

Summary of Revisions for the 2004 Clinical Practice Recommendations

Additions to the Clinical Practice Recommendations

- “Diagnosis and Classification of Diabetes”: A new position statement based on the “Report of the Expert Committee on the Diagnosis and Classification of Diabetes Mellitus,” including the definition of pre-diabetes.

Deletions to the Clinical Practice Recommendations

- “Report of the Expert Committee on the Diagnosis and Classification of Diabetes”
- “Implications of the Diabetes Control and Complications Trial”
- “Implications of the United Kingdom Prospective Diabetes Study”

Summary of Revisions to current Position Statements

- “Standards of Medical Care in Diabetes”
 - Glycemic control: Updated recommendations, including recommendation that “more stringent goals (i.e., a normal A1C, <6%) can be considered in individual patients”
 - BP control: Updated recommendations based on recent studies (including ALLHAT)
 - Lipid management: Updated recommendations based on recent studies (including the Heart Protection Study) to include the recommenda-

tion that in people with diabetes over the age of 40 with a total cholesterol ≥ 135 mg/dl, statin therapy to achieve an LDL reduction of approximately 30% regardless of baseline LDL levels may be appropriate.

- Anti-platelet agents: Clarified recommendation regarding aspirin use as primary prevention in type 1 and type 2 diabetes
- Retinopathy: Updated recommendations including consideration of less frequent exams in low-risk patients on the advice of an eye care professional
- Footcare: Updated recommendations on screening for peripheral arterial disease (PAD)
- Care of older adults: Incorporated language from recent guidelines by the American Geriatric Society on this topic
- “Preventative Footcare in Diabetes”: Updated recommendations on screening for peripheral arterial disease (PAD)
- “Hypertension Management in Adults with Diabetes”: Updated recommendations based on recent studies (including ALLHAT)
- “Dyslipidemia Management in Adults with Diabetes”: Updated recommendations based on recent studies (including the Heart Protection Study)
- “Smoking and Diabetes”: Extensively revised

- Retinopathy in Diabetes: Updated recommendations, including consideration of less frequent exams in low-risk patients on the advice of an eye care professional
- “Test of Glycemia in Diabetes”
- “Diabetes Management in Correctional Institutions”: Extensively revised.

Position Statement Title Changes

- Note that titles of some position statements have been shortened and revised to make them easier to identify electronically.

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