

# Excessive exposure to anionic surfaces maintains autoantibody response to $\beta_2$ -glycoprotein I in patients with antiphospholipid syndrome

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**Antiphospholipid syndrome (APS) is an autoimmune prothrombotic disorder associated with autoantibodies to phospholipid (PL)-binding proteins, such as  $\beta_2$ -glycoprotein I ( $\beta_2$ GPI). We have recently reported that binding of  $\beta_2$ GPI to anionic PL facilitates processing and presentation of the cryptic  $\beta_2$ GPI epitope that activates pathogenic autoreactive T cells. To clarify mechanisms that induce sustained presentation of the dominant antigenic  $\beta_2$ GPI determinant in patients with APS, T-cell proliferation induced by  $\beta_2$ GPI-**

**treated phosphatidylserine liposome ( $\beta_2$ GPI/PS) was evaluated in bulk peripheral blood mononuclear cell cultures. T cells from patients with APS responded to  $\beta_2$ GPI/PS in the presence of immunoglobulin G (IgG) anti- $\beta_2$ GPI antibodies derived from APS plasma, and this response was completely inhibited either by the depletion of monocytes or by the addition of anti-Fc $\gamma$ RI antibody. These findings indicate that efficient presentation of the cryptic determinants can be achieved by monocytes undergoing**

**Fc $\gamma$ RI-mediated uptake of  $\beta_2$ GPI-bound anionic surfaces in the presence of IgG anti- $\beta_2$ GPI antibodies. Finally,  $\beta_2$ GPI-bound oxidized LDL or activated platelets also induced the specific T-cell response. Continuous exposure to these anionic surfaces may play a critical role in maintaining the pathogenic anti- $\beta_2$ GPI antibody response in patients with APS. (Blood. 2007;110:4312-4318)**

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## Introduction

Antiphospholipid syndrome (APS) is an autoimmune disorder characterized by arterial and venous thrombosis as well as recurrent intrauterine fetal loss in the presence of antiphospholipid antibodies.<sup>1</sup>  $\beta_2$ -glycoprotein I ( $\beta_2$ GPI) is the most common antigenic target recognized by the antiphospholipid antibodies, and anti- $\beta_2$ GPI antibodies are shown to be strongly associated with thrombosis and other clinical manifestations of APS.<sup>2-4</sup>  $\beta_2$ GPI is a plasma protein that binds various anionic substances, including phospholipids (PLs), lipoproteins, and activated platelets and endothelial cells.<sup>5-7</sup> Several lines of evidence accumulated from animal models suggest that anti- $\beta_2$ GPI antibodies are directly involved in the pathogenic processes of APS.<sup>8,9</sup>

We have recently identified CD4<sup>+</sup> T cells responsive to  $\beta_2$ GPI in patients with APS.<sup>10-12</sup>  $\beta_2$ GPI-reactive T cells can promote production of pathogenic immunoglobulin G (IgG) anti- $\beta_2$ GPI antibodies from autologous B cells in vitro. These T cells respond to bacterially expressed recombinant  $\beta_2$ GPI fragments and chemically reduced  $\beta_2$ GPI, but fail to respond to native  $\beta_2$ GPI,<sup>10</sup> indicating that the epitopes recognized by  $\beta_2$ GPI-reactive T cells are cryptic determinants that are not generated through processing of native  $\beta_2$ GPI under normal circumstances. One of the major cryptic determinants recognized by  $\beta_2$ GPI-reactive T cells is the region spanning amino acids (AAs) 276-290, which contains the major PL-binding site at AA 281-288,<sup>13,14</sup> in the context of HLA-DRB4\*0103 (DR53).<sup>11</sup> In our recent study employing  $\beta_2$ GPI-reactive CD4<sup>+</sup> T-cell clones generated from patients with APS, dendritic cells or macrophages pulsed with  $\beta_2$ GPI-bound phosphatidylserine (PS) liposome induced a response of T-cell clones specific for a peptide encoding AA 276-290 (p276-290) in HLA-DR-restricted and antigen-processing-dependent manners. In contrast, those pulsed with  $\beta_2$ GPI or PS liposome alone failed to induce a response.<sup>15</sup> Together these findings indicate that specialized antigen-presenting cells (APCs) capturing  $\beta_2$ GPI-coated anionic PLs efficiently present a disease-relevant cryptic T-cell determinant of  $\beta_2$ GPI as a result of antigen processing.

In patients with APS, anti- $\beta_2$ GPI antibody levels are usually stable for many years. However, it remains unclear what mechanisms are responsible for the sustained presentation of the dominant cryptic  $\beta_2$ GPI determinant that activates  $\beta_2$ GPI-reactive T cells to subsequently produce pathogenic anti- $\beta_2$ GPI antibodies. To elucidate these mechanisms, we examined the cellular and molecular factors required for the sustained activation of  $\beta_2$ GPI-reactive T cells in patients with APS.

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## Patients, materials, and methods

### Patients and controls

This study examined 5 patients, and all fulfilled the revised Sapporo criteria for APS proposed by the International Workshop.<sup>16</sup> These patients were selected based on the presence of DRB4\*0103 (DR53), which is known to present a p276-290 peptide to T cells,<sup>11</sup> and positive IgG anti- $\beta_2$ GPI antibody. The HLA class II alleles, including DRB1 and DRB4, were determined by restriction fragment length polymorphisms combined with

Submitted July 9, 2007; accepted August 23, 2007. Prepublished online as *Blood* First Edition paper, August 28, 2007; DOI 10.1182/blood-2007-07-100008.

