

# Blocking ET-1 Receptors Does Not Correct Subnormal Retinal Oxygenation Response in Experimental Diabetic Retinopathy

Robin Roberts,<sup>1</sup> Hongmei Luan,<sup>1</sup> and Bruce A. Berkowitz<sup>1,2</sup>

**PURPOSE.** To test the hypothesis that bosentan (a dual ET<sub>A</sub>/ET<sub>B</sub> receptor antagonist) corrects a subnormal retinal oxygenation response in the STZ-induced diabetic rat.

**METHODS.** In benchtop experiments, ET-1 was acutely injected into the vitreous of control and 5- to 7-day bosentan-treated nondiabetic rats. Major retinal vessel diameters were analyzed from ADPase-stained flatmounts. Retinal oxygenation ( $\Delta\text{Po}_2$ ), an established early surrogate marker of drug treatment efficacy, was measured by MRI during a 2-minute carbogen inhalation challenge in four groups: control rats ( $n = 7$ ), control rats treated with bosentan ( $n = 7$ ), 3-month diabetic rats ( $n = 9$ ), and 3-month diabetic rats treated with bosentan ( $n = 5$ ). Effect of baseline differences was studied in control rats breathing either room air ( $n = 5$ ) or 12% oxygen breathing ( $n = 5$ ) before a 2-minute carbogen provocation.

**RESULTS.** ET-1 produced a significant ( $P < 0.05$ ) reduction in retinal arterial diameter that was suppressed ( $P > 0.05$ ) in rats fed bosentan chow admix. For all groups, no MRI baseline signal intensity differences were found ( $P > 0.05$ ). Also, comparisons between baseline room air and 12% conditions and control rats fed normal chow or a bosentan admix both produced similar ( $P > 0.05$ ) panretinal  $\Delta\text{Po}_2$ . In treated and untreated diabetes groups, inferior hemiretinal  $\Delta\text{Po}_2$  remained normal ( $P > 0.05$ ), but superior hemiretinal  $\Delta\text{Po}_2$  was subnormal ( $P < 0.05$ ).

**CONCLUSIONS.** Because subnormal retinal  $\Delta\text{Po}_2$  after drug treatment is a biomarker of subsequent vascular histopathology, the present data raise the possibility that retinal ET-1 does not play a key role in the pathogenesis of diabetic retinopathy. (*Invest Ophthalmol Vis Sci.* 2006;47:3550-3555) DOI:10.1167/iov.05-1624

The abnormal biochemistry underlying diabetes-induced retinal hemodynamic pathophysiology is not well understood. Increased retinal expression of endothelin (ET) is thought to contribute to the reduction of retinal blood flow reported in the early stages of diabetes mellitus.<sup>1-3</sup> ET is a 21-amino-acid peptide that is found in three isoforms (ET-1, ET-2, ET-3), is released by endothelial cells and is a potent and long-lasting vasoconstrictor. Only ET-1 and ET-3 are found in mammals. ET activity is regulated by two ET receptors: ET<sub>A</sub> and ET<sub>B</sub>. The ET<sub>A</sub> receptor has the greatest affinity for ET-1 and the ET<sub>B</sub> receptor shows equal affinity for all three isoforms. The

ET<sub>A</sub> receptor appears primarily to mediate vasoconstriction, whereas the ET<sub>B</sub> receptor can mediate both vasoconstriction and vasodilatation. Normally, increased ET levels are primarily responsible for retinal vessel constriction during 100% oxygen breathing in humans and in rats.<sup>4</sup> The role of retinal ET in diabetes-induced alternations of retinal oxygenation is not yet known.

The retinal oxygenation response to a hyperoxic provocation ( $\Delta\text{Po}_2$ ), measured by functional MRI, is a powerful and noninvasive biomarker of the retinovascular system's ability to oxygenate, has been validated as a useful and early surrogate for assessing drug treatment efficacy in experimental diabetic retinopathy, and is clinically applicable.<sup>5</sup> We, and others, have shown in animal models that retinal  $\Delta\text{Po}_2$  during a carbogen (a gas mixture of carbon dioxide [5% CO<sub>2</sub>] and oxygen [95% O<sub>2</sub>]) inhalation challenge generates maximal  $\Delta\text{Po}_2$ , compared with 100% oxygen breathing.<sup>5-7</sup> In Sprague-Dawley rats,  $\Delta\text{Po}_2$  is significantly lower than normal (i.e., subnormal) in experimental diabetes before the appearance of retinal histopathology.<sup>5</sup> In addition, we have found that drug treatments which prevent the appearance of retinal structural lesions also correct the early development of reduced retinal oxygenation response. Drugs that did not prevent diabetes-related vascular histopathology, did not correct the early subnormal  $\Delta\text{Po}_2$ .<sup>5</sup> The biochemical basis regulating the appearance of diabetic retinopathy or a subnormal retinal  $\Delta\text{Po}_2$  is not well understood.

