^{-/-}\) cells, photoactivated rhodopsin is not phosphorylated, and there is no binding of arrestin. We measured retinal release after bleaching in purified mouse rod outer segment membranes in two ways: first, from the increase in opsin tryptophan fluorescence associated with retinal leaving the chromophore-binding pocket,\(^31\) and, second, from the retinal fluorescence in the outer segment layer of slices at different times after bleaching (\(n = 9\) slices from Abca4\(^{-/-}\) and \(n = 8\) cells from Abca4\(^{+/+}\)). Solid lines: the best fits for the published data from C57BL/6 wild-type mice.\(^{29}\) Bleaching was performed between \(t = -1\) minute and \(t = 0\). Error bars represent standard deviations. All experiments were conducted at 37°C.

**TABLE 2. Values of Parameters Describing the Kinetics of all-trans Retinal Release from Wild-Type and Unpalmitylated Rhodopsins**

<table>
<thead>
<tr>
<th>Parameter</th>
<th>Wild-type Rh regeneration</th>
<th>Wild-type Trp fluorescence</th>
<th>Unpalmitylated Trp Unfluorescence</th>
</tr>
</thead>
<tbody>
<tr>
<td>(A_1)</td>
<td>0.65 ± 0.05</td>
<td>0.51 ± 0.01</td>
<td>0.48 ± 0.01</td>
</tr>
<tr>
<td>(k_1 (\text{min}^{-1}))</td>
<td>2.7 ± 1.1</td>
<td>1.3 ± 0.1</td>
<td>3.9 ± 1.3</td>
</tr>
<tr>
<td>(k_2 (\text{min}^{-1}))</td>
<td>0.10 ± 0.02</td>
<td>0.068 ± 0.002</td>
<td>0.069 ± 0.001</td>
</tr>
</tbody>
</table>

Parameters: \(A_1\), amplitude of the rapid component of retinal release (component with rate constant \(k_1\); equation 4); \(k_1\) and \(k_2\), rate constants for retinal release (equation 4).
is the absence of its vigorous removal by IRBP. It is possible that the rate constant for retinol formation was substantially increased by its removal by IRBP, and the different types of experiments presented here provide some relevant information. In retina tissue, retinol is not being eliminated, but in the isolated cell, it leaves the cell even in the absence of IRBP (hence, the substantial decrease in fluorescence beginning after approximately 30 minutes). As the data in Table 1 show, the rate constant for retinol formation (parameter $f_{1}$) in the isolated cells (0.04–0.08 minute$^{-1}$) is higher than in whole retinas (0.02–0.05 minute$^{-1}$). As pointed out before, one contributing factor to this difference is the underestimation of the values of the retinol fraction at low retinol concentrations due to losses during extraction. Consistent with this interpretation, the $f_{1}$ values measured with fluorescence from retina slices (0.03–0.06 minute$^{-1}$) are higher than those measured with extraction from retinas (0.02–0.05 minute$^{-1}$) and slightly lower than those measured from cells. The remaining discrepancy in the $f_{1}$ values between retina slices and isolated cells may be due to experimental variability or to the elimination of retinol speeding up its formation in isolated cells. In the latter case, we would expect that in the intact eye, the presence of IRBP would speed up retinol formation compared with the isolated cells. Experiments to test such a contribution of IRBP on the rate of retinol formation are feasible, but require large amounts of purified IRBP. Such an effect of IRBP, however, may be small, in view of the good agreement between the rate constant for retinol formation of $\sim 0.06$ minute$^{-1}$ reported here and the time constant of 15 minutes for the clearance of retinol after bleaching in a previously described whole animal.$^{38}$ In addition, for frog rod photoreceptors, the rate constant for retinol formation is not affected by its removal either by 1% bovine serum albumin (see Fig. 4B in Ref. 32) or by physiological concentrations of IRBP (compare Figs. 4A and 4B in Ref. 32 taking into account the different Y-axis scales).

Apart from the same rate constant for retinol formation, different mouse strains also have the same fraction of total chromophore converted to retinol at equilibrium, $\beta \approx 0.8$, as measured from whole retinas. Since the mouse rod outer segment rhodopsin concentration is $P_{0} \approx 3$ mM,$^{39}$ this fraction corresponds to a retinol concentration at equilibrium of $C_{0} \approx 2.4$ mM, in good agreement with the determinations from isolated rods (Table 1). Because the fraction of retinol at equilibrium depends on the reduced fraction of NADPH, the result suggests that the reducing environment of the rods is the same in the different strains, and the lack of enzymes has not interfered with redox balance. The reduced fraction of NADPH corresponding to a retinol fraction of 0.8 is $\sim 0.2^{32}$ in good agreement with histochemical measurements.$^{40}$
Retinol Formation Is Unaffected by the Sequestration of Retinal

The rhodopsin palmitate groups are one factor that can affect the availability of all-trans retinal for reduction after its release from photoactivated rhodopsin. The palmitate groups form part of a retinoid binding site, to which retinal could bind after its release, limiting its availability for reduction. Our results with the Palm−/− mice indicate, however, that retinol formation is not faster in the absence of the palmitate groups. This finding suggests that any sequestration of retinal by the palmitate retinoid binding site does not limit its reduction by retinol dehydrogenase.