An Inside *Blood* analysis of this article appears at the front of this issue.

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locus-specific polymerase chain reaction using peripheral blood granulocyte-derived genomic DNA as a template.<sup>17</sup> IgG anti- $\beta_2$ GPI antibody levels were measured with a commercial enzyme-linked immunosorbent assay (ELISA) kit (Yamasa, Choshi, Japan) using immobilized  $\beta_2$ GPI-cardiolipin complex as an antigen source. A commercial kit based on Russell viper venom test (Gradipore, Sydney, Australia) was used to determine the presence of lupus anticoagulant. At the time of blood examination, all the patients were taking low-dose corticosteroids (< 10 mg/day) and low-dose aspirin. Peripheral blood from healthy volunteers was also used as a control source of plasma. All samples were obtained after the patients and control subjects gave their written informed consent in accordance with the Declaration of Helsinki. The study protocol was approved by Keio University International Review Board.

### Antigen preparations

Human  $\beta_2$ GPI was purified from normal pooled plasma,<sup>18</sup> and reduced  $\beta_2$ GPI was prepared by incubating  $\beta_2$ GPI with dithiothreitol as previously described.<sup>10</sup> We generated a panel of recombinant maltose-binding protein (MalBP) fusion proteins expressing full-length  $\beta_2$ GPI (GP-F), domains I and II (GP1), domains III and IV (GP2), and domains IV and V (GP3).<sup>10</sup> MalBP alone was prepared as a control antigen. Two 15-mer peptides, p276-290 and a peptide encoding AA 306-320 of human  $\beta_2$ GPI (p306-320), were synthesized using a solid-phase multiple synthesizer (Advanced ChemTech, Louisville, KY).<sup>11</sup>

Liposome containing bovine brain-derived PS (Sigma, St Louis, MO), with a composition of dioleoylphosphatidylcholine (Avanti Polar Lipids, Alabaster, AL) at a molar ratio of 3:7, was prepared and adjusted to a final concentration of 1  $\mu$ mol/mL.<sup>19,20</sup> Low density lipoprotein (LDL) was isolated from freshly prepared normal human plasma by ultracentrifugation, and oxidized LDL (oxLDL) was prepared by incubating LDL with 5  $\mu$ M CuSO<sub>4</sub> for 8 hours at 37°C.<sup>20</sup> LDL and oxLDL were adjusted to 100  $\mu$ g/mL of apoB equivalent. Human platelets were separated from platelet-rich plasma using a modified gel filtration method<sup>21</sup> to minimize their activation during an isolation procedure. Resting platelets were then activated by incubation with bovine thrombin (1 U/mL; Mochida, Tokyo, Japan) for 15 minutes. All preparations were incubated with or without native  $\beta_2$ GPI (100  $\mu$ g/mL) for 30 minutes at room temperature immediately prior to use in the cultures.

### Cell preparations

Peripheral blood mononuclear cells (PBMCs) were isolated from heparinized venous blood by Lymphoprep (Fresenius Kabi Norge AS, Oslo, Norway) density-gradient centrifugation. In some experiments, PBMCs were depleted of CD14<sup>+</sup> monocytes or CD19<sup>+</sup> B cells by incubation with anti-CD14 or anti-CD19 monoclonal antibody (mAb)-coupled magnetic beads (Miltenyi Biotecch, Bergisch Gladbach, Germany), respectively, followed by magnetic cell sorting column separation according to the manufacturer's protocol.

### Preparation and depletion of IgG from plasma

The IgG fraction was purified or depleted from plasma samples using HiTrap protein G (Amersham Biosciences, Uppsala, Sweden) as described previously.<sup>22</sup> Purity of IgG fractions was confirmed to be more than 95% by sodium dodecyl sulfate-polyacrylamide gel electrophoresis, followed by densitometry on Coomassie blue-stained gels. In some experiments, purified IgG was treated with pepsin to prepare F(ab')<sub>2</sub> using a Fab2 preparation kit (Pierce Biotechnology, Rockford, IL). We also prepared IgG fractions depleted of antibodies specific to  $\beta_2$ GPI. Briefly, purified IgG samples were treated 3 times with cardiolipin-coated 96-well immunoplates (Nunc F96Maxisorp, Roskilde, Denmark), which were preincubated with  $\beta_2$ GPI or phosphate-buffer saline for 30 minutes. The supernatants were then collected as anti- $\beta_2$ GPI antibody-depleted or mock-treated IgG. Removal of anti- $\beta_2$ GPI antibody was confirmed by complete loss of antibody reactivity on the anti- $\beta_2$ GPI antibody ELISA.