Previous studies have suggested that there may be a relationship between elevated ET-1, diabetic retinopathy, and subnormal retinal  $\Delta\text{Po}_2$ . For example, an acute injection of ET-1 into the vitreous of nondiabetic control animals produced an initial subnormal  $\Delta\text{Po}_2$ , compared with vehicle-injected vitreous.<sup>5</sup> Also, in diabetic rats, the beneficial effects of aminoguanidine (AMG) on the initial  $\Delta\text{Po}_2$  after 3 months of diabetes may be related to reduced ET-1 expression by the inhibitory effect of AMG on the activity of protein kinase C (PKC).<sup>8,9</sup> PKC activity is increased in the diabetic rat retina, and PKC is a known modulator of ET expression.<sup>10</sup> However, AMG is an antioxidant and corrects other biochemical abnormalities associated with diabetes, such as increased inducible nitric oxide synthase.<sup>8,11</sup> Together, these considerations suggest, but do not prove, that ET-1, acting through its receptors, plays an important role in altering the temporal evolution of retinal  $\Delta\text{Po}_2$  in diabetes.

In this study, we tested the hypothesis that bosentan (a dual ET<sub>A</sub>/ET<sub>B</sub> receptor antagonist) can be used to treat diabetic retinopathy in the STZ-induced diabetic rat. Bosentan is a dual ET<sub>A</sub>/ET<sub>B</sub> receptor antagonist that is reported to be well tolerated and effective after 5 months of oral treatment in control and diabetic rats without overt side effects such as increased blood pressure.<sup>12-15</sup> Furthermore, bosentan treatment has been reported to correct diabetes-induced increases in retinal ET-1 mRNA expression, retinal fibronectin, NF- $\kappa$ B, activating protein (AP) activation, and basement membrane thickening.<sup>16</sup> The dose 100 mg/kg bosentan administered orally has been well established in the rat as being adequate for competitively antagonizing the ET receptor system over long periods.<sup>14,15,17,18</sup>

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## METHODS

The animals were treated in accordance with the NIH Guide for the Care and Use of Laboratory Animals and the ARVO Statement for the Use of Animals in Ophthalmic and Vision Research.

### Benchtop Experiments

In the benchtop study, intravitreal injections of ET-1 ( $10^{-5}$  or  $10^{-6}$  M in 1  $\mu$ L bolus delivered intravitreally through a 10  $\mu$ L Hamilton syringe) or vehicle (2.5% emulphor in phosphate-buffered saline; kindly provided by Allen Clermont, Beetham Eye Institute, Joslin Diabetes Center, Boston, MA) were performed in control rats fed either normal chow or chow admixed with 100 mg/kg bosentan (kind gift of Actelion, Allschwil/Basel, Switzerland) orally for 5 to 7 days. Untreated rats were fed normal rat chow (5001; Ralston Purina, Richmond, IN) and water ad libitum. For treated rats, the diet was supplemented with either 1500 or 600 mg bosentan/kg food. Assuming that the food consumption of a 250-g control rat is  $\sim 16$  g/d, the average amount of bosentan consumed in the two treatment groups was  $\sim 100$  mg/kg body weight (BW)/d and 40 mg/kg BW/d, respectively.

### Vessel Diameters

Ten minutes after ET-1 injection, the eyes were enucleated, flat-mounted, and stained with adenosine diphosphatase (ADPase), as previously described.<sup>19,20</sup> Retinal vessel diameters were determined from images of these flatmounts captured by a CCD camera with a fixed focus, lens, and magnification, and analyzed on computer (Power Mac G4; Apple Computer, Cupertino, CA) with the program NIH Image (available by ftp at zippy.nimh.nih.gov/ or at http://rsb.info.nih.gov/nih-image; developed by Wayne Rasband, National Institutes of Health, Bethesda, MD). The measurement system was spatially calibrated with a ruler before each set of measurements. The diameters of all major vessels were measured from a fixed distance (1 mm) from the optic nerve head. In untreated control rats, the median vessel diameter was 35.75  $\mu$ m ( $n = 9$ ). We interpreted diameters above and below this median as strongly weighted toward vein and artery values, respectively. This assumption was confirmed by detecting the expected effects of acute ET-1 injections on arteries and veins (Fig. 1).<sup>21,22</sup>

### Animal Groups for the MRI Experiments

In the baseline-MRI study, control rats started at different baselines (room air [RA] or 12% oxygen breathing [12%]) followed by a 2-minute carbogen provocation. In the ET-1-MRI study, rats were randomized into four groups. The groups were: nondiabetic age-matched control

subjects (C), nondiabetic age-matched control animals treated orally with bosentan for 2 weeks (C+B), untreated diabetic rats 3 months after the initiation of hyperglycemia (D), and diabetic rats treated orally for 3 months with bosentan (D+B). No intraocular ET-1 injections were performed in any of the groups studied by MRI. Oral treatment consisted of a diet for the control and diabetic rats supplemented with either 1500 mg bosentan/kg food or 600 mg bosentan/Kg food, respectively. Diabetic rats consume approximately 2.5 times more chow than do control subjects (Kern T, Kowluru R, personal communications, 2003). This yielded an estimated dose of bosentan consumed per day in each group as 100 mg/kg BW. According to the company, bosentan is stable at room temperature and is not light sensitive in the solid form. Thus, the diet is not expected to have lost biopotency at any point during this study. Nonetheless, the admixed diet was stored sealed in a darkroom that had the heater vent turned off. Chow was kept under these conditions for 1 to 2 months before the rats began the diet.