Another factor that affects the availability of retinal for reduction is the Abca4 transporter. Absence of a functional Abca4 transporter results in the trapping of all-trans retinal in the disc lumen of the rod outer segment with no access to retinol dehydrogenase.19 This phenomenon results in the accumulation of bis-retinoid adducts in the rod outer segments and the deposition of large amounts of lipofuscin (including bis-retinoids such as A2E) in the retinal pigment epithelium. The similarity in the kinetics of retinal clearance is also relevant for the recovery of the rod outer segments from all mouse strains examined. In combination with retinol formation’s being unaffected by the sequestration of retinal or by the speeding up of its release, this result points to the reduction reaction’s being the step that determines the kinetics of retinol formation. Specifically, the data are consistent with NADPH availability being the limiting factor. Approximately half of the all-trans retinal chromophore of photoactivated rhodopsin was swiftly released (Figs. 4D, 5D), and a significant portion was readily reduced to retinol, as indicated by the substantial amplitude of the rapid component of retinol formation.25−53 Subsequently, the cell appears to boost NADPH production to further promote the conversion of retinal to retinol. This process takes time, and as a result, the formation of retinol lags significantly behind the release of retinal.

We have described the kinetics of retinal release from photoactivated rhodopsin as the sum of two first-order processes (Table 2). There is a rapid component, the kinetics of which are not well-resolved in our measurements and which is consistent with the fast release of retinal from metarhodopsin II.54 The slower component likely reflects the slow decay of metarhodopsin III.54,55 11-cis Retinal does not facilitate the release of all-trans, as indicated by the close agreement between the release kinetics measured from Trp fluorescence and from regeneration with added 11-cis retinal. The palmitate groups may contribute to the differences between rhodopsin and cone pigments that lack cysteines in the corresponding positions. In agreement with this role, Palm−/− rod photoreceptors recover from light excitation more rapidly than wild-type rod photoreceptors.46 Retinal is released faster from cone pigments than is rhodopsin,56 but the lack of the palmitate groups of rhodopsin did not affect the kinetics of retinol formation (Fig. 5D, Table 2). This finding extends to physiological pH and temperature, with the previous result obtained in detergent at room temperature.56

Because of the considerable time lag of more than 30 minutes between retinal release and its reduction to retinol and the significant toxicity of retinal,57 the health of the rod photoreceptor depends on containing free retinal. Metarhodopsin III provides a long-storage form of photoactivated rhodopsin that would slow down retinal release, as previously suggested.55 Retinal release would be slowed down even further through the phosphorylation of photoactivated rhodopsin by rhodopsin kinase and arrestin binding. This mechanism is likely to be particularly relevant under continuous light conditions, when arrestin translocates to the rod outer segment and can bind to a large fraction of photoactivated rhodopsin.52 On the other hand, absence of a functional rhodopsin kinase or arrestin would result in the build-up of all-trans retinal. This could be a factor in the light-dependent retina degeneration observed in Rbok−/− and Sag−/− mice, and in particular the degeneration that is independent of the activation of the phototransduction cascade.58 Functional defects in arrestin and rhodopsin kinase have been found to be responsible for Oguchi disease, a form of night blindness. Although no significant retina degeneration has been observed in Oguchi patients, the potential build-up of all-trans retinal levels in rods reinforces the previous recommendation of avoiding exposure to bright light.57

After its release, retinal is eventually detoxified through its reduction to retinol. If it ends up inside the discs, the Abca4 transporter facilitates its transfer to the cytosolic side, where it has access to retinol dehydrogenase. Consistent with the need to prevent accumulation of retinal inside the discs, lack of a
functional Abca4 transporter has been associated with retinal toxicity.57 On the cytosolic side of the disc, the toxicity of retinal is checked through sequestration by the palmitate group binding site. Although there are no reports of human visual defects associated with lack of rhodopsin palmitylation, Palm−/− mice are more susceptible to light-induced damage than the wild type,59 consistent with a protective role of the palmitate groups. It should be emphasized that the palmitate groups exert their protective role, not by preventing the accumulation of retinal, but rather through its sequestration.

A major factor in the clearance of retinal that was not addressed in the present work is the removal of retinol by IRBP, the carrier present in the interphotoreceptor space. IRBP would speed up the removal of retinol and, through mass action, the removal of retinal as well. Although the enhanced removal of retinol could also increase the rate constant for retinol formation, the similarity of the f values in the presence and absence of retinol elimination suggests that this is unlikely to be the case.

It is important to emphasize that the experiments presented in this work have measured the clearance of retinal; they have not directly measured the release and accumulation of retinal in living retina tissue and isolated cells. Such direct measurements are essential for understanding the handling of retinal by the cell and have been performed with isolated amphibian and lizard photoreceptors.60,61 Unfortunately, the small size of the mouse photoreceptors presents technical challenges that are insurmountable at the present time.

To summarize, we have characterized the kinetics of retinol formation in the rod photoreceptors of mice lacking Abca4, rhodopsin kinase, arrestin, or the palmitate groups on rhodopsin. We found that retinol formation were not affected by the absence of any of these factors and appeared instead to depend on the kinetics of the reduction step. Retinal release from photoactivated rhodopsin in the absence of rhodopsin phosphorylation and arrestin binding is significantly faster than retinol formation. The activities of Abca4, rhodopsin kinase, and arrestin, would minimize the accumulation of retinal and protect against its toxicity.

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References

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