### Assays for antigen-specific T-cell response

Antigen-specific T-cell proliferation in the primary cultures was assayed as described previously<sup>10</sup> with some modifications. Briefly, PBMCs (10<sup>5</sup>/well) were cultured with or without antigen in 96-well flat-bottomed culture plates for 7 days. RPMI 1640 supplemented with either 10% fetal bovine serum (FBS; JRH Bioscience, Lenexa, KS) or 8% platelet-poor plasma, which was derived from patients with APS and healthy donors, was used as medium. Prior to use, FBS and plasma samples were heat-inactivated and depleted of  $\beta_2$ GPI by passing the samples through a HiTrap Heparin column (Amersham Biosciences) twice, to eliminate the potential influence of intrinsic  $\beta_2$ GPI on the generation of the antigenic peptides. <sup>3</sup>H-thymidine (0.5  $\mu$ Ci [0.0185 MBq]/well) was added to the cultures during the final 16 hours. The cells were harvested, and <sup>3</sup>H-thymidine incorporation was measured in a Top-Count microplate scintillation counter (Packard, Meriden, CT). Native  $\beta_2$ GPI, reduced  $\beta_2$ GPI, GP-F, GP1, GP2, GP3, and MalBP were used as antigens at a concentration of 10  $\mu$ g/mL. In addition, PS liposome (0.1  $\mu$ mol/mL), LDL, oxLDL (10  $\mu$ g/mL apoB equivalent), resting platelets, or activated platelets (10<sup>6</sup>/well) were added to the cultures, with or without preincubation with  $\beta_2$ GPI. To exclude nonspecific unresponsiveness of T cells, all experiments included a culture with phytohemagglutinin at a final concentration of 1  $\mu$ g/mL. In some experiments, purified IgG, F(ab')<sub>2</sub>, or anti- $\beta_2$ GPI antibody-depleted or mock-treated IgG was added at the initiation of the culture. Anti-Fc $\gamma$ RI (clone 10.1; R&D Systems, Minneapolis, MN), anti-HLA-DR (clone L243; Leinco Technologies, Baldwin, MO), or isotype-matched control mAb was also added to the culture at a final concentration of 2.5  $\mu$ g/mL. All experiments were carried out in duplicate or triplicate, and the values are the mean counts per minute (cpm) plus or minus the standard deviation of multiple determinations. In some instances, a T-cell response specific to  $\beta_2$ GPI-treated PS liposome ( $\beta_2$ GPI/PS) was expressed as the ratio of cpm in the culture with  $\beta_2$ GPI/PS to cpm in the culture with PS liposome alone.

Secondary stimulation of peripheral blood T cells was also performed as described.<sup>10</sup> PBMCs were primed with  $\beta_2$ GPI/PS in medium supplemented with 8% autologous plasma for 10 days. Viable cells were then cultured for an additional 3 days in the presence of 50 U/mL recombinant interleukin-2 (Biogen Idec, San Diego, CA) and irradiated (3000 rad) autologous monocyte-derived dendritic cells in medium supplemented with 10% FBS in the absence or presence of  $\beta_2$ GPI, reduced  $\beta_2$ GPI, GP-F, GP1, GP2, GP3, MalBP (10  $\mu$ g/mL), p276-290, or p306-320 (5  $\mu$ g/mL). Frequencies of  $\beta_2$ GPI-reactive T cells in peripheral blood T cells were estimated by limiting dilution analysis using GP-F as an antigen.<sup>23</sup> The recognition of p276-290 by peripheral blood T cells was determined based on the specific response to p276-290 by at least 2 T-cell clones established by repeated stimulation of peripheral blood T cells with GP-F.<sup>11</sup>

## Results

### Clinical and immunologic characteristics of patients with APS

As shown in Table 1, all patients with APS had thrombosis and/or loss of pregnancy, and were positive for lupus anticoagulant. IgG anti- $\beta_2$ GPI antibody titer was high in all but one patient (APS1). Frequencies of  $\beta_2$ GPI-reactive T cells were variable among patients, and ranged from 2.9 to 12.4 per 10<sup>4</sup> peripheral blood T cells. In addition, T-cell recognition of p276-290 was detected in all 3 patients examined.

### T-cell response induced by $\beta_2$ GPI/PS in PBMC cultures

We first examined the responses of peripheral blood T cells to  $\beta_2$ GPI/PS using regular medium supplemented with FBS (Figure 1A). T cells from all 5 patients responded to GP-F, but failed to proliferate in the presence of  $\beta_2$ GPI/PS. Interestingly, a T-cell response to  $\beta_2$ GPI/PS, as well as to GP-F, was detected when a patient's autologous plasma was used instead of FBS to supplement the culture medium. This response was blocked by anti-HLA-DR

**Table 1. Clinical and immunologic characteristics of patients with APS analyzed in this study**

Patient no.	Age/sex	Thrombosis	Loss of pregnancy	IgG anti- $\beta_2$ GPI antibodies (U/mL) <sup>†</sup>	HLA class II alleles: DRB1	Frequency of $\beta_2$ GPI-reactive T cells in circulation/ $10^4$ T cells	Recognition of p276–290 by peripheral blood T cells
APS1	51/F	None	+	16	*1502/*0405	4.5	NT
APS2	43/F	DVT, stroke	+	>120	*0405/*1202	2.9	NT
APS3	46/F	DVT, PE, retinal artery thrombosis	+	>120	*1502/*0901	6.8	+
APS4	47/F	Stroke	+	>120	*1501/*0403	8.1	+
APS9	46/F	DVT, PE, stroke, amaurosis fugax	NA	>120	*0901	12.4	+

All patients were lupus anticoagulant positive; all DRB4 alleles were \*0103.

DVT indicates deep venous thrombosis of lower extremity; PE, pulmonary embolism; NA, not applicable; and NT, not tested.

<sup>†</sup>Normal range less than 3.5 U/mL.

mAb, but not by control mAb (data not shown). However, a  $\beta_2$ GPI/PS-induced response was not detected in the culture with allogenic plasma from a healthy individual. This finding was reproducible in a total of 7 PBMC samples obtained from 5 patients with APS.