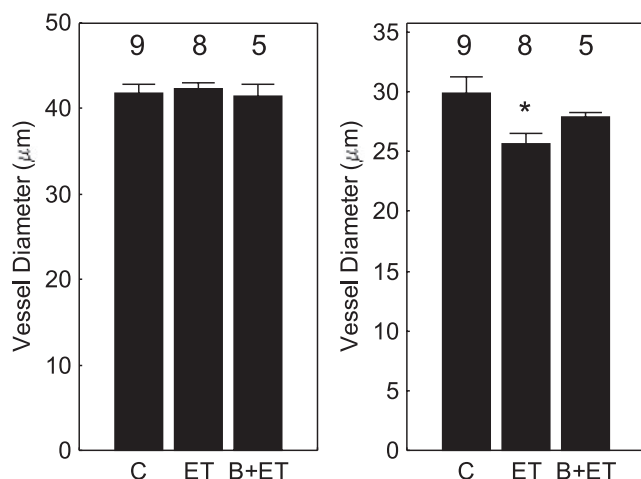
Diabetes was induced with an intraperitoneal injection of streptozotocin (60 mg/kg) within 5 minutes of its preparation in 0.01 M citrate buffer (pH 4.5) in rats, with a body weight of approximately 200g after an overnight fast. Diabetes was verified 3 days later by the presence of plasma hyperglycemia ( $\geq 200$  mg/dL) and elevated urine volume ( $>60$  mL/d) in nonfasted rats. Rat body weight, average food consumption, and blood glucose levels were monitored weekly. Subtherapeutic levels of insulin (0–2 U of neutral protamine Hagedorn [NPH] insulin administered subcutaneously daily) were administered to maintain blood glucose levels between 450 and 550 mg/dL without urine ketones (see Table 1). Glycated hemoglobin (GHb) was measured after 2 months of diabetes using affinity columns (Glyco-Tek kit 5351; Helena Laboratories, Beaumont, TX).

### MRI Examination

On the day of the experiment, blood glucose level was measured before anesthesia in each animal by tail nick. Anesthesia was then induced by a single intraperitoneal injection of urethane (36% solution, 0.083 mL/20 g animal weight, prepared fresh daily; Aldrich, Milwaukee, WI). Each animal was gently positioned on an MRI-compatible homemade holder with its nose placed in a plastic nose cone. Animals were allowed to breathe spontaneously during the experiment. To maintain the core temperature, a recirculating heated water blanket was used. Rectal temperature was continuously monitored, while the animal was inside the magnet, as previously described.<sup>9</sup>

MRI data were acquired in a manner similar to that previously described on a 4.7-T system using a two-turn transmit/receive surface coil (1.0 cm diameter) placed over the eye. Images were acquired by using an adiabatic spin-echo imaging sequence (repetition time TR 1 second, echo time TE 22.7 ms (the shortest echo time allowed with this sequence), number of acquisitions NA 1, matrix size  $128 \times 256$ , slice thickness 1 mm, field of view  $32 \times 32$  mm<sup>2</sup>, sweep width 25,000 Hz, 2 minutes/image).<sup>23</sup> This method resulted in an in-plane resolution of  $250 \times 125$   $\mu$ m<sup>2</sup>. Sagittal localizer images were first collected and used to position a single 1-mm transverse slice through the center of the eye. The 1-mm slice thickness was needed to obtain an adequate signal-to-noise ratio in a 2-minute image. This slice thickness resulted in some partial volume averaging so that the final image contained superior and inferior hemiretina with some relatively minor contribution from the temporal and nasal hemiretina. It is important to note that steady state (room air) vitreous oxygen tension *cannot* be measured by using this method, because many factors affect the preretinal vitreous water signal and its relaxation properties. In other words, simply obtaining an image of the eye during room air breathing alone cannot be used to measure retinal oxygenation.