Next, PBMCs from a patient with APS were cultured with  $\beta_2$ GPI/PS or PS liposome alone in medium supplemented with 2 different lots of FBS, plasma samples from 4 patients with APS, or samples from 3 healthy donors (Figure 1B). The  $\beta_2$ GPI/PS-specific response was exclusively detected in cultures with autologous and allogenic plasmas derived from patients with APS, although the degree of response was variable among APS plasmas. Analogous findings were obtained with PBMCs from 3 additional patients with APS. In all cases, the lowest response was detected in the culture supplemented with APS1 plasma, which contained low-titer anti- $\beta_2$ GPI antibodies.

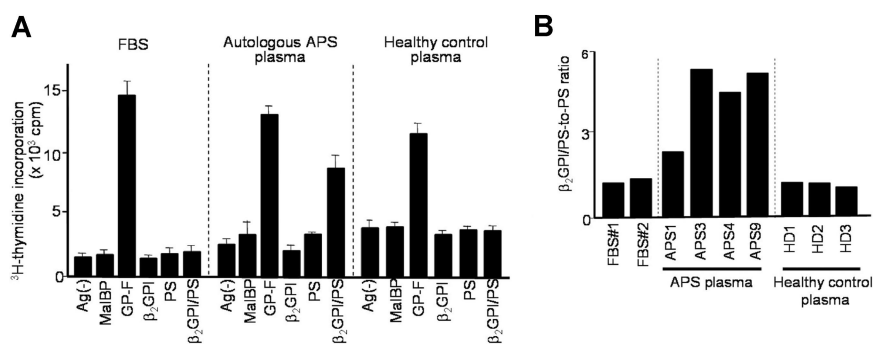
We next sought to confirm whether T-cell responses induced by  $\beta_2$ GPI/PS in cultures with APS plasma were specific to  $\beta_2$ GPI. Peripheral blood T cells primed with  $\beta_2$ GPI/PS in medium supplemented with autologous plasma were further examined for their reactivity to various  $\beta_2$ GPI preparations in the secondary culture with FBS (Figure 2).  $\beta_2$ GPI/PS-primed T cells from all 5 patients specifically responded to reduced  $\beta_2$ GPI, GP-F, and GP3, indicating a specific recognition of  $\beta_2$ GPI-derived peptides. More important, the cryptic p276–290 was efficiently presented by APCs in culture with  $\beta_2$ GPI/PS and APS plasma. T-cell recognition of GP1 was detected in APS2, APS4, and APS9 samples, whereas recognition of GP2 was detected in APS3 and

APS9. Taken together, these findings together indicate that a soluble factor(s) contained in plasma from patients with APS, but not in FBS or plasma from healthy individuals, plays an essential role in activation of  $\beta_2$ GPI-specific T cells in bulk PBMC cultures with  $\beta_2$ GPI/PS.

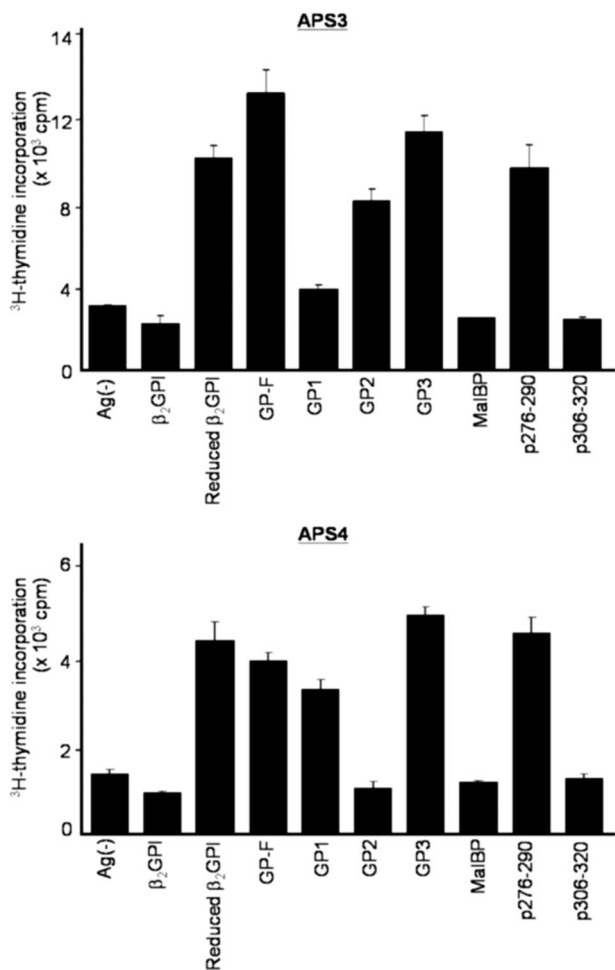
#### IgG anti- $\beta_2$ GPI autoantibody as an essential factor for T-cell recognition of $\beta_2$ GPI/PS

Since the degree of the  $\beta_2$ GPI/PS-specific T-cell response appeared to correlate with IgG anti- $\beta_2$ GPI antibody titers, we hypothesized that IgG anti- $\beta_2$ GPI antibodies in APS plasma are required for peripheral blood T cells to respond to  $\beta_2$ GPI/PS. To test this hypothesis, we first prepared IgG-depleted APS plasma samples to evaluate the  $\beta_2$ GPI/PS-induced T-cell response (Figure 3A). Depletion of IgG from APS plasma resulted in complete loss of the  $\beta_2$ GPI/PS-induced T-cell response, but addition of autologous IgG back to the IgG-depleted APS plasma restored the response in a dose-dependent fashion. In contrast, addition of IgG prepared from healthy plasma had no effect (data not shown). Interestingly,  $\beta_2$ GPI/PS-induced T-cell response was also detected in medium supplemented with healthy plasma in the presence of IgG derived from APS plasma. This response was abolished when F(ab')<sub>2</sub> was used instead of intact IgG, indicating an important role of the Fc portion of IgG.

We further examined the effects of depletion of  $\beta_2$ GPI-specific antibody on the  $\beta_2$ GPI/PS-induced T-cell response in PBMC cultures with APS IgG (Figure 3B).  $\beta_2$ GPI/PS-induced T-cell



**Figure 1. T-cell response to  $\beta_2$ GPI/PS in bulk PBMC cultures supplemented with FBS, autologous APS plasma, or healthy control plasma.** (A) PBMCs from APS4 were cultured in triplicate with or without antigens, including MalBP, GP-F,  $\beta_2$ GPI, PS, and  $\beta_2$ GPI/PS, in medium supplemented with FBS, autologous APS plasma, or healthy control plasma. The antigen-induced T-cell proliferative response was assessed by <sup>3</sup>H-thymidine incorporation. Results are shown as mean (column) and standard deviation (error bar) of triplicate measurements. Analogous findings were obtained in 7 independent experiments in PBMCs from all 5 patients with APS. (B)  $\beta_2$ GPI/PS-specific T-cell response in PBMC cultures of APS4 in medium supplemented with 2 different lots of FBS (no. 1 and no. 2), plasma samples from 4 APS patients (APS1, 3, 4, and 9), or plasma samples from 3 healthy donors (HD1, 2, and 3).  $\beta_2$ GPI/PS-specific T-cell response was expressed as a  $\beta_2$ GPI/PS-to-PS ratio, which was the mean cpm incorporated in the triplicate culture with  $\beta_2$ GPI/PS divided by the mean cpm incorporated in the triplicate culture with PS alone (standard deviations for the individual results were within 20% of the mean in all cases). Similar results were obtained from 3 additional patients with APS (APS1, APS3, and APS9).



**Figure 2. Proliferative responses of β<sub>2</sub>GPI/PS-primed T cells to various β<sub>2</sub>GPI preparations in secondary cultures.** PBMCs from APS3 (top) and APS4 (bottom) were stimulated with β<sub>2</sub>GPI/PS for 10 days in medium supplemented with autologous plasma. The viable T cells were then cultured in duplicate with β<sub>2</sub>GPI, reduced β<sub>2</sub>GPI, GP-F, GP1, GP2, GP3, MalBP, p276-290, or p306-320 in medium containing FBS. After 3 days, <sup>3</sup>H-thymidine incorporation was measured. Results are shown as mean (column) and standard deviation (error bar) of duplicate measurements.

response was detected in the presence of mock-treated APS IgG, but completely abolished by depletion of β<sub>2</sub>GPI-reactive IgG. These findings indicate that IgG anti-β<sub>2</sub>GPI antibodies are required for the T cells of patients with APS to respond to β<sub>2</sub>GPI/PS in bulk PBMC cultures.

**Roles of β<sub>2</sub>GPI/PS-containing immune complex in β<sub>2</sub>GPI/PS-induced T-cell response**

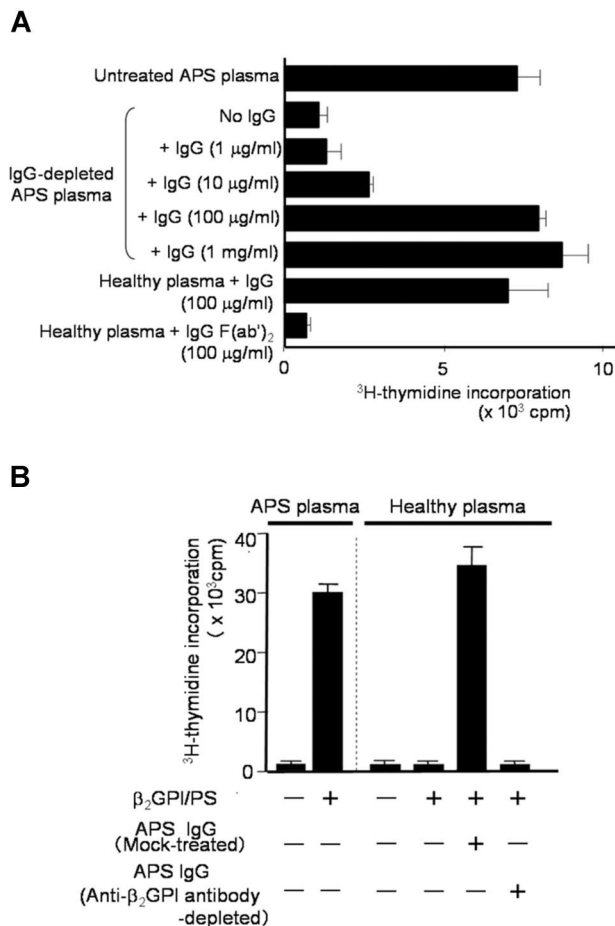
Since anti-β<sub>2</sub>GPI antibodies in sera from patients with APS recognize β<sub>2</sub>GPI/PS,<sup>20</sup> it is likely that β<sub>2</sub>GPI/PS is readily opsonized by IgG anti-β<sub>2</sub>GPI antibodies in culture with APS plasma. To evaluate which APCs contained in PBMCs capture this immune complex to induce a specific T-cell response to β<sub>2</sub>GPI peptides, we analyzed PBMCs depleted of CD14<sup>+</sup> monocytes, CD19<sup>+</sup> B cells, or mock-treated in cultures with β<sub>2</sub>GPI/PS and autologous plasma (Figure 4A). The β<sub>2</sub>GPI/PS-induced T-cell response was completely inhibited by depletion of monocytes, but was partially suppressed by depletion of B cells, suggesting a primary role of monocytes in our system.