Bosentan/MRI data were collected as follows: three images while the animal breathed room air, and one image during the inhalation of carbogen. Carbogen inhalation was started at the end of the third image. Animals were returned to room air for 5 minutes to allow recovery from the inhalation challenge and were removed from the magnet. For the baseline-MRI study, data were collected as follows: three images while the animal breathed room air, four images while the



**FIGURE 1.** Summary of vessel diameters that are either venous (i.e.,  $>35.75$   $\mu$ m, left) or arterial (i.e.,  $<35.75$   $\mu$ m, right) weighted. The numbers of animals used to generate these data are listed above each bar. Error bars, SEM. \* $P < 0.05$  was significant.

rat inhaled 12% oxygen, and one image collected during the inhalation of carbogen. Inhalation of 12% oxygen and carbogen was started at the end of the third or seventh images, respectively. In all cases, animals were returned to room air for 5 minutes, to allow recovery from the inhalation challenge and were removed from the magnet.

A second 2-minute carbogen challenge was performed outside the magnet with care taken to not alter the spatial relationship between the animal head and nose cone. At exactly 2 minutes, arterial blood from the descending abdominal aorta was collected, as described previously.<sup>23</sup> This blood was analyzed for  $P_{aO_2}$ ,  $P_{aCO_2}$ , and pH. Note that this second inhalation challenge (outside the magnet) is needed because it is not feasible to routinely obtain an arterial blood sample from inside the magnet (>40 cm away from the magnet opening) from rats. In all cases, after the blood collection, animals were euthanized with an intracardiac potassium chloride injection. In addition, blood gas readings were also obtained as in the benchtop experiments in control rats breathing either room air ( $n = 4$ ) or 12% oxygen ( $n = 5$ ).

## Data Analysis

To be included in the MRI portion of the study, the animal had to demonstrate (1) minimal eye movement during the MRI examination. Movement artifacts (typically seen in the phase encode direction) confound interpretation of the vitreous signal intensity changes produced during the hyperoxic challenge; (2) nongasping respiratory pattern before and after the MRI examination. If the animal is gasping (which occurred <1% of the time), the anesthetic was probably inadvertently administered into an organ. This could produce a change in systemic oxygenation unrelated to the retinal changes; (3) rectal temperatures in the range of 35.5 °C to 36.5°C. Preliminary experiments (data not shown) found a strong association between core temperature and  $P_{aCO_2}$  and  $P_{aO_2}$  levels. The effect of this correlation on the precision of the measurements was minimized by using a relatively tight range of temperatures; (4)  $P_{aO_2} > 350$  mm Hg and  $P_{aCO_2}$  between 46 and 65 mm Hg during the carbogen challenge. Previously, we found that arterial oxygen levels above 350 mm Hg during a hyperoxic challenge were needed to produce a consistently large preretinal vitreous oxygenation response.<sup>24,25</sup> The range of acceptable arterial carbon dioxide levels lay within the array of values in the literature measured under carbogen breathing conditions. In addition, tight control over the acceptable blood gas range is needed to ensure adequate quality control of each sample. Occasionally, the blood gas machine was not able to read a sample (due to, e.g., a clot or excessive air in the capillary tube). In this case, the MRI data were also excluded. In general,  $\Delta PO_2$  data were collected approximately 60 minutes after urethane injection, to avoid potential errors due to variable time under anesthesia. The above acceptance criteria are needed to compare the retinal oxygenation response critically in these spontaneously breathing normal and sick animals while minimizing systemic differences. Because of these acceptance criteria, only approximately 50% to 80% of the animals that started the study were included in the final analysis. Although a relatively small number of animals are used for comparison, note that all the pixel values over a set retinal region are used in the comparison. For example, for the comparison of superior hemiretina 3 mm from the optic nerve, 24 pixels per rat are used for the seven rats in the control group and eight rats in the diabetic group. Thus, 168 and 192 pixel values, respectively, are being compared. Power calculations assume the acquisition of uncorrelated data. However, the pixels are spatially correlated. Thus, a power calculation is not appropriate. Instead, we took advantage of the fact that the generalized estimating equation approach fits the correlation structure between pixels. For this reason, and in our experience during the past 10 years, we found that a group size of five or more rats is adequate to determine statistical significance at the 95% confidence level.

To correct for any movement in the slice plane, a warp affine image co-registration was performed on each animal by using software written in-house. This procedure was used in all the animals included in the final analysis but was only necessary in approximately half of them, regardless of group (e.g., subtle shifting of the animals' position oc-

curred during the experiment due to settling on the gauze packing). We insured that the selected slice was the same one used throughout the series by carefully checking for differences in the size of lens and optic nerve in each image. In addition, because the slice thickness (1 mm) is relatively large compared to the diameter of the eye (approximately 6 mm), partial volumes will be similar if the eye subtly moves out of the imaging plane and so the data analysis results are not expected to be substantially affected. After co-registration, the MRI data were transferred to the computer (Power Mac G4; Apple Computer) and analyzed with NIH Image. Images obtained during room air breathing were averaged to improve the signal-to-noise ratio. Signal intensity changes during carbogen breathing were calculated and converted to  $\Delta PO_2$  values, on a pixel-by-pixel basis, as follows.<sup>23</sup> For each pixel, the fractional signal enhancement,  $E$ , was calculated:

$$E = (S(t) - S_0)/S_0, \quad (1)$$

where  $S(t)$  is the pixel signal intensity at time  $t$  after starting the gas inhalation and  $S_0$  is the control signal intensity (measured from the average of the three images obtained during room air breathing) at the same pixel spatial location.  $E$  values were converted into  $\Delta PO_2$  using theory that has been validated in the rat<sup>26</sup>:

$$\Delta PO_2 = E/(R_1 \cdot T_k), \quad (2)$$

where  $R_1$  is the oxygen relaxivity (seconds<sup>-1</sup> · mm Hg<sup>-1</sup>), and  $T_k = T_r \cdot \exp(-T_r/T_{10})$ ,  $T_r$  is the repetition time, and  $T_{10}$  is the  $T_1$  in the absence of oxygen. Using a  $T_r$  of 1 second, and assuming a vitreous  $T_{10}$  of 4 seconds,  $T_k = 3.52$ . This  $T_{10}$  is based on our previous measurement of the proton spin-lattice relaxation time in the rabbit vitreous (4 seconds) and reported values in human vitreous (3.3 seconds) and cerebral spinal fluid (4.3 seconds), which has a high water content, similar to that of vitreous.<sup>23,27-29</sup> An  $R_1$  of  $2 \times 10^{-4}$  s<sup>-1</sup> · mm Hg<sup>-1</sup> was used. This  $R_1$  was previously measured in a saline phantom, which is assumed to be a reasonable model of vitreous (98% water).<sup>23</sup> A similar  $R_1$  was found for plasma, suggesting that relatively low protein levels do not substantially contribute to the oxygen relaxivity.<sup>30</sup> Note that an  $E$  of 0.01 (i.e., a 1% signal intensity change) corresponds to a  $\Delta PO_2$  of 14 mm Hg. There did not appear to be any significant changes in vitreous  $T_{10}$  or  $R_1$  in the animals of this study (data not shown).

The images were analyzed as follows. First, from either regular images or enhancement images, the pixel values along a 1-pixel-thick line drawn at the boundary of the retina and vitreous were set to 255 (black). We estimate that the thickness of this line, based on the in-plane resolution is approximately 100  $\mu$ m. The values in another 1-pixel-thick line drawn in the preretinal vitreous next to the black pixels were then extracted.<sup>19</sup> This procedure minimized retinal-choroid pixel values from potentially contaminating ("pixel bleed") those used in the final analysis and insured that similar preretinal vitreous space was sampled for each animal. In addition, spatial averaging over these 100- $\mu$ m regions of interest tend to minimize the contribution from the very local preretinal oxygenation gradients next to the retinal surface.<sup>31</sup> In addition, an average  $\Delta PO_2$  band was constructed based on the within-group mean for each pixel.

## Statistical Analysis

All data are presented as the mean  $\pm$  SEM, unless otherwise noted. The blood vessel diameter data and physiological parameters (i.e., blood gas values, rectal temperatures, blood glucose data) were normally distributed. Comparisons were performed using a one-way ANOVA or an unpaired 2-tailed  $t$ -test (unless otherwise noted).  $P \leq 0.05$  was considered significant.

Comparison of retinal  $\Delta PO_2$  between control and experimental groups at each time point were performed using a generalized estimating equation approach,<sup>32</sup> which performs a general linear regression analysis using all the pixels in each subject and accounts for the within-subject correlation between adjacent pixels. Results from the literature are consistent with our present finding of a subnormal retinal

TABLE 1. Summary of Animal Model and Physiology (mean  $\pm$  SEM)

	Weight (g)	GHb (%)	$\text{P}_{\text{aCO}_2}$ (mm Hg)	$\text{P}_{\text{aO}_2}$ (mm Hg)	pH	Temp. ( $^{\circ}\text{C}$ )
Supporting experiments						
C (room air)	280.0 $\pm$ 2.2	—	43 $\pm$ 2	100 $\pm$ 3	7.40 $\pm$ 0.02	36.9 $\pm$ 0.1
C (12%)	228.0 $\pm$ 1.8	—	40 $\pm$ 4	54 $\pm$ 2*	7.38 $\pm$ 0.03	36.5 $\pm$ 0.5
C (carbogen)	231.1 $\pm$ 6.6	—	55 $\pm$ 2*	535 $\pm$ 33*	7.27 $\pm$ 0.01*	36.7 $\pm$ 0.3
C+B (carbogen)	251.4 $\pm$ 10.5	—	58 $\pm$ 1*	555 $\pm$ 24*	7.29 $\pm$ 0.01*	36.1 $\pm$ 0.2
Main experiments						
C (carbogen)	288.7 $\pm$ 14.2	4.0 $\pm$ 0.1	51 $\pm$ 1	566 $\pm$ 22	7.31 $\pm$ 0.02	36.3 $\pm$ 0.2
D (carbogen)	267.6 $\pm$ 5.2	12.5 $\pm$ 0.9*	55 $\pm$ 1	495 $\pm$ 32	7.30 $\pm$ 0.02	36.8 $\pm$ 0.2
D+Bos (carbogen)	275.8 $\pm$ 3.8	14.0 $\pm$ 0.8*	59 $\pm$ 2*	524 $\pm$ 46	7.29 $\pm$ 0.02	36.4 $\pm$ 0.2

Data are the mean  $\pm$  SEM.