We further evaluated the potential involvement of Fcγ receptors in recognition of the immune complex by monocytes, as the anti-β<sub>2</sub>GPI F(ab')<sub>2</sub> was incapable of inducing the T-cell response to

β<sub>2</sub>GPI/PS. The β<sub>2</sub>GPI/PS-induced T-cell response was completely blocked by anti-FcγRI mAb, but not by control mAb (Figure 4B). Together these findings indicate that efficient β<sub>2</sub>GPI/PS-induced T-cell response is achieved by monocytes undergoing FcγRI-mediated uptake of β<sub>2</sub>GPI/PS opsonized by IgG anti-β<sub>2</sub>GPI autoantibodies.

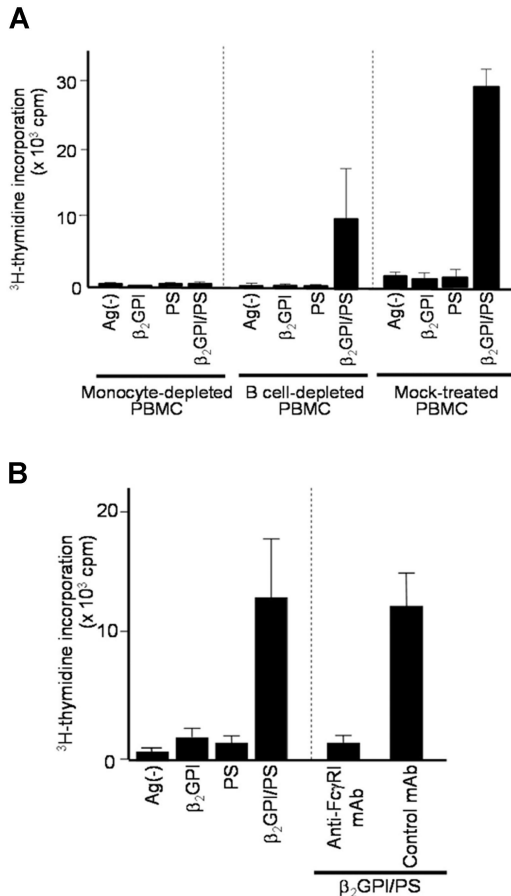
**T-cell response to β<sub>2</sub>GPI-treated oxLDL and platelet microparticles**

PS liposomes were chemically synthesized, and may not be relevant to patients with APS in vivo. To examine whether anionic substances present in the circulation, such as oxLDL or platelet microparticles, can substitute for PS liposomes in inducing the β<sub>2</sub>GPI-specific T-cell response, PBMCs from a representative patient with APS were cultured with various anionic and control substances pretreated with or without β<sub>2</sub>GPI in medium supplemented with autologous plasma (Figure 5). OxLDL or activated platelets pretreated with β<sub>2</sub>GPI induced a T-cell proliferative



**Figure 3. β<sub>2</sub>GPI/PS-induced T-cell response in PBMC cultures with or without IgG derived from APS plasma.** (A) PBMCs obtained from APS3 were cultured in triplicate with β<sub>2</sub>GPI/PS in medium supplemented with untreated or IgG-depleted autologous APS plasma, or healthy plasma. Purified IgG (1 μg/mL–1 mg/mL) or IgG F(ab')<sub>2</sub> (100 μg/mL) from APS3 was added to the cultures. After 7 days, the T-cell proliferative response induced by β<sub>2</sub>GPI/PS was measured by <sup>3</sup>H-thymidine incorporation. Results are shown as mean (column) and standard deviation (error bar). Concordant results were obtained with a sample from APS4. (B) PBMCs derived from APS3 were cultured in triplicate with or without β<sub>2</sub>GPI/PS in medium supplemented with autologous APS plasma or healthy plasma. An anti-β<sub>2</sub>GPI antibody-depleted or mock-treated autologous IgG fraction was added to the initiation of cultures. After 7 days, the T-cell proliferative response was measured by <sup>3</sup>H-thymidine incorporation. Results are shown as mean (column) and standard deviation (error bar). Concordant results were obtained with a sample from APS4.