\*  $P < 0.05$ , compared with respective control group.

$\Delta\text{Po}_2$  in the diabetic groups, supporting the lack of spurious significant findings.<sup>5</sup>

## RESULTS

### Vessel Diameters

In separate preliminary studies, we found no difference in retinal vessel diameters between untreated and vehicle-treated control rats (data not shown). Compared with control arterial weighted vessel diameters ( $29.95 \pm 1.27 \mu\text{m}$ ,  $n = 9$ ), acute intravitreal injections of  $10^{-5}$  and  $10^{-6}$  M ET-1 produced diameters of  $25.60 \pm 0.99 \mu\text{m}$  ( $n = 8$ ; 14.5% decrease,  $P = 0.018$ ), and  $28.65 \pm 0.55 \mu\text{m}$ ,  $n = 4$  (4.3% decrease,  $P = 0.37$ ), respectively. In contrast, arterial weighted vessel diameters in bosentan-treated rats after an intravitreal  $10^{-5}$  M ET-1 injection were not different from control values (1500 mg/kg bosentan dose:  $27.94 \pm 0.34 \mu\text{m}$ ,  $n = 5$ ,  $P = 0.16$ ; and 600 mg/kg bosentan dose:  $28.12 \pm 0.84 \mu\text{m}$ ,  $n = 7$ ,  $P = 0.25$ ). The 1500-mg/kg dose results are summarized in Figure 1. No effect ( $P > 0.05$ ) of ET-1 was found on venous-weight vessel diameter in any experimental group (Fig. 1).

### Magnetic Resonance Imaging

**Systemic Physiology.** Summaries of systemic physiology are presented in Table 1. As expected, compared with control rats, all diabetic animals had significantly ( $P < 0.05$ ) elevated glycated hemoglobin's (GHb). A summary of the blood parameters measured during a 2-minute carbogen challenge and core temperature during the experiment are also presented in Table 1. No significant differences ( $P > 0.05$ ) were observed between any of the groups. Note that the blood gas values in all groups are within the expected range.<sup>23</sup> In addition, baseline blood gas values during 12% oxygen breathing revealed the expected decrease in arterial oxygen levels compared with room air breathing (Table 1).

**Retinal Oxygenation Response.** Comparison of baseline panpreretinal signal intensities revealed no significant ( $P > 0.05$ ) differences between room air breathing ( $106.5 \pm 0.9$  AU) and 12% oxygen inhalation ( $107.0 \pm 0.9$  AU) or between the control group ( $113.7 \pm 0.8$  AU) and the two diabetic groups ( $114.0 \pm 0.7$  and  $116.8 \pm 0.7$  AU, respectively).

**Inhalation of 12% Oxygen.** In control rats, retinal  $\Delta\text{Po}_2$  generated in room air conditions or 12% oxygen and a 2-minute carbogen challenge were not significantly ( $P > 0.05$ ) different (Fig. 2).

**Bosentan Treatment.** Neither superior nor inferior hemiretinal  $\Delta\text{Po}_2$  from control rats fed normal chow ( $142 \pm 6$  and  $147 \pm 6$  mm Hg, respectively) or a bosentan chow admix ( $113 \pm 7$  and  $139 \pm 7$  mm Hg, respectively) were significantly ( $P > 0.05$ ) different.

**Diabetes.** Figure 3 represents a summary of retinal  $\Delta\text{Po}_2$  during the first 2-minute carbogen provocation (i.e., t1-ra). Both experimental groups had similar inferior hemiretina  $\Delta\text{Po}_2$ s compared with control subjects ( $P = 0.32$  and  $0.74$ , respectively) but subnormal superior hemiretina  $\Delta\text{Po}_2$ s ( $P = 0.04$  [one-tailed  $t$ -test] and  $0.01$ , respectively). Note that retinal  $\Delta\text{Po}_2$  (2 minutes) measured in the two control groups in this work and summarized in Figures 2 and 3 are not significantly different ( $P > 0.05$ ).

## DISCUSSION

In this study, two major findings are reported: that early subnormal superior hemiretinal  $\Delta\text{Po}_2$  found in diabetic rats does not appear to depend on baseline conditions, and that treatment with a dual ET receptor antagonist did not correct subnormal superior oxygenation response, a biomarker of drug efficacy in the treatment of diabetic retinal vascular histopathology. Retinal mRNA expression of ET-1 has been reported to be significantly increased during the first 6 months of experimental diabetes in rats.<sup>2,16</sup> Furthermore, reductions in retinal perfusion observed by 1 month of diabetes could be corrected by endothelin receptor antagonists.<sup>1,2</sup> These results suggested a link between increased retinal ET-1 and reduced retinal perfusion. However, by 3 months (Chakrabarti S, personal com-

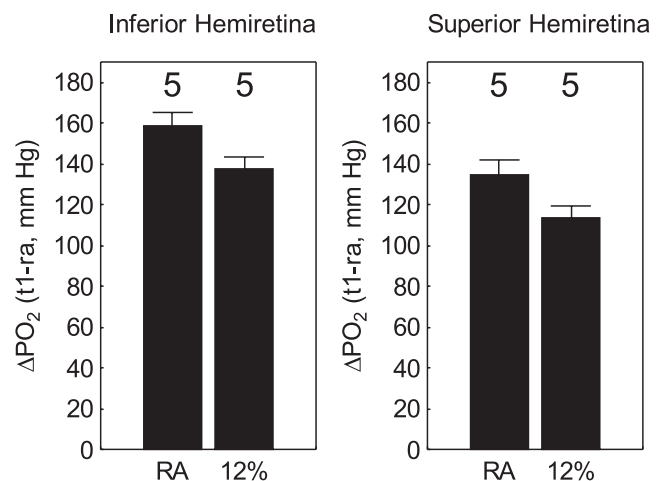


FIGURE 2. Summary of inferior (left) or superior (right) hemiretinal  $\Delta\text{Po}_2$  measured in control rats during the first 2 minutes on carbogen (i.e., t1-ra) from either room air (ra) or 12% oxygen breathing (12% baseline conditions). The numbers of animals used to generate these data are listed above each bar. Error bars, SEM. \* $P < 0.05$  was significant.

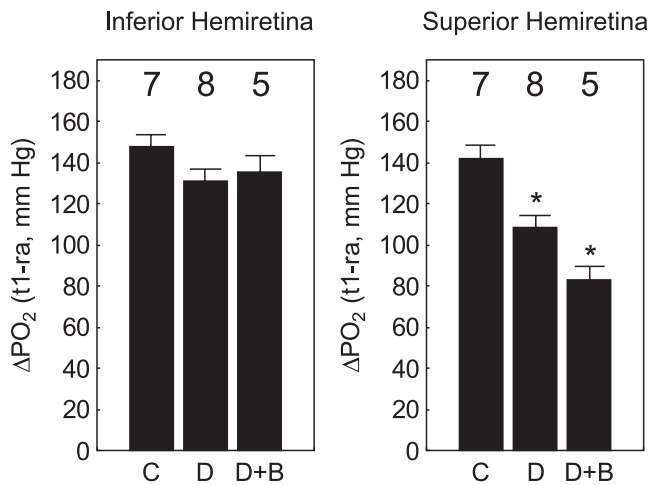


FIGURE 3. Summary of inferior (*left*) or superior (*right*) hemiretinal  $\Delta PO_2$  measured during the first 2 minutes on carbogen (i.e., t1-ra). The numbers of animals used to generate these data are listed above each bar. Error bars, SEM. \* $P < 0.05$  was significant.

munication, 2004) and 6 months of diabetes at least some of these hemodynamic abnormalities were no longer present.<sup>1</sup> Thus, the impact of increased altered expression of retinal ET-1 on diabetic retinopathy pathophysiology has been unclear and was investigated in this study.

Previous work involving bosentan and diabetic retinopathy have been done by the Chakrabarti group using the same dose and route (oral) as in the present study. These studies demonstrated that bosentan was effective at correcting diabetes-related basement membrane thickening, increased retinal fibronectin expression, activation of NF- $\kappa B$  and AP-1, and the 1-month reduction in retinal perfusion.<sup>1,16,17,33,34</sup> One difference is that we administered bosentan admixed with the chow while Chakrabarti et al. administered it via daily gavage.<sup>17</sup> In this study, we were able to confirm in separate benchtop experiments, that different doses of bosentan in a chow admixture effectively suppressed the vasoconstriction associated with an acute ET-1 challenge in control rats. It is not possible to determine the relevance of the conditions to that in diabetic rats, because the concentration of ET-1 in the vitreous or retina in diabetic rats is not currently known (Chakrabarti S, private communication, 2005). We suspect that the  $10^{-5}$  M dose is too high to represent the actual concentration in vivo. However, this dose of ET-1 produced a relatively larger retinal arterial vasoconstriction making any subtle corrections produced by bosentan supplementation easier to detect statistically. In addition, we found that lowering the dose to 40 mg/kg BW/d did not significantly alter bosentan's effectiveness in correcting the arterial weighted vasoconstriction during an ET-1 challenge. In any event, the dose and route of the bosentan admixture used for the MRI experiments appears to be reasonable for addressing our hypothesis.