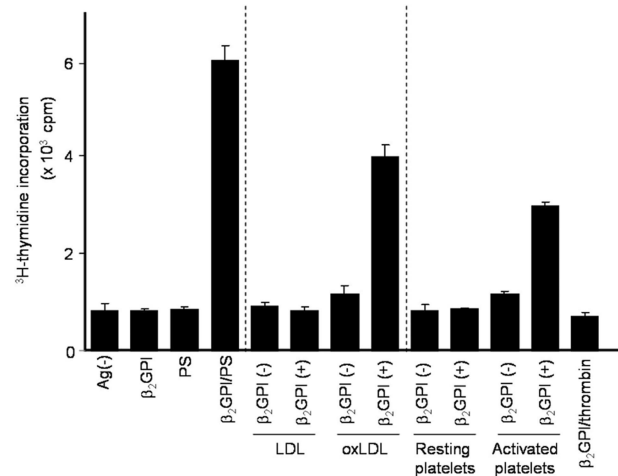


**Figure 4. Effects of APC depletion or anti-Fc $\gamma$ RI mAb on  $\beta_2$ GPI/PS-induced T-cell response.** (A) CD14<sup>+</sup> monocyte-depleted, CD19<sup>+</sup> B-cell-depleted, and mock-treated PBMCs derived from APS3 were cultured for 7 days with or without  $\beta_2$ GPI, PS, or  $\beta_2$ GPI/PS in medium supplemented with autologous APS plasma, and the T-cell proliferative response was measured by <sup>3</sup>H-thymidine incorporation. Results are shown as mean (column) and standard deviation (error bar) of duplicate measurements. Analogous results were obtained in a total of 4 independent experiments using samples from 3 patients with APS (APS1, APS3, and APS4). (B) PBMCs from APS2 were cultured for 7 days with or without  $\beta_2$ GPI, PS, or  $\beta_2$ GPI/PS in medium supplemented with autologous APS plasma. Anti-Fc $\gamma$ RI or isotype-matched control mAb was added to the initiation of cultures. The T-cell proliferative response was evaluated by <sup>3</sup>H-thymidine incorporation. Results are shown as mean (column) and standard deviation (error bar) of duplicate measurements. Concordant results were obtained with samples from 3 patients with APS (APS2, APS3, and APS9).

response, as observed in cultures with  $\beta_2$ GPI/PS. These responses were specifically inhibited by anti-HLA-DR mAb (data not shown). Thus, oxLDL and activated platelets can be in vivo sources of anionic surfaces that bind  $\beta_2$ GPI and promote the efficient presentation of  $\beta_2$ GPI cryptic peptides by APCs.

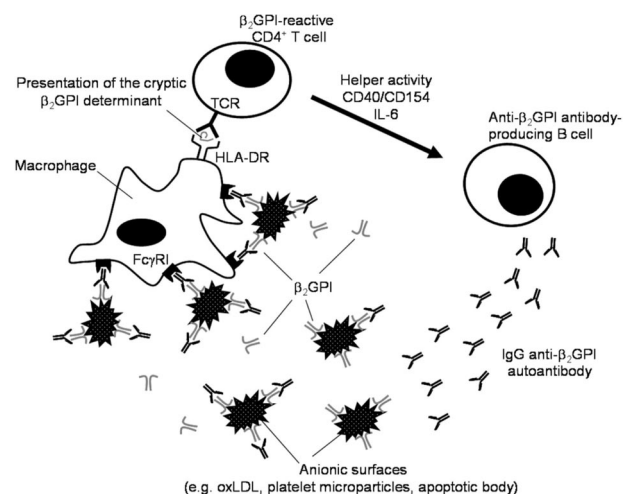
## Discussion

This study evaluated the potential cellular and molecular mechanisms that induce sustained presentation of the dominant cryptic  $\beta_2$ GPI determinant that activates  $\beta_2$ GPI-reactive T cells to subsequently produce pathogenic anti- $\beta_2$ GPI antibodies in patients with APS. Here we demonstrate that efficient presentation of cryptic determinants recognized by  $\beta_2$ GPI-reactive T cells is achieved by monocytes undergoing Fc $\gamma$ RI-mediated uptake of  $\beta_2$ GPI/PS opsonized by IgG anti- $\beta_2$ GPI antibodies. High avidity IgG anti- $\beta_2$ GPI antibodies, which were reported to possess high pathogenicity,<sup>24</sup> would also have enhanced capacity to promote this process. We



**Figure 5. T-cell responses to  $\beta_2$ GPI-treated anionic substances present in circulation.** PBMCs from APS4 were cultured with or without various antigen preparations in medium supplemented with autologous APS plasma. Antigens used included  $\beta_2$ GPI alone, as well as PS, LDL, oxLDL, resting platelets, and activated platelets, which were treated either with or without  $\beta_2$ GPI. Thrombin, which was used to activate platelets, in combination with  $\beta_2$ GPI served as a control. T-cell proliferative response was measured by <sup>3</sup>H-thymidine incorporation. Results are shown as mean (column) and standard deviation (error bar) of duplicate measurements. Analogous results were obtained in samples from all 5 patients with APS.

propose a model by which a pathogenic loop maintains sustained anti- $\beta_2$ GPI autoantibody production in patients with APS (Figure 6). This model consists of 3 major players:  $\beta_2$ GPI-reactive CD4<sup>+</sup> T cells, anti- $\beta_2$ GPI antibody-producing B cells, and macrophages. Upon recognition of  $\beta_2$ GPI cryptic peptides, such as p276-290, presented by macrophages in the context of HLA-DR,  $\beta_2$ GPI-reactive CD4<sup>+</sup> T cells are activated and exert helper activity that induces IgG anti- $\beta_2$ GPI antibody production from B cells. This process can be achieved by T-B cell collaboration through CD40-CD154 engagement and T cell-derived IL-6.<sup>11</sup> IgG anti- $\beta_2$ GPI antibodies subsequently recognize  $\beta_2$ GPI-bound anionic surfaces in circulation, resulting in enhanced phagocytosis of this immune



**Figure 6. A schematic model representing a continuous autoimmune loop carried out by macrophage,  $\beta_2$ GPI-reactive CD4<sup>+</sup> T cell, and anti- $\beta_2$ GPI antibody-producing B cell.** The macrophage efficiently presents the cryptic  $\beta_2$ GPI determinant in the context of HLA-DR. The  $\beta_2$ GPI-reactive CD4<sup>+</sup> T cell is activated by recognition of the cryptic  $\beta_2$ GPI peptide and exerts helper activity that induces production of IgG anti- $\beta_2$ GPI autoantibodies from the specific B cell. The immune complex consisting of anionic surfaces,  $\beta_2$ GPI, and IgG anti- $\beta_2$ GPI antibodies were captured by macrophages via Fc $\gamma$ RI.