In this study, we also evaluated in control rats whether or not the combination of the 5%  $CO_2$  in the gas challenge (which is expected to suppress vasoconstriction due to pure oxygen breathing) and bosentan (which is also expected to suppress vasoconstriction due to pure oxygen breathing) would increase superior and/or inferior hemiretinal  $\Delta PO_2$  relative to that from control rats breathing only carbogen. Neither superior nor inferior hemiretinal  $\Delta PO_2$  for control rats fed a bosentan admix diet for 2 weeks demonstrated a significant increase relative to control rats fed normal chow. In addition, no effect of the bosentan treatment was noted on inferior hemiretinal  $\Delta PO_2$  of control, untreated diabetic, or diabetic rats fed bosentan. Thus, it does not appear that the combination of bosentan

feeding and carbogen inhalation confounded interpretation of the MRI data.

Because of the negative result in this study, it was important to consider the possibility that the results were secondary to inadequate inhibition by bosentan. We were unable to directly evaluate the bioactivity of bosentan in the plasma of treated diabetic rats. However, we felt that a reasonable alternative was to measure the effectiveness of bosentan treatment in preventing vasoconstriction produced by intravitreally injected ET-1 in benchtop experiments. Throughout the course of these experiments, three separately constituted bosentan admix chows were evaluated. The first bosentan admix chow was used for the MRI experiments. We confirmed with Purina that the chow admix was properly constituted. After performing the MRI experiments, we then checked the potency of this chow admixture. Several control rats were fed this first bosentan chow admix for 1 week before their retinal vessels were inspected by operating microscope by two of the investigators (BAB, RR), before and after either control or ET-1 injection. We were able to confirm visually that the bosentan admix chow was effective at suppressing ET-1-induced retinal vessel vasoconstriction; unfortunately, the results of these experiments were not quantitatively documented. Subsequently, two more batches of bosentan chow were ordered and similarly evaluated on the benchtop. The data from these two experiments are presented in the manuscript and clearly demonstrate that different doses of bosentan mixed into the chow can effectively suppress vasoconstriction produced by greater than normal vitreous ET-1 levels. Taken together, these considerations support both the present use of bosentan as an adequate antagonist for addressing our hypothesis and the conclusion that the reported increase in retinal ET-1 with diabetes does not appear to play a key role in retinopathy dysfunction associated with 3 months of diabetes.

The mechanisms regulating retinal oxygenation responses to a carbogen provocation in normal and diabetic rats have yet to be completely worked out. In the present study, we did not measure baseline parameters, such as retinal vessel diameters, blood flow, or oximetry, that might affect the final  $\Delta PO_2$ . It was not clear that such a difference would affect the results of the present study, since examination of the pan-preretinal vitreous baseline signal intensities did not reveal any differences between control and diabetic rats. This suggested that whatever baseline differences might have been present were not detectable on MRI. To investigate further a possible cause of the baseline difference, we examined the effect of a baseline hypoxemia condition before the carbogen provocation. Hypoxemia is well known for inducing a range of changes in retinal vessel diameter, blood flow, and oximetry, among other changes.<sup>35-37</sup> Even under this somewhat severe condition (12% oxygen), the 2-minute carbogen  $\Delta PO_2$  remained normal (Fig. 2). Taken together, these data suggest that baseline differences per se are either not responsible or not practically important (i.e., have no detectable impact) with regard to early subnormal superior hemiretinal  $\Delta PO_2$  found in diabetic rats.

In this study, we found the expected subnormal superior hemiretinal  $\Delta PO_2$  during a 2-minute carbogen inhalation in 3-month diabetic rats. This subnormal response is consistent with findings in five previous studies in experimentally diabetic rodents.<sup>5</sup> Thus, the hypothesis tested was that untreated diabetic rats in this study would have a superior hemiretina with a subnormal oxygenation response, and so a one-tailed result was used.

Retinal  $\Delta PO_2$ , a measure of the health of the retinopathy system's regulatory response, has been established as an early predictor of therapeutic efficacy in experimental diabetes.<sup>5,9,38</sup> For example, drug treatment, such as AMG, that corrects the subnormal  $\Delta PO_2$  in 3-month diabetic rats, also corrects late-stage retinal histopathology.<sup>5</sup> Furthermore, treatments that do

not normalize this subnormal  $\Delta\text{Po}_2$  in 3-month diabetic rats do not prevent the development of histopathology.<sup>5</sup> In contrast, there is little consistent and direct evidence in the literature that steady state parameters, such as blood flow or oximetry, are linked with progression of diabetic retinopathy or its treatment response.<sup>5,39</sup> One reason for this may be that normally the retinovascular system is never at steady state and must constantly adapt. A dynamic mismatch can have long-term negative consequences for the health of the retina. Dynamic measures of the health of the retinovascular system may thus be a more relevant parameter for assessing drug treatment effects. Given this prognostic ability of MRI  $\Delta\text{Po}_2$ , the present results also raise the possibility that early changes in retinal ET-1 expression do not play an important role in the later development of diabetic retinopathy.

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