complex by macrophages through Fc $\gamma$ RI. In this regard, it has been shown that anti- $\beta_2$ GPI antibodies in APS sera are predominantly of IgG2 subclass,<sup>25,26</sup> which has low affinity to Fc $\gamma$ RI. However, anti- $\beta_2$ GPI antibodies of IgG1 or IgG3 subclass were also detected in many patients with APS. These low levels of anti- $\beta_2$ GPI antibodies with high binding affinity to Fc $\gamma$ RI may be sufficient to drive the pathogenic loop. We have previously shown that  $\beta_2$ GPI binding to anionic substances promotes the generation of  $\beta_2$ GPI cryptic peptides by protecting the major PL-binding site from protease attack during antigen-processing by dendritic cells or macrophages.<sup>15</sup> Since it has been shown that antibody binding to the antigen boosts the generation of some minor epitopes,<sup>27</sup> binding of IgG anti- $\beta_2$ GPI antibodies to the  $\beta_2$ GPI-anionic substance complex may further amplify generation of previously cryptic  $\beta_2$ GPI peptides. Moreover, this immune complex is likely to stimulate monocytes via Fc $\gamma$ RI to secrete tissue factor, which is shown to play an important role in thrombus formation in patients with APS.<sup>28</sup> Partial suppression of the  $\beta_2$ GPI/PS-induced T-cell response by depletion of B cells in our system suggests that presentation of cryptic  $\beta_2$ GPI peptides could be mediated through B cells that capture  $\beta_2$ GPI/PS via specific B-cell receptors. This process, however, might have less of an impact on the T-cell response, due likely to low abundance of specific B cells recognizing  $\beta_2$ GPI/PS. The mechanism that triggers anti- $\beta_2$ GPI antibody response in patients with APS remains unclear, but once this autoimmune loop is established, pathogenic anti- $\beta_2$ GPI antibodies are continuously produced.

The presence of anionic substances with the capacity to bind  $\beta_2$ GPI is essential to drive the pathogenic loop inducing continuous anti- $\beta_2$ GPI antibody production in patients with APS. Potential anionic substances in the circulation include apoptotic bodies, microparticles derived from activated platelets and endothelial cells, and oxLDL. Since  $\beta_2$ GPI is abundantly present in the circulation ( $\sim 200$   $\mu$ g/mL), excessive exposure to anionic substances would result in the immediate formation of a complex with  $\beta_2$ GPI. In the present study, we have clearly demonstrated that microparticles derived from activated platelets and oxLDL can function as a substitute for the PS liposome that binds to  $\beta_2$ GPI and facilitates presentation of the cryptic epitopes of  $\beta_2$ GPI as a consequence of antigen processing. In addition, some of our group (E.M. and K.K.) reported that stable and nondissociable  $\beta_2$ GPI-oxLDL complexes were frequently detected in sera from patients with APS and/or systemic lupus erythematosus, but not in healthy individuals.<sup>29</sup> In addition,  $\beta_2$ GPI is known to have antiatherosclerosis activity by preventing oxLDL uptake by macrophages via scavenger receptor, but binding of IgG anti- $\beta_2$ GPI antibodies to  $\beta_2$ GPI-oxLDL complexes mediates atherosclerosis by promoting phagocytosis of macrophages via Fc $\gamma$  receptor.<sup>29-31</sup> Furthermore,

elevated levels of procoagulant microparticles were detected in patients with APS in association with anti- $\beta_2$ GPI antibodies and lupus anticoagulant.<sup>32-34</sup> The presence of a large quantity of anionic substances in circulation in patients with APS supports our proposed model.

Based on our model, therapeutic strategies that inhibit pathogenic anti- $\beta_2$ GPI antibody production should target interrupting the continuous autoimmune loop carried out by macrophages and  $\beta_2$ GPI-reactive CD4<sup>+</sup> T cells and B cells. These immune cells are already targets of therapies under consideration, such as the anti-CD20 chimeric antibody rituximab.<sup>35</sup> Another potential therapeutic approach includes the removal of immune complexes consisting of  $\beta_2$ GPI, anionic substance, and anti- $\beta_2$ GPI antibodies. Accordingly, plasma exchange and double filtration plasmapheresis, which theoretically remove such immune complexes, are shown to be effective for patients with intractable APS, including catastrophic APS.<sup>36,37</sup> Alternatively, small molecules that inhibit Fc receptor downstream signaling would have beneficial effects in patients with APS by suppressing the generation of  $\beta_2$ GPI cryptic peptides.<sup>38</sup>

In summary, excessive exposure to anionic surfaces may play a key role in maintaining the pathogenic anti- $\beta_2$ GPI antibody response in patients with APS. Further studies should focus on mechanisms that prime the autoimmune loop and development of novel therapeutic strategies targeting the pathogenic process.

## Acknowledgments

We thank Yuka Okazaki and Takahide Arai for expert technical assistance.

This work was supported by a grant from the Japanese Ministry of Health, Welfare, and Labor, and a Grant-in-Aid for Scientific Research from the Japanese Ministry of Education, Science, Sports and Culture.

## Authorship

Contribution: Y.Y., N.S., J.K., K.K., and E.M. performed experiments; Y.Y. and M.K. analyzed results and made the figures; Y.Y. and M.K. designed the research and wrote the paper.

Conflict-of-interest disclosure: The authors declare no competing financial interests.